such as animals awarness of pain, hunger or body pose levels Body / Sensory self awarners level s language selfavoreness first reflective (conceptual) narrative) level > narrating past is not a required and future of self condition for self awareness > seeing self as subject of but it is the thinking condition to extend and deepen selfawareness Gadamer

open questions

* is it possible to describe self without language

* is language the entity that creates the concept of self

Does language give better ability to set see self from outside like a mirror?