

Training Strategies for U-Net: A Performance Analysis

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Introduction

- Semantic segmentation is essential for autonomous driving
- Goal: Automatically segment car regions in urban scenes
- U-Net chosen for its strong pixel-level segmentation performance
- Focus: Analyze how training strategies affect accuracy & generalization

Background

Dataset: Carvana Image Masking Challenge
(high-resolution car images)

01. Task: Pixel-level segmentation of vehicle contours

02. Challenges: varied lighting, reflections, car shapes

03. Importance: accurate car segmentation is critical for autonomous driving perception

Methodology: Baseline

- Classic encoder–decoder U-Net structure
- Skip connections to preserve spatial details
- Trained from scratch on Carvana dataset
- Serves as baseline for comparison with augmented & transfer learning models



Methodology: Augmentation

- Improve robustness & avoid loss spikes
- Increase training diversity
- Geometry: flips, $90^\circ/180^\circ$ rotations
- Color: brightness & contrast changes
- U-Net architecture unchanged

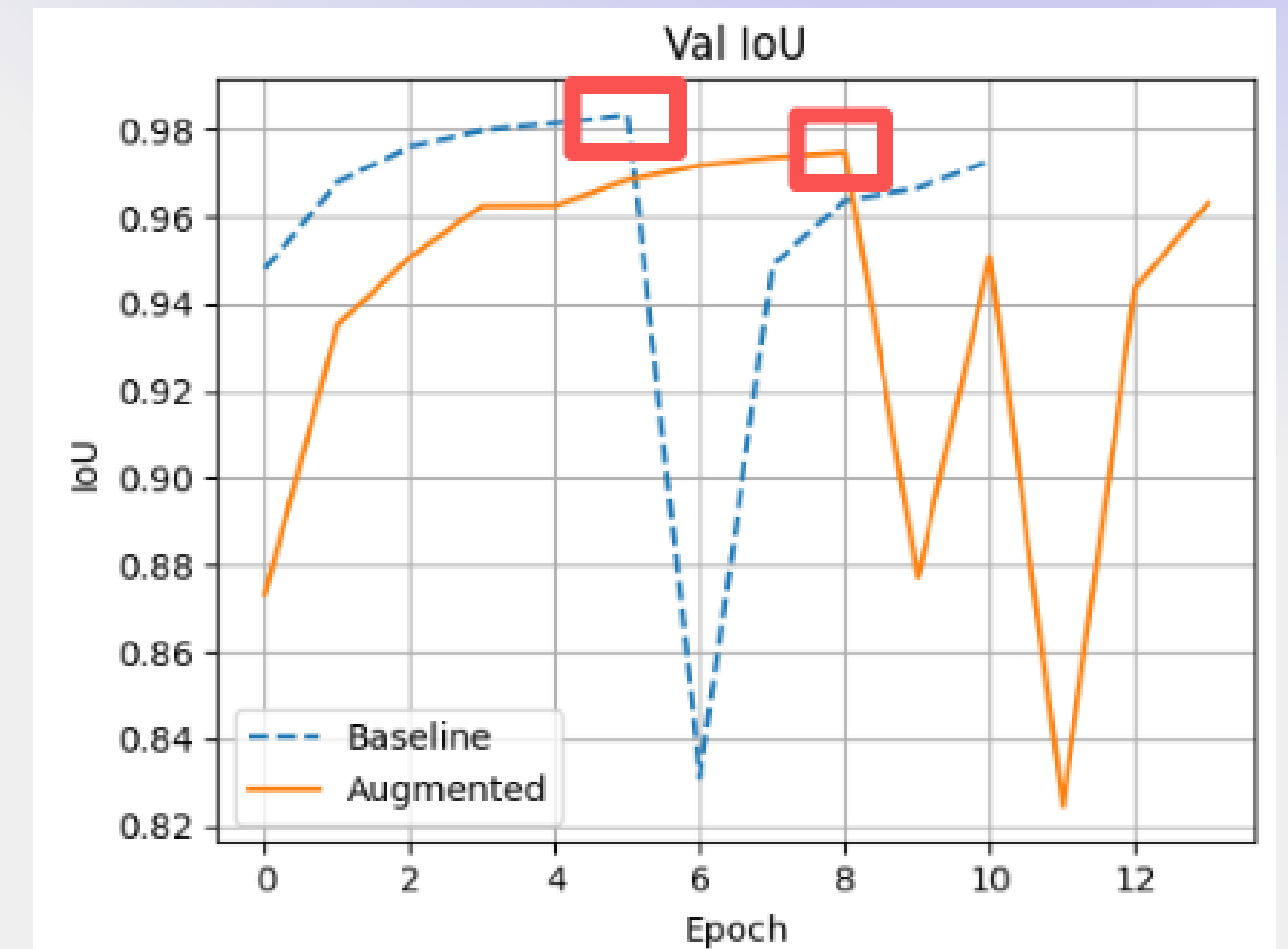
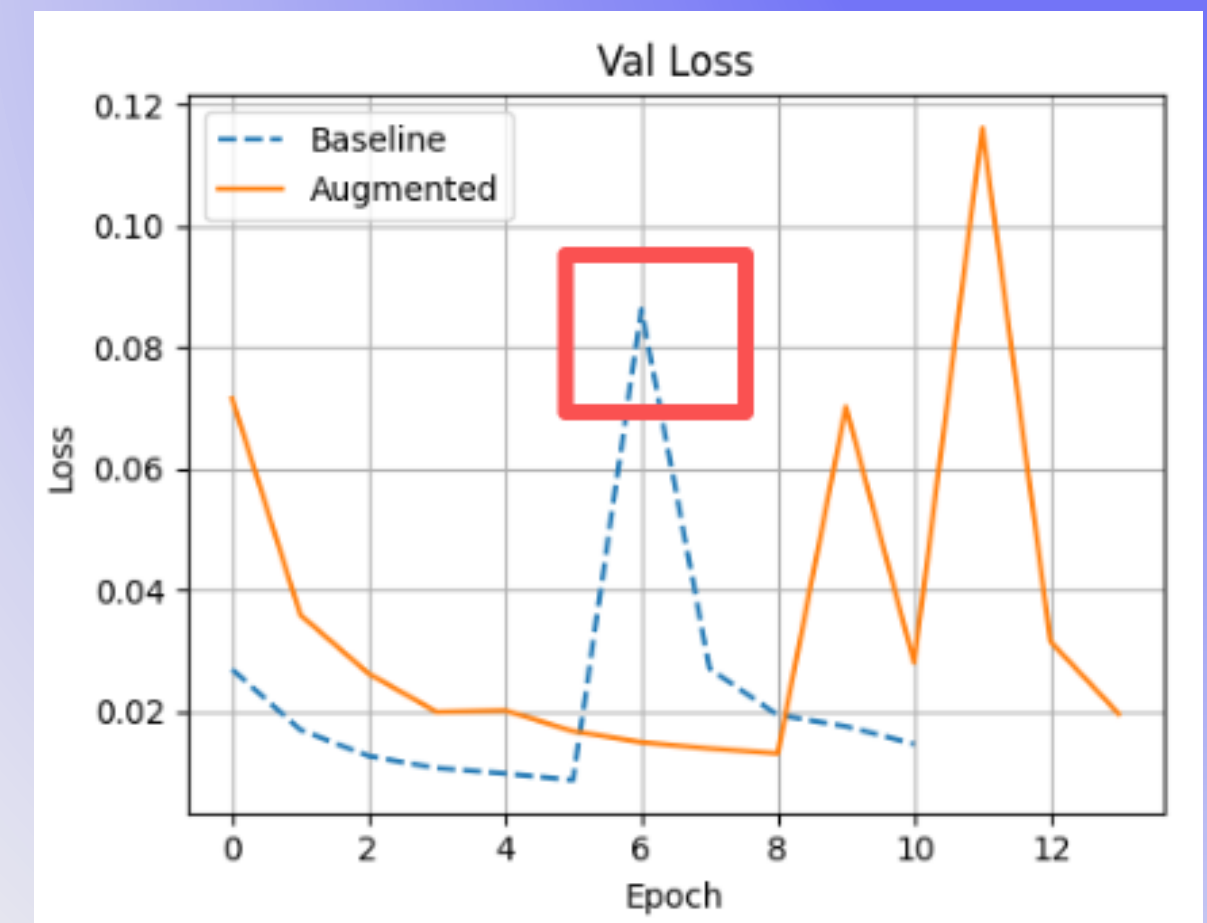


Results: Augmentation vs. Baseline

- Baseline shows a severe loss spike at Epoch 7
- Augmented model removes early loss spikes; late-epoch noise is controlled by Early Stopping
- Slight IoU drop: 0.9833 \rightarrow 0.9746
- Robustness improved significantly

Small accuracy drop \rightarrow major stability gain

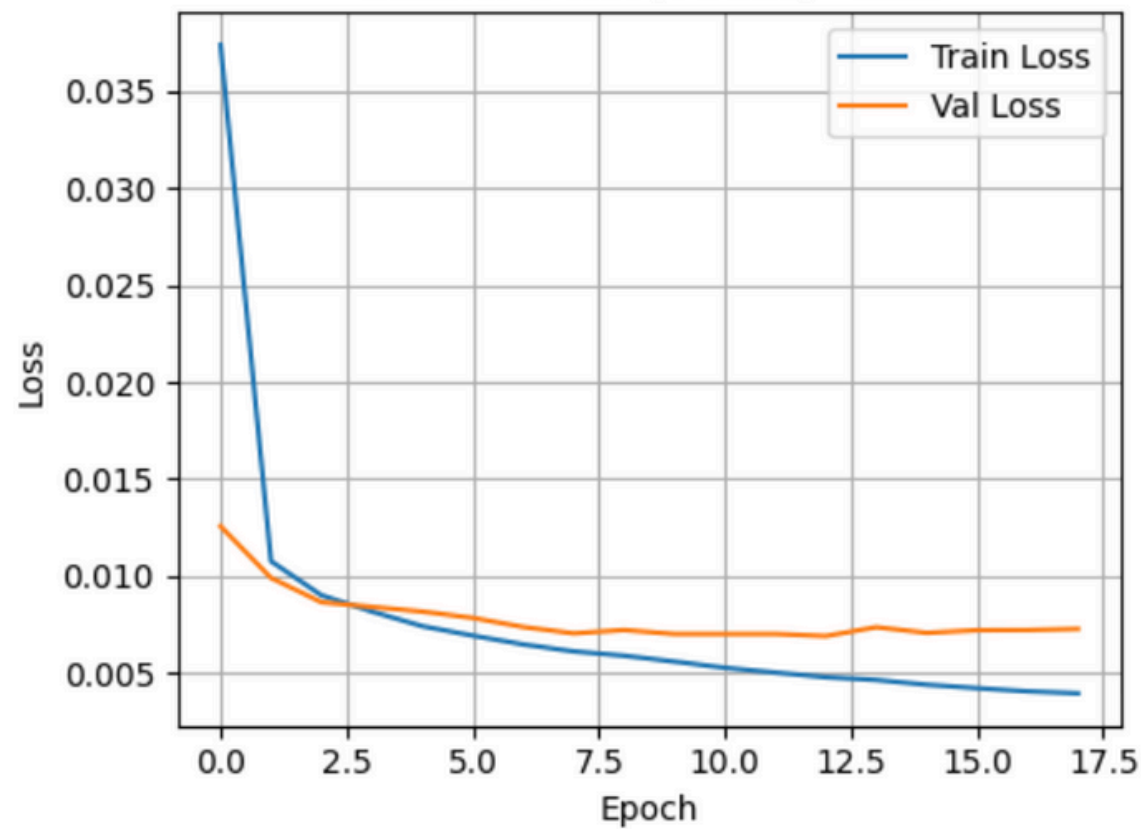
Transition: Can we achieve BOTH? \rightarrow Transfer Learning



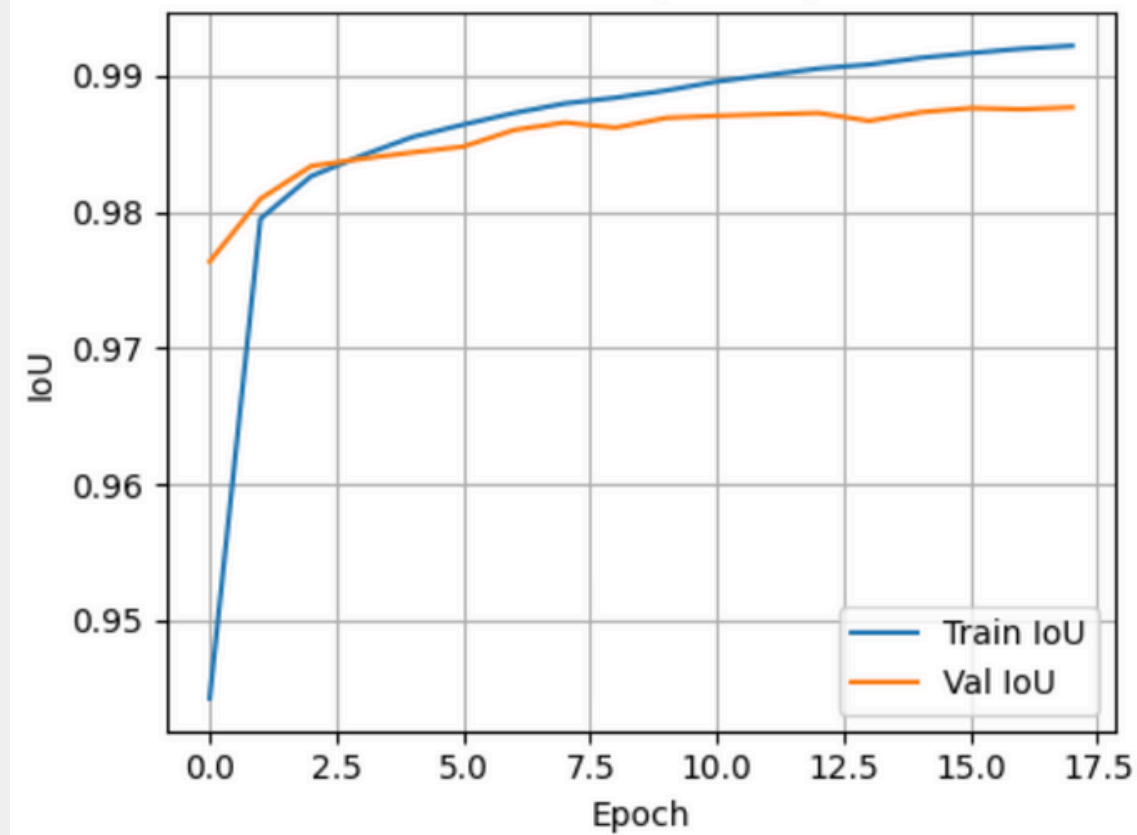
Results: Transfer Learning

- Highest accuracy: Pixel Accuracy = 0.9973,
- Dice = 0.9936, IoU = 0.9872
- Stable training: smooth loss curves with no spikes
- More efficient: 26% faster per training step than Baseline

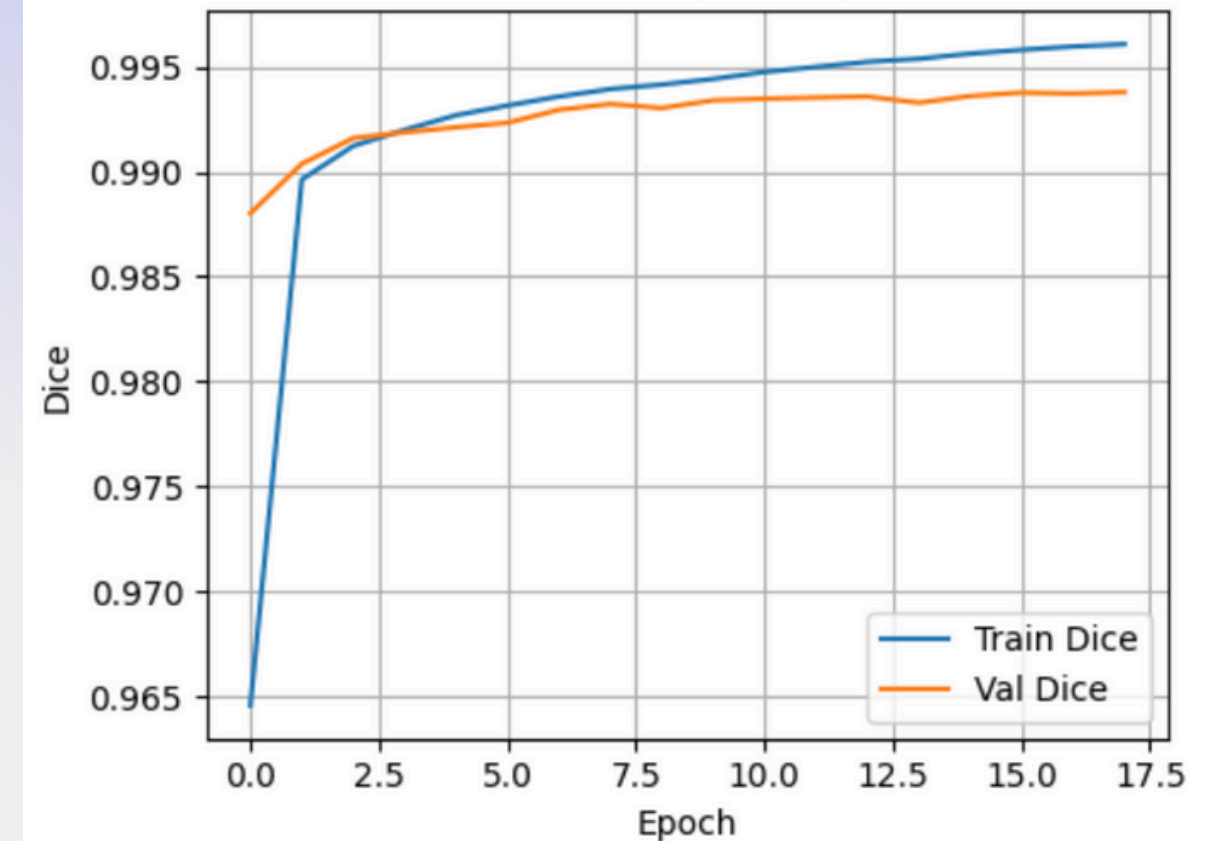
Transfer U-Net (VGG16) - Loss



Transfer U-Net (VGG16) - IoU

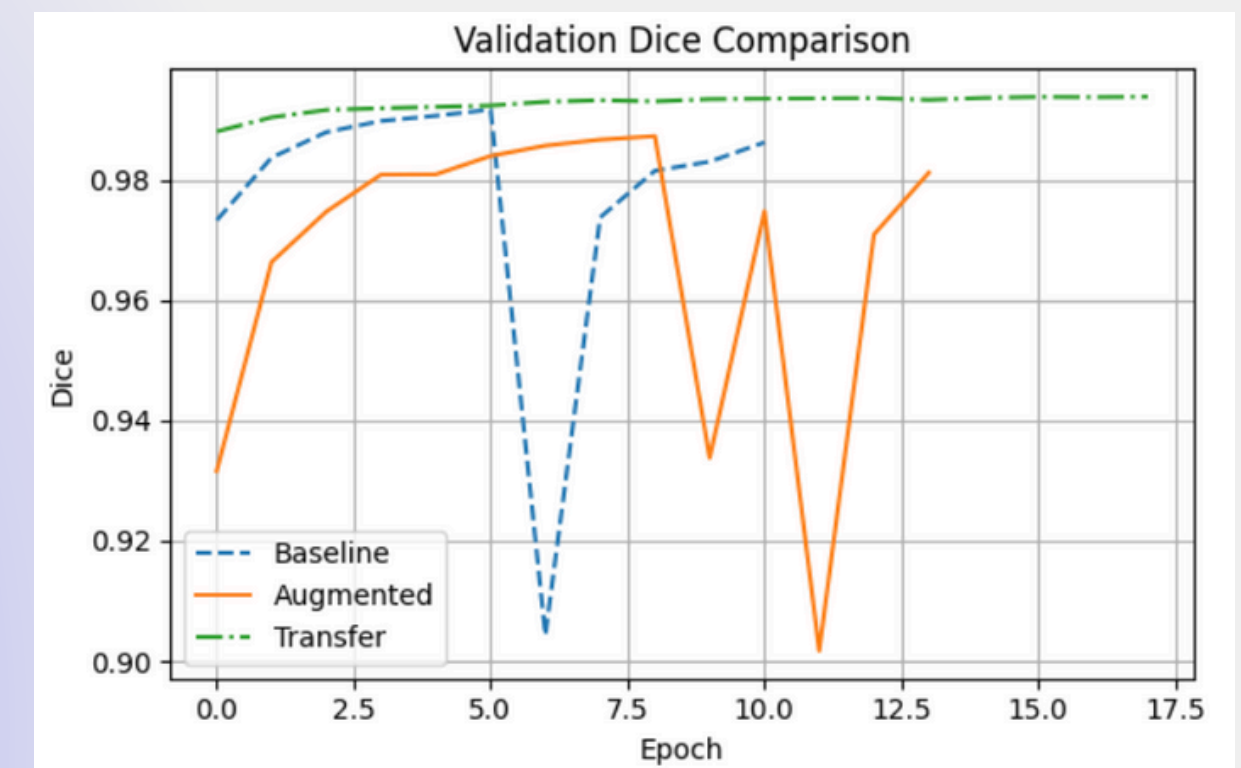
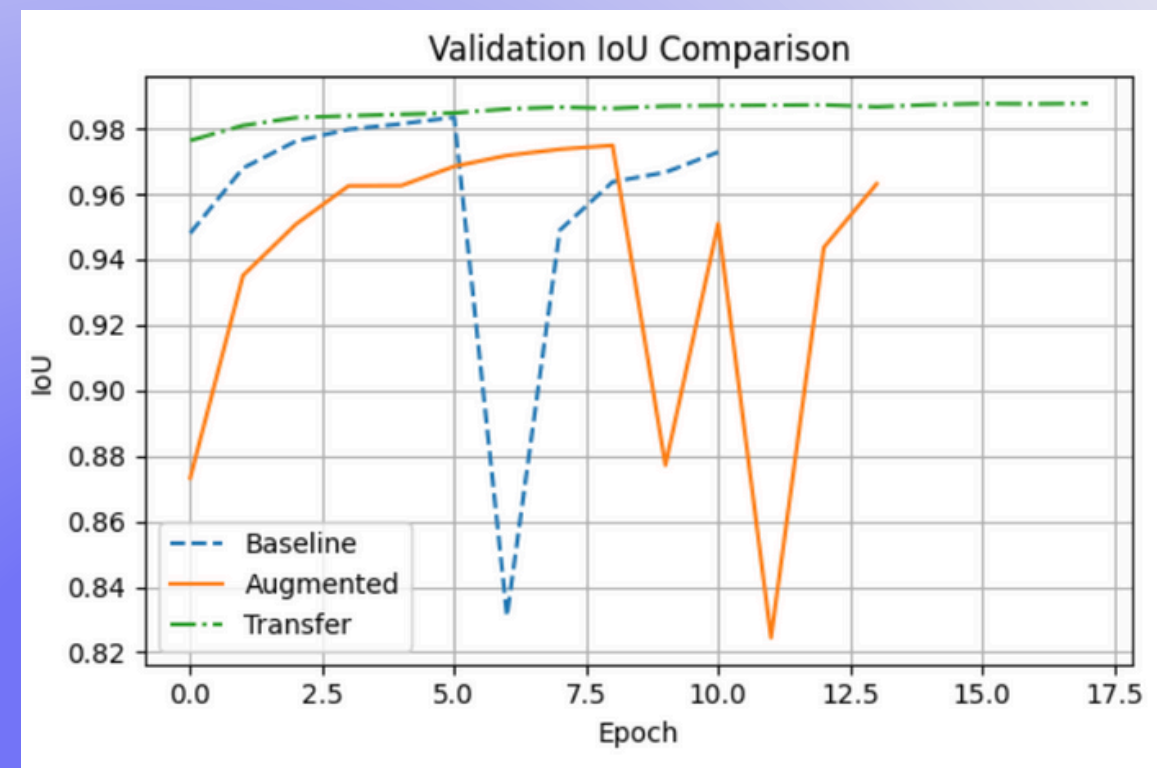
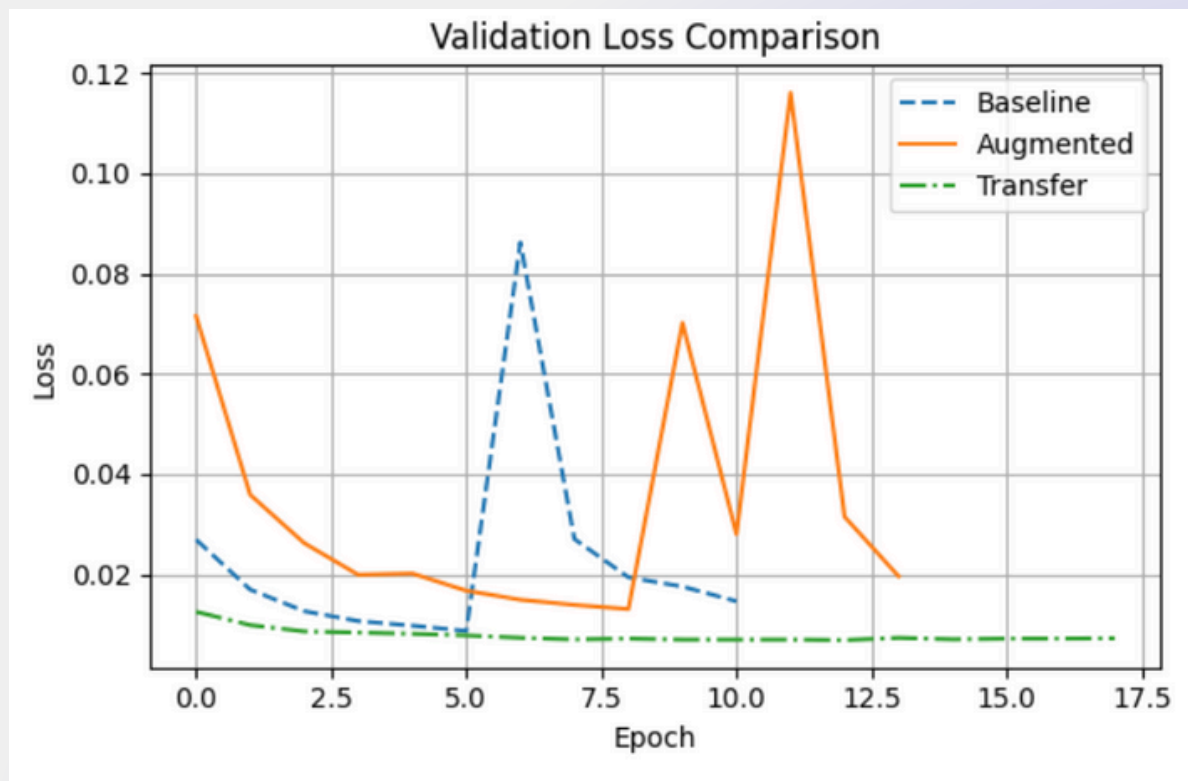


Transfer U-Net (VGG16) - Dice



Discussion: Comparison

- Baseline model shows unstable training with large spikes in loss and sudden drops in IoU and Dice.
- Augmented model improves early stability but still experiences oscillations, especially near convergence.
- Transfer Learning model achieves the most stable curves, with smooth loss reduction and consistently high IoU and Dice.
- Overall, Transfer Learning provides the best accuracy and robustness of the three strategies.



Discussion: Qualitative Analysis

- Baseline: correct shape but noisy/uneven edges
- Augmented: smoother masks, but loses fine details
- Transfer Learning: sharpest boundaries and closest to ground truth
- Qualitative results match the quantitative trends

Original Image



Ground Truth Mask



Baseline U-Net



Augmented U-Net



VGG16 Transfer U-Net



■ Key Contribution

- U-Net + VGG16 Transfer Learning provides the best overall performance
- Achieves highest accuracy ($\text{IoU} \approx 0.9872$)
- Fastest training efficiency (~ 235 ms / step)
- Resolves Baseline instability and Augmentation accuracy trade-off

■ Why It Matters

- Most stable training behavior among all models
- Strong generalization on a clean segmentation benchmark
- Practical choice for real-world deployment



Conclusion

■ Future Work

- Test VGG16 U-Net on complex real-world datasets
 - Cityscapes
 - BDD100K
- Evaluate generalization under diverse lighting, weather, and occlusion
- Explore other pretrained backbones
 - ResNet50, EfficientNet, ConvNeXt
- Experiment with more advanced augmentations
 - CutMix, MixUp, random occlusions
- Deploy in real-time inference setups

Thank You