

2016/2017

Course Title:	Medical First Aid
Coordinator /contact:	Dr Grzegorz Cebula /e-mail: gcebula@me.com
Responsible person/contact:	Dr Grzegorz Cebula /e-mail: gcebula@me.com
Address:	Chair of Anesthesiology and Intensive Care, ul. Kopernika 17
Year:	1-6 / 1 - 5
Total number of hours:	30
Lectures:	10
Seminars:	-
Labs/Practicals:	18
Others (e.g. recitation):	-
Exams:	2

Conduct/Dress Code: **Clothing:** Each students is expected to change footwear before every practical training.

Student's Evaluation:

-credit requirements: **practical exam (score: pass/fail)**
-attendance requirements: **presence at practical trainings** /16 hours-obligatory/.

-type of the final exam: - **PRACTICAL EVALUATION OF THE STUDENTS SKILLS-Obligatory-Kopernika 17 Street**

-retake information: - practical exam

Prerequisites: *none*

Course location

Lectures will be held at: Kopernika 7 Street. Department of Biochemistry

Practical training will be held at

- 1. Department of Anaesthesia and Intensive Care Medicine - Kopernika 17 Street**
- 2. Department of Medical Education – Łazarza 16 Street**

The students are asked to be prepared for every practical training according to the bellow mention book.

Recommended Reference Materials:

www.katedraanest.cm-uj.krakow.pl

www.erc.edu

Lectures: Thursday (06, 13, 20, 27.10, 03.11) 16:00-17:30

1. Introduction to Medical first aid (G. Cebula)
2. Cardio-pulmonary resuscitation (J. Fałerek)
3. Elements of first aid (K. Bodo)
4. Introduction to nursing. The nursing process. Basic nursing skills. Elements of nursing care: feeding patients, toileting, preventing pressure ulcers. (M. Szeliga)
5. The administration of medicines by various routes (enteral, mucosal, percutaneous, parenteral) - procedures. Different types of injection. (M. Szeliga)

	Date	Time	Group	Topics	Teacher
1	03.10	14:00-15:30	1/1, 2/1, 3/1, 4/1	Recognition of the emergency and calling for help. ABC approach. Recovery position.	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk
	03.10	15:45-17:15	5/1, 6/1, 7/1, 8/1	Recognition of the emergency and calling for help. ABC approach. Recovery position.	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk
2	10.10	14:00-15:30	1/1, 2/1, 3/1, 4/1	Cardio – pulmonary resuscitation (CPR) Chest compression, rescue breath, pocket mask	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk
	10.10	15:45-17:15	5/1, 6/1, 7/1, 8/1	Cardio – pulmonary resuscitation (CPR) Chest compression, rescue breath, pocket mask	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk
3	17.10	14:00-15:30	1/1, 2/1, 3/1, 4/1	Automated external defibrillation CPR – AED	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk
	17.10	15:45-17:15	5/1, 6/1, 7/1, 8/1	Automated external defibrillation CPR – AED	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk
4	24.10	14:00-15:30	1/1, 2/1, 3/1, 4/1	In hospital resuscitation Back-valve-mask ventilation	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk
	24.10	15:45-17:15	5/1, 6/1, 7/1, 8/1	In hospital resuscitation Back-valve-mask ventilation	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk
5	31.10	14:00-15:30	1/1, 2/1 3/1, 4/1	CPR in children Measurement of blood pressure.	K. Bodo, M. Gajda M. Szeliga
	31.10	15:45-17:15	5/1, 6/1 7/1, 8/1	CPR in children Measurement of blood pressure.	K. Bodo, M. Gajda M. Szeliga
6	07.11	14:00-15:30	1/1, 2/1 3/1, 4/1	Measurement of blood pressure. CPR in children	M. Szeliga M. Zgoda, J. Pabiańczyk
	07.11	15:45-17:15	5/1, 6/1 7/1, 8/1	Measurement of blood pressure. CPR in children	M. Szeliga M. Zgoda, J. Pabiańczyk
7	14.11	14:00-15:30	1/1, 2/1 3/1, 4/1	First aid: FBAO in adults and children Moto-vehicle accidents (MVA) Seizures Fractures, dislocation Burns and frostbites Bites and sting Practical of IV injections and catherizations on phantoms.	K. Bodo, M. Gajda M. Szeliga

	14.11	15:45-17:15	5/1, 6/1	First aid: FBAO in adults and children Moto-vehicle accidents (MVA) Seizures Fractures, dislocation Burns and frostbites Bites and sting	K. Bodo, M. Gajda
			7/1, 8/1	Practical of IV injections and catherizations on phantoms.	M. Szeliga
8	21.11	14:00-15:30	1/1, 2/1	Practical of IV injections and catherizations on phantoms.	M. Szeliga
			3/1, 4/1	First aid: FBAO in adults and children Moto-vehicle accidents (MVA) Seizures Fractures, dislocation Burns and frostbites Bites and sting	M. Zgoda, J. Pabiańczyk
	21.11	15:45-17:15	5/1, 6/1	Practical of IV injections and catherizations on phantoms.	M. Szeliga
			7/1, 8/1	First aid: FBAO in adults and children Moto-vehicle accidents (MVA) Seizures Fractures, dislocation Burns and frostbites Bites and sting	M. Zgoda, J. Pabiańczyk
9	28.11	14:00-15:30	1/1, 2/1, 3/1, 4/1	CPR-AED Preparation to practical exam	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk
	28.11	15:45-17:15	5/1, 6/1, 7/1, 8/1	CPR-AED Preparation to practical exam	K. Bodo, M. Gajda M. Zgoda,
10	28.11	17:30-19:00	5/1, 6/1, 7/1, 8/1	Practical exam	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk
	28.11	19:00-20:30	1/1, 2/1, 3/1, 4/1	Practical exam	K. Bodo, M. Gajda M. Zgoda, J. Pabiańczyk

	Date	Time	Group	Topics	Teacher
1	05.12	14:00-15:30	1/2, 2/2 3/2, 4/2	Recognition of the emergency and calling for help. ABC approach. Recovery position.	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
	05.12	15:45-17:15	5/2, 6/2 7/2, 8/2	Recognition of the emergency and calling for help. ABC approach. Recovery position.	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
2	12.01	14:00-15:30	1/2, 2/2 3/2, 4/2	Cardio – pulmonary resuscitation (CPR) Chest compression, rescue breath, pocket mask	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
	12.01	15:45-17:15	5/2, 6/2 7/2, 8/2	Cardio – pulmonary resuscitation (CPR) Chest compression, rescue breath, pocket mask	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
3	09.01	14:00-15:30	1/2, 2/2 3/2, 4/2	Automated external defibrillation CPR – AED	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
	09.01	15:45-17:15	5/2, 6/2 7/2, 8/2	Automated external defibrillation CPR – AED	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
4	16.01	14:00-15:30	1/2, 2/2 3/2, 4/2	In hospital resuscitation Back-valve-mask ventilation	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
	16.01	15:45-17:15	5/2, 6/2 7/2, 8/2	In hospital resuscitation Back-valve-mask ventilation	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
5	23.01	14:00-15:30	1/2, 2/2 3/2, 4/2	CPR in children Measurement of blood pressure.	J. Jaskuła , J. Szymański M. Szeliga
	23.01	15:45-17:15	5/2, 6/2 7/2, 8/2	CPR in children Measurement of blood pressure.	J. Jaskuła , J. Szymański M. Szeliga
6	30.01	14:00-15:30	1/2, 2/2 3/2, 4/2	Measurement of blood pressure. CPR in children	M. Szeliga J. Fałerek, P. Tyszecki
	30.01	15:45-17:15	5/2, 6/2 7/2, 8/2	Measurement of blood pressure. CPR in children	M. Szeliga J. Fałerek, P. Tyszecki
7	20.02	14:00-15:30	1/2, 2/2 3/2, 4/2	First aid: FBAO in adults and children Moto-vehicle accidents (MVA) Seizures Fractures, dislocation Burns and frostbites Bites and sting Practical of IV injections and catheterizations on phantoms.	J. Jaskuła , J. Szymański M. Szeliga

	20.02	15:45-17:15	5/2, 6/2	First aid: FBAO in adults and children Moto-vehicle accidents (MVA) Seizures Fractures, dislocation Burns and frostbites Bites and sting	J. Jaskuła , J. Szymański
			7/2, 8/2	Practical of IV injections and catherizations on phantoms.	M. Szeliga
8	27.02	14:00-15:30	1/2, 2/2	Practical of IV injections and catherizations on phantoms.	M. Szeliga
			3/2, 4/2	First aid: FBAO in adults and children Moto-vehicle accidents (MVA) Seizures Fractures, dislocation Burns and frostbites Bites and sting	J. Fałerek, P. Tyszecki
	27.02	15:45-17:15	5/2, 6/2	Practical of IV injections and catherizations on phantoms.	M. Szeliga
			7/2, 8/2	First aid: FBAO in adults and children Moto-vehicle accidents (MVA) Seizures Fractures, dislocation Burns and frostbites Bites and sting	J. Fałerek, P. Tyszecki
9	06.03	14:00-15:30	1/2, 2/2 3/2, 4/2	CPR-AED Preparation to practical exam	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
	06.03	15:45-17:15	5/2, 6/2 7/2, 8/2	CPR-AED Preparation to practical exam	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
10	06.03	17:30-19:00	5/2, 6/2 7/2, 8/2	Practical exam	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki
	06.03	19:00-20:30	1/2, 2/2 3/2, 4/2	Practical exam	J. Jaskuła , J. Szymański, J. Fałerek, P. Tyszecki