2016/2017

Course Title: Medical First Aid

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Address: Chair of Anesthesiology and Intensive Care, ul. Kopernika 17

Year: 1-6 / 1 - 5

Total number of hours: 30
Lectures: 10
Seminars: Labs/Practicals: 18
Others (e.g. recitation): Exams: 2

Conduct/Dress Code: Clothing: Each students is expected to change footwear before every practical training.

Student's Evaluation:

-credit requirements: practical exam (score: pass/fail)

-attendance requirements: presence at practical trainings /16 hours-obligatory/.

-type of the final exam: - PRACTICAL EVALUATION OF THE STUDENTS SKILLS-Obligatory-Kopernika 17 Street

-retake information: - practical exam

Prerequisites: none

Course location

Lectures will be held at: Kopernika 7 Street. Department of Biochemistry

Practical training will be held at

- 1. Department of Anaesthesia and Intensive Care Medicine Kopernika 17 Street
- 2. Department of Medical Education Łazarza 16 Street

The students are asked to be prepared for every practical training according to the bellow mention book.

Recommended Reference Materials:

www.katedraanest.cm-uj.krakow.pl www.erc.edu

Lectures: Thursday (06, 13, 20, 27.10, 03.11) 16:00-17:30

- 1. Introduction to Medical first aid (G. Cebula)
- 2. Cardio-pulmonary resuscitation (J. Faferek)
- 3. Elements of first aid (K. Bodo)
- 4. Introduction to nursing. The nursing process. Basic nursing skills. Elements of nursing care: feeding patients, toileting, preventing pressure ulcers. (M. Szeliga)
- 5. The administration of medicines by various routes (enteral, mucosal, percutaneous, parenteral) prcedures. Different types of injection. (M. Szeliga)

	Date	Time	Group	Topics	Teacher
1	03.10	14:00-15:30	1/1, 2/1,	Recognition of the emergency and calling for help.	K. Bodo, M. Gajda
			3/1, 4/1	ABC approach. Recovery position.	M. Zgoda, J. Pabiańczyk
	03.10	15:45-17:15	5/1, 6/1,	Recognition of the emergency and calling for help.	K. Bodo, M. Gajda
			7/1, 8/1	ABC approach. Recovery position.	M. Zgoda, J. Pabiańczyk
2	10.10	14:00-15:30	1/1, 2/1,		K. Bodo, M. Gajda
			3/1, 4/1	Chest compression, rescue breath, pocket mask	M. Zgoda, J. Pabiańczyk
	10.10	15:45-17:15	5/1, 6/1,	Cardio – pulmonary resuscitation (CPR)	K. Bodo, M. Gajda
			7/1, 8/1	Chest compression, rescue breath, pocket mask	M. Zgoda, J. Pabiańczyk
3	17.10	14:00-15:30	1/1, 2/1,	Automated external defibrillation	K. Bodo, M. Gajda
			3/1, 4/1	CPR – AED	M. Zgoda, J. Pabiańczyk
	17.10	15:45-17:15	5/1, 6/1,	Automated external defibrillation	K. Bodo, M. Gajda
			7/1, 8/1		M. Zgoda, J. Pabiańczyk
4	24.10	14:00-15:30	1/1, 2/1,	In hospital resuscitation	K. Bodo, M. Gajda
			3/1, 4/1	Back-valve-mask ventilation	M. Zgoda, J. Pabiańczyk
	24.10	15:45-17:15	5/1, 6/1,	In hospital resuscitation	K. Bodo, M. Gajda
			7/1, 8/1	Back-valve-mask ventilation	M. Zgoda, J. Pabiańczyk
5	31.10	14:00-15:30	1/1, 2/1	CPR in children	K. Bodo, M. Gajda
			3/1, 4/1	Measurement of blood pressure.	M. Szeliga
	31.10	15:45-17:15	5/1, 6/1	CPR in children	K. Bodo, M. Gajda
			7/1, 8/1	Measurement of blood pressure.	M. Szeliga
6	07.11	14:00-15:30	1/1, 2/1	Measurement of blood pressure.	M. Szeliga
			3/1, 4/1	CPR in children	M. Zgoda, J. Pabiańczyk
	07.11	15:45-17:15	5/1, 6/1	Measurement of blood pressure.	M. Szeliga
			7/1, 8/1	CPR in children	M. Zgoda, J. Pabiańczyk
7	14.11	14:00-15:30	1/1, 2/1	First aid:	K. Bodo, M. Gajda
				FBAO in adults and children	•
				Moto-vehicle accidents (MVA)	
				Seizures	
				Fractures, dislocation	
				Burns and frostbites	
				Bites and sting	
			3/1, 4/1	Practical of IV injections and catherizations on phantoms.	M. Szeliga

	14.11	15:45-17:15	5/1, 6/1	First aid:	K. Bodo, M. Gajda
			,	FBAO in adults and children	,
				Moto-vehicle accidents (MVA)	
				Seizures	
				Fractures, dislocation	
				Burns and frostbites	
				Bites and sting	
			7/1, 8/1	Practical of IV injections and catherizations on phantoms.	M. Szeliga
8	21.11	14:00-15:30	1/1, 2/1	Practical of IV injections and catherizations on phantoms.	M. Szeliga
			3/1, 4/1	First aid:	M. Zgoda, J. Pabiańczyk
				FBAO in adults and children	
				Moto-vehicle accidents (MVA)	
				Seizures	
				Fractures, dislocation	
				Burns and frostbites	
				Bites and sting	
	21.11	15:45-17:15	5/1, 6/1	Practical of IV injections and catherizations on phantoms.	M. Szeliga
			7/1, 8/1	First aid:	M. Zgoda, J. Pabiańczyk
				FBAO in adults and children	
				Moto-vehicle accidents (MVA)	
				Seizures	
				Fractures, dislocation	
				Burns and frostbites	
				Bites and sting	
9	28.11	14:00-15:30	1/1, 2/1,		K. Bodo, M. Gajda
			3/1, 4/1	Preparation to practical exam	M. Zgoda, J. Pabiańczyk
	28.11	15:45-17:15	5/1, 6/1,		K. Bodo, M. Gajda
			7/1, 8/1	Preparation to practical exam	M. Zgoda,
10	28.11	17:30-19:00	5/1, 6/1,	Practical exam	K. Bodo, M. Gajda
			7/1, 8/1		M. Zgoda, J. Pabjańczyk
	28.11	19:00-20:30	1/1, 2/1,	Practical exam	K. Bodo, M. Gajda
			3/1, 4/1		M. Zgoda, J. Pabjańczyk

	Date	Time	Group	Topics	Teacher
1	05.12	14:00-15:30	1/2, 2/2	Recognition of the emergency and calling for help.	J. Jaskuła , J. Szymański,
			3/2, 4/2	ABC approach. Recovery position.	J. Faferek, P. Tyszecki
	05.12	15:45-17:15	5/2, 6/2	Recognition of the emergency and calling for help.	J. Jaskuła , J. Szymański,
			7/2, 8/2	ABC approach. Recovery position.	J. Fąferek, P. Tyszecki
2	12.01	14:00-15:30	1/2, 2/2	Cardio – pulmonary resuscitation (CPR)	J. Jaskuła , J. Szymański,
			3/2, 4/2	Chest compression, rescue breath, pocket mask	J. Fąferek, P. Tyszecki
	12.01	15:45-17:15	5/2, 6/2	Cardio – pulmonary resuscitation (CPR)	J. Jaskuła , J. Szymański,
			7/2, 8/2	Chest compression, rescue breath, pocket mask	J. Fąferek, P. Tyszecki
3	09.01	14:00-15:30	1/2, 2/2	Automated external defibrillation	J. Jaskuła , J. Szymański,
			3/2, 4/2	CPR – AED	J. Fąferek, P. Tyszecki
	09.01	15:45-17:15	5/2, 6/2	Automated external defibrillation	J. Jaskuła , J. Szymański,
			7/2, 8/2	CPR – AED	J. Fąferek, P. Tyszecki
4	16.01	14:00-15:30	1/2, 2/2	In hospital resuscitation	J. Jaskuła , J. Szymański,
			3/2, 4/2	Back-valve-mask ventilation	J. Fąferek, P. Tyszecki
	16.01	15:45-17:15	5/2, 6/2	In hospital resuscitation	J. Jaskuła , J. Szymański,
			7/2, 8/2	Back-valve-mask ventilation	J. Fąferek, P. Tyszecki
5	23.01	14:00-15:30	1/2, 2/2	CPR in children	J. Jaskuła , J. Szymański
			3/2, 4/2	Measurement of blood pressure.	M. Szeliga
	23.01	15:45-17:15	5/2, 6/2	CPR in children	J. Jaskuła , J. Szymański
			7/2, 8/2	Measurement of blood pressure.	M. Szeliga
6	30.01	14:00-15:30	1/2, 2/2	Measurement of blood pressure.	M. Szeliga
			3/2, 4/2	CPR in children	J. Fąferek, P. Tyszecki
	30.01	15:45-17:15	5/2, 6/2	Measurement of blood pressure.	M. Szeliga
			7/2, 8/2	CPR in children	J. Fąferek, P. Tyszecki
7	20.02	14:00-15:30	1/2, 2/2	First aid:	J. Jaskuła , J. Szymański
				FBAO in adults and children	
				Moto-vehicle accidents (MVA)	
				Seizures	
				Fractures, dislocation	
				Burns and frostbites	
				Bites and sting	
			3/2, 4/2	Practical of IV injections and catherizations on phantoms.	M. Szeliga
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	20.02	15:45-17:15	5/2, 6/2	First aid:	J. Jaskuła , J. Szymański
	20.02	10110 11110	0,2, 0,2	FBAO in adults and children	or oderkala , or ozymaneki
				Moto-vehicle accidents (MVA)	
				Seizures	
				Fractures, dislocation	
				Burns and frostbites	
				Bites and sting	
			7/2, 8/2	Practical of IV injections and catherizations on phantoms.	M. Szeliga
8	27.02	14:00-15:30	1/2, 2/2	Practical of IV injections and catherizations on phantoms.	M. Szeliga
			3/2, 4/2	First aid:	J. Faferek, P. Tyszecki
			0,2,	FBAO in adults and children	• · · • · · · · · · · · · · · · · · · ·
				Moto-vehicle accidents (MVA)	
				Seizures	
				Fractures, dislocation	
				Burns and frostbites	
				Bites and sting	
	27.02	15:45-17:15	5/2, 6/2	Practical of IV injections and catherizations on phantoms.	M. Szeliga
			7/2, 8/2	First aid:	J. Fąferek, P. Tyszecki
				FBAO in adults and children	
				Moto-vehicle accidents (MVA)	
				Seizures	
				Fractures, dislocation	
				Burns and frostbites	
				Bites and sting	
9	06.03	14:00-15:30	1/2, 2/2	CPR-AED	J. Jaskuła , J. Szymański,
			3/2, 4/2	Preparation to practical exam	J. Fąferek, P. Tyszecki
	06.03	15:45-17:15	5/2, 6/2	CPR-AED	J. Jaskuła , J. Szymański,
			7/2, 8/2	Preparation to practical exam	J. Fąferek, P. Tyszecki
10	06.03	17:30-19:00	5/2, 6/2	Practical exam	J. Jaskuła , J. Szymański,
			7/2, 8/2		J. Fąferek, P. Tyszecki
	06.03	19:00-20:30	1/2, 2/2	Practical exam	J. Jaskuła , J. Szymański,
			3/2, 4/2		J. Fąferek, P. Tyszecki