

## Clinical Psychology

### Educational subject description sheet

#### Basic information

<b>Department</b> Faculty of Medicine  <b>Field of study</b> Medical Program  <b>Study level</b> long-cycle master's degree program  <b>Study form</b> full-time  <b>Education profile</b> general academic  <b>Disciplines</b> Medical science		<b>Didactic cycle</b> 2017/18  <b>Realization year</b> 2017/18  <b>Lecture languages</b> English  <b>Block</b> obligatory for passing in the course of studies  <b>Mandatory</b> obligatory  <b>Examination</b> credit  <b>Standard group</b> D. Behavioral and social sciences with elements of professionalism
<b>Subject coordinator</b>	Mirosława Marciak	
<b>Lecturer</b>	Mirosława Marciak, Katarzyna Cyranka, Bernadetta Janusz, Grzegorz Iniewicz, Marta Dora	

<b>Period</b> Semester 3	<b>Examination</b> credit  <b>Activities and hours</b> seminar: 20	<b>Number of ECTS points</b> 2.0
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#### Goals

C1	Knowledge, gainning skills to recognize basic psychological mechanisms of human functioning specifically in medical context. Understanding patient and his family in contextst of health, illness and treatment process.
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#### Subject's learning outcomes

Code	Outcomes in terms of	Effects	Examination methods
<b>Knowledge - Student knows and understands:</b>			
W1	the social dimension of health and disease, the impact of the social environment (family, social networks) and social inequalities and socio-cultural differences on health, and the role of social stress in health and self-destructive behaviors	D.W1	assignment report
W2	principles and methods of communication with the patient and his/her family, which are aimed at building empathic, trust-based relationships	D.W5	classroom observation, assignment report
W3	psychosocial consequences of hospitalization and chronic disease	D.W7	assignment report
W4	basic psychological mechanisms of human functioning in health and disease	D.W9	assignment report
W5	the role of the patient's family in the treatment process	D.W10	assignment report
W6	issues related to the adaptation of patients and their families to disease as a difficult situation and to related events, including dying and family mourning processes	D.W11	assignment report
W7	the role of stress in etiopathogenesis and disease progression, and the mechanisms for coping with stress	D.W12	assignment report
W8	mechanisms, objectives and treatment options for psychoactive substance dependence	D.W13	assignment report
<b>Skills - Student can:</b>			
U1	communicate with the patient and his family in an atmosphere of trust, taking into account the needs of the patient	O.U7	classroom observation, assignment report
U2	identify signs of anti-health and self-destructive behavior and respond appropriately to them	D.U2	classroom observation, assignment report
U3	build an atmosphere of trust throughout the entire diagnostic and treatment process	D.U4	classroom observation
<b>Social competences - Student is ready to:</b>			
K1	promote health-promoting behaviors	O.K6	classroom observation, assignment report
K2	to be guided by the well-being of a patient	O.K2	classroom observation, assignment report

### Calculation of ECTS points

Activity form	Activity hours*
seminar	20
preparation for classes	4
preparation of a paper	5

preparation of multimedia presentation	6
<b>Student workload</b>	<b>Hours</b> 60
<b>Workload involving teacher</b>	<b>Hours</b> 20

\* hour means 45 minutes

## Study content

No.	Course content	Subject's learning outcomes	Activities
1.	Introduction to medical psychology	W1, U2, K1, K2	seminar
2.	Stress coping mechanisms	W4, W7, U2, K1, K2	seminar
3.	Human development 1 the beginning of life : pregnancy,through preschool	W4, W5, U3, K1, K2	seminar
4.	Human development 2 school age, adolescence adulthood	W2, W4, U1, K1, K2	seminar
5.	Family system and illness	W1, W2, W5, W6, U1, U2, K1, K2	seminar
6.	Terminal illness adaptation	W3, W4, W5, W6, U1, U2, U3, K1, K2	seminar
7.	Death, grief, berevment ; family perspective, medical perspective	W2, W3, W5, W6, U1, U2, U3, K1, K2	seminar
8.	Psychosomatic medicine	W2, W4, U1, U2, U3, K1, K2	seminar
9.	Substancje abuse	W4, W8, U2, U3, K1, K2	seminar
10.	Psychological theories defence mechanisms	W4, U2, U3, K1, K2	seminar
11.	Communication ; verbal non-verbal	W2, U1, U2, U3, K1, K2	seminar
12.	The physician - patient relationship	W2, U1, U2, U3, K1, K2	seminar
13.	Biopsychosocial approach in medicine	W1, W2, W3, W5, W7, U1, U2, U3, K1, K2	seminar

## Course advanced

### Teaching methods:

case study, textual analysis, brainstorm, discussion, case study method, group work, seminar, simulation, lecture, lecture with multimedia presentation

Activities	Examination methods	Credit conditions
seminar	classroom observation, assignment report	The course is assesed on the basis of personal activity and engagement as well as attendance, presentation and essay

**Additional info**

Specifically valuable activities of student during seminar:

engagement in discussion

engagement in analyzing case studies

understanding psychological mechanisms of patients and families

understanding one's own emotional processes triggered in relationship with patients

preparation of strategies involving psychological help for patients when needed

**Literature****Obligatory**

1. Barbara Fadem Behavioral Science fifth edition
2. Rowen Bayne, Paula Nicolson (Editor) Iran Horton(Editor) Counselling and Communication Skills for Medical and HealthKit Practitioners, April 1998 Wiley -Blackwell

## Standard effects

Code	Content
D.U2	identify signs of anti-health and self-destructive behavior and respond appropriately to them
D.U4	build an atmosphere of trust throughout the entire diagnostic and treatment process
D.W1	the social dimension of health and disease, the impact of the social environment (family, social networks) and social inequalities and socio-cultural differences on health, and the role of social stress in health and self-destructive behaviors
D.W5	principles and methods of communication with the patient and his/her family, which are aimed at building empathic, trust-based relationships
D.W7	psychosocial consequences of hospitalization and chronic disease
D.W9	basic psychological mechanisms of human functioning in health and disease
D.W10	the role of the patient's family in the treatment process
D.W11	issues related to the adaptation of patients and their families to disease as a difficult situation and to related events, including dying and family mourning processes
D.W12	the role of stress in etiopathogenesis and disease progression, and the mechanisms for coping with stress
D.W13	mechanisms, objectives and treatment options for psychoactive substance dependence
O.K2	to be guided by the well-being of a patient
O.K6	promote health-promoting behaviors
O.U7	communicate with the patient and his family in an atmosphere of trust, taking into account the needs of the patient