	Rk	Bib Surname + First Name	Year	Club	1.Run	2.Run	3.Run	Time
1F	4	405 HADTE O': 1'-	00	00000	00.70	00.00	40.04	40.40
	1 2	125 HARTE Giulia 30 KIRTON Annabel	96 97	SPSRC Chatham	20.70 21.74	20.22 21.83	19.91 21.40	40.13 43.14
	3	13 DAVIES Jenny	97 96	Chatham Aldershot	24.78	24.53	24.47	49.00
	4	149 HOPKINS Hayley	96	Chatham	25.46	24.62	24.40	49.02
	5	134 YOUNG Ella	97	Surbiton	27.99	27.47	27.99	55.46
	6	38 BOWMAN Megan	97	Chatham	30.40	30.77	30.10	60.50
1M								
1101	1	1 MOSS Maximillian	96	Chatham	17.64	17.27	17.26	34.53
	2	45 WEST Rhys	97	Southamptor	19.09	18.71	18.85	37.56
	3	128 MILES Jordan	96	Chatham	21.11	19.72	19.75	39.47
	4	20 SEYMOUR Luke	96	Chatham	20.19	19.89	19.85	39.74
	5	9 SIEBER James	96	SPSRC	20.34	20.48	19.76	40.10
	6	116 QURESHI Rumaan	97	Chatham	22.09	21.00	20.61	41.61
	7	46 SOUTHALL Frazer	97	Folkestone	21.50	21.03	20.98	42.01
	8 9	119 COUSINS Nicholas 66 WILLOWS Laurence	96 96	Cranmore Bromley	24.19 26.07	23.38 25.79	22.87 24.34	46.25 50.13
	10	16 GOWER Rory	96	Dulwich Col	20.07	25.79 27.47	27.01	54.48
	11	64 OWEN James	97	Folkestone	30.50	21.71	31.67	62.27
2F								
۷1	1	3 EVANS Emily	94	Chatham	17.24	17.02	16.95	33.97
	2	120 MACAULAY Alice	95	Surbiton	21.39	20.91	20.35	41.26
	3	133 YOUNG Amy	95	Surbiton	21.04	20.97	20.40	41.37
	4	24 RUMENS Danielle	95	Wycombe	21.41	20.89	20.78	41.67
	5	34 STEWARD Ellie	95	Bromley	21.35	21.43	20.85	42.20
	6	23 RUMENS Stephanie	95	Wycombe	21.77	21.66	22.01	43.67
	7	147 LYNCH Samantha	94	Folkestone	24.90	22.38	22.71	45.09
	8	80 SIMONDS Sophie	95	Wycombe	23.19	23.36	22.55	45.74
2M	4	20 CIRR James	05	Ch ath are	47.00	47.04	47.00	25.04
	1 2	29 GIBB James 55 BILTON Joe	95 94	Chatham Chatham	17.82 18.26	17.81 17.87	17.83 17.92	35.64 35.79
	3	86 GUTTRIDGE Christopher	94	Aldershot	18.52	22.78	18.91	37.43
	4	72 CARPENTER Piers	95	Chatham	18.99	18.81	19.16	37.97
	5	94 FITZPATRICK Alexander	94	Bromley	19.41	19.06	19.10	38.16
	6	70 SKOCZEK Stefan	95	SPSRC	19.90	19.05	19.22	38.27
	7	101 THOMPSON William	94	Chatham	20.58	20.27	20.23	40.50
	8	77 GREENE Kieran	95	Chatham	22.60	22.45	22.01	44.46
	9	47 SOUTHALL Kieran	95	Folkestone	24.28	24.15	23.16	47.31
	10	36 BRYANT Tom	94	Bromley	24.03	24.14	24.22	48.25
	11 12	156 QUINN Liam 15 GOWER Jack	95 94	Bromley SPSRC	32.67 20.66	25.99	25.52 78.61	51.51 99.27
	12	13 GOWER Jack	94	SPSRC	20.00		70.01	99.27
<b>6</b> -								
3F	4	82 THOMAS-JACKSON Alessia	02	Rockton	16.04	16.64	16.60	33.24
	1 2	49 LUCK Georgia	93 92	Beckton Bromley	16.94 17.05	16.64	16.80	33.24 33.58
	3	126 HARTE Natalia	92	SPSRC	17.05	16.78	16.81	33.63
	4	6 ASKEW Alexandra	92	Chatham	18.42	17.82	17.82	35.64
	5	58 GREENHALGH Eloise	93	SPSRC	19.46	19.03	18.73	37.76
	6	91 DIXON Kirsty	92	SPSRC	19.62	19.10	19.01	38.11

	7	145 ROLPH Marianne	89	Folkestone	20.73	19.51	19.45	38.96
	8	138 MOSS Jordan	93	Chatham	20.22	19.95	19.74	39.69
	9	115 QURESHI Raessa	93	Chatham	20.75	20.11	20.10	40.21
	10	113 MURPHY Emily	93	Surbiton	21.46	20.63	20.43	41.06
	11	40 CAREW Joanna	93	SPSRC	22.27	20.82	21.02	41.84
	12	129 MILES Chloe	92	Chatham	21.69	21.54	21.10	42.64
	13	42 DENDLE Molly	93	Surbiton	22.27	22.05	21.40	43.45
	.0	12 32.1322 Welly		Garbiton		22.00	21110	10.10
3M								
	1	31 KIRTON Tom	93	Chatham	16.48	16.28	16.36	32.64
	2	17 HARRIS George	92	SPSRC	17.34	16.63	16.93	33.56
	3	5 ASKEW David	93	Chatham	0.00	17.06	16.72	33.78
	4	25 ABSALOM Daniel	92	SPSRC	18.09	17.36	17.12	34.48
	5	10 BARTLETT John	92	Aldershot	17.97	17.26	17.35	34.61
	6	146 WESTON Graham	93	SPSRC	18.58	17.36	17.54	34.90
	7	73 BARBER Toby	92	Wycombe	18.54	17.46	17.47	34.93
	8	14 DAVIES Peter	93	Aldershot	18.24	18.01	17.99	36.00
	9	41 FAIL Robert	93	Aldershot		18.56	18.22	36.78
	10	85 WHITE George	93	Folkestone	18.54	18.53	18.51	37.04
	11	107 BRAIN Michael	93	Bromley	18.73	18.69	18.51	37.20
	12	62 DALE Nathan	93	Aldershot	19.81	19.07	20.44	39.51
	13	12 MILLER Alec	92	Chatham	20.19	20.14	19.77	39.91
	14	89 WEIR Russell	92	Bowles	23.49	21.71	21.65	43.36
	15	106 GILL Jeffery	93	Aldershot	23.42	0.00	23.51	46.93
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4F								
	1	154 SIMONDS Frankie	90	Wycombe	15.67	15.20	15.18	30.38
	2	2 EVANS Charlotte	91	Chatham		16.30	16.34	32.64
	3	74 BARBER Kathryn	90	Wycombe	16.94	16.63	16.29	32.92
	4	28 FREEZE Danielle	90	Bromley	17.28	16.76	16.88	33.64
	5	56 BILTON Kirstie	91	Chatham	17.07	16.87	16.93	33.80
	6	81 DUCKETT Gemma	90	Wycombe	17.23	16.65	17.49	34.14
	7	61 DALE Melissa	91	Aldershot	17.84	17.06	17.66	34.72
	8	112 MURPHY Alice	90	Surbiton	17.54	17.34	17.55	34.89
	9	114 PARMENTER Lois	90	SPSRC	17.71	17.66	17.40	35.06
	10	67 LLEWELLYN Joanna	91	Bromley	18.04	18.05	17.82	35.86
	11	22 RUMENS Jackie	91	Wycombe	18.84	18.35	17.68	36.03
	12	35 BRYANT Amy	90	Bromley	18.89	19.21	18.63	37.52
		-		•				
	13	102 THOMPSON Mikki	91	Chatham	19.15	18.86	18.72	37.58
	14	99 HAMILTON Caroline	91	Folkestone	20.42	19.61	19.48	39.09
	15	121 SIMS-ROBINSON Rebecca	90	SPSRC	21.13	20.78	19.95	40.73
	16	93 UNDERWOOD Nicole	91	Folkestone	21.69	20.97	21.00	41.97
	17	51 FITZJOHN Mary	90	Chatham	23.76	22.48	22.89	45.37
4M		OT BABANTONION .			4	44.5-	44.55	<b></b>
	1	27 PAPANTONIOU Lloyd	90	Wycombe	14.90	14.65	14.69	29.34
	2	152 GREENWOOD James	90	Aldershot	15.66	15.12	15.13	30.25
	3	132 ROBINSON Nick	91	Aldershot	15.27	15.00	15.26	30.26
	4	96 CUMBERLIDGE Michael	90	Wycombe	15.55	15.21	15.12	30.33
	5	109 CURTIS Daniel	91	Chatham	15.52	15.27	15.08	30.35
	6	140 JESSE Ben	90	Aldershot	15.72	15.48	15.18	30.66
	7	157 WRENCH Sam	91	Bromley	16.36	15.96	15.92	31.88
	8	43 BELL Martin	91	Wycombe	16.29		16.53	32.82
	9	59 CROWTHER James	91	Chatham		16.58	16.43	33.01
	10	4 TELLING Philip	90	Aldershot		16.72	16.37	33.09
	11	90 DIXON Christopher	90	SPSRC	17.07	16.68	16.44	33.12
	12	33 KIRTON Joseph	91	Chatham	17.18	16.73	16.64	33.37
	13	103 BAKSH Peter	90	Bromley	17.10	17.02	16.60	33.62
	14	39 CAREW Laurie		•	18.04	17.02		
			90	SPSRC			17.15	34.31
	15	136 LIND Andreas	91	SPSRC	18.79	17.74	17.28	35.02
	16	54 KIESSLING Liam	91	Southamptor	19.02	18.06	17.52	35.58

	17 18 19 20 21	88 WEIR Fraser 65 O'KEEFE Josh 139 HENSMAN Edward 105 GORDON Philip 75 COPPACK Craig	90 90 90 91 91	Bowles Wycombe Chatham Bromley Chatham	18.65 18.99 19.34 19.30	17.56 18.20 18.12 18.46 18.64	18.17 17.86 18.11 18.47 18.52	35.73 36.06 36.23 36.93 37.16
	22 23 24 25 26	117 WILSMER Ewan 44 AMOS Aaron 150 YATES Nick 137 GREY Andrew 153 STACEY Robbie	91 91 91 91 90	Bromley Southampton Bowles SPSRC Bromley	18.41 24.18	18.48 18.81 20.41 20.90 23.36	18.99 19.25 20.15 19.95 23.38	37.40 38.06 40.56 40.85 46.74
	20	100 OTAGET ROBBIC	30	Bronney	24.10	20.00	20.00	40.74
5F	1	141 WILSON Nicola	88	Brentwood	17.59	16.74	16.35	33.09
	1	52 CALLENDAR Anouska	88	Wycombe	16.95	16.61	16.48	33.09
	3	37 LUCK Stacey	89	Bromley	17.08	16.81	16.74	33.55
	4	92 UNDERWOOD Rachel	88	Chatham	18.86	18.49	18.29	36.78
	5	155 QUINN Rachel	89	Bromley	19.34	19.43	19.23	38.57
	6 7	98 HAMILTON Kate 144 WILLIAMS Sian	89 89	Folkestone Folkestone	22.31 21.94	21.18 21.42	21.12 21.18	42.30 42.60
5M								
	1	131 ROBINSON Oliver	88	Aldershot	14.59	14.16	14.50	28.66
	2	8 WYATT Joel	88	Stoke	14.94	14.72	14.58	29.30
	3 4	123 CALVERT Peter 26 REES-EDWARDS Ben	88 89	Aldershot	16.76	16.26 16.73	15.94 15.95	32.20 32.68
	5	135 ALLINGHAM Jonathan	88	Bromley Chatham	18.39	16.73	17.19	33.83
	6	7 SHAH Sawan	88	Wycombe	18.24	18.18	17.58	35.76
	7	11 WILKINS James	88	Bromley	18.20	17.99	18.07	36.06
	8	57 FETHERSTONE Richard	89	Aldershot	04.00	18.94	18.69	37.63
	9 10	68 NELSON Oliver 110 OWEN Michael	89 89	Bromley Folkestone	21.02 16.46	19.52 15.92	20.45 36.43	39.97 52.35
c.E								
6F	1	97 PENNOCK Christina	86	Aldershot	16.14	16.13	16.12	32.25
	2	130 EARL Katherine	86	Chatham	17.09	10.10	16.83	33.92
	3	63 OWEN Charlotte	87	Folkestone	17.60	17.48	18.07	35.55
6M								
	1	158 BENNETT James	86	Bromley	14.73	14.35	14.41	28.76
	2 3	159 BUCHANAN Jack 151 CLOKE Henry	86 87	Bromley Bowles	15.31 18.58	15.05 17.84	15.16 17.38	30.21 35.22
	3	131 GLORE Helliy	07	Dowles	10.30	17.04	17.30	33.22
7F								
	1	87 NEWMAN Lucy	80	Natives	16.90	16.60	16.28	32.88
	2	127 THORNTON Sarah	84	Natives	17.92	17.43	17.54	34.97
	3	118 STEVENS Kirsty	85 79	Bromley	19.43	18.70	18.82	37.52
	4	71 FINNIS Donna	78	Bowles	26.34	23.30	23.81	47.11
7M								
·	1	142 TELLING Marc	84	Wycombe	14.94	14.10	14.06	28.16
	2	69 TELLING Paul	80	Wycombe	14.87	14.53	14.70	29.23
	3	124 CROWTHER Christopher	80	Chatham	16.84	16.19	16.33	32.52
	4 5	108 GAMBRILL James 104 PRESSLAND Steven	80 83	Natives Natives	16.66 19.37	16.71 17.89	16.40 18.07	33.06 35.96
	6	143 ILIFFE Oliver	78	Natives	19.37	18.36	18.12	36.48
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8F								
	1	95 ANTHONY Janet	66	Bowles	24.89	23.15	23.07	46.22
	2	79 SIMONDS Caroline	66	Wycombe	23.58	22.95	23.28	46.23
8M								
	1	84 BUNTON Paul	66	Chatham	17.29	16.78	16.59	33.37
	2	100 PROUDLOVE Andy	66	Bromley		17.30	16.81	34.11
	3	50 GIBB Jim	66	Chatham	31.44	18.13	18.19	36.32
	4	19 SEYMOUR Colin	66	Chatham	18.47	18.22	18.14	36.36
	5	83 OWENS Matt	68	Chatham	18.82	18.86	18.21	37.03
	6	53 BIRCHELL Keith	66	Bowles	20.26	19.87	20.17	40.04
	7	122 CALVERT John	49	Aldershot	22.40	20.86	20.48	41.34