





Saturday, July 15, 2017 Waldorf University, Salveson Hall Check in begins at 6:30 am



Registration Information:

5K Preregistration fee: \$15.00 5K day of registration fee: \$20.00 Kids' 1/2 mile run registration fee: \$3.00



5K Information:

5K Check-in/Packet Pickup: 6:30-7:20 am

5K Race start: 7:30 am

Race day item (buff) will be provided to all 5K entrants Awards for open male/female finishers and remaining top 3 finishers in each age group beginning at 8:15 am:

- 15 & Under
- 16 19
- 20 29
- 30 39
- 40 49
- 50 59
- 60 69
- -70 +



1/2 Mile Information:

1/2 Mile Check-in: 7:45-8:00 am 1/2 Mile Run start: 8:00 am

Age: 12 and younger

Course: relatively flat square

All children that finish will receive a medal

PARENTS ARE WELCOME TO ACCOMPANY THEIR CHILDREN

REGISTRATION FORM:

Last Name:	First Name:
Gender (circle) Male Female	Age:
Address:	Phone:
E-Mail Address:	

Race Waiver: I, individually, (and/or as parent, and/or guardian of the named minor) for and in consideration of acceptance of this entity in the aforementioned event, do hereby release, remise, waive, and forever discharge the Forest City Puckerbrush Committee, Chamber of Commerce, Waldorf University and all other supporting groups of this said event, together with all their officers, agents, officials and employees, from any and all liability, claims, demands, actions, or causes of action whatsoever arising out of, or relating to injury, illness, loss, or damage, including death, relating to participation in aforesaid event. I further state I am in proper physical condition to participate in this event. In addition, I agree that my participation in the event recommends that I will not participate with roller blades, skateboard, animals, or anything that the race director deems dangerous to myself or other participants and that the event director may remove me form this event. I further grant permission to this event and the organization conducting the event and/or agents authorized by them to use any photographs, videotapes, motion picture, and recordings of this event for any purpose. I also agree that if the event is cancelled for any reason or I am unable to participate that all entry fees are non-refundable and each entry is non-transferable.

Mail checks to: Kathy Rollefson Forest City Chamber of Commerce 145 South Clark Street PO Box 306 Forest City, IA 50436