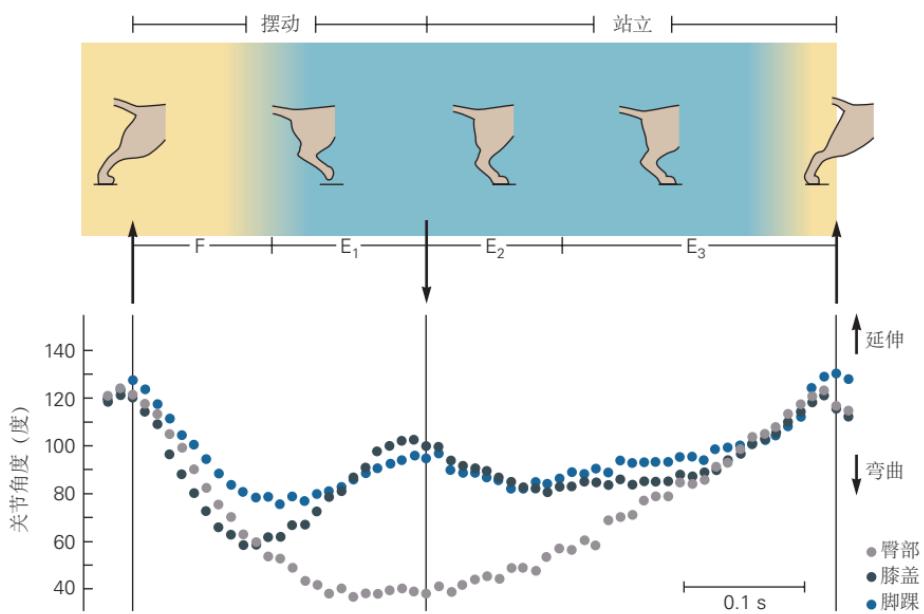


A 步进循环的四个阶段



B 步进周期中后腿肌肉的活动

