



DOMNA BANAKOU

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Personal Profile

- Postdoctoral researcher with strong academic research background in the fields of virtual reality, cognitive neuroscience, and psychology.
- Combining technical expertise and experience in research methodologies for the design and implementation of virtual reality applications, experimental studies, data collection and analysis.
- Solid teamwork and leadership skills including organization and management of academic conferences and projects.
- Experience with cross-functional teams.

Education

PhD in Clinical Psychology and Psychobiology

University of Barcelona 2014 – 2017

PhD Title: “The Impact of Virtual Embodiment on Perception, Attitudes, and Behaviour”

Supervisor: Prof. Mel Slater.

Funded by the FI-DGR 2014 Grant for universities and research centres for the recruitment of new research personnel.

MSc in Computer Graphics, Vision, and Imaging

University College London 2009 - 2010

Thesis: “Experimental Studies in Peoples' Responses towards Blushing in Moral Dilemmas”

Supervisors: Dr. Sylvia Xueni Pan, Prof. Mel Slater.

BSc in Computer Science

Ionian University 2004 – 2009

Specialization: Humanities and Social Sciences (honours)

Thesis: “Developing a Graphical User Interface to Coordinate Video Processing Tasks”

Supervisor: Dr. Michalis Stefanidakis.

Research

Event-Lab University of Barcelona (Barcelona, Spain)

Postdoc (*May 2017 – Today*)

- Project: Moments in Time in Immersive Virtual Environments (MoTIVE), ERC Advanced Grant. Principal Investigator, Prof. Mel Slater.
- Project: Personified Self Interaction (PSI), ERC Proof of Concept. Principal Investigator, Prof. Mel Slater.

Research Assistant (*Jan 2011-Apr 2017*)

- Project: Beinstein – Becoming Einstein: The Influence of Virtual Embodiment on Intelligence. Principal Investigator, Prof. Mel Slater.
- Project: VERE – Virtual Embodiment and Robotic Re-Embodiment. Principal Investigator, Prof. Mel Slater.
- Project: BEAMING – Being in Augmented Multi-Modal Naturally-Networked Gatherings. Principal Investigator, Prof. Mel Slater.

CYENS Centre of Excellence (Limassol, Cyprus)

Research Fellow (*Sept 2020 – Today*)

- VR for Well-Being Research Group. The VR for Well-being multidisciplinary research group targets research in Virtual Reality for well-being, broadly construed. 'Well-being' refers to the general social, economic, psychological, spiritual, or medical positive condition of an individual or a group.
Principal Investigator: Dr. Despina Michael-Grigoriou.

University College London (London, UK)

Research Assistant (*May 2010 – Sept 2010*)

- Project: The exploitation of immersive virtual reality for the study of moral judgements by Leverhulme Trust. Principal Investigators, Dr. Sylvia Xueni Pan, Prof. Mel Slater.

Teaching

Universitat Oberta de Catalunya (Barcelona, Spain)

Part-time Lecturer

- *3D videogame programming in Unity*, MSc in Video Game Design and Programming (Spring 2021, -22).

Past Teaching

- Guest Lecturer, *Virtual Reality in Psychology*, Executive MSc Behavioural Science, The London School of Economics and Political Science, London, UK (June 2021).

- Seminar Lecturer, *Experimental research in virtual reality – theory and technology*, MSc in Brain and Cognition, Department of Information and Communication Technologies, Universitat Pompeu Fabra, Barcelona, Spain (Fall 2020).
- Summer School Lecturer, *Experimental research in virtual reality – theory, ethics, technology*, The Active Self autumn school, Herrsching, Germany (Oct 2019).
- Seminar Lecturer, *Experimental research in virtual reality – theory and technology*, MSc Interactive Physiology, Faculty of Biology, University of Barcelona (Fall 2014, -15).

Publications

Gorisse G., Şenel G., **Banakou D.**, Beacco A., Oliva R., Freeman D., Slater M. (2021) Self-observation of a virtual body-double engaged in social interaction reduces persecutory thoughts. *Sci. Rep.* 11, 23923

Slater M., **Banakou D.** (2021) The Golden Rule as a Paradigm for Fostering Prosocial Behavior with Virtual Reality. *Current Directions in Psychological Science: November*

Bellido Rivas A.I., Navarro X., **Banakou D.**, Oliva R., Orvalho V., Slater M. (2021) The Influence of Embodiment as a Cartoon Character on Public Speaking Anxiety. *Front. Virtual Real.* 2:695673

Llobera J., Beacco A., Oliva R., Şenel G., **Banakou D.**, Slater M. (2021) Evaluating participant responses to a virtual reality experience using reinforcement learning. *R. Soc. Open Sci.* 8:9

Matamala-Gomez M., Stasolla F., Seinfeld S., Oronzo Caffò A., **Banakou D.**, Bottiroli S. (2021) Neuropsychological and Cognitive-Behavioral Assessment of Neurodegenerative Disease and Rehabilitation Using New Technologies and Virtual Reality. *Front. Psychol.* 12(1850)

Banakou D., Beacco A., Neyret S., Blasco-Oliver M., Seinfeld S., Slater M. (2020) Virtual body ownership and its consequences for implicit racial bias are dependent on social context. *R. Soc. Open Sci.* 7:201848

Gonzalez-Franco M., Ofek E., Pan Y., Antley A., Steed A., Spanlang B., Maselli A., **Banakou D.**, Pelechano N., Orts-Escolano S., Orvalho V., Trutoiu L., Wojcik M., Sanchez-Vives M. V., Bailenson J., Slater M., Lanier J. (2020) The Rocketbox library and the utility of freely available rigged avatars for procedural animation of virtual humans and embodiment. *Front. Virtual Reality* 1(20)

Patané I.[†], Lelgouarch A.[†], **Banakou D.**[†], Verdelet G., Desoche C., Koun E., Salemme R., Slater M., Farné A. (2020) Exploring the effect of cooperation in reducing implicit racial bias and its relationship with dispositional empathy and political attitudes. *Front. Psychol.* 11(2281)

Kyrlitsias C., Michael-Grigoriou D., **Banakou D.**, Christofi M. (2020), Social Conformity in Immersive Virtual Environments: The Impact of Agents' Gaze Behavior. *Front. Psychol.* 11(2254)

Kyrlitsias C., Christofi M., Michael-Grigoriou D., **Banakou D.**, Ioannou A. (2020), A Virtual Tour of a Hardly Accessible Archaeological Site: the Effect of Immersive Virtual Reality in User Experience, Learning and Attitude Change. *Front. Com. Sci.* 2(23)

Bedder R., Bush D., **Banakou D.**, Peck T., Slater M., Burgess N. (2019), A mechanistic account of bodily resonance and implicit bias. *Cognition* 184, 1-10

Banakou, D., Kishore S., Slater M. (2018), Virtually Being Einstein Results in an Improvement in Cognitive Task Performance and a Decrease in Age Bias. *Front. Psychol.* 9(917)

Hamilton-Giachritsis, C., **Banakou, D.**, Quiroga, M.G., Giachritsis C., Slater, M. (2018), Reducing risk and improving maternal perspective-taking and empathy using virtual embodiment. *Sci. Rep.* 8(1)

Banakou, D., & Slater, M. (2017), Embodiment in a virtual body that speaks produces agency over the speaking but does not necessarily influence subsequent real speaking. *Sci. Rep.* 7(1)

Tajadura-Jiménez A.†, **Banakou D.**†, Bianchi-Berthouze N., Slater M. (2017), Embodiment in a Child-Like Talking Virtual Body Influences Object Size Perception, Self-Identification, and Subsequent Real Speaking. *Sci Rep.* 7(1)

Banakou D., Parasuram D. H., & Slater M. (2016). Virtual Embodiment of White People in a Black Virtual Body Leads to a Sustained Reduction in their Implicit Racial Bias. *Front. Hum. Neurosci.* 10 (601)

Banakou, D., & Slater, M. (2014). Body ownership causes illusory self-attribution of speaking and influences subsequent real speaking. *Proc. Natl. Acad. Sci. (PNAS)* 111, 17678–17683

Banakou, D., Groten, R. & Slater M. (2013), Illusory ownership of a virtual child body causes overestimation of object sizes and implicit attitude changes. *Proc. Natl. Acad. Sci. (PNAS)* 1 (6), 12846–12851

Pan, X., **Banakou, D.** & Slater, M. (2011). Computer Based Video and Virtual Environments in the Study of the Role of Emotions in Moral Behavior. *Affective Computing and Intelligent Interaction*, 6975, 52-61.

Banakou, D. & Chorianopoulos (2010), The effects of Avatars' Gender and Appearance on Social Behaviour in Virtual Worlds. *J. Virtual Worlds Res.* 2(5), 3-16
ISSN: 1941-8477

Banakou, D., Chorianopoulos, K., & Anagnostou, K. (2009). Avatars' Appearance and Social Behavior in Online Virtual Worlds. *IEEE 13th Panhellenic Conference on Informatics*, 207-211.

Conferences and Invited Talks *(sample)*

“From Embodiment to Changes in Attitudes, Cognition, and Prosocial Behaviour”, Centre for the Analysis of Motion, Entertainment Research and Applications (CAMERA), Bath, UK, Jan 2022 ***(invited speaker)***.

“Changing Behaviours in Immersive Virtual Reality”, The London School of Economics and Political Science, London, UK, Jul 2021 ***(invited speaker)***.

“How to Overcome the Body”, VACZINE ART Symposium. Düsseldorf, Germany, Jul 2021 ***(invited speaker)***.

“Challenging Tech’s Path Forward - Avatars for Virtual Reality”, SXSW PanelPicker 2021. USA (Online), Mar 2021 ***(panel speaker)***.

“Immersive virtual reality to reduce racial bias and improve parenting”, Middlesex University Dubai Research Seminar Series, Dubai, UAE, Jan 2020 ***(invited speaker)***.

“Immersive Virtual Reality: Technology, Concepts, Multisensory Integration”, The Active Self Autumn School, Herrsching, Germany, Oct 2019 ***(invited speaker)***.

“Being Somebody Else: The Future of Narrative Storytelling”, Filmteractive 2019, Łódź, Poland, Oct 2019 ***(invited speaker)***.

“Virtual Body Representation Can Change the Self”, Integrative Science Symposium: How Changing Our Bodies changes Our Selves, 3rd Biennial International Convention of Psychological Science, Paris, France, Mar 2019 ***(invited speaker)***.

“Becoming Someone Else through Virtual Reality: Methods and Research”, Latvian Digital Forum 'Datos balstīta nācija', Cēsis, Latvia, Oct 2018 ***(keynote speaker)***.

“Virtual Embodiment for Character-based Gaming: The Impact on Perception, Attitudes, and Behaviour”, PhD Days, Marseille, France, Dec 2017 ***(keynote speaker)***.

“Behavioural and Perceptual Embodiment in Immersive Virtual Reality”, MSc Design and Development of Computer Games and Interactive Technologies Event Invitation, Cyprus University of Technology, Nov 2015 ***(invited speaker)***.

Awards and Grants

- FENS-IBRO/PERC grant, Berlin, 2018.
- SIGGRAPH European Student Volunteer Contest, IST Austria, 2016.
- “Best Young Researcher” Award – University of Barcelona, 2015.
- Eurolife Grant - Summer School “Emotions”, Innsbruck, 2015.
- FI-DGR Grant for universities and research centres for the recruitment of new research personnel, 2014.

- Ionian University Award of Undergraduate Program in Informatics, 2009.
- IKY (Greek State Scholarships Foundation) Award & Scholarship, 2006, 2007, 2008, 2009.

Scientific Activities *(sample)*

- ISEA 2022 International Program Committed/Art Jury, Barcelona, Spain, June 2022.
- IEEE VR 2022 Conference Track International Program Committee, Christchurch, New Zealand.
- ICAT-EGVE International Demo Chair Committee, 2018, Limassol, Cyprus.
- SIGGRAPH ASIA Student Volunteer, 2016, Macao, China.
- SIGGRAPH Student Volunteer, 2016, Anaheim, USA.
- Brain Awareness Week (BAW) campaign volunteer, University of Barcelona, 2016, Barcelona, Spain.
- IEEE Melecon International Program Committee, 2016, Limassol, Cyprus.
- 1st IR3C PhD Symposium Organizing Committee, 2015, Barcelona, Spain.
- IEEE Virtual Reality Student Volunteer, 2015, Arles, France.
- 2nd VERE PhD Symposium Chair Committee, 2014, Barcelona, Spain.
- Guest Associate Editor, Frontiers in Psychology: Personality and Social Psychology.
- Guest Associate Editor, Frontiers in Virtual Environments.
- Guest Associate Editor, Frontiers in Neuropsychology.
- Review Editor, Frontiers in Psychology: Consciousness Research.
- Review Editor, Frontiers in Virtual Reality: Virtual Reality and Human Behaviour.
- Frontiers Research Topics Editor.

Media References *(sample)*

- **Observer**, “Mind Over Body” Mar 2020, by Alexandra Michel.
- **ERT**, “Virtual reality and the sense of embodiment” Nov 2019, by Eve Tsirigotaki.
- **The Psychologist**, “Shuttering the Self” Aug 2019, by Ella Rhodes.
- **BBC**, “Virtual lives: Could VR change how we think of others?” Oct 11, 2018, by BBC Click.
- **Advocator**, “A Study Showed Better Results on Cognitive Tasks for People Who Embody Albert Einstein in VR”, Jul 13, 2018, by Brad Bennett.
- **Big Think**, “Study: People who embody Albert Einstein in VR perform better on cognitive tasks”, Jul 11, 2018, by Stephen Johnson.
- **Bias Film**, 2018, directed/produced by Robin Hauser.
- **The New Yorker**, “Are we already living in virtual reality?” Apr 2, 2018, by Joshua Rothman.
- **The New Yorker**, “This is your avatar speaking” Feb 20, 2015, by Nicola Twilley.
- **BBC**, “Can virtual reality be used to tackle racism?” Nov 28, 2013, by Melissa Hogenboom.

Technologies

Programming

- C
- C++
- C#
- Java
- HTML
- XML
- JavaScript
- Python
- MATLAB
- SQL
- STAN
- R

Graphics

- Unity3D
- Unreal Engine
- OpenGL
- XVR
- Autodesk Maya
- Autodesk 3ds Max
- Autodesk Motion Builder
- Adobe Photoshop
- Adobe Premiere Pro
- Adobe After Effects
- Illustrator

Other Software

- STATA
- SPSS
- MS Office
- OpenOffice

Operating Systems

- Windows
- Linux

Languages

- **Greek** Native
- **English** Excellent *Proficiency of Cambridge, Proficiency of Michigan, TOEFL*
- **French** Fluent *Diplome d'Etude de Langue Francaise DELF 1er Degré, 2nd Degré*
- **Spanish** Conversant

Interests

When I am not designing my next research activity, I love reading books, painting, and making cakes.