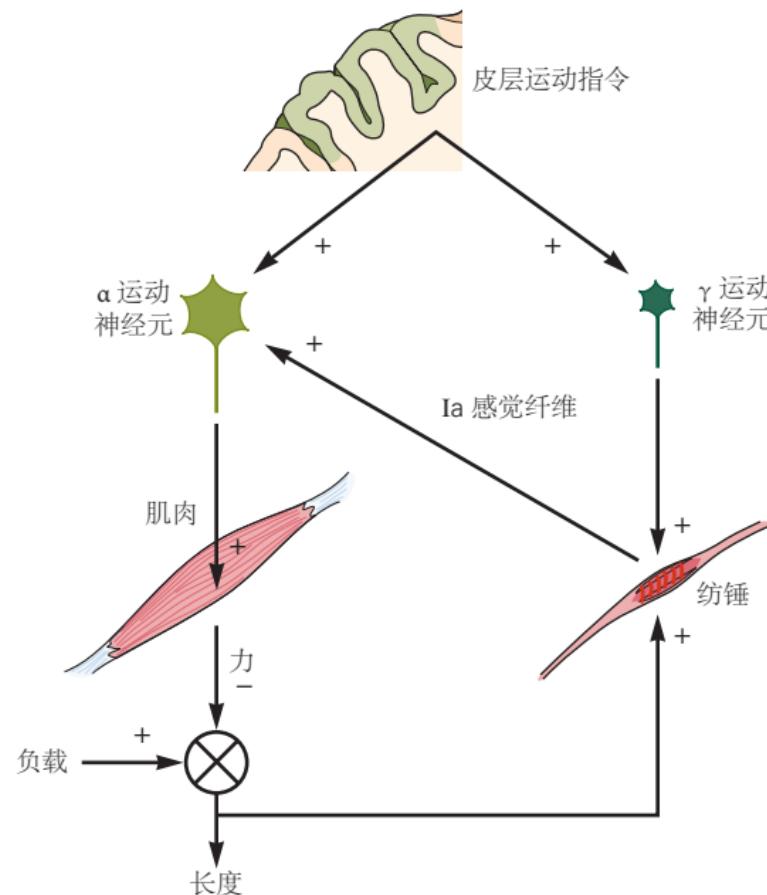


A α - γ 共激活增强 α 运动活动



B 肌肉缩短时纺锤体活动增加

