

SYLLABUS

Zakład Psychologii Stosowanej
Medycznego w Lublinie
25-030 Lublin, Bra-Med, 600217
Tel. (81) 448 66 00

The academic year when the cycle of instruction is commenced **2019-2025**

Module/course name:	Medical Psychology		Module code	LK3D.002
Faculty:	Faculty of Medicine MUL			
Major:	Medical			
Specialty:				
Level of study:	I (Bachelor studies) <input type="checkbox"/> II (Master studies) <input type="checkbox"/> Integrated Master studies X Doctoral studies <input type="checkbox"/>			
Mode of study:	full-time X			
Year of study:	I X II <input type="checkbox"/> III <input type="checkbox"/> IV <input type="checkbox"/> V <input type="checkbox"/> VI <input type="checkbox"/>	Semester:	1 X 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> 6 <input type="checkbox"/> 7 <input type="checkbox"/> 8 <input type="checkbox"/> 9 <input type="checkbox"/> 10 <input type="checkbox"/> 11 <input type="checkbox"/> 12 <input type="checkbox"/>	
Module/course type:	obligatory X elective <input type="checkbox"/>			
Language of instruction:	Polish <input type="checkbox"/> English X			
Form of education	Hours			
Lecture				
Seminar	30			
Laboratory class				
E-learning				
Practical class				
Internship				
Other				
TOTAL	30			
Student's work input (participation in class, preparation, evaluation, etc.)	Student's hourly workload			
1. In class	30			
2. Student's own work including: 1 Preparation for class 2 Preparation for partials and finals	20			
Summary of the student's workload	50			
ECTS points for module/course	2			
Educational objectives:				
The matrix of learning outcomes for module/ subject with reference to verification methods of the intended educational outcomes and forms of instruction:				

Learning outcome code	A student who has obtained a credit for the module/course has the knowledge/skill to:	Methods of verifying the achievement of the intended learning outcomes:	Form of instruction * provide the symbol
W01 (D.W1)	is acquainted with state-of-the-art in the social aspects of health and disease, the influence of social environment (family, social relations) and social inequalities on health condition and in socio-cultural differences and the role of social stress in pro-health and auto destructive behaviors;	test	S
W02 (D.W3.)	knows forms of violence, models explaining violence in families and institutions, social background of different forms of violence and the role of a physician in identifying signs of violence;	test	S
W03 (D.W4.)	understands the meaning of health, disease, disability and old age in relation to social attitudes, social consequences of disease and disability and the socio-cultural barriers, knows the current concept of health-related quality of life;	test	S
W04 (D.W7.)	understands the psycho-social consequences of hospitalization and chronic disease;	test	S
W05 (D.W9.)	knows the basic psychological mechanisms of human functioning in health and in disease	test	S
W06 (D.W12.)	knows the role of stress in etiopathogenesis and course of diseases and identifies stress management mechanisms	test	S
W07 (D.W13.)	knows mechanisms, objectives and methods of treating addiction to psychoactive substances;	test	S
W08 (D.W15.)	knows principles of motivating patients to pro-health behaviors and of communicating poor prognosis;	test	S
W09 (D.W16.)	knows and understands main ethical ideas, theories, principles and rules serving as general frames of interpretation and analysis of medical moral issues;	test	S

W10 (D.W5.)	Understands the rules and principles of communication with the patient and his family, which enables to built empathic relationship based on trust	test	S
W11 (D.W22.)	knows the development process of new medical disciplines and the achievements of leading representatives of Polish and world medicine	test	S
U01 (D.U8.)	can communicate to a patient or patient` s family information on poor prognosis;	simulated conversation	S
U02 (D.U10.)	identifies violence risk factors, identifies violence and reacts adequately to the situation;	simulated conversation	S
U03 (D.U2.)	Notices and properly reacts to anti-health and auto destructive behaviour	simulated conversation	S
U04 (D.U15.)	observes the patient` s rights, involving the right to personal data protection, privacy, information on health status, right to give or deny informed consent to treatment, right to dignified death;	simulated conversation	S
U05 (D.U5)	can carry out conversation with an adult patient, a child, family, applying the technique of active listening and empathy, and discuss with a patient his or her life situation;	simulated conversation	S
K01	works well in a group	observation	S
K02	respects the widely accepted principles of propriety towards other students	observation	S
K 03	Respects the widely accepted principles of propriety towards the teachers	observation	S

Course content: (use keywords referring to the content of each class following the intended learning outcomes):

SEMINARS

- Psychology as a human science.
 - Psychology in medicine – basic assumptions, goals and tasks
 - The norm and the pathology in psychology
 - Psychological methods of diagnosis used in medicine
- Developmental psychology.
 - The characteristic of cognitive, emotional and social development of human being
- Personality, character, temperament- definition
 - Defence mechanism of human personality (Mature, immature, neurotic, narcissistic)
 - Choose examples of personality disorder- BPD, HPD, APD (Antisocial, narcissistic, eccentric)
- Developmental disorders P1.
 - Intellectual Disabilities according to ICD-10/11
 - The specificity of contact with the intellectual disability patient
- Developmental disorders P2.
 - Sensory integrity disorders (ADHD, ADD)

- Autism spectrum disorders (DSM-5 and ICD-10/11)
- 6. The characteristics of selected mental disorders, basic notions of psychopathology (DSM-5 and ICD-10/11)
 - schizophrenia,
 - bipolar disorder.
 - The specificity of establishing, mentally impaired patient, patients with anxiety disorders, patients with organic brain damage, aggressive patient.
- 7. Stress and health.
 - Biological and psychological mechanisms of stress.
 - The impact of long-time stress on health – psychosomatic dependencies.
 - Stress and working as a doctor.
 - Reasons and effects of excessive stress and methods of coping with stress-inducing situations.
- 8. Professional burnout syndrome in the medical profession
 - Risk and protecting factors
 - Coping
- 9. Various forms and kinds of violence
 - Physical, emotional, sexual and economical violence
 - Violence because of neglecting
 - Domestic violence
 - Statistic data of the violence in world and Europe
- 10. Violence and its medical, psychological and social consequences
 - Risk factors
 - Learned Helplessness
 - Victimisation process
 - Stockholm syndrome
 - The phenomenon of brainwashing
 - Mobbing
 - Medical and psychological intervention in cases of violence victims
- 11. Self-destructive behaviour in various age groups
 - drug addiction
 - self-harm
 - suicide – causes, occurrence, clinical picture, prophylactics,
 - strategy for dealing with patients with suicidal crisis
- 12. What is addiction to psychoactive substances?
 - The definition of addiction and the harmful using (ICD – 10/ ICD-11)
 - Clinical picture of an addicted person
 - Mechanisms and phases of addiction to alcohol.
 - Effects of the excessive use of psychoactive substances
 - Family with alcohol problems - co-dependency
- 13. Psychological aspects of death and dying
 - the concept of total pain
 - the communication with end-of-life patients
- 14. Forms of psychological help
 - Psychotherapy
 - Crisis intervention
 - Psychological counselling
 - The role and tasks the psychologist at (the gynecology - obstetrics ward, the cardiology ward, the oncology ward)
- 15. Doctor-patient contact – simulated conversations

Obligatory literature:

1. Handbook of Psychology, Volume 8, Clinical Psychology, 2nd Edition, Wiley 2012
2. Handbook of Psychology, Volume 9, Health Psychology, 2nd Edition, Wiley 2012
3. Crash Course Psychiatry, 4e Paperback – Katie F.M. Marwick M.A. Hons M.B.Ch.B. Hons, Birrell S. MRCPsych, 2013.
4. The ICD-10 Classification of Mental and Behavioural Disorders: Diagnostic criteria for research. pages 147-149

Complementary literature:

1. William Glassman, Marilyn Hadad: Approaches to psychology. Marilyn Hadad, Ryerson University, 2007.
2. Hansell James, Damour Lisa: Abnormal Psychology. Wiley PLUS, 2005.
3. About Clinical Psychology: www.apa.org. American Psychological Association, Division 12, Society of Clinical Psychology

specialties.htm

5. Kendra Cherry : What Is Crisis Counseling? <http://psychology.about.com/od/crisiscounseling/f/crisis-counsel.htm>
6. Bianchi, R., Schonfeld, I. S., & Laurent, E. (2014). Is burnout a depressive disorder? A re-examination with special focus on atypical depression. *International Journal of Stress Management*, 21(4), 307-324.
7. Shirom, A. & Melamed, S. Does burnout affect physical health? A review of the evidence. In A. S. G.
8. Antoniou & C. L. Cooper (Eds.), *Research companion to organizational health psychology* (pp. 599-622). Cheltenham, UK: Edward Elgar, 2005.
9. Childhood Autism Symptoms: <https://mhreference.org/lib/more-mental-health-topics/autistic/autism-childhood/>
10. The ICD-10 Classification of Mental and Behavioural Disorders: Diagnostic criteria for research. pages 147-149

Requirements for didactic aids (multimedia projector, movie camera, etc.)

Multimedia projector, laptop, flipchart

Conditions for obtaining a credit for the subject: Achieving at least a satisfactory mark in all of the following categories: knowledge, abilities, competences + attendance at classes and lectures.

Knowledge – assessed on the basis of a written test.

The written test – consists of about 20 multiple choice questions with one correct answer. Time for completing the test: about 30 minutes. Passing threshold is set at 60%. A resit, in case of failure, also consists of a written test.

The grading scale is listed below:

95-100%	5.0 (very good)
90-94%	4.5 (better than good)
80-89%	4.0 (good)
70-79%	3.5 (quite good)
60-69%	3.0 (satisfactory)
<60%	2.0 (unsatisfactory)

- The written test questions will be drawn from reading, lecture and lab activities.
- Regular classroom attendance, participation in class discussion and studying according to class objectives will contribute to student's success on the exam.
- In order to pass this course, each student must pass the final written examination with a grade of 60% or higher. In addition, each student must earn an overall grade of 60% or higher for each section of the course.
- The use of electronic devices with electronic data bases is not permitted during written exam
- Exam takes place during the end-of-term examination sessions.
- The student is informed about the criteria of evaluation before approaching the exam, additionally, the student has the right to have an insight into his/her paper within 7 days from the release of examination results. If the exam is conducted in the form of a test, there is one set of questions for all students taking it at the same time.
- The date of the comprehensive exam ought to be announced at least 4 weeks before the examination session and at least 10 days before the make-up session. If a student does not appear at the exam, it is recorded in the protocol as "absent". A justification ought to be handed in or sent to the Dean's office within 3 days from the exam date. In case of unexcused absence, the Dean writes unsatisfactory mark (fail). After receiving Dean's approval, the examiner sets a new date. The same rules apply to pass, make up and commission exams. Exam results are available within up to 7 days but no later than 3 days before the make-up exam.

Abilities – assessed through a simulated conversation.

A simulated conversation consists of students taking part in simulation role play or completing an exercise in the form of a dialogue between a patient and a doctor. The teacher provides the students with a general description/script of each role play, referring to a specific issue, or with a worksheet containing the exercise. The assessment is based either on the students motivational approach to the patient in illness, expressing empathy and active listening methods or identifying patient's symptoms as the victim of the violence.

Competences – assessed on the basis of observation.

The method consists of observing students' behavior and attitudes exhibited during classes. The assessment focuses on the

students' attitude to their responsibilities, respect towards the widely accepted principles of propriety towards other students and the teacher and the ability to work as a team.

The final grade consists of the average of the aforementioned categories, i.e. knowledge (70%), abilities (15%) and competences (15%). The final mark is calculated according to the following algorithm: $K \times 0.7 + A \times 0.15 + C \times 0.15$

Attendance: Attendance is required. Student must participate in seminars according to the schedule. During the semester 2 absences are possible. All excused absences from class must be reported. Participation performance will not be penalized for excused absences. In the case of absences with excuse in the form of seminars, labs or practical classes, the content of classes the student missed shall be made up according to the schedule given by the instructor.

The name and address of the department/clinic where the course is taught (module/course); contact details (phone number/ email address):

Department of Applied Psychology at the Chair of Psychology, Medical University of Lublin,,
Medical University of Lublin,
Chodźki 7, 20-093 Lublin
Phone: 81 448 66 00,
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Names of the author/authors of this syllabus:


Joanna Milanowska, MA, PhD

Names of the teacher/teachers conducting classes:

Marzena Samardakiewicz, MA, PhD, Post-Doctoral Degree
Joanna Milanowska, MA, PhD
Agnieszka Rolińska, MA, PhD

Signature of the head of the department/clinic

Kierownik
Zakładu Psychologii Stosowanej
Uniwersytetu Medycznego w Lublinie
Dr hab. n. med. Marzena Samardakiewicz



Dean's signature

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