Not necessarily. It’s a good practice to organize your project files into separate directories for better structure and maintainability. Here’s a typical structure for both front-end and back-end projects:

**Front-End (React) Project Structure**

my-admin-panel/

├── public/

│ ├── index.html

│ └── ...

├── src/

│ ├── components/

│ │ ├── LoginPage.js

│ │ ├── Dashboard.js

│ └── App.js

│ └── index.js

│ └── ...

├── package.json

└── ...

* **public/**: Contains static files like index.html.
* **src/**: Contains your React components and other JavaScript files.
  + **components/**: Contains your React component files like LoginPage.js and Dashboard.js.
  + **App.js**: Main application component.
  + **index.js**: Entry point for your React application.

**Back-End (Node.js with Express) Project Structure**

my-backend/

├── models/

│ └── user.js

├── routes/

│ └── auth.js

│ └── upload.js

├── server.js

├── package.json

└── ...

* **models/**: Contains your database schema definitions.
* **routes/**: Contains your route handlers for different endpoints.
  + **auth.js**: Handles authentication routes.
  + **upload.js**: Handles file upload routes.
* **server.js**: Main server file.

**Example of How to Organize Files**

1. **Front-End**:
   * LoginPage.js and Dashboard.js go into the src/components/ directory.
   * App.js and index.js stay in the src/ directory.
2. **Back-End**:
   * server.js stays in the root of your back-end project directory.
   * Create models/ and routes/ directories for organizing your database schemas and route handlers.

**Running Your Projects**

* **Front-End**: Navigate to your React project directory and run npm start.
* **Back-End**: Navigate to your Node.js project directory and run node server.js.

This structure helps keep your project organized and makes it easier to manage as it grows. If you have any more questions or need further assistance, feel free to ask!