## **Course Title: Clinical Psychology**

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Address: Chair of Psychiatry, ul Kopernika 21

Total number of hours: 30

Seminars 30

Students Evaluation: grade

Credit requirements course is assessed on the basis of personal activity and engagement as

well as attendance

Attendance requirements: 2 absences are allowed

# Clinical Psychology 3<sup>rd</sup> year / 6-year program (2018/2019)

### **VI Semester**

### seminars (15 x 2 = 30 hours)

7 groups: up to 12 students

dates: February: 20,27; March: 6, 13,20,27April: 3,10, 24 May: 8,15,22,29; June:5,12

Clinical Psychology groups

|    | day | date     | 16.00-<br>17.30<br>Wed<br>P.Marta<br>Dora<br>room 19<br>Kopernika<br>21a | 17.30-<br>19.00<br>Wed<br>P. Marta<br>Dora<br>room 19<br>Kopernik<br>a 21a | 15.00- 16.30 Wed p. Mira Marciak Library Kopernika 21a | 16.30-<br>18.00<br>Wed<br>p. Mira<br>Marciak<br>Library<br>Kopernika<br>21a | 18.00-<br>19.30<br>Wed<br>p. Mira<br>Marciak<br>Library<br>Kopernika<br>21a | 16.30-18.00 Wed p. Grzegorz Iniewicz  Asklepiosa room, ul Św Anny12 |
|----|-----|----------|--|--|--|---|---|---|
| 1  | wed | Feb 20   | group B  | F  | А  | D   | Е   | С   |
| 2  | wed | Feb 27   | В  | F  | Α  | D   | Е   | С   |
| 3  | wed | March 6  | В  | F  | D  | Α   | Е   | С   |
| 4  | wed | March 13 | В  | F  | А  | D   | Е   | С   |
| 5  | wed | March 20 | В  | F  | А  | D   | Е   | С   |
| 6  | wed | March 27 | В  | F  | Α  | D   | Е   | С   |
| 7  | wed | April 3  | F  | В  | Α  | D   | Е   | С   |
| 8  | wed | April 10 | F  | В  | А  | D   | Е   | С   |
| 9  | wed | April 24 | F  | В  | Α  | D   | Е   | С   |
| 10 | wed | May 8    | F  | В  | Α  | D   | Е   | С   |
| 11 | wed | May 15   | F  | В  | Α  | D   | Е   | С   |
| 12 | wed | May 22   | F  | В  | А  | D   | Е   | С   |
| 13 | wed | May 29   | F  | В  | Α  | D   | Е   | С   |
| 14 | wed | June: 5  | F  | В  | E  | D   | Α   | С   |
| 15 | wed | June 12  | F  | В  | Е  | D   | А   | С   |

### The topics of particular seminars of the course:

- 1. Previous contact with somatically ill patients sharing personal experience.
- 2. Functioning of a small group the physician in a team.
- 3. Observation of behavior and appearance the very first impressions of a patient.
- 4. Joining with the patient and taking a medical history.
- 5. Practicing the skills to ask about emotions.
- 6. Using information to ask further question following the cue.

- 7. Understanding the style and strategies of coping with illness.
- 8. Recognizing the social context of the ill person.
- 9. Genogram as a method of collecting family information.
- 10. Practicing the contact with the family of the patient.
- 11. Practicing emotionally difficult tasks (e.g. communication of a very bad news)
- 12. Being in touch with someone's own emotional reactions and their effect on behaviour.
- 13. Problem of transference and countertransference how it can be recognize.
- 14. The difficult patient how to understand and cope with the problem.
- 15. Summary, reflections and credit.

Please note that the course is assessed on the basis of personal activity and engagement as well as attendance – a maximum number of **2 absences are allowed**,

Seminars will be held at Chair of Psychiatry ul. Kopernika 21 a.

Seminars will be conducted by: Marta Dora, Grzegorz Iniewicz, Mira Marciak.

**First meeting** on 20 February 2019 at15:00 (group ), at 16.(group ), at( group ) in the Library (Chair of Psychiatry ul. Kopernika 21 a)