Self-deception is a concept about whether we are in the box or out of the box. When we feel like we should do something for someone, we can either do it or not do it. If we do it, we are out of the box. If we don’t do it, and we start to blame others for their personality and characteristics in order to justify for ourselves, we are in the box. When we are in the box, it is possible that we will also make others to be in the box as well. This is collusion. When we realize that we are in the box, and we want to be out of the box for someone else, we are already out of the box.

We have a small public rubbish bin in our dorm, and we each also have our own personal rubbish bin as well. Because we don’t have someone else to help us clean the dorm and throw the rubbish, we have to do that ourselves. Even though it is not my job, I am usually the one who throw the public rubbish bag. Sometimes, some of my roommates would just throw their personal rubbish bag in the public rubbish bin because they are tired of going outside. In this case, I don’t want to help them throw their personal rubbish and I will start to blame them for just throwing their personal bag in the small public rubbish bin. I know that we haven’t made a rule to not throw personal rubbish bag in the public rubbish bin, but I just assume that they know it. At last, I will still throw away the public rubbish bag, but I will keep blaming my roommates for making me throw it so often.

Sometimes, there would be some ants that visit our dorm to collect food. Once upon a time, my roommate called me to go downstairs and show me those ants. She said she was tired of all of these and she was not going to clean it because she never had food downstairs. I thought if we all blamed others and no one cleaned the ants, then who was going to clean it? As a result, I cleaned the ants and I told my roommate that this is our dorm, so we all had responsibility to clean it. Even though I was out of the box, and I was doing the right thing, I feel like the relationship between me and my roommate started to get worse since that. Those roommate things are just too complicated for me.