

§ 8-02. 不定积分的计算

——换元积分法&分部积分法

1. 第一类换元法——凑微分法
2. 第二类换元法——变量代换法
3. 分部积分法

1. 第一类换元法——凑微分法

问题 $\int \cos 2x dx \stackrel{?}{=} \sin 2x + C,$

解决方法 利用复合函数, 设置中间变量

处理过程 令 $t = 2x \Rightarrow dx = \frac{1}{2}dt,$

$$\begin{aligned}\int \cos 2x dx &= \frac{1}{2} \int \cos(2x) 2dx = \frac{1}{2} \int \cos(2x) d(2x) \\ &= \frac{1}{2} \int \cos t dt = \frac{1}{2} \sin t + C = \frac{1}{2} \sin 2x + C.\end{aligned}$$

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在一般情形下：

设 $F'(u) = f(u)$, 则 $\int f(u)du = F(u) + C$.

如果 $u = \varphi(x)$ 可微,

$$\because dF[\varphi(x)] = f[\varphi(x)]\varphi'(x)dx,$$

$$\therefore \int f[\varphi(x)]\varphi'(x)dx = F[\varphi(x)] + C$$

$$= \left[\int f(u)du \right]_{u=\varphi(x)}$$

由此可得换元积分法定理

定理1. 设 $f(u)$ 有原函数, $u = \varphi(x)$ 有连续的导数, 则有积分换元公式

$$\int f[\varphi(x)]\varphi'(x)dx = \left[\int f(u)du \right]_{u=\varphi(x)}$$

通常称此法为第一类换元积分法
(凑微分法).

说明: 使用此公式的关键在于将

$\int g(x)dx$ 变化为 $\int f[\varphi(x)]\varphi'(x)dx$.

所以, 凑微分法难就难在这第一步.

$$F'(u) = f(u),$$

$$\int f(u)du = F(u) + C.$$

$\varphi'(x)dx = du$, 凑微分

$$\begin{aligned}\therefore \int f[\varphi(x)]\varphi'(x)dx &= \int f(u)du, \\ &= F(u) + C = F[\varphi(x)] + C\end{aligned}$$

例1.求积分 $\int \sin 2x dx$.

$$\text{解1.} \int \sin(2x) dx = \frac{1}{2} \int \sin(2x) d(2x)$$

$$= -\frac{1}{2} \cos 2x + C;$$

$$\text{解2.} \int \sin 2x dx = 2 \int \sin x \cos x dx$$

$$= 2 \int \sin x d(\sin x) = (\sin x)^2 + C_1 ;$$

$$\text{解3.} \int \sin 2x dx = 2 \int \sin x \cos x dx$$

$$= -2 \int \cos x d(\cos x) = -(\cos x)^2 + C_2.$$

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求积分 $\int \sin 2x dx$.

$$\begin{aligned}\text{解1. } \int \sin(2x) dx &= \frac{1}{2} \int \sin(2x) d(2x) \\ &= -\frac{1}{2} \cos 2x + C;\end{aligned}$$

解1适用的面更广,因而解1比解2
解3更有价值.如

$$\begin{aligned}\int \sin(\pi x) dx &= \frac{1}{\pi} \int \sin(\pi x) d(\pi x) \\ &= -\frac{1}{\pi} \cos(\pi x) + C\end{aligned}$$

例2.求积分 $\int \frac{1}{3+2x} dx$.

解 $\because (3+2x)' = 2, \therefore 2dx = d(3+2x)$

$$\therefore \int \frac{1}{3+2x} dx = \frac{1}{2} \int \frac{1}{3+2x} \cdot (3+2x)' dx$$

$$= \frac{1}{2} \int \frac{1}{u} du = \frac{1}{2} \ln|u| + C = \frac{1}{2} \ln|3+2x| + C.$$

一般地 $\int f(ax+b) dx = \frac{1}{a} \left[\int f(u) du \right]$

$$u = ax + b, (a \neq 0)$$

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例3.求积分 $\int \frac{1}{x(1+2\ln x)} dx$.

解 $\int \frac{1}{x(1+2\ln x)} dx = \int \frac{1}{1+2\ln x} d(\ln x)$

$$= \frac{1}{2} \int \frac{1}{1+2\ln x} d(1+2\ln x)$$

$\downarrow u = 1 + 2\ln x$

$$= \frac{1}{2} \int \frac{1}{u} du = \frac{1}{2} \ln|u| + C = \frac{1}{2} \ln|1+2\ln x| + C.$$

例4.求积分 $\int \frac{x}{(1+x)^3} dx$.

解 $\int \frac{x}{(1+x)^3} dx = \int \frac{x+1-1}{(1+x)^3} dx$

$$= \int \left[\frac{1}{(1+x)^2} - \frac{1}{(1+x)^3} \right] d(1+x)$$

$$= \frac{1}{2(1+x)^2} - \frac{1}{1+x} + C$$

例5.求积分 $\int \frac{1}{a^2 + x^2} dx, a > 0.$

解 $\int \frac{1}{a^2 + x^2} dx = \frac{1}{a^2} \int \frac{1}{1 + \frac{x^2}{a^2}} dx$

$$= \frac{1}{a} \int \frac{1}{1 + \left(\frac{x}{a}\right)^2} d\left(\frac{x}{a}\right) = \frac{1}{a} \arctan \frac{x}{a} + C.$$

例5.(2).求积分 $\int \frac{1}{\sqrt{a^2 - x^2}} dx, a > 0.$

解
$$\int \frac{1}{\sqrt{a^2 - x^2}} dx = \int \frac{1}{\sqrt{1 - \left(\frac{x}{a}\right)^2}} d\left(\frac{x}{a}\right)$$

$$= \arcsin \frac{x}{a} + C.$$

例6.求积分 $\int \frac{1}{x^2 - 6x + 9} dx$.

$$\text{解} \int \frac{1}{x^2 - 6x + 9} dx = \int \frac{1}{(x - 3)^2} dx$$

$$= \int \frac{1}{(x - 3)^2} d(x - 3)$$

$$= -\frac{1}{x - 3} + C = \frac{1}{3 - x} + C.$$

例6.(2).求积分 $\int \frac{1}{x^2 - 8x - 9} dx = ?$

$$\int \frac{1}{x^2 - 8x - 9} dx = \int \frac{1}{(x - 9)(x + 1)} dx$$

$$= \frac{1}{10} \int \left(\frac{1}{x - 9} - \frac{1}{x + 1} \right) dx$$

$$= \frac{1}{10} \int \frac{d(x - 9)}{x - 9} - \frac{1}{10} \int \frac{d(x + 1)}{x + 1}$$

$$= \frac{1}{10} \ln \left| \frac{x - 9}{x + 1} \right| + C.$$

例6.(3).求积分 $\int \frac{1}{x^2 - 8x + 25} dx$.

$$\text{解} \int \frac{1}{x^2 - 8x + 25} dx = \int \frac{1}{(x-4)^2 + 9} dx$$

$$= \frac{1}{3^2} \int \frac{1}{\left(\frac{x-4}{3}\right)^2 + 1} dx = \frac{1}{3} \int \frac{1}{\left(\frac{x-4}{3}\right)^2 + 1} d\left(\frac{x-4}{3}\right)$$

$$= \frac{1}{3} \arctan \frac{x-4}{3} + C.$$

例6.(4).求积分 $\int \frac{x^3 - 5x^2 + 3}{x^2 - 8x + 25} dx$.

解 $\frac{x^3 - 5x^2 + 3}{x^2 - 8x + 25} = \frac{x^3 - 8x^2 + 25x + 3x^2 - 24x + 75 - x - 72}{x^2 - 8x + 25}$

$$= x + 3 - \frac{x + 72}{x^2 - 8x + 25} \quad (x^2 - 8x + 25)' = 2x - 8,$$

$$\therefore \int \frac{x + 72}{x^2 - 8x + 25} dx = \frac{1}{2} \int \frac{2x - 8 + 152}{x^2 - 8x + 25} dx$$

$$= \frac{1}{2} \int \frac{(x^2 - 8x + 25)'}{x^2 - 8x + 25} dx + \int \frac{76}{x^2 - 8x + 25} dx$$

$$\int \frac{(x^2 - 8x + 25)'}{x^2 - 8x + 25} dx = \int \frac{d(x^2 - 8x + 25)}{x^2 - 8x + 25} = \ln(x^2 - 8x + 25) + C$$

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凑微分法

$$\int f[\varphi(x)]\varphi'(x)dx \\ = \int f[\varphi(x)]d\varphi(x) = \left[\int f(u)du \right]_{u=\varphi(x)}$$

难就难在这第一步

$$\int g(x)dx = \int f[\varphi(x)]\varphi'(x)dx.$$

用凑微分法进行不定积分的计算,一般并没有什么普遍的规律.我们需要通过一定的训练,在无规律中寻找规律.

$$\int g(x)dx = \int f[\varphi(x)]\varphi'(x)dx \\ = \int f[\varphi(x)]d\varphi(x) = \left[\int f(u)du \right]_{u=\varphi(x)}$$

凑微分法难在第一步——如何把被积分函数 $g(x)$ 分拆成 $f[\varphi(x)]\varphi'(x)$.

其基础是基于我们对函数的复合过程了然于胸,基于对复合函数的求导过程十分熟悉,基于我们对不定积分的第一批基本公式的熟稔.

用凑微分法进行不定积分的计算,
是在无规律中寻找规律.

若 $\int f(u)du = F(u) + C$, 则

$$\int \frac{1}{\sqrt{x}} f(\sqrt{x}) dx = 2 \int f(\sqrt{x}) d(\sqrt{x}),$$

$$\int x^{\mu-1} f(x^{\mu}) dx = \frac{1}{\mu} \int f(x^{\mu}) d(x^{\mu}), \mu \neq 0;$$

$$\int \frac{1}{x} f(\ln x) dx = \int f(\ln x) d(\ln x);$$

$$\int f(ax+b) dx \stackrel{a \neq 0}{=} \frac{1}{a} \int f(ax+b) d(ax+b);$$

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用凑微分法进行不定积分的计算,
在无规律中寻找规律.

若 $\int f(u)du = F(u) + C$, 则

$$\int f(e^x)e^x dx = \int f(e^x)d(e^x) ;$$

$$\int \frac{f(\arctan x)}{1+x^2} dx = \int f(\arctan x)d(\arctan x) ;$$

$$\int f(\sin x)\cos x dx = \int f(\sin x)d(\sin x) ;$$

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例7.求积分 $\int \frac{1}{1+e^x} dx$.

解 $\int \frac{1}{1+e^x} dx = \int \frac{e^x}{e^x(1+e^x)} dx$

$\stackrel{e^x=u}{=} \int \frac{du}{u(1+u)} = \int \left(\frac{1}{u} - \frac{1}{1+u} \right) du$

$$= \ln \frac{u}{1+u} + C = \ln \frac{e^x}{1+e^x} + C$$

$$= x - \ln(1+e^x) + C$$

$$\begin{aligned}\text{解二 } \int \frac{1}{1+e^x} dx &= \int \frac{1+e^x - e^x}{1+e^x} dx \\&= \int \left(1 - \frac{e^x}{1+e^x} \right) dx = \int dx - \int \frac{e^x}{1+e^x} dx \\&= \int dx - \int \frac{1}{1+e^x} d(1+e^x) \\&= x - \ln(1+e^x) + C.\end{aligned}$$

解三

$$\int \frac{1}{1+e^x} dx = \int \frac{e^{-x}}{1+e^{-x}} dx$$

$$= -\int \frac{(1+e^{-x})'}{1+e^{-x}} dx = -\ln(1+e^{-x}) + C$$

经过分析,可以知道两种表面上不同的结果其实是完全一样的。

例7.(2).求积分 $J = \int \frac{1}{1+e^{2x}} dx$.

$$\text{解 } J = \frac{1}{2} \int \frac{1}{1+e^{2x}} d(2x) \stackrel{2x=u}{=} \frac{1}{2} \int \frac{1}{1+e^u} du$$

$$= \frac{1}{2} \int \left(1 - \frac{e^u}{1+e^u} \right) du = \frac{1}{2} u - \frac{1}{2} \int \frac{d(1+e^u)}{1+e^u}$$

$$= \frac{1}{2} u - \frac{1}{2} \ln(1+e^u) + C$$

$$\stackrel{u=2x}{=} x - \ln \sqrt{1+e^{2x}} + C.$$

课堂练习1.计算不定积分

$$(1). \int \frac{e^{2x} - 2e^x}{4e^{2x} + 1} dx ;$$

$$(2)^* \cdot \int \frac{1 - 2e^x}{7e^{2x} + 4e^x + 1} dx .$$

例8.求积分 $\int \frac{1}{1 + \cos x} dx$.

$$\text{解} \int \frac{1}{1 + \cos x} dx = \int \frac{1 - \cos x}{(1 + \cos x)(1 - \cos x)} dx$$

$$= \int \frac{1 - \cos x}{1 - \cos^2 x} dx = \int \frac{1 - \cos x}{\sin^2 x} dx$$

$$= \int \frac{1}{\sin^2 x} dx - \int \frac{1}{\sin^2 x} d(\sin x)$$

$$= -\cot x + \csc x + C$$

解二 $\int \frac{1}{1 + \cos x} dx = \int \frac{1}{2 \cos^2 \frac{x}{2}} dx$

$$= \int \sec^2 \left(\frac{x}{2} \right) d \left(\frac{x}{2} \right) = \tan \frac{x}{2} + C,$$

比较 $\int \frac{1}{1 + \cos x} dx = \csc x - \cot x + C.$

$$\tan \frac{x}{2} = \frac{\sin \frac{x}{2}}{\cos \frac{x}{2}} = \frac{2 \sin^2 \frac{x}{2}}{2 \sin \frac{x}{2} \cos \frac{x}{2}} = \frac{1 - \cos x}{\sin x}$$

此解法二比解法一要更有价值。

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例6.求积分 $\int \frac{1}{1 + \cos 2x} dx$.

$$\text{解} \int \frac{1}{1 + \cos 2x} dx = \int \frac{1}{2 \cos^2 x} dx$$

$$= \frac{1}{2} \int \sec^2 x dx = \frac{1}{2} \tan x + C$$

例8.(2).求积分 $\int \frac{1}{2+3\cos x} dx$.

$$\text{解} \int \frac{1}{2+3\cos x} dx = \int \frac{1}{6\cos^2 \frac{x}{2} - 1} dx$$

$$\stackrel{\frac{x}{2}=t}{=} 2 \int \frac{1}{6\cos^2 t - 1} dt = 2 \int \frac{\sec^2 t}{6 - \sec^2 t} dt$$

$$= 2 \int \frac{1}{5 - \tan^2 t} d(\tan t) \stackrel{\tan t=u}{=} 2 \int \frac{1}{5 - u^2} du$$

$$= \frac{1}{\sqrt{5}} \int \left(\frac{1}{\sqrt{5} - u} + \frac{1}{\sqrt{5} + u} \right) du$$

$$= \frac{1}{\sqrt{5}} \ln \left| \frac{\sqrt{5} + u}{\sqrt{5} - u} \right| + C = \frac{1}{\sqrt{5}} \ln \left| \frac{\sqrt{5} + \tan \frac{x}{2}}{\sqrt{5} - \tan \frac{x}{2}} \right| + C$$

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例8.(2).求积分 $\int \frac{1}{2+3\cos x} dx$.

$$\text{解二} \int \frac{1}{2+3\cos x} dx = \int \frac{2-3\cos x}{(2+3\cos x)(2-3\cos x)} dx$$

$$= \int \frac{2}{4-9\cos^2 x} dx - \int \frac{3\cos x}{4-9\cos^2 x} dx$$

$$= 2 \int \frac{\sec^2 x}{4\sec^2 x - 9} dx - 3 \int \frac{(\sin x)'}{9\sin^2 x - 5} dx$$

$$= 2 \int \frac{1}{4\tan^2 x - 5} d(\tan x) - 3 \int \frac{1}{9\sin^2 x - 5} d(\sin x)$$

例9.求积分 $\int \sin^2 x dx$.

$$\begin{aligned}\text{解} \quad & \because \cos 2x = \cos^2 x - \sin^2 x \\ & = 2\cos^2 x - 1 = 1 - 2\sin^2 x,\end{aligned}$$

$$\therefore \sin^2 x = \frac{1 - \cos 2x}{2},$$

$$\int \sin^2 x dx = \int \frac{1 - \cos 2x}{2} dx$$

$$= \frac{1}{2}x - \frac{1}{4}\sin 2x + C.$$

例9.(2).求积分 $\int \cos^4 x dx$.

$$\text{解 } \int \cos^4 x dx = \int \left(\frac{1 + \cos 2x}{2} \right)^2 dx$$

$$= \frac{1}{4} \int (1 + 2\cos 2x + \cos^2 2x) dx$$

$$= \frac{1}{4} \int \left(1 + 2\cos 2x + \frac{1 + \cos 4x}{2} \right) dx$$

$$= \frac{1}{4} \left(\frac{3}{2}x + \sin 2x + \frac{1}{8}\sin 4x \right) + C$$

例9.(3).求积分 $\int \cos^3 x dx$.

解

$$\int \cos^3 x dx = \int \cos^2 x \cdot \underline{\cos x dx}$$

$$= \int (1 - \sin^2 x) d(\sin x)$$

$$= \sin x - \frac{1}{3} \sin^3 x + C$$

例9.(4).求积分 $\int \sin^2 x \cos^5 x dx$

$$\text{解} \int \sin^2 x \cos^5 x dx = \int \sin^2 x \cos^4 x \cdot \underline{\cos x dx}$$

$$= \int \sin^2 x \cos^4 x d(\sin x)$$

$$= \int \sin^2 x (1 - \sin^2 x)^2 d(\sin x)$$

$$= \int (\sin^2 x - 2\sin^4 x + \sin^6 x) d(\sin x)$$

$$= \frac{1}{3} \sin^3 x - \frac{2}{5} \sin^5 x + \frac{1}{7} \sin^7 x + C.$$

总结经验 当被积函数是正\余弦函数相乘时, 拆开奇次项去凑微分.

例9.(5).求积分 $J = \int \cos 3x \cos 2x dx$

解 由 $\cos 2\alpha = 2\cos^2 \alpha - 1 \Rightarrow$

$$\cos 3\alpha = \cos(2\alpha + \alpha) = \dots$$

$$= 4\cos^3 \alpha - 3\cos \alpha$$

$$J = \int (8\cos^5 x + \dots) dx = \dots$$

倘若这样做虽能进行到底,但比较麻烦.

例9.(5).求积分 $\int \cos 3x \cos 2x dx$.

$$\text{解 } \cos A \cos B = \frac{1}{2} [\cos(A - B) + \cos(A + B)]$$

$$\Rightarrow \cos 3x \cos 2x = \frac{1}{2} (\cos x + \cos 5x),$$

$$\therefore \int \cos 3x \cos 2x dx = \frac{1}{2} \int (\cos x + \cos 5x) dx$$

$$= \frac{1}{2} \sin x + \frac{1}{10} \sin 5x + C.$$

课堂练习2.计算不定积分

(1). $\int \cos^6 x dx$;

(2). $\int \sin^3 x \cos^3 x dx$;

(3). $\int \cos^2 x \sin^4 x dx$;

(4). $\int \sin^3 x \cos^4 x dx$.

一般地,我们会更多地根据以下三组公式来处理三角函数的有理式的不定积分问题:

$$(1) \cos^2 \alpha + \sin^2 \alpha = 1, (\sin x)' = \cos x,$$

$$(\cos x)' = -\sin x, \int \cos x dx = \sin x + C;$$

$$(2) \sec^2 x = 1 + \tan^2 x, (\tan x)' = \sec^2 x,$$

$$(\sec x)' = \sec x \tan x, \int \sec^2 x dx = \tan x + C;$$

$$(3) \csc^2 x = 1 + \cot^2 x, (\cot x)' = -\csc^2 x,$$

$$(\csc x)' = -\csc x \cot x.$$

例10.求积分 $\int \frac{1}{\sin^4 x} dx$.

$$\text{解 } \int \frac{1}{\sin^4 x} dx = \int \csc^4 x dx$$

$$= \int \csc^2 x \cdot \underline{\csc^2 x dx}$$

$$= - \int (1 + \cot^2 x) d(\cot x),$$

$$\begin{array}{l} \cot x = u \\ \hline \hline \hline \end{array} - \int (1 + u^2) du = -u - \frac{1}{3} u^3 + C$$

$$\begin{array}{l} u = \cot x \\ \hline \hline \hline \end{array} - \cot x - \frac{1}{3} \cot^3 x + C$$

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$$\begin{aligned}\text{解二 } \int \frac{1}{\sin^4 x} dx &= \int \frac{\sec^4 x}{\tan^4 x} dx \\&= \int \frac{\sec^2 x}{\tan^4 x} \sec^2 x dx = \int \frac{1 + \tan^2 x}{\tan^4 x} d(\tan x) \\&= -\frac{1}{3 \tan^3 x} - \frac{1}{\tan x} + C\end{aligned}$$

$$\text{解一 } \int \frac{1}{\sin^4 x} dx = -\cot x - \frac{1}{3} \cot^3 x + C$$

两个做法结果一模一样.

例10.(2).求积分 $\int \frac{1}{\sin^2 x \cos^4 x} dx$.

$$\begin{aligned} \text{解 } \int \frac{1}{\sin^2 x \cos^4 x} dx &= \int \frac{\sec^6 x}{\tan^2 x} dx \\ &= \int \frac{(\sec^2 x)^2}{\tan^2 x} \sec^2 x dx = \int \frac{(1 + \tan^2 x)^2}{\tan^2 x} d(\tan x) \end{aligned}$$

$$\underline{d(\tan x) = (\tan x)' dx = \sec^2 x dx}$$

$$\stackrel{\tan x = u}{===} \int \frac{(1 + u^2)^2}{u^2} du = \int \left(\frac{1}{u^2} + 2 + u^2 \right) du = \dots$$

$$\begin{aligned}
 J &= \int \frac{1}{\sin^2 x \cos^4 x} dx = \int \frac{\sec^6 x}{\tan^2 x} dx \\
 &= \int \frac{(\sec^2 x)^2}{\tan^2 x} \sec^2 x dx = \int \frac{(1 + \tan^2 x)^2}{\tan^2 x} d(\tan x) \\
 &\stackrel{\tan x = u}{=} \int \frac{(1 + u^2)^2}{u^2} du = \int \left(\frac{1}{u^2} + 2 + u^2 \right) du = \dots
 \end{aligned}$$

$$\begin{aligned}
 \text{或者 } J &= \int \frac{1}{\sin^2 x \cos^4 x} dx = \int \frac{\csc^6 x}{\cot^4 x} dx \\
 &= \int \frac{\csc^4 x}{\cot^4 x} \csc^2 x dx = - \int \frac{(1 + \cot^2 x)^2}{\cot^4 x} d(\cot x)
 \end{aligned}$$

两个做法完全等效.

例10.(3).求积分 $\int \frac{1}{\sin^3 x \cos^5 x} dx$.

解 $\int \sin^{-3} x \cdot \cos^{-5} x dx = \int \sec^5 x \csc^3 x dx = ??$

$$\begin{aligned} \int \sin^{-3} x \cdot \cos^{-5} x dx &= \int \frac{1}{\sin^3 x \cdot \cos^5 x} dx \\ &= \int \frac{\cos x}{\sin^3 x \cdot \cos^6 x} dx = \int \frac{d(\sin x)}{\sin^3 x \cdot (1 - \sin^2 x)^3} \\ &\stackrel{\text{sin } x = u}{=} \int \frac{du}{u^3 (1 - u^2)^3} = ? = \int \frac{u du}{u^4 (1 - u^2)^3} \\ &= \frac{1}{2} \int \frac{d(u^2)}{u^4 (1 - u^2)^3} \stackrel{t = u^2}{=} \frac{1}{2} \int \frac{dt}{t^2 (1 - t)^3} = ? \end{aligned}$$

$$\int \sin^{-3} x \cdot \cos^{-5} x dx$$

$$= \int \frac{1}{\tan^3 x \cdot \cos^8 x} dx = \int \frac{\sec^6 x}{\tan^3 x} \sec^2 x dx$$

$$= \int \frac{(\sec^2 x)^3}{\tan^3 x} \sec^2 x dx$$

$$= \int \frac{(1 + \tan^2 x)^3}{\tan^3 x} d \tan x,$$

$$\underline{d \tan x = (\tan x)' dx = \sec^2 x dx}$$

$$= \int \frac{(1 + u^2)^3}{u^3} du = \dots$$

例10.(4).求积分 $J = \int \frac{\sin^5 x}{\cos^3 x} dx.$

$$\text{解 } J = \int \frac{\sin^5 x}{\cos^3 x} dx = \int \frac{\sin^4 x}{\cos^3 x} (\sin x) dx$$

$$= - \int \frac{(\sin^2 x)^2}{\cos^3 x} d(\cos x)$$

$$= - \int \frac{(1 - \cos^2 x)^2}{\cos^3 x} d(\cos x) = \dots$$

例10.(4).求积分 $J = \int \frac{\sin^5 x}{\cos^3 x} dx$.

解二 $J = \int \frac{\sin^5 x}{\cos^4 x} (\cos x) dx$

$$= \int \frac{\sin^5 x}{(1 - \sin^2 x)^2} d(\sin x) \stackrel{\sin x = u}{=} \int \frac{u^5}{(1 - u^2)^2} du = \dots$$

解三 $J = \int \frac{\tan^5 x}{\sec^2 x} dx = \int \frac{\tan^5 x}{\sec^4 x} (\sec^2 x) dx$

$$= \int \frac{\tan^5 x}{(1 + \tan^2 x)^2} d(\tan x) \stackrel{\tan x = u}{=} \int \frac{u^5}{(1 + u^2)^2} du = \dots$$

例10.(5).求积分 $J = \int \frac{1}{\sin^3 x \cos^2 x} dx$.

解 $\int \frac{1}{\sin^3 x \cos^2 x} dx = \int \frac{\sec^5 x}{\tan^3 x} dx = ???$

$$J = \int \frac{\sec^5 x}{\tan^3 x} dx = \int \frac{\sec^4 x}{\tan^4 x} (\sec x \tan x) dx$$

$$= \int \frac{\sec^4 x}{\tan^4 x} d(\sec x) = \int \frac{\sec^4 x}{(\sec^2 x - 1)^2} d(\sec x)$$

$\sec x = u$

$$=== \int \frac{u^4}{(u^2 - 1)^2} du = ?$$

一般地,我们会更多地根据以下三组公式来处理三角函数的有理式的不定积分问题:

$$(1) \cos^2 \alpha + \sin^2 \alpha = 1, (\sin x)' = \cos x,$$

$$(\cos x)' = -\sin x, \int \cos x dx = \sin x + C;$$

$$(2) \sec^2 x = 1 + \tan^2 x, (\tan x)' = \sec^2 x,$$

$$(\sec x)' = \sec x \tan x, \int \sec^2 x dx = \tan x + C;$$

$$(3) \csc^2 x = 1 + \cot^2 x, (\cot x)' = -\csc^2 x,$$

$$(\csc x)' = -\csc x \cot x.$$

课堂练习3.计算不定积分

(1). $\int \sec^4 x dx$;

(2). $\int \sec x \cdot \tan^3 x dx$;

(3). $\int \sin^{-3} x \cdot \cos^{-3} x dx$.

例11.求积分 $\int \sec x dx$.

$$\begin{aligned}\text{解 } \int \sec x dx &= \int \frac{1}{\cos x} dx = \int \frac{\cos x}{\cos^2 x} dx \\&= \int \frac{1}{1 - \sin^2 x} d(\sin x) \stackrel{u = \sin x}{=} \\&= \int \frac{1}{1 - u^2} du = \frac{1}{2} \int \left(\frac{1}{1 - u} + \frac{1}{1 + u} \right) du \\&= \frac{1}{2} \ln \left| \frac{1 + u}{1 - u} \right| + C = \frac{1}{2} \ln \left| \frac{1 + \sin x}{1 - \sin x} \right| + C \\&= \frac{1}{2} \ln \frac{(1 + \sin x)^2}{1 - \sin^2 x} + C = \ln \left| \frac{1 + \sin x}{\cos x} \right| + C \\&= \ln |\sec x + \tan x| + C.\end{aligned}$$

$$\text{解二 } \int \sec x dx = \int \frac{1}{\cos x} dx$$

$$= \int \frac{1}{2\cos^2 \frac{x}{2} - 1} dx = 2 \int \frac{\sec^2 \frac{x}{2}}{2 - \sec^2 \frac{x}{2}} d\left(\frac{x}{2}\right)$$

$$= 2 \int \frac{1}{1 - \tan^2 \frac{x}{2}} d\left(\tan \frac{x}{2}\right) = \ln \left| \frac{1 + \tan \frac{x}{2}}{1 - \tan \frac{x}{2}} \right| + C$$

$$= \ln \left| \frac{\cos \frac{x}{2} + \sin \frac{x}{2}}{\cos \frac{x}{2} - \sin \frac{x}{2}} \right| + C = \ln \left| \frac{\left(\cos \frac{x}{2} + \sin \frac{x}{2}\right)^2}{\cos^2 \frac{x}{2} - \sin^2 \frac{x}{2}} \right| + C$$

$$= \ln \left| \frac{1 + \sin x}{\cos x} \right| + C = \ln |\sec x + \tan x| + C.$$

$$\begin{aligned}\text{法三 } \int \sec x dx &= \int \frac{(\sec x + \tan x) \sec x}{\sec x + \tan x} dx \\&= \int \frac{(\sec x + \tan x)'}{\sec x + \tan x} dx = \int \frac{d(\sec x + \tan x)}{\sec x + \tan x} \\&= \ln |\sec x + \tan x| + C.\end{aligned}$$

此法妙则妙矣,但过于巧妙,不容易想到,就方法的角度而言,于初学者价值不大.

例11.(2).求积分 $\int \csc x dx$.

解 $\int \csc x dx = \int \frac{1}{\sin x} dx$

$$= \int \frac{1}{2 \sin \frac{x}{2} \cos \frac{x}{2}} dx = \int \frac{1}{\tan \frac{x}{2} \left(\cos \frac{x}{2} \right)^2} d \left(\frac{x}{2} \right)$$

$$= \int \frac{1}{\tan \frac{x}{2}} d \left(\tan \frac{x}{2} \right) = \ln \left| \tan \frac{x}{2} \right| + C$$

(使用了三角

$$= \ln |\csc x - \cot x| + C.$$

函数恒等变形)

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$$\text{解二} \quad \int \csc x dx = \int \frac{1}{\sin x} dx = \int \frac{\sin x}{\sin^2 x} dx$$

$$= -\int \frac{1}{1 - \cos^2 x} d(\cos x) \stackrel{u=\cos x}{=} -\int \frac{1}{1 - u^2} du$$

$$= -\int \frac{1}{1 - u^2} du = -\frac{1}{2} \int \left(\frac{1}{1 - u} + \frac{1}{1 + u} \right) du$$

$$= \frac{1}{2} \ln \left| \frac{1 - u}{1 + u} \right| + C = \frac{1}{2} \ln \left| \frac{1 - \cos x}{1 + \cos x} \right| + C$$

$$= \frac{1}{2} \ln \frac{(1 - \cos x)^2}{1 - \cos^2 x} + C = \ln \left| \frac{1 - \cos x}{\sin x} \right| + C$$

$$= \ln |\csc x - \cot x| + C.$$

例12. 设 $f'(\sin^2 x) = \cos^2 x$, 求 $f(x)$.

解 令 $u = \sin^2 x \Rightarrow \cos^2 x = 1 - u$,

$$f'(u) = 1 - u,$$

$$f(u) = \int (1 - u) du = u - \frac{1}{2}u^2 + C,$$

$$f(x) = x - \frac{1}{2}x^2 + C, 0 \leq x \leq 1.$$

Addendum. 三角函数公式系列

$$\sin(\alpha + \beta) = \sin \alpha \cos \beta + \cos \alpha \sin \beta$$

先考虑特殊情形 $0 < \alpha, \beta, \alpha + \beta < \frac{\pi}{2}$

利用三角形面积计算的方法：

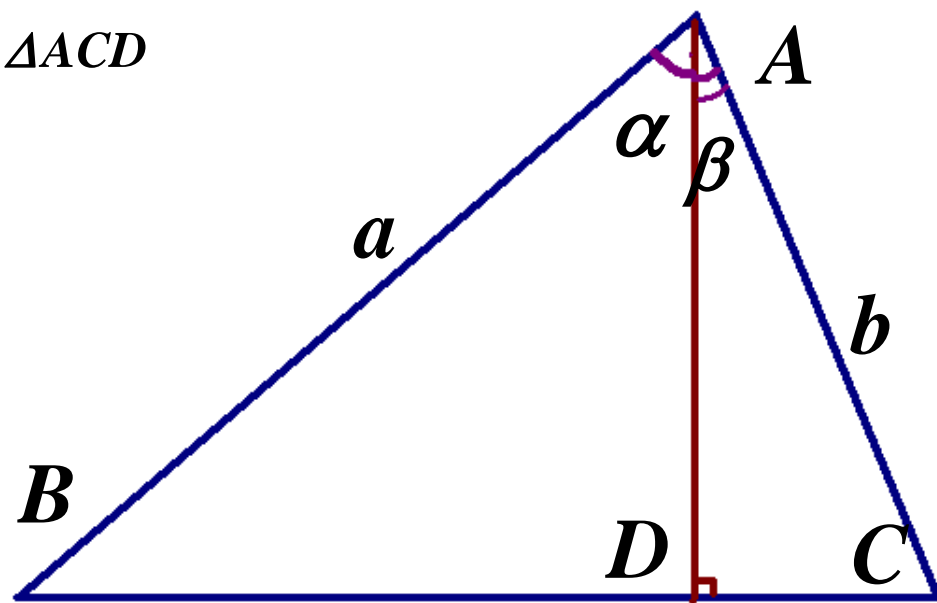
$$2S_{\triangle ABC} = 2S_{\triangle ABD} + 2S_{\triangle ACD}$$

$$ab \sin(\alpha + \beta) =$$

$$AD \cdot BD + AD \cdot CD$$

$$= b \cos \beta \cdot a \sin \alpha$$

$$+ a \cos \alpha \cdot b \sin \beta$$



$$\sin(\alpha + \beta) = \sin \alpha \cos \beta + \cos \alpha \sin \beta$$

先考虑特殊情形 $0 < \alpha, \beta, \alpha + \beta < \frac{\pi}{2}$

利用三角形面积计算的方法：

$$2S_{\triangle ABC} = 2S_{\triangle ABD} + 2S_{\triangle ACD}$$

$$ab \sin(\alpha + \beta) = AD \cdot BD + AD \cdot CD$$

$$= b \cos \beta \cdot a \sin \alpha + a \cos \alpha \cdot b \sin \beta \Rightarrow$$

$$\sin(\alpha + \beta) = \sin \alpha \cos \beta + \cos \alpha \sin \beta$$

再考虑角一般的情形,得到
普遍适用的公式.

$$\sin(\alpha + \beta) = \sin \alpha \cos \beta + \cos \alpha \sin \beta$$

$$\Rightarrow \sin(\alpha - \beta) = \sin[\alpha + (-\beta)]$$

$$= \sin \alpha \cos(-\beta) + \cos \alpha \sin(-\beta)$$

$$= \sin \alpha \cos \beta - \cos \alpha \sin \beta$$

$$\Rightarrow \cos(\alpha + \beta) = \sin\left[\frac{\pi}{2} - (\alpha + \beta)\right]$$

$$= \sin\left[\left(\frac{\pi}{2} - \alpha\right) - \beta\right] \quad \text{和角公式}$$

$$= \sin\left(\frac{\pi}{2} - \alpha\right) \cos \beta - \cos\left(\frac{\pi}{2} - \alpha\right) \sin \beta$$

$$= \cos \alpha \cos \beta - \sin \alpha \sin \beta$$

$$\begin{cases} \sin(\alpha + \beta) = \sin \alpha \cos \beta + \cos \alpha \sin \beta \\ \sin(\alpha - \beta) = \sin \alpha \cos \beta - \cos \alpha \sin \beta \end{cases} \Rightarrow$$

$$\begin{cases} \sin(\alpha + \beta) + \sin(\alpha - \beta) = 2\sin \alpha \cos \beta \cdots (1) \\ \sin(\alpha + \beta) - \sin(\alpha - \beta) = 2\cos \alpha \sin \beta \cdots (2) \end{cases}$$

记 $\alpha + \beta = A, \alpha - \beta = B$, 则(1),(2)式变为
和差化积公式

$$\begin{cases} \sin A + \sin B = 2\sin \frac{A+B}{2} \cos \frac{A-B}{2} \\ \sin A - \sin B = 2\cos \frac{A+B}{2} \sin \frac{A-B}{2} \end{cases}$$

$$\begin{cases} \sin(\alpha + \beta) = \sin \alpha \cos \beta + \cos \alpha \sin \beta \\ \sin(\alpha - \beta) = \sin \alpha \cos \beta - \cos \alpha \sin \beta \end{cases} \Rightarrow$$

$$\begin{cases} \sin(\alpha + \beta) + \sin(\alpha - \beta) = 2\sin \alpha \cos \beta \cdots (1) \\ \sin(\alpha + \beta) - \sin(\alpha - \beta) = 2\cos \alpha \sin \beta \cdots (2) \end{cases}$$

得积化和差公式：

$$\begin{cases} \sin \alpha \cos \beta = \frac{1}{2} [\sin(\alpha + \beta) + \sin(\alpha - \beta)] \\ \cos \alpha \sin \beta = \frac{1}{2} [\sin(\alpha + \beta) - \sin(\alpha - \beta)] \end{cases}$$

积化和差公式：

$$\begin{cases} \cos \alpha \cos \beta = \frac{1}{2} [\cos(\alpha + \beta) + \cos(\alpha - \beta)] \\ \sin \alpha \sin \beta = -\frac{1}{2} [\cos(\alpha + \beta) - \cos(\alpha - \beta)] \end{cases}$$

令 $\alpha = \beta$ 代入上述两式得

$$\cos^2 \alpha = \frac{1 + \cos 2\alpha}{2}, \sin^2 \alpha = \frac{1 - \cos 2\alpha}{2}$$

$$\begin{cases} \sin(\alpha + \beta) = \sin \alpha \cos \beta + \cos \alpha \sin \beta \\ \sin(\alpha - \beta) = \sin \alpha \cos \beta - \cos \alpha \sin \beta \\ \cos(\alpha + \beta) = \cos \alpha \cos \beta - \sin \alpha \sin \beta \\ \cos(\alpha - \beta) = \cos \alpha \cos \beta + \sin \alpha \sin \beta \end{cases}$$

$$\Rightarrow \begin{cases} \sin 2\alpha = 2\sin \alpha \cos \alpha \\ \cos 2\alpha = \cos^2 \alpha - \sin^2 \alpha \\ \cos^2 \alpha + \sin^2 \alpha = 1 \end{cases}$$

$$\begin{cases} \sin(\alpha + \beta) = \sin \alpha \cos \beta + \cos \alpha \sin \beta \\ \sin(\alpha - \beta) = \sin \alpha \cos \beta - \cos \alpha \sin \beta \\ \cos(\alpha + \beta) = \cos \alpha \cos \beta - \sin \alpha \sin \beta \\ \cos(\alpha - \beta) = \cos \alpha \cos \beta + \sin \alpha \sin \beta \end{cases}$$

$$\begin{aligned} \Rightarrow \tan(\alpha + \beta) &= \frac{\sin(\alpha + \beta)}{\cos(\alpha + \beta)} \\ &= \frac{\sin \alpha \cos \beta + \cos \alpha \sin \beta}{\cos \alpha \cos \beta - \sin \alpha \sin \beta} = \frac{\tan \alpha + \tan \beta}{1 - \tan \alpha \tan \beta} \end{aligned}$$

$$\begin{cases} \sin 2\alpha = 2\sin \alpha \cos \alpha \\ \cos 2\alpha = \cos^2 \alpha - \sin^2 \alpha \\ \cos^2 \alpha + \sin^2 \alpha = 1 \end{cases} \Rightarrow$$

$$\tan 2\alpha = \frac{2\sin \alpha \cos \alpha}{\cos^2 \alpha - \sin^2 \alpha} = \frac{2\tan \alpha}{1 - \tan^2 \alpha}$$

$$\cos^2 \alpha + \sin^2 \alpha = 1 \Leftrightarrow$$

$$\sec^2 x = 1 + \tan^2 x \Leftrightarrow$$

$$\csc^2 x = 1 + \cot^2 x$$

Pythagoras Theorem=勾股定理

2. 第二类换元法——变量代换法

问题 $\int x^5 \sqrt{1-x^2} dx = ?$

解决方法 改变中间变量的设置方式.

解决过程 令 $x = \sin t \Rightarrow dx = \cos t dt$,

$$\begin{aligned}\int x^5 \sqrt{1-x^2} dx &= \int (\sin t)^5 \sqrt{1-\sin^2 t} \cos t dt \\ &= \int \sin^5 t \cos^2 t dt = \dots\dots\end{aligned}$$

(应用“凑微分”即可求出结果)

暂时有些不严格

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定理2. 设 $t \in I$ 时 $x = \varphi(t)$ 严格单调且有连续的导数, $t = \varphi^{-1}(x)$ 为 $x = \varphi(t)$ 的反函数. 若 $f[\varphi(t)]\varphi'(t)$ 有原函数 $\Phi(t)$. 则

$$\begin{aligned}\int f(x)dx &\stackrel{x=\varphi(t)}{=} \int f[\varphi(t)]\varphi'(t)dt \\ &\stackrel{t=\varphi^{-1}(x)}{=} \Phi[\varphi^{-1}(x)] + C.\end{aligned}$$

例13.求积分 $\int \frac{1}{\sqrt{x^2 + a^2}} dx, (a > 0).$

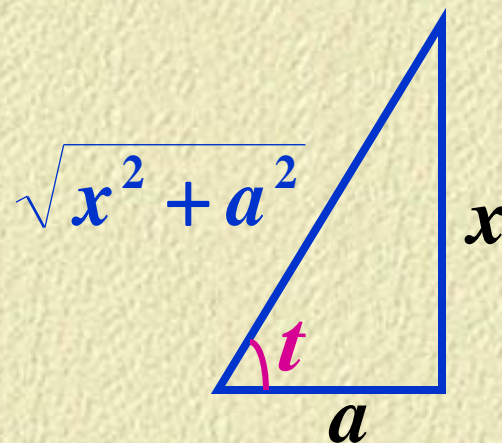
解 令 $x = a \tan t \Rightarrow dx = a \sec^2 t dt, t \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right)$

$$\int \frac{1}{\sqrt{x^2 + a^2}} dx = \int \frac{1}{a |\sec t|} \cdot a \sec^2 t dt$$

$$= \int \sec t dt = \ln |\sec t + \tan t| + C$$

$$= \ln \left(\frac{x}{a} + \frac{\sqrt{x^2 + a^2}}{a} \right) + C$$

$$= \ln \left(x + \sqrt{x^2 + a^2} \right) + C_1$$



例14.求积分 $\int \sqrt{4-x^2} dx$.

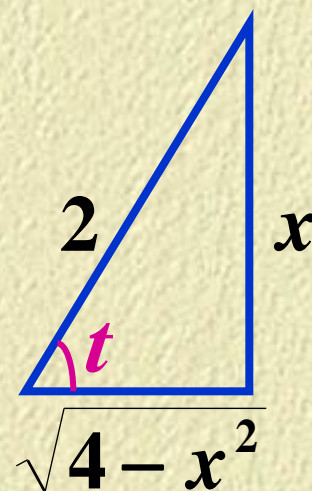
解 令 $x = 2\sin t, dx = 2\cos t dt, t \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right)$

$$\int \sqrt{4-x^2} dx = \int \sqrt{4-4\sin^2 t} \cdot 2\cos t dt$$

$$= 4 \int \cos^2 t dt = 2 \int (1 + \cos 2t) dt$$

$$= 2t + \sin 2t + C = 2t + 2\sin t \cos t + C$$

$$= 2\arcsin \frac{x}{2} + \frac{1}{2} x \sqrt{4-x^2} + C,$$



一般地, $\int \sqrt{a^2-x^2} dx = \frac{1}{2}a^2 \arcsin \frac{x}{a} + \frac{1}{2} x \sqrt{a^2-x^2} + C$

例15.求积分 $\int \frac{1}{\sqrt{x^2 - a^2}} dx, (a > 0).$

解 令 $x = a \sec t, dx = a \sec t \tan t dt,$

$$t \in \left(0, \frac{\pi}{2}\right) \cup \left(\frac{\pi}{2}, \pi\right)$$

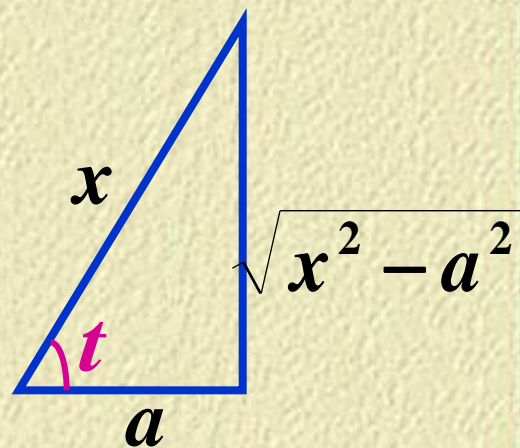
$$J = \int \frac{1}{\sqrt{x^2 - a^2}} dx = \int \frac{a \sec t \cdot \tan t}{a |\tan t|} dt$$

$$(1). t \in \left(0, \frac{\pi}{2}\right) \text{ 时 } J = \int \frac{a \sec t \cdot \tan t}{a |\tan t|} dt$$

$$= \int \sec t dt = \ln |\sec t + \tan t| + C$$

$$= \ln \left| \frac{x}{a} + \frac{\sqrt{x^2 - a^2}}{a} \right| + C = \ln \left(x + \sqrt{x^2 - a^2} \right) + C_1$$

$$(C_1 = C - \ln a)$$



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$$J = \int \frac{1}{\sqrt{x^2 - a^2}} dx = \int \frac{a \sec t \cdot \tan t}{a |\tan t|} dt$$

$$(2). t \in \left(\frac{\pi}{2}, \pi \right) \text{ 时 } J = \int \frac{a \sec t \cdot \tan t}{a |\tan t|} dt$$

$$= - \int \sec t dt = -\ln |\sec t + \tan t| + C$$

$$\sec t = \frac{x}{a}, \tan t = - \frac{\sqrt{x^2 - a^2}}{a},$$

$$J = -\ln |\sec t + \tan t| + C$$

$$= -\ln \left| \frac{x}{a} - \frac{\sqrt{x^2 - a^2}}{a} \right| + C = \ln \left| x + \sqrt{x^2 - a^2} \right| + C - \ln a$$

$$= \ln \left| x + \sqrt{x^2 - a^2} \right| + C_1$$

关于第二类换元积分法的说明：

(1).换元积分法中作变量代换的目的是简化被积表达式. 以上几例所作的均为三角代换.

三角代换的一般做法是：

当被积函数中含有 $(a > 0)$

(A). $\sqrt{a^2 - x^2}$, 可令 $x = a \sin t$ 或 $x = a \cos t$;

(B). $\sqrt{a^2 + x^2}$, 可令 $x = a \tan t$ 或 $x = a \cot t$;

(C). $\sqrt{x^2 - a^2}$, 可令 $x = a \sec t$ 或 $x = a \csc t$.

(2).当被积函数中含有根式 $\sqrt[k]{x}, \sqrt[l]{x}, \dots$ 时,可令 $\sqrt[n]{x} = t$,其中 n 为各个根式开根次数的最小公倍数.

例16.求 $\int \frac{1}{\sqrt{x}(1+\sqrt[3]{x})} dx$.

解 令 $\sqrt[6]{x} = t \Rightarrow dx = 6t^5 dt$,

$$\int \frac{1}{\sqrt{x}(1+\sqrt[3]{x})} dx = \int \frac{6t^5}{t^3(1+t^2)} dt = \int \frac{6t^2}{1+t^2} dt$$

$$= 6 \int \frac{t^2 + 1 - 1}{1+t^2} dt = 6 \int \left(1 - \frac{1}{1+t^2} \right) dt$$

$$= 6(t - \arctan t) + C = 6\left(\sqrt[6]{x} - \arctan \sqrt[6]{x}\right) + C$$

(3).在某些问题中偶尔也可考虑用倒代换 $x = \frac{1}{t}$.

例17.求 $\int \frac{1}{x(x^7 + 2)} dx$.

解 令 $x = \frac{1}{t} \Rightarrow dx = -\frac{1}{t^2} dt$,

$$\int \frac{1}{x(x^7 + 2)} dx = \int \frac{t}{\left(\frac{1}{t}\right)^7 + 2} \cdot \left(-\frac{1}{t^2}\right) dt$$

$$= -\int \frac{t^6}{1 + 2t^7} dt = -\frac{1}{14} \ln|1 + 2t^7| + C$$

$$= -\frac{1}{14} \ln|2 + x^7| + \frac{1}{2} \ln|x| + C$$

法二 $\int \frac{1}{x(x^7+2)} dx$

$$= \int \frac{x^6 dx}{x^7(x^7+2)} = \int \frac{d(x^7)}{7x^7(x^7+2)}$$

$$= \frac{1}{7} \cdot \frac{1}{2} \int \left(\frac{1}{x^7} - \frac{1}{x^7+2} \right) d(x^7)$$

这是凑微分法.

(4).变量代换可以不拘一格.

例18. $\int \frac{1}{\sqrt{1+e^x}} dx.$

解 令 $t = \sqrt{1+e^x} \Rightarrow e^x = t^2 - 1,$

$$x = \ln(t^2 - 1), dx = \frac{2t}{t^2 - 1} dt,$$

$$\int \frac{1}{\sqrt{1+e^x}} dx = \int \frac{2}{t^2 - 1} dt = \int \left(\frac{1}{t-1} - \frac{1}{t+1} \right) dt$$

$$= \ln \left| \frac{t-1}{t+1} \right| + C = 2 \ln \left(\sqrt{1+e^x} - 1 \right) - x + C$$

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求 $\int \frac{1}{\sqrt{1+e^x}} dx$.

法二 令 $e^x = \tan^2 t, t \in \left(-\frac{\pi}{2}, 0\right) \cup \left(0, \frac{\pi}{2}\right)$,

$$x = \ln(\tan^2 t), dx = \frac{2\sec^2 t}{\tan t} dt = \frac{2}{\sin t \cos t} dt,$$

$$\text{原式} = 2 \int \csc t dt = 2 \ln |\csc t - \cot t| + C$$

$$= 2 \ln \left| \sqrt{1+e^{-x}} - e^{-\frac{1}{2}x} \right| + C$$

$$= 2 \ln \left(\sqrt{1+e^x} - 1 \right) - x + C$$

继续研究例7.求 $I = \int \frac{1}{1+e^x} dx$.

解法四 令 $e^x = t$, $x = \ln t$, $dx = \frac{1}{t} dt$,

$$I = \int \frac{1}{t(t+1)} dt = \int \left(\frac{1}{t} - \frac{1}{t+1} \right) dt$$

$$= \ln \left| \frac{t}{t+1} \right| + C = \ln \frac{e^x}{1+e^x} + C$$

$$= x - \ln(1+e^x) + C.$$

回顾例7求 $\int \frac{1}{1+e^x} dx$ 以前的做法.

$$\int \frac{1}{1+e^x} dx = \int \frac{e^x}{e^x(1+e^x)} dx$$

$$\stackrel{e^x=u}{=} \int \frac{du}{u(1+u)} = \int \left(\frac{1}{u} - \frac{1}{1+u} \right) du$$

$$= \ln \frac{u}{1+u} + C = \ln \frac{e^x}{1+e^x} + C$$

$$= x - \ln(1+e^x) + C$$

$$\text{法二 } \int \frac{1}{1+e^x} dx = \int \frac{1+e^x - e^x}{1+e^x} dx$$

$$= \int \left(1 - \frac{e^x}{1+e^x} \right) dx = \int dx - \int \frac{e^x}{1+e^x} dx$$

$$= \int dx - \int \frac{1}{1+e^x} d(1+e^x)$$

$$= x - \ln(1+e^x) + C.$$

又 解法三

$$\begin{aligned}\int \frac{1}{1+e^x} dx &= \int \frac{e^{-x}}{1+e^{-x}} dx \\ &= -\int \frac{(1+e^{-x})'}{1+e^{-x}} dx = -\ln(1+e^{-x}) + C\end{aligned}$$

经过分析,可以知道两种表面上不同的结果其实是完全一样的。

例19. 计算 $\int \frac{1}{\sqrt{x-x^2}} dx = ?$

$$\text{解} \int \frac{1}{\sqrt{x-x^2}} dx = \int \frac{1}{\sqrt{\frac{1}{4} - \left(\frac{1}{4} - x + x^2\right)}} dx$$

$$= \int \frac{1}{\sqrt{\left(\frac{1}{2}\right)^2 - \left(x - \frac{1}{2}\right)^2}} dx = \int \frac{2dx}{\sqrt{1 - (2x - 1)^2}}$$

$$= \int \frac{d(2x - 1)}{\sqrt{1 - (2x - 1)^2}} = \arcsin(2x - 1) + C$$

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法二 此法针对此特殊问题,有局限性.

$$\int \frac{1}{\sqrt{x-x^2}} dx = \int \frac{1}{\sqrt{1-x}} \cdot \frac{1}{\sqrt{x}} dx$$

$$x-x^2 > 0$$

$$\Leftrightarrow 0 < x < 1$$

$$= 2 \int \frac{1}{\sqrt{1-x}} d(\sqrt{x}) = 2 \int \frac{1}{\sqrt{1-(\sqrt{x})^2}} d(\sqrt{x})$$

$$= 2 \arcsin \sqrt{x} + C$$

$$\int \frac{1}{\sqrt{x-x^2}} dx = \arcsin(2x-1) + C$$

法三 变量代换可以不拘一格.

$\because 0 < x < 1$, 故令 $\sqrt{x} = \sin t, t \in \left(0, \frac{\pi}{2}\right)$,

$$J = \int \frac{1}{\sqrt{x}\sqrt{1-x}} dx = \int \frac{1}{\sqrt{1-\sin^2 t}} \cdot \frac{1}{\sin t} d(\sin^2 t)$$

$$= \int \frac{1}{\sin t \cos t} \cdot 2 \sin t \cos t \cdot dt = \int 2 dt$$

$$= 2t + C = 2 \arcsin \sqrt{x} + C$$

此法与法二本质上是相同的.

基本积分表

(II)



$$(10). \int \tan x dx = -\ln |\cos x| + C ;$$

$$\int \cot x dx = \ln |\sin x| + C ;$$

$$(11). \int \sec x dx = \ln |\sec x + \tan x| + C ;$$

$$\int \csc x dx = \ln |\csc x - \cot x| + C ;$$

$$(12). \int \frac{1}{a^2 + x^2} dx = \frac{1}{a} \arctan \frac{x}{a} + C, (a > 0) ;$$

$$\int \frac{1}{\sqrt{a^2 - x^2}} dx = \arcsin \frac{x}{a} + C, (a > 0) ;$$

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$$(13). \int \frac{1}{x^2 - a^2} dx = \frac{1}{2a} \ln \left| \frac{x - a}{x + a} \right| + C, (a > 0) ;$$

$$(14). \int \frac{1}{\sqrt{x^2 \pm a^2}} dx = \ln \left| x + \sqrt{x^2 \pm a^2} \right| + C,$$
$$(a > 0);$$

$$(15). \int \sqrt{a^2 - x^2} dx = \frac{1}{2} x \sqrt{a^2 - x^2}$$
$$+ \frac{1}{2} a^2 \arcsin \frac{x}{a} + C, (a > 0) .$$

小结

两类积分换元法：

- { (一) 凑微分
- { (二) 三角代换、根式代换

基本积分表 (2) 要能够
独自推导，熟练运用。

第一类换元积分法(凑微分法)

$$F'(u) = f(u), \int f(u) du = F(u) + C.$$

$$\varphi'(x) dx = du, \text{凑微分}$$

$$\begin{aligned} \therefore \int f[\varphi(x)] \varphi'(x) dx &= \int f(u) du \\ &= F(u) + C = F[\varphi(x)] + C \end{aligned}$$

第二类换元积分法

$$\int f(x)dx \stackrel{x=\varphi(t)}{=====} \int f[\varphi(t)]\varphi'(t)dt$$

$$= \Phi(t) + C \stackrel{t=\varphi^{-1}(x)}{=====} \Phi[\varphi^{-1}(x)] + C$$

自我检测题：计算下列不定积分。

$$1.(1).\int \frac{x^2}{\sqrt{a^2 - x^2}} dx; \quad (2).\int \frac{1}{4 + 9x^2} dx;$$

$$(3).\int \frac{x}{\sqrt{1 - x^2}} dx; \quad (4).\int \frac{\sin \sqrt{x}}{\sqrt{x}} dx;$$

$$(5).\int \frac{dx}{x \ln x \ln(\ln x)}; \quad (6).\int \frac{dx}{e^x + e^{-x}}.$$

自我检测题 .

$$2.(1).\int \sqrt{\frac{a+x}{a-x}}dx, (a>0); \quad (2).\int \frac{\sin x \cos x}{1+\sin^4 x}dx;$$

$$(3).\int \tan \sqrt{1+x^2} \cdot \frac{xdx}{\sqrt{1+x^2}}; \quad (4).\int x^2 \sqrt{1+x^3}dx;$$

$$(5).\int \frac{\sin x + \cos x}{\sqrt[3]{\sin x - \cos x}}dx; \quad (6).\int \frac{1-x}{\sqrt{9-4x^2}}dx;$$

$$(7).\int \frac{x^3}{9+x^2}dx; \quad (8).\int \frac{dx}{x(x^6+4)}.$$

$$(9). \int \frac{10^{2 \arccos x}}{\sqrt{1-x^2}} dx;$$

$$(10). \int \frac{\ln \tan x}{\cos x \sin x} dx;$$

$$(11). \int \frac{\arctan \sqrt{x}}{\sqrt{x}(1+x)} dx;$$

$$(12). \int \frac{x+1}{x(1+x e^x)} dx.$$

$$3.(1). \int \frac{dx}{x + \sqrt{1-x^2}};$$

$$(2). \int \frac{dx}{\sqrt{(x^2+1)^3}};$$

$$(3). \int \frac{dx}{1 + \sqrt{2x}};$$

$$(4). \int x \sqrt{\frac{x}{2a-x}} dx, a > 0.$$

解答

$$1.(6). \int \frac{dx}{e^x + e^{-x}} = \int \frac{e^{-x} dx}{e^{2x} + 1} = \int \frac{de^x}{1 + (e^x)^2};$$

$$\begin{aligned}
 2.(1).a > 0, \int \sqrt{\frac{a+x}{a-x}} dx &= \int \frac{a+x}{\sqrt{a^2-x^2}} dx \\
 &= \int \frac{a}{\sqrt{1-\left(\frac{x}{a}\right)^2}} d\left(\frac{x}{a}\right) - \frac{1}{2} \int \frac{(a^2-x^2)'}{\sqrt{a^2-x^2}} dx \\
 &= a \arcsin \frac{x}{a} - \frac{1}{2} \int \frac{d(a^2-x^2)}{\sqrt{a^2-x^2}} \\
 &= a \arcsin \frac{x}{a} - \sqrt{a^2-x^2} + C
 \end{aligned}$$

2.(1).法二 $a > 0$,

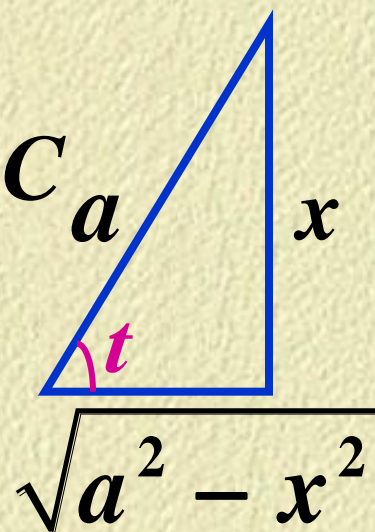
$$\int \sqrt{\frac{a+x}{a-x}} dx = \int \frac{a+x}{\sqrt{a^2-x^2}} dx = I$$

设 $x = a \sin t$, 则

$$I = \int \frac{a + a \sin t}{a \cos t} a \cos t dt$$

$$= \int (a + a \sin t) dt = at - a \cos t + C$$

$$= a \arcsin \frac{x}{a} - \sqrt{a^2 - x^2} + C$$



2.(1).法三 $a > 0$, 令 $\sqrt{\frac{a+x}{a-x}} = t$, 则

$$x = \frac{a(t^2 - 1)}{t^2 + 1}, dx = \frac{4at}{(t^2 + 1)^2} dt$$

$$\therefore \int \sqrt{\frac{a+x}{a-x}} dx = \int t \cdot \left[\frac{a(t^2 - 1)}{t^2 + 1} \right]' dt$$

$$= \int t \cdot \frac{4at}{(t^2 + 1)^2} dt$$

用分部积分法

$$\int t \cdot \frac{4at}{(t^2 + 1)^2} dt = \int t \cdot \left[\frac{a(t^2 - 1)}{t^2 + 1} \right]' dt$$

用分部积分法

$$I = t \cdot \frac{a(t^2 - 1)}{t^2 + 1} - \int \frac{a(t^2 - 1)}{t^2 + 1} dt$$

$$= t \cdot \frac{a(t^2 - 1)}{t^2 + 1} - a \int \frac{t^2 + 1 - 2}{t^2 + 1} dt$$

$$= t \cdot \frac{a(t^2 - 1)}{t^2 + 1} - at + 2a \arctan t + C$$

$$\begin{aligned}
 \int \sqrt{\frac{a+x}{a-x}} dx &= \int t \cdot \left[\frac{a(t^2-1)}{t^2+1} \right]' dt \\
 &= t \cdot \frac{a(t^2-1)}{t^2+1} - \int \frac{a(t^2-1)}{t^2+1} dt \\
 &= t \cdot \frac{a(t^2-1)}{t^2+1} - at + 2a \arctan t + C
 \end{aligned}$$

将 $t = \sqrt{\frac{a+x}{a-x}}$ 代入上式得

$$\int \sqrt{\frac{a+x}{a-x}} dx = a \arcsin \frac{x}{a} - \sqrt{a^2 - x^2} + C$$

$$2.(2). \because (\sin^2 x)' = 2\sin x \cos x,$$

$$\therefore \int \frac{\sin x \cos x}{1 + \sin^4 x} dx$$

$$= \frac{1}{2} \int \frac{1}{1 + (\sin^2 x)^2} d(\sin^2 x);$$

$$2.(3). \int \tan \sqrt{1+x^2} \cdot \frac{xdx}{\sqrt{1+x^2}}$$

$$= \frac{1}{2} \int \tan \sqrt{1+x^2} \cdot \frac{d(x^2+1)}{\sqrt{1+x^2}}$$

$$= \int \tan \sqrt{1+x^2} \cdot d\sqrt{1+x^2}$$

$$= -\ln \left| \cos \sqrt{1+x^2} \right| + C$$

$$2.(3). \int \tan \sqrt{1+x^2} \cdot \frac{x dx}{\sqrt{1+x^2}}$$

$$\begin{array}{l} \text{法二} \\ \xlongequal{x=\tan t} \int \tan(\sec t) \cdot \frac{\tan t \sec^2 t dt}{\sec t} \end{array}$$

$$= \int \tan(\sec t) \cdot \tan t \sec t dt$$

$$= \int \tan(\sec t) \cdot (\sec t)' dt$$

$$= \int \tan(\sec t) d(\sec t)$$

$$= -\ln |\cos(\sec t)| + C = -\ln \left| \cos \sqrt{1+x^2} \right| + C$$

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$$2.(6). \int \frac{1-x}{\sqrt{9-4x^2}} dx$$

$$= \frac{1}{2} \int \frac{1}{\sqrt{3^2 - (2x)^2}} d(2x) + \frac{1}{8} \int \frac{(9-4x^2)'}{\sqrt{9-4x^2}} dx$$

$$= \frac{1}{2} \arcsin \frac{2x}{3} + \frac{1}{8} \cdot 2\sqrt{9-4x^2} + C$$

$$2.(7). \int \frac{x^3}{9+x^2} dx = \frac{1}{2} \int \frac{x^2+9-9}{9+x^2} d(x^2) = \dots$$

$$2.(8). \int \frac{dx}{x(x^6+4)} = \int \frac{x^5 dx}{x^6(x^6+4)} = \frac{1}{6} \int \frac{d(x^6)}{x^6(x^6+4)}$$

$$\begin{aligned}
 2.(9). \int \frac{10^{2\arccos x}}{\sqrt{1-x^2}} dx &= -\int 100^{\arccos x} d(\arccos x) \\
 &= -\frac{1}{\ln 100} 100^{\arccos x} + C
 \end{aligned}$$

$$\begin{aligned}
 2.(10). \int \frac{\ln \tan x}{\cos x \sin x} dx &= \int \frac{\ln \tan x}{\cos^2 x \tan x} dx \\
 &= \int \frac{\ln \tan x}{\tan x} \sec^2 x dx = \int \frac{\ln \tan x}{\tan x} d \tan x \\
 &= \int \ln \tan x d(\ln \tan x) = \frac{1}{2} (\ln \tan x)^2 + C
 \end{aligned}$$

$$\begin{aligned} 2.(11). \int \frac{\arctan \sqrt{x}}{\sqrt{x}(1+x)} dx &= 2 \int \frac{\arctan \sqrt{x}}{1+x} d(\sqrt{x}) \\ &= 2 \int \arctan \sqrt{x} \cdot \frac{1}{1+(\sqrt{x})^2} d(\sqrt{x}) \\ &= 2 \int \arctan \sqrt{x} d(\arctan \sqrt{x}) \\ &= (\arctan \sqrt{x})^2 + C \end{aligned}$$

$$2.(11). \int \frac{\arctan \sqrt{x}}{\sqrt{x}(1+x)} dx$$

法二 $t = \arctan \sqrt{x}, x = \tan^2 t,$

$$I = \int \frac{t}{\tan t \sec^2 t} \cdot 2 \tan t \cdot \sec^2 t dt$$

$$= \int 2t dt = t^2 + C = \left(\arctan \sqrt{x} \right)^2 + C$$

$$2.(12).\int \frac{x+1}{x(1+xe^x)}dx = I$$

$$\because (xe^x)' = (1+x)e^x,$$

$$\therefore I = \int \frac{(1+x)e^x}{xe^x(1+xe^x)}dx \stackrel{xe^x=t}{=} \int \frac{1}{t(1+t)}dt$$

$$= \int \left(\frac{1}{t} - \frac{1}{1+t} \right) dt = \ln \left| \frac{t}{1+t} \right| + C$$

$$= \ln \left| \frac{xe^x}{1+xe^x} \right| + C$$

$$3.(1). \int \frac{dx}{x + \sqrt{1-x^2}} \quad \begin{array}{l} x = \sin t \\ t \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right) \end{array}$$

$$= \int \frac{\cos t}{\sin t + \cos t} dt = \dots$$

$$3.(2). \int \frac{dx}{\sqrt{(x^2 + 1)^3}} \quad \begin{array}{l} x = \tan t \\ t \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right) \end{array}$$

$$= \int \frac{1}{|\sec^3 t|} \cdot \sec^2 t dt = \int \cos t dt$$

$$3.(3).\int \frac{dx}{1+\sqrt{2x}};$$

$$3.(4).\int x\sqrt{\frac{x}{2a-x}}dx.$$

3. 分部积分法

前面我们已经看到,利用复合函数的求导公式,推导得到了**两类积分换元公式**.

下面我们要利用两个函数乘积的求导公式,推导得到另一样的积分计算公式——

分部积分公式

分部积分法 integration by parts

问题 $\int x e^x dx = ?$

解决思路：利用两个函数乘积的求导公式.

设函数 $u = u(x)$ 和 $v = v(x)$ 有连续的导数, 则

$$(uv)' = u'v + uv', u'v = (uv)' - uv',$$

$$\int u'v dx = \int (uv)' dx - \int uv' dx,$$

$$\Rightarrow \int u'v dx = uv - \int uv' dx,$$

$$\text{or } \int v du = uv - \int u dv$$

分部积分公式

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基本初等函数乘积的分部积分：

$x^\mu; e^{ax}; \ln x; \sin x, \cos x, \tan x, \cot x, \sec x, \csc x;$

$\arcsin x, \arccos x, \arctan x, \operatorname{arccot} x.$

(1). $\int x^\mu e^{ax} dx, \int x^\mu \sin bxdx, \int x^\mu \cos bxdx$ 仅 $\mu \in \mathbb{N}$ 时可做.

(2). $\int x^\mu \ln dx, \int x^\mu \arcsin xdx, \int x^\mu \arctan xdx$ 可做.

(3). $\int e^{ax} \sin xdx, \int e^{ax} \cos xdx$ 可做.

(4). $\int x \tan^2 xdx, \int x \sec^4 xdx, \int x \csc^2 xdx \dots$ 可做.

(5). $\int x^\mu \tan xdx, \int x^\mu \sec xdx, \int x^\mu \cot xdx$ 不可做.

(6). $\int e^{ax} \tan xdx, \int e^{ax} \sec xdx, \int e^{ax} \ln xdx,$
 $\int e^{ax} \arcsin xdx, \int \sec x \ln xdx, \int \cos x \ln xdx \dots$ 皆不可做.

(7)*. $\int \ln x \arcsin xdx$ 可做, $\int \ln x \arctan xdx \dots$ 不可做.

例20.求积分 $J = \int x \cos x dx$.

解(1).令 $v = \cos x, u' = x$, 则可取 $u = \frac{1}{2}x^2$,

$$J = \int \left(\frac{1}{2}x^2 \right)' \cos x dx = \frac{x^2}{2} \cos x - \int \frac{x^2}{2} (-\sin x) dx,$$

显然 u', v 的选择不当, 致使未能解决问题.

解(2).令 $v = x, u' = \cos x$, 则可取 $u = \sin x$,

$$\int x \cos x dx = \int x (\sin x)' dx$$

自然而然的
选择!

$$= x \sin x - \int \sin x \cdot 1 dx = x \sin x + \cos x + C.$$

在用分部积分法求积分 $\int x \cos x dx$ 时,
令 $u' = \cos x$, 则可取 $u = \sin x$,
由 u' 求 u 时的常数不用考虑.

$$\begin{aligned} \because \int x \cos x dx &= \int x (\sin x + C_1)' dx \\ &= x (\sin x + C_1) - \int (\sin x + C_1) \cdot 1 dx \\ &= x (\sin x + C_1) + \cos x - C_1 x + C \\ &= x \sin x + \cos x + C \end{aligned}$$

例21.求积分 $\int x^2 e^{-x} dx$.

解 令 $v = x^2, u' = e^{-x}$,则可取 $u = -e^{-x}$,

$$\int x^2 e^{-x} dx = -x^2 e^{-x} - \left(-\int e^{-x} \cdot 2x dx \right)$$

再次分部积分

$$= -x^2 e^{-x} + 2 \int x (-e^{-x})' dx$$

$$= -x^2 e^{-x} + 2 \left(-x e^{-x} + \int e^{-x} \cdot 1 dx \right)$$

$$= -x^2 e^{-x} + 2 \left(-x e^{-x} - e^{-x} \right) + C$$

$$= -\left(x^2 + 2x + 2 \right) e^{-x} + C$$

顺便提一下,以下规律性的结果

$$\int x e^{-x} dx = -(x+1)e^{-x} + C$$

$$\int x^2 e^{-x} dx = -(x^2 + 2x + 2)e^{-x} + C$$

$$\int x^3 e^{-x} dx = -(x^3 + 3x^2 + 6x + 6)e^{-x} + C$$

... ..

$$\int u'v dx = uv - \int uv' dx$$

$$\left. \begin{array}{l} \int x \cos x dx \\ \int x^2 e^{-x} dx \end{array} \right\} \begin{array}{l} \text{令 } x^\mu = v \\ \mu \in \mathbb{Z}^+ \end{array}, \left\{ \begin{array}{l} u' = \cos x \\ u' = e^{-x} \end{array} \right.$$

小结 若被积函数是(正整数次幂的)幂函数与正(余)弦函数或指数函数的乘积, 就考虑把正(余)弦或指数函数作为 u' , 而设幂函数为 v , 通过求导使其幂次降低.

例22.求积分 $\int x^3 \ln x dx$.

解 令 $v = \ln x, x^3 dx = d\left(\frac{x^4}{4}\right) = du,$

顺其自然
的选择!

$$\int x^3 \ln x dx = \int \left(\frac{x^4}{4}\right)' \ln x dx$$

$$= \frac{1}{4} x^4 \ln x - \int \frac{x^4}{4} \cdot \frac{1}{x} dx = \frac{1}{4} x^4 \ln x - \frac{1}{16} x^4 + C$$

例22.求积分 $\int x^3 \ln x dx$.

解二 令 $\ln x = t$, 则 $x = e^t$,

$$\int x^3 \ln x dx = \int e^{3t} \cdot t \cdot e^t dt = \int t e^{4t} dt$$

$$\stackrel{4t=u}{===} \frac{1}{16} \int u e^u du = \frac{1}{16} \left(u e^u - \int e^u du \right)$$

$$= \frac{1}{16} \left(u e^u - e^u \right) + C = \frac{1}{16} \left(4t e^{4t} - e^{4t} \right) + C$$

$$= \frac{1}{4} x^4 \ln x - \frac{1}{16} x^4 + C$$

顺其自然
的选择!

例23.求积分 $\int x \arctan x dx$.

解 令 $v = \arctan x$, $x dx = d\left(\frac{x^2}{2}\right) = du$,

$$\begin{aligned}\int x \arctan x dx &= \frac{x^2}{2} \arctan x - \int \frac{x^2}{2} (\arctan x)' dx \\&= \frac{x^2}{2} \arctan x - \int \frac{x^2}{2} \cdot \frac{1}{1+x^2} dx \\&= \frac{x^2}{2} \arctan x - \frac{1}{2} \int \left(1 - \frac{1}{1+x^2}\right) dx \\&= \frac{x^2}{2} \arctan x - \frac{1}{2} (x - \arctan x) + C.\end{aligned}$$

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例23.求积分 $\int x \arctan x dx$

解二 可令 $\arctan x = t$, 则 $x = \tan t$,

$$\int x \arctan x dx = \int \tan t \cdot t \cdot \sec^2 t dt$$

$$= \int t \left(\frac{1}{2} \tan^2 t \right)' dt = t \cdot \frac{1}{2} \tan^2 t - \int \frac{1}{2} \tan^2 t dt$$

$$= \frac{1}{2} t \tan^2 t - \frac{1}{2} \int (\sec^2 t - 1) dt$$

$$= \frac{1}{2} t \tan^2 t - \frac{1}{2} \tan t + \frac{1}{2} t + C$$

$$= \frac{x^2}{2} \arctan x - \frac{1}{2} x + \frac{1}{2} \arctan x + C$$

此时换元法并不是必要的选择!

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例23.(2).求积分 $\int \arctan x dx$

解 $\int \arctan x dx = \int (x)' \arctan x dx$

$$= x \arctan x - \int x \cdot \frac{1}{1+x^2} dx$$

$$= x \arctan x - \frac{1}{2} \int \left(\ln(1+x^2) \right)' dx$$

$$= x \arctan x - \frac{1}{2} \ln(1+x^2) + C$$

$$\int u'v dx = uv - \int uv' dx$$

$$\left. \begin{array}{l} \int x^3 \ln x dx \\ \int x \arctan x dx \end{array} \right\} \begin{array}{l} \text{令 } x^\mu = u', \\ \mu \neq -1 \end{array} \left\{ \begin{array}{l} v = \ln x \\ v = \arctan x \end{array} \right.$$

小结 若被积函数是幂函数与对数函数或反三角函数的乘积,就考虑把幂函数作为 u' ,而设对数函数或反三角函数为 v ,通过求导简化被积函数.

课堂练习4.计算不定积分

(1). $\int x \sin 2x dx$;

(2). $\int \left(x e^{-x} \right)^2 dx$;

(3). $\int \left(\frac{\ln x}{x} \right)^2 dx$;

(4). $\int \arcsin x dx$.

$$\text{Ex.1.(1).} \int x \sin 2x dx = \int x \left(-\frac{1}{2} \cos 2x \right)' dx$$

$$= -\frac{1}{2} x \cos 2x + \frac{1}{2} \int \cos 2x dx$$

$$= -\frac{1}{2} x \cos 2x + \frac{1}{4} \sin 2x + C$$

$$\begin{aligned}
 \text{Ex.1.(2).} \int (xe^{-x})^2 dx &= \int x^2 e^{-2x} dx = \int x^2 \left(-\frac{1}{2} e^{-2x} \right)' dx \\
 &= -\frac{1}{2} x^2 e^{-2x} + \frac{1}{2} \int 2x e^{-2x} dx = -\frac{1}{2} x^2 e^{-2x} - \frac{1}{2} x e^{-2x} + \frac{1}{2} \int e^{-2x} dx \\
 &= -\frac{1}{2} x^2 e^{-2x} - \frac{1}{2} x e^{-2x} - \frac{1}{4} e^{-2x} + C = -\frac{1}{4} (2x^2 + 2x + 1) e^{-2x} + C
 \end{aligned}$$

$$\text{或者 } J = \int x^2 e^{-2x} dx \stackrel{-2x=t}{=} -\frac{1}{8} \int t^2 e^t dt,$$

$$\begin{aligned}
 \int t^2 e^t dt &= t^2 e^t - \int 2t e^t dt = t^2 e^t - 2t e^t + \int 2e^t dt \\
 &= t^2 e^t - 2t e^t + 2e^t + C_1,
 \end{aligned}$$

$$\therefore J = -\frac{1}{8} (4x^2 + 4x + 2) e^{-2x} + C$$

$$\text{Ex.1.(3).} \int \left(\frac{\ln x}{x} \right)^2 dx = \int \left(-\frac{1}{x} \right)' (\ln x)^2 dx$$

$$= -\frac{1}{x} (\ln x)^2 + \int \frac{1}{x} \cdot 2(\ln x) \frac{1}{x} dx$$

$$= -\frac{1}{x} (\ln x)^2 + 2 \int \left(-\frac{1}{x} \right)' (\ln x) dx$$

$$= -\frac{1}{x} (\ln x)^2 - \frac{2}{x} \ln x + 2 \int \frac{1}{x} \cdot \frac{1}{x} dx$$

$$= -\frac{1}{x} (\ln x)^2 - \frac{2}{x} \ln x - \frac{2}{x} + C$$

$$\text{或者, } J = \int \left(\frac{\ln x}{x} \right)^2 dx \xrightarrow[\substack{\text{红 } x=t \\ \text{蓝 } x=e^t}]{\text{令}} \int t^2 \cdot e^{-2t} \cdot e^t dt = \int t^2 e^{-t} dt$$

$$= \dots = -(t^2 + 2t + 2)e^{-t} + C = -\frac{1}{x} (\ln^2 x + 2\ln x + 2) + C$$

$$\text{Ex.1.(4).} \int \arcsin x dx = \int (x)' \arcsin x dx$$

$$= x \arcsin x - \int x \frac{1}{\sqrt{1-x^2}} dx$$

$$= x \arcsin x - \left(-\frac{1}{2} \right) \int \frac{1}{\sqrt{1-x^2}} d(1-x^2)$$

$$= x \arcsin x + \sqrt{1-x^2} + C$$

$$\text{或者, } J \stackrel{\arcsin x=t}{\underset{x=\sin t}{=}} \int t (\sin t)' dt = t \sin t - \int \sin t dt$$

$$= t \sin t + \cos t + C = x \arcsin x + \sqrt{1-x^2} + C$$

$$\left(\arcsin x = t \in \left[-\frac{\pi}{2}, \frac{\pi}{2} \right], \cos t = +\sqrt{1-x^2} \right)$$

例24.求积分 $\int e^x \sin x dx$.

解 $\int e^x \sin x dx = \int e^x d(-\cos x)$

$$= -e^x \cos x + \int \cos x de^x = -e^x \cos x + \int e^x \cos x dx$$

$$= -e^x \cos x + \int e^x d(\sin x)$$

$$= -e^x \cos x + e^x \sin x - \int e^x \sin x dx$$

注意循
环形式

$$\therefore \int e^x \sin x dx = \frac{e^x}{2} (\sin x - \cos x) + C$$

在使用分部积分公式时应注意,倘若要接连几次应用分部积分公式,需注意前后几次所选的 u' 应为同类型函数.

例如, $\int e^x \sin x dx$, 第一次用分部积分公式时选择 $u' = \sin x$,

$$\int e^x \sin x dx = -e^x \cos x + \int e^x \cos x dx$$

那么第二次用分部积分公式时应仍选择 $u' = \cos x$.

或者,

$$\int e^x \sin x dx = \int \sin x d(e^x)$$

$$= e^x \sin x - \int e^x d(\sin x)$$

$$= e^x \sin x - \int e^x \cos x dx = e^x \sin x - \int \cos x d(e^x)$$

$$= e^x \sin x - \left(e^x \cos x - \int e^x d(\cos x) \right)$$

$$= e^x (\sin x - \cos x) - \int e^x \sin x dx$$

注意循环形式

$$\therefore \int e^x \sin x dx = \frac{e^x}{2} (\sin x - \cos x) + C$$

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求积分 $\int e^x \sin x dx$.

解 $\int e^x \sin x dx = \int \sin x de^x$

$$= e^x \sin x - \int \cos x de^x$$

$$= e^x (\sin x - \cos x) - \int e^x \sin x dx$$

避免如下错误：

$$\therefore \int e^x \sin x dx = \frac{e^x}{2} (\sin x - \cos x)$$

注意任意常数

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将分部积分法改写一下,得到所谓的“联立方程法”:

$$\text{记 } J_1 = \int e^x \sin x dx, J_2 = \int e^x \cos x dx,$$

$$\therefore (e^x \sin x)' = e^x \cos x + e^x \sin x,$$

$$(e^x \cos x)' = e^x \cos x - e^x \sin x,$$

$$\therefore \begin{cases} J_1 + J_2 = e^x \sin x + C_1 \\ -J_1 + J_2 = e^x \cos x + C_2 \end{cases}$$

解此方程组得

$$\begin{cases} J_1 = \frac{e^x}{2} (\sin x - \cos x) + C_3 \\ J_2 = \frac{e^x}{2} (\sin x + \cos x) + C_4 \end{cases}.$$

例24.(2).求积分 $\int e^{ax} \cos bx dx, a^2 + b^2 \neq 0$.

解 用“联立方程法”较为方便.

记 $J_1 = \int e^{ax} \cos bx dx, J_2 = \int e^{ax} \sin bx dx,$

$$\therefore (e^{ax} \cos bx)' = ae^{ax} \cos bx - be^{ax} \sin bx,$$

$$(e^{ax} \sin bx)' = be^{ax} \cos bx + ae^{ax} \sin bx,$$

$$\therefore \begin{cases} aJ_1 - bJ_2 = e^{ax} \cos bx + C_1 \\ bJ_1 + aJ_2 = e^{ax} \sin bx + C_2 \end{cases}$$

解此方程组得 $J_1, J_2 \cdots$

课堂练习5.计算不定积分

$$\int e^{-x} \sin 2x dx$$

解 $\int e^{-x} \sin 2x dx =$

小结

合理选择 u', v , 正确使用分部积分公式

$$\int u' v dx = uv - \int uv' dx$$

(1). $\int x^n e^{ax} dx, \int x^n \cos bx dx, \int x^n \sin bx dx$

取 $e^{ax}, \cos bx, \sin bx = u'$, 而 $x^n = v \dots$

(2). $\int x^\mu \ln x dx, \int x^\mu \arctan x dx, \int x^\mu \arcsin x dx$

取 $x^\mu = u'$, 而 $\ln x, \arctan x, \arcsin x = v \dots$

(3). $\int e^{ax} \cos bx dx, \int e^{ax} \sin bx dx$

取 $e^{ax} = u'$, 而 $\cos bx, \sin bx = v$, 两次分部积分;

或者取 $\cos bx, \sin bx = u'$, 而 $e^{ax} = v$, 两次分部积分.

例25. 设 e^{-x^2} 是 $f(x)$ 的一个原函数, 求 $\int xf'(x)dx$.

解
$$\int xf'(x)dx = \int xdf(x) = xf(x) - \int f(x)dx,$$

$$\because \left(\int f(x)dx\right)' = f(x), \text{ 而 } \int f(x)dx = e^{-x^2} + C,$$

两边同时对 x 求导, 得 $f(x) = -2xe^{-x^2},$

$$\begin{aligned}\therefore \int xf'(x)dx &= xf(x) - \int f(x)dx \\ &= -(2x^2 + 1)e^{-x^2} + C.\end{aligned}$$

例26.求积分 $\int e^{-\sqrt{x}} dx$.

$$\text{解} \int e^{-\sqrt{x}} dx \stackrel[t=dx=2tdt]{t=\sqrt{x}} \int 2t e^{-t} dt = \int 2t (-e^{-t})' dt$$

$$= 2t(-e^{-t}) - \int (-e^{-t})(2t)' dt$$

$$= -2te^{-t} + \int 2e^{-t} dt$$

$$= -2(t+1)e^{-t} + C$$

$$= -2(\sqrt{x}+1)e^{-\sqrt{x}} + C$$

例27*. 求积分 $J = \int e^{-x} \arctan e^{-x} dx$.

解 考虑作凑微分: $J = -\int \arctan e^{-x} d(e^{-x})$

$$\stackrel{e^{-x}=u}{=} -\int \arctan u du = -\int (u)' \arctan u du$$

$$= -u \arctan u + \int \frac{u}{1+u^2} du$$

$$= -u \arctan u + \frac{1}{2} \int \frac{1}{1+u^2} d(1+u^2)$$

$$= -u \arctan u + \frac{1}{2} \ln(1+u^2) + C$$

$$= \ln \sqrt{1+e^{-2x}} - e^{-x} \arctan e^{-x} + C$$

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例27.(2)*.求积分 $J = \int x \tan^2 x dx$

解 $J = \int x \tan^2 x dx = \int x (\sec^2 x - 1) dx$

$$= \int x (\sec^2 x) dx - \int x dx = \int x (\tan x)' dx - \frac{1}{2} x^2$$

$$= x \tan x - \int \tan x dx - \frac{1}{2} x^2$$

$$= x \tan x - \int \frac{\sin x}{\cos x} dx - \frac{1}{2} x^2$$

$$= x \tan x + \ln |\cos x| - \frac{1}{2} x^2 + C$$

例28*. 设 $\frac{\sin x}{x}$ 是 $f(x)$ 的一原函数, 求 $\int x f'(2x) dx$.

解 $\because \frac{\sin x}{x}$ 是 $f(x)$ 的一个原函数,

$$\therefore f(x) = \left(\frac{\sin x}{x} \right)' = \frac{x \cos x - \sin x}{x^2},$$

$$\therefore \int x f'(2x) dx \stackrel{2x=u}{=} \frac{1}{4} \int u f'(u) du$$

$$= \frac{1}{4} u f(u) - \frac{1}{4} \int f(u) du$$

$$= \frac{1}{4} u \cdot \frac{u \cos u - \sin u}{u^2} - \frac{1}{4} \frac{\sin u}{u} + C$$

$$= \frac{u \cos u - 2 \sin u}{4u} + C \stackrel{u=2x}{=} \frac{x \cos 2x - \sin 2x}{4x} + C$$

例28.(2)*.求积分 $\int \frac{x \arctan x}{\sqrt{1+x^2}} dx$.

解 $\because \left(\sqrt{1+x^2} \right)' = \frac{x}{\sqrt{1+x^2}},$

$$\begin{aligned} \therefore \int \frac{x \arctan x}{\sqrt{1+x^2}} dx &= \int \arctan x d\sqrt{1+x^2} \\ &= \sqrt{1+x^2} \arctan x - \int \sqrt{1+x^2} d(\arctan x) \\ &= \sqrt{1+x^2} \arctan x - \int \sqrt{1+x^2} \cdot \frac{1}{1+x^2} dx \end{aligned}$$

$$= \sqrt{1+x^2} \arctan x - \int \frac{1}{\sqrt{1+x^2}} dx \quad \text{令 } x = \tan t$$

$$\int \frac{1}{\sqrt{1+x^2}} dx = \int \frac{1}{\sqrt{1+\tan^2 t}} \sec^2 t dt = \int \sec t dt$$

$$= \ln(\sec t + \tan t) + C = \ln\left(x + \sqrt{1+x^2}\right) + C$$

$$\therefore \int \frac{x \arctan x}{\sqrt{1+x^2}} dx$$

$$= \sqrt{1+x^2} \arctan x - \ln\left(x + \sqrt{1+x^2}\right) + C.$$

求积分 $\int \frac{x \arctan x}{\sqrt{1+x^2}} dx$.

解二 考虑先作变量代换：

$$\arctan x = t \leftrightarrow x = \tan t, t \in (-\pi/2, \pi/2),$$

$$\therefore \int \frac{x \arctan x}{\sqrt{1+x^2}} dx = \int \frac{t \tan t}{|\sec t|} \sec^2 t dt$$

$$= \int \frac{t \tan t}{\sec t} \sec^2 t dt = \int t \tan t \sec t dt$$

$$= \int t d(\sec t) = t \sec t - \int \sec t dt$$

$$= t \sec t - \ln |\tan t + \sec t| + C$$

$$= \sqrt{1+x^2} \cdot \arctan x - \ln \left(x + \sqrt{1+x^2} \right) + C$$

例28.(3)*.求积分 $\int \sin(\ln x) dx$.

解 考虑先作变量代换：

$$\ln x = t \rightarrow x = e^t \rightarrow dx = e^t dt$$

$$\therefore \int \sin(\ln x) dx = \int e^t \sin t dt$$

$$= \frac{1}{2} e^t (\sin t - \cos t) + C$$

$$= \frac{x}{2} [\sin(\ln x) - \cos(\ln x)] + C.$$

例29**.求积分 $J = \int \sec^3 x dx$.

$$\text{解 } J = \int \sec x \sec^2 x dx = \int \sec x (\tan x)' dx$$

$$= \sec x \tan x - \int \tan x (\sec x)' dx$$

$$= \sec x \tan x - \int \sec x \tan^2 x dx$$

$$= \sec x \tan x - \int \sec x (\sec^2 x - 1) dx$$

$$= \sec x \tan x - \int \sec^3 x dx + \int \sec x dx$$

$$\therefore J = \frac{1}{2} \sec x \tan x + \frac{1}{2} \ln |\sec x + \tan x| + C$$

例29**.(2).求积分 $J = \int \sqrt{a^2 + x^2} dx, a > 0$.

解 令 $x = a \tan t, t \in (-\pi/2, \pi/2)$

$$J = a^2 \int |\sec t| \sec^2 t dt = a^2 \int \sec^3 t dt$$

$$= \frac{1}{2} a^2 \sec t \tan t + \frac{a^2}{2} \ln |\sec t + \tan t| + C_1$$

$$= \frac{1}{2} x \sqrt{a^2 + x^2} + \frac{a^2}{2} \ln \left(x + \sqrt{a^2 + x^2} \right) + C$$

例30*. 求积分 $I = \int \frac{1}{(1+x^2)^2} dx$.

$$\text{解 } I = \int \frac{1+x^2-x^2}{(1+x^2)^2} dx = \int \frac{1}{1+x^2} dx - \int \frac{x^2}{(1+x^2)^2} dx$$

$$= \arctan x - \int x \cdot \left(\frac{-1}{2} \cdot \frac{1}{1+x^2} \right)' dx$$

$$= \arctan x + \frac{x}{2(1+x^2)} - \frac{1}{2} \int \frac{1}{1+x^2} dx$$

$$= \frac{1}{2} \arctan x + \frac{x}{2(1+x^2)} + C$$

例30.(2)**.求积分 $I(n) = \int \frac{1}{(1+x^2)^n} dx. (n \geq 2)$

$$\because \left(\frac{1}{(1+x^2)^{n-1}} \right)' = \frac{-2(n-1)x}{(1+x^2)^n},$$

$$\therefore I(n) = \int \frac{1+x^2-x^2}{(1+x^2)^n} dx = I(n-1) - \int \frac{x^2}{(1+x^2)^n} dx$$

$$= I(n-1) - \int x \cdot \left(\frac{-1}{2(n-1)} \cdot \frac{1}{(1+x^2)^{n-1}} \right)' dx$$

$$= I(n-1) + \frac{1}{2(n-1)} \cdot \frac{x}{(1+x^2)^{n-1}} - \frac{1}{2(n-1)} \int \frac{1}{(1+x^2)^{n-1}} dx$$

$$= \frac{2n-3}{2n-2} I(n-1) + \frac{1}{2(n-1)} \cdot \frac{x}{(1+x^2)^{n-1}}.$$

进一步地,求积分

$$J(a,n) = \int \frac{1}{(a^2 + x^2)^n} dx. \left(\begin{array}{l} a > 0, \\ n \in \mathbb{Z}^+ \\ n \geq 2 \end{array} \right)$$

$$\begin{aligned} J(a,n) &= \int \frac{1}{(a^2 + x^2)^n} dx \\ &= \frac{1}{a^{2n-1}} \int \frac{1}{\left[1 + \left(\frac{x}{a}\right)^2\right]^n} d\left(\frac{x}{a}\right). \end{aligned}$$

我们可由 $I(n) = \int \frac{1}{(1+x^2)^n} dx$ 计算得到结论.

$$a > 0, n \in \mathbb{Z}^+, n \geq 2$$

$$J(a, n) = \int \frac{1}{(a^2 + x^2)^n} dx$$

$$= \frac{1}{a^{2n-1}} \int \frac{1}{\left[1 + \left(\frac{x}{a}\right)^2\right]^n} d\left(\frac{x}{a}\right).$$

$$I(n) = \int \frac{1}{(1 + x^2)^n} dx =$$

$$\begin{cases} \frac{2n-3}{2n-2} I(n-1) + \frac{1}{2(n-1)} \cdot \frac{x}{(1+x^2)^{n-1}}, & n \geq 2 \\ \arctan x + C, & n = 1 \end{cases}$$

求积分 $J(a, n) = \int \frac{1}{(a^2 + x^2)^n} dx$ 时, 也可

用变量代换: $x = a \tan t, t \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right),$

$a > 0, n \in \mathbb{Z}^+, n \geq 2$

$$J(a, n) = \int \frac{1}{a^n \sec^{2n} t} a \sec^2 t dt$$

$$= \frac{1}{a^{n-1}} \int (\cos^2 t)^{n-1} dt = \dots$$

例31.求不定积分 $\int \frac{x + \sin 2x}{1 + \cos 2x} dx$.

解 原 = $\int \frac{x + \sin 2x}{1 + \cos 2x} dx$

$$= \int \frac{x + 2\sin x \cos x}{2\cos^2 x} dx = \frac{1}{2} \int (x \sec^2 x + \tan x) dx$$

其中 $\int x \sec^2 x dx = \int x (\tan x)' dx$

$$= x \tan x - \int \tan x dx,$$

$$\therefore \text{原} = \frac{1}{2} x \tan x + C.$$

例31.(2). 求不定积分

$$(A). \int \frac{1 + \cos x}{x + \sin x} dx ;$$

$$(B). \int \frac{x + \sin x}{1 + \cos x} dx .$$

自我检测题：计算下列不定积分.

$$3.(1).\int x^2 \cos^2 \frac{x}{2} dx, \quad (2).\int \left(\frac{\ln x}{x} \right)^2 dx,$$

$$(3).\int e^{3\sqrt{x}} dx, \quad (4).\int \cos(\ln x) dx,$$

$$(5).\int \frac{\arctan x}{\sqrt{(1+x^2)^3}} dx, \quad (6).\int e^{-x} \cos 2x dx,$$

$$(7).\int \frac{x e^{\arctan x}}{\sqrt{(1+x^2)^3}} dx.$$

$$(1). \int x^2 \cos^2 \frac{x}{2} dx = \frac{1}{2} \int x^2 (1 + \cos x) dx$$

$$= \frac{1}{2} \int x^2 dx + \frac{1}{2} \int x^2 \cos x dx$$

$$\int x^2 \cos x dx = \int x^2 (\sin x)' dx$$

$$= x^2 \sin x - \int \sin x (x^2)' dx = x^2 \sin x - \int 2x \sin x dx$$

$$= x^2 \sin x - \int 2x (-\cos x)' dx$$

$$= x^2 \sin x + 2x \cos x - 2 \int \cos x dx = \dots$$

(5). 令 $\arctan x = t$,

则 $x = \tan t, t \in (-\pi/2, \pi/2)$

$$\int \frac{\arctan x}{\sqrt{(1+x^2)^3}} dx$$

$$= \int \frac{t}{|\sec t|^3} \sec^2 t dt = \int t \cos t dt$$

$$= \dots$$

$$(6). \underline{\int e^{-x} \cos 2x dx} = \int (-e^{-x})' \cos 2x dx$$

$$= -e^{-x} \cos 2x + \int e^{-x} (\cos 2x)' dx$$

$$= -e^{-x} \cos 2x + \int e^{-x} (-2 \sin 2x) dx$$

$$= -e^{-x} \cos 2x - 2 \int (-e^{-x})' \sin 2x dx$$

$$= -e^{-x} \cos 2x + 2e^{-x} \sin 2x - 2 \int e^{-x} (\sin 2x)' dx$$

$$= -e^{-x} \cos 2x + 2e^{-x} \sin 2x - \underline{4 \int e^{-x} \cos 2x dx}$$

$$\therefore \int e^{-x} \cos 2x dx = \frac{1}{5} e^{-x} (2 \sin 2x - \cos 2x) + C$$

$$(5). \int \frac{\arctan x}{\sqrt{(1+x^2)^3}} dx, \quad (6). \int e^{-x} \cos 2x dx,$$

$$(7). \int \frac{x e^{\arctan x}}{\sqrt{(1+x^2)^3}} dx.$$