

SuperFriend WEBINAR

The state of mental health and wellbeing in Australian workplaces

Mental health and wellbeing is a serious issue for Australian workplaces. There is a clear business case for developing mentally healthy workplaces that provide the best possible environment where all employees can thrive. SuperFriend's CEO Margo Lydon, and Insights & Impact Manager Dr Nerida Joss are proud to present this webinar, which will introduce you to the evidence based 38 desired state characteristics of a mentally healthy workplace and the state of Australian workplaces against this desired state.

Presenters



Margo Lydon, CEO, SuperFriend

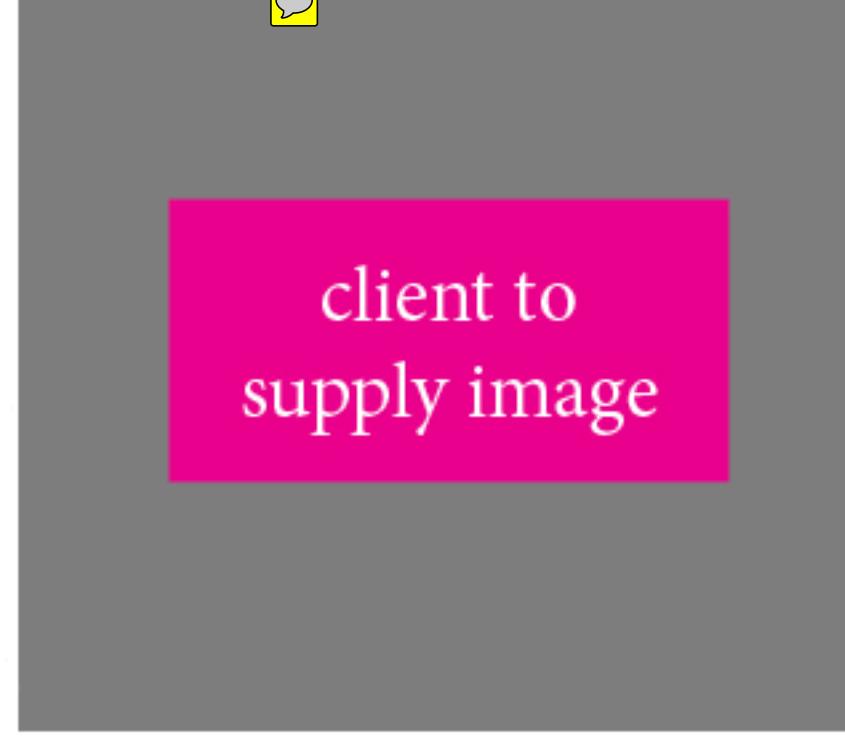
As Chief Executive Officer and Company Secretary, Margo's role is to manage the strategic direction and operations of SuperFriend, ensuring that the Foundation works to deliver on its mission of reducing the incidence of suicide and the impact of mental illness on individuals, employers, workplaces, families and friends.

~~She works closely and collaboratively with the superannuation Partner Funds, Partner Group Insurers and mental health organisations participating in SuperFriend.~~

Margo thrives on seeing the work of SuperFriend having positive impact, adding value and changing workplace mental health in Australia for the better.

Margo joined SuperFriend in June 2010, attracted to the Foundation because of its alignment with her personal values and the enormous potential of SuperFriend to make a difference in the lives of millions of Australians who are members of superannuation funds. ~~She is passionate about ensuring the Foundation's programs, initiatives and activities are all based in evidence and are practical and easy for employers and members so that the culture in Australian workplaces improves significantly, enabling both the employee and the workplace to thrive.~~

Dr. Nerida Joss, Insight and Impact Manager



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Date

Thursday 23rd March

Time

12.00pm – 1.00pm AEDT

Registration

<https://attendee.gotowebinar.com/register/5657366791763714>

To register for this free event please [click here](#).

