

### **3/6 Introduction Internal Medicine**

**Each section is divided into 8 school hours (45min/h), spanning 2 meetings for 4 school hours, main days for meetings are Wednesdays, Thursdays and Fridays.**

#### **Section E:**

1. Hyper/hypothyroidism, secondary hypertension, diabetes
2. Vital signs, skin (stretch marks, hirsutism, etc.)
3. Polyuria, polydipsia, anuria, dysuria, haematuria, renal failure, nephritic syndrome
4. Head and neck examination (cranial nerves)

#### **Section H:**

1. General patient condition, history taking scheme
2. Peripheral vascular system, techniques of examinations (arteries, varicose veins, jugular vein distention), peripheral oedema differentiation)
3. Examination of: Lymph nodes, breast and axilla, spleen examination
4. Musculoskeletal/neurological examination

#### **Section K:**

1. Chest pain, hypertension (primary)
2. Heart examination (HR, pulse rate, heart sounds, heart murmurs)
3. Cyanosis/dyspnoea, heart failure; palpitation, syncope
4. ECG introduction

#### **Section G:**

1. Upper GI bleeding; GERD; peptic ulcer;
2. Abdomen examination (general approach), hernias, peritoneal inflammation;
3. Lower GI bleeding; constipation, diarrhoea;
4. Liver, hepatitis, jaundice, pancreas; liver examination

#### **Section P:**

1. Asthma, COPD,
2. Sputum, Diagnosis of haemoptysis, Cough, Pneumonia, Pulmonary embolism;
3. Respiratory examinations; thorax, spirometry introduction
4. Thorax examination, breast assessment