

Improve Your Creativity with this P.D.S diary



Three–Month Diary: Begin at Any Time

MONTH:

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Habits

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10			10		
11			11		
12 am			12 am		
1			1		
2			2		
See					

THU			FRI		
Plan		Do	Plan		Do
3am			3am		
4			4		
5			5		
6			6		
7			7		
8			8		
9			9		
10			10		
11			11		
12 pm			12 pm		
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		
9			9		
10			10		
11			11		
12 am			12 am		
1			1		
2			2		
See					

SAT			SUN		
Plan		Do	Plan		Do
3am			3am		
4			4		
5			5		
6			6		
7			7		
8			8		
9			9		
10			10		
11			11		
12 pm			12 pm		
1			1		
2			2		
3			3		
4			4		
5			5		
6			6		
7			7		
8			8		
9			9		
10			10		
11			11		
12 am			12 am		
1			1		
2			2		
See					