## Pitcairn Practice 2017 Flu Clinic

## **Balmullo:**

Wed 11<sup>th</sup> October 09.00 - 12.00

## **Leuchars:**

Wed 18th<sup>th</sup> October 09.30 - 12.30

You are eligible for free vaccination if you are:

- Aged 65 or over
- Pregnant
- Resident in a Residential Home
- You are a Carer
- You suffer from:
  - Heart Disease
     Respiratory Disease
  - Liver DiseaseStroke or TIA
  - Diabetes BMI > 40
  - Immunosuppressed, e.g. due to chemotherapy
  - Kidney Disease or have had a kidney transplant
  - Asplenia or dysfunction of spleen

These are 'drop-in' clinics, no appointment necessary.