

# Beginner Bondage Workshop

A 101 on Shibari by DoodleMe & KnottyLola (FetLife)

## Example Consent Questions

- **What is the purpose of the scene?** Instructional? Demonstration? Exploratory?
- **What do you intend to tie?** Share and explain
- **What mood?** Playful? Serious? Sensual? Demanding? Dark?
- **How proprietary do you want this scene to be?** Will you ask them to move? Order them? Physically force them to move where you want them to be?
- **What is their role?** Are they a stranger to you? Are they a play partner? A lover?
- **How do they want to be treated?** A respected partner? A gift? As prey? An object?
- **Rules of contact?** Will you be minimizing? Only rope? All up in their business?
- **Is sex planned?** If yes, how do you both define sex? For this workshop, no.
- **Aftercare needs?** What do you **both** need to reset after?

*Adapted From: <https://www.theduchy.com/general-negotiation-and-planning/>*

## What we learned?

- **Three building blocks:**
  - A single column
  - How to modify the single column into a double column
  - Reverse tension
- **Two examples:**
  - A basic futomomo (leg wrap) using hitches
  - A basic harness (chest wrap) using reverse tension and hitches

## Where to learn more?

- Find your local Peer Rope or Munch
- [FetLife.com](#) - social network and events
- [Crash-Restraint.com](#) - free for all tutorials
- [TheDutchy.com](#) - mostly paid tutorials, good beginner content
- [ShibariStudy.com](#) - only paid tutorials
- [Google](#) ;-)

## Free Play and Conclusion

- Please play safe and with consent
- We were [DoodleMe](#) and [KnottyLola](#) (FetLife), questions are welcome there
- We post photos of our work and information about our lessons there
- **Assistants:** [diac](#), celine, [w817](#), [simon\\_fredrikson](#) and [orangem](#) on FetLife
- Extra questions welcome after the session, in RopeLabs village via DECT or on FetLife