

Course Title:	2-6 Medical Ethics Psychological challenges for the dying patients and their doctors.
Coordinator /contact:	Igor Pietkiewicz PhD
Responsible person/contact:	as above
Address:	course will be held at CDK, ul. Łazarza 16
Year:	2-6
Total number of hours:	20
Seminars/Workshops	20
Conduct/Dress Code:	none

Student's Evaluation:

-credit requirements:

-attendance requirements: The course will take a form of a workshop, rather than lecture. Thus, you are expected to participate actively in group tasks. To ensure that the teaching/learning objectives are met and good working dynamics is developed, you should attend both sessions on each day. Any difficulties you may encounter in fulfilling these requirements should be reported to the instructor in advance.

dates:

24 April 2018 – Tuesday 11.00 – 15.00 – room S2, ul. Łazarza 16

25 April 2018 – Wednesday, 8.00 – 13.00 – room S3

26 April 2018 – Thursday, 8.00 – 12.15– roomS3,

27 April 2018 –Friday, 8.00 – 11.15 – room S1

Summary:

Sharing bad news, assisting people in acute grief, or helping patients at the edge of their lives often presents a challenge for doctors. The way in which physicians cope with stress related to that aspect of professional practice often depends on personal characteristics. It can be influenced by one's own sensitive or unresolved issues, one's family tradition, as well as personal experiences associated with death and dying. To protect oneself from feeling powerless or guilty, many carers avoid open talks on the subject of death or use jargon language that is incomprehensible to their patients and family. Some avoid contact or even present themselves as abrupt, indifferent, or unsympathetic. Doctor's anticipated grief associated with losing a patient is another problem often neglected in healthcare. This workshop will address all these major issues.

We shall look closely at the phenomenon of death and dying and examine it from different perspectives: patient's and family's experience, culture and tradition, institutional policy, individual attitudes of healthcare providers. The purpose of this workshop is to broaden your understanding of the problem and help you develop communication skills that are indispensable when taking care of a dying person or helping the patient's family. In an open and friendly atmosphere we shall also take a better look at your own experiences, attitudes, and values associated with death and dying. Subsequently, you should be more open to discuss such sensitive issues with people who are approaching death and know how you can use your interpersonal skills to assist such person.

Session hours: (there will be two sessions and a short coffee break every day between them)

General outline of the topics

Phenomenology of death and dying.

Discussion on the many faces of death. Exploration of individual experiences and family tradition. Death of a child versus death of an adult. When does life begin and end? Criteria for "good death". Suicides.

Patient end-of-life worries, concerns, and needs.

Cognitive, emotional, and behavioural response to diagnosis. Coming into terms with illness and approaching death – from denial to acceptance. Fears and concerns over end-of-life issues. Psychological and spiritual needs of the dying patient. Religious coping.

Patient-family communication dynamics and problems. Communication skills practice.

Being genuine or protecting? Honesty in communication. Family expectations and reported concerns. Informing about diagnosis, relapse and progression of disease.

Death-associated phenomena. Coping with grief.

Near-death experiences, deathbed visions and coincidences – their meaning and effects. Identifying types of grief and managing it. Anticipatory, acute, complicated grief. Maintaining hope and finding meaning.

Anthropology of death and dying. Death and medical ethics.

Experience of death and dying from cultural perspective. Funeral rites and their meaning.

Ethical issues associated with death and dying (sustaining life artificially, using hospice services, consent for organ donation, euthanasia, death penalty).
Family members' experiences of autopsy. Feelings associated with losing a family member or patient who has committed a suicide.

Recommended readings list
(none of that is obligatory, however, some materials will be provided)

- Allmark, Peter. "Death with dignity." *Journal of Medical Ethics*, Aug 2002: 255-257.
- Anonymous. "Stop killing people who kill people." *The Lancet*, 3 Feb 9, 2007: 343.
- Buckman, R., and W. Baile. "Truth Telling: Yes, but How?" (American Society of Clinical Oncology) August 2007: 3181.
- Casarett, David, Jean S. Kutner, and Janet Abraham. "Life after Death: A Practical Approach to Grief and Bereavement." *Annals of Internal Medicine*, February 2001: 208-215.
- Crippen, David W., ed. *End-of-Life Communication in the ICU. A Global Perspective*. Pittsburgh: Springer, 2008.
- Duffin, Christian. "Near death experiences 'must be taken seriously'." *Nursing Standard* 16, no. 17 (2002): 9.
- Fenwick, Peter, and Elizabeth Fenwick. *The Art of Dying*. New York: Continuum, 2008.
- Furman, Joan. "Taking a holistic approach to the dying time." *Nursing* 30, no. 6 (Jun 2000): 46-49.
- Gerdner, Linda A. "The Circle of Life: End-of-Life Care and Death Rituals for Hmong-American Elders." *Journal of Gerontological Nursing*, May 2007: 20-29.
- Hoffman, Jonathan. "There must be a better way." *British Medical Journal* 316, no. 7149 (Jun 1998): 1989-1990.
- Koniaris, Leonidas G, Jon P Sheldon, and Teresa A Zimmers. "Can lethal injection for execution really be "fixed"?" *The Lancet*, 3 Feb 2007: 352-353.
- Kubler-Ross, Elizabeth. *On Death and Dying*. New York: Simon & Schuster/Touchstone, 1969.
- Masson, Veneta. "Luck Of The Dying." *Health Affairs*, May/Jun 2005: 817-821.
- Nuland, Sherwin. *How we die*. New York: Alfred a Knopf Inc, 1994.
- O'Brien, Michael. "The Day I Died." *British Medical Journal* 326, no. 7383 (Feb 2003): 288.
- Oppewal, Feike, and Betty Meyboom-de Jong. "Family members' experiences of autopsy." *Family Practice* 18, no. 3 (2001): 304-308.
- Pantilat, Steven Z. "Care of dying patients: Beyond symptom management." *Western Journal of Medicine*, Oct 1999: 253-256.
- Parkes, Colin Murray. "The dying adult." *British Medical Journal* 316, no. 7140 (Apr 1998): 1313-1315.
- Perrett, Kevin. "My mother's name was Jan." *British Medical Journal* 325, no. 7377 (Dec 2002): 1429.
- Pietkiewicz, Igor. *Culture, Religion, and Ethnomedicine: Tibetan Diaspora in India*. New York: University Press of America, forthcoming.
- Rinpoche, Sogyal. *The Tibetan Book of Living and Dying*. HarperOne, 1994.
- Sakinofsky, Isaac. "The Aftermath of Suicide: Managing Survivors' Bereavement." *Canadian Journal of Psychiatry* 52, no. 5 (Jun 2007): 129S-136S.
- Shneidman, Edwin. "Criteria for a Good Death." *Suicide & Life - Threatening Behavior*, Jun 2007: 245-247.
- Shubha, R. "Psychosocial Issues in End-of-Life Care." *Journal of Psychosocial Nursing* 45, no. 8 (Aug 2007): 25-29.
- Speck, Peter, Irene Higginson, and Julia Addington-Hall. "Spiritual needs in health care." *BMJ* 329 (Jul 2004): 123-124.
- Steinhauser, K.E., C.I. Voils, E.C. Clipp, H.B. Bosworth, N.A. Christakis, and J.A. Tulsky. ""Are You at Peace" One Item to Probe Spiritual Concerns at the End of Life." *Arch Intern Med*, 2006: 101-105.
- Sweet, Victoria. "Thy Will Be Done." *Health Affairs*, May/Jun 2007: 825-830.
- Tutka, Mary Ann. "Near-death experiences: Seeing the light." *Nursing* 31, no. 5 (2001): 62-64.
- Ufema, Joy. "Never forgive--or never forget?" *Nursing* 29, no. 9 (1999): 24-25.
- Wimbush, Frances B., Thomas Hardie, and Evelyn Hayes. "Supporting your patient after a near-death experience." *Nursing* 31, no. 10 (Oct 2001): 48-49.
- Woodthorpe, Kate, ed. *Layers of Dying and Death*. Oxford, 2006.