

Clinical Psychology

Educational subject description sheet

Basic information

Department Faculty of Medicine Field of study Medical Program Study level long-cycle master's degree program Study form full-time Education profile general academic Disciplines Medical science Subject related to scientific research Yes		Didactic cycle 2016/17 Realization year 2017/18 Lecture languages English Block obligatory for passing in the course of studies Mandatory obligatory Examination graded credit Standard group D. Behavioral and social sciences with elements of professionalism
Subject coordinator	Mirosława Marciak	
Lecturer	Mirosława Marciak, Katarzyna Cyranka, Bernadetta Janusz, Grzegorz Iniewicz, Marta Dora	

Period Semester 3, Semester 5	Examination graded credit Activities and hours seminar: 50	Number of ECTS points 3.0
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Goals

C1	Knowledge, gainning skills to recognize basic psychological mechanisms of human functioning specifically in medical context. Understanding patient and his family in contextst of health, illness and treatment process.
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Subject's learning outcomes

Code	Outcomes in terms of	Effects	Examination methods
Knowledge - Student knows and understands:			
W1	the social dimension of health and disease, the impact of the social environment (family, social networks) and social inequalities and socio-cultural differences on health, and the role of social stress in health and self-destructive behaviors	D.W1	assignment report
W2	principles and methods of communication with the patient and his/her family, which are aimed at building empathic, trust-based relationships	D.W5	classroom observation, assignment report
W3	psychosocial consequences of hospitalization and chronic disease	D.W7	assignment report
W4	basic psychological mechanisms of human functioning in health and disease	D.W9	assignment report
W5	the role of the patient's family in the treatment process	D.W10	assignment report
W6	issues related to the adaptation of patients and their families to disease as a difficult situation and to related events, including dying and family mourning processes	D.W11	assignment report
W7	the role of stress in etiopathogenesis and disease progression, and the mechanisms for coping with stress	D.W12	assignment report
W8	mechanisms, objectives and treatment options for psychoactive substance dependence	D.W13	assignment report
Skills - Student can:			
U1	communicate with the patient and his family in an atmosphere of trust, taking into account the needs of the patient	O.U7	classroom observation, assignment report
U2	identify signs of anti-health and self-destructive behavior and respond appropriately to them	D.U2	classroom observation, assignment report
U3	build an atmosphere of trust throughout the entire diagnostic and treatment process	D.U4	classroom observation
Social competences - Student is ready to:			
K1	promote health-promoting behaviors	O.K6	classroom observation, assignment report
K2	to be guided by the well-being of a patient	O.K2	classroom observation, assignment report

Calculation of ECTS points

Activity form	Activity hours*
seminar	45
preparation for classes	4
preparation of a paper	5

preparation of multimedia presentation	6
Student workload	Hours 60
Workload involving teacher	Hours 50

* hour means 45 minutes

Study content

No.	Course content	Subject's learning outcomes	Activities
1.	Introduction to medical psychology	W1, U2, K1, K2	seminar
2.	Stress coping mechanisms	W4, W7, U2, K1, K2	seminar
3.	Human development 1 the beginning of life : pregnancy,through preschool	W4, W5, U3, K1, K2	seminar
4.	Human development 2 school age, adolescence adulthood	W2, W4, U1, K1, K2	seminar
5.	Family system and illness	W1, W2, W5, W6, U1, U2, K1, K2	seminar
6.	Terminal illness adaptation	W3, W4, W5, W6, U1, U2, U3, K1, K2	seminar
7.	Death, grief, berevemet ; family perspective, medical perspective	W2, W3, W5, W6, U1, U2, U3, K1, K2	seminar
8.	Psychosomatic medicine	W2, W4, U1, U2, U3, K1, K2	seminar
9.	Substancje abuse	W4, W8, U2, U3, K1, K2	seminar
10.	Psychological theories defence mechanisms	W4, U2, U3, K1, K2	seminar
11.	Communication ; verbal non-verbal	W2, U1, U2, U3, K1, K2	seminar
12.	The physician - patient relationship	W2, U1, U2, U3, K1, K2	seminar
13.	Biopsychosocial approach in medicine	W1, W2, W3, W5, W7, U1, U2, U3, K1, K2	seminar

Course advanced

Teaching methods:

case study, textual analysis, brainstorm, discussion, case study method, group work, seminar, simulation, lecture, lecture with multimedia presentation

Activities	Examination methods	Credit conditions
seminar	classroom observation, assignment report	The course is assesed on the basis of personal activity and engagement as well as attendance, presentation and essay

Additional info

Specifically valuable activities of student during seminar:
engagement in discussion
engagement in analyzing case studies
understanding psychological mechanisms of patients and families
understanding one's own emotional processes triggered in relationship with patients
preparation of strategies involving psychological help for patients when needed

Literature

Obligatory

1. Barbara Fadem Behavioral Science fifth edition
2. Rowen Bayne (editor), Paula Nicolson (Editor) Iran Horton (Editor) Counselling and Communication Skills for Medical and HealthKit Practitioners April 1998 Wiley -Blackwell
3. Jonathan Silverman, Suzanne Kutz, Juliet Draper, 2006 Skills for Communicating with Patients, Third Edition, CRC Press
4. Elisabeth Kubler - Ross On Death and Dying
5. Appelbaum, P.S.(2007) Clinical practice. Assessment of patients' competence to consent to treatment. New England Journal of Medicine, 357(18), 1834-1840
6. Lichstein, P.R (1990). The medical interview. In Walker HK, Hall WD, Hurst JW. Editor, Source Clinical Methods: The History, Physical, and Laboratory Examinations, 3rd edition. Boston Butterworths, 1990 Chapter 3
7. Watt, Kelly, Abbott, Penny, Reath, Jenny. Developing cultural competence in general practitioners: an integrative review of the literature. BMC Family Practice. 11/15/2016, Vol.17, p.1-11

Optional

1. Ashton MC, Lee K. The lexical approach to the study of personality structure, toward the identification of cross-culturally replicable dimensions of personality variation. J. Pers Disord. 2005;19: 303-8
2. David Kessler Elisabeth Kubler - Ross . On Grief and Grieving

Standard effects

Code	Content
D.U2	identify signs of anti-health and self-destructive behavior and respond appropriately to them
D.U4	build an atmosphere of trust throughout the entire diagnostic and treatment process
D.W1	the social dimension of health and disease, the impact of the social environment (family, social networks) and social inequalities and socio-cultural differences on health, and the role of social stress in health and self-destructive behaviors
D.W5	principles and methods of communication with the patient and his/her family, which are aimed at building empathic, trust-based relationships
D.W7	psychosocial consequences of hospitalization and chronic disease
D.W9	basic psychological mechanisms of human functioning in health and disease
D.W10	the role of the patient's family in the treatment process
D.W11	issues related to the adaptation of patients and their families to disease as a difficult situation and to related events, including dying and family mourning processes
D.W12	the role of stress in etiopathogenesis and disease progression, and the mechanisms for coping with stress
D.W13	mechanisms, objectives and treatment options for psychoactive substance dependence
O.K2	to be guided by the well-being of a patient
O.K6	promote health-promoting behaviors
O.U7	communicate with the patient and his family in an atmosphere of trust, taking into account the needs of the patient