

Directions: For each of the following statements circle the number which most nearly represents your true feeling.

1. I think about the ultimate meaning of life:  

1	2	3	4	5	6	7
Never	Rarely	Occasionally	Sometimes	Often	Very Often	Constantly
2. I have experienced the feeling that while I am destined to accomplish something important, I cannot quite put my finger on just what it is:  

1	2	3	4	5	6	7
Never	Rarely	Occasionally	Sometimes	Often	Very Often	Constantly
3. I try new activities or areas of interest, and then these soon lose their attractiveness:  

7	6	5	4	3	2	1
Constantly	Very Often	Often	Sometimes	Occasionally	Rarely	Never
4. I feel that some element which I can't quite define is missing from my life:  

1	2	3	4	5	6	7
Never	Rarely	Occasionally	Sometimes	Often	Very Often	Constantly
5. I am restless:  

7	6	5	4	3	2	1
Constantly	Very Often	Often	Sometimes	Occasionally	Rarely	Never
6. I feel that the greatest fulfillment of my life lies yet in the future:  

7	6	5	4	3	2	1
Constantly	Very Often	Often	Sometimes	Occasionally	Rarely	Never
7. I hope for something exciting in the future:  

1	2	3	4	5	6	7
Never	Rarely	Occasionally	Sometimes	Often	Very Often	Constantly
8. I daydream of finding a new place for my life and a new identity:  

1	2	3	4	5	6	7
Never	Rarely	Occasionally	Sometimes	Often	Very Often	Constantly
9. I feel the lack of -- and a need to find -- a real meaning and purpose in my life:  

7	6	5	4	3	2	1
Constantly	Very Often	Often	Sometimes	Occasionally	Rarely	Never
10. I think of achieving something new and different:  

1	2	3	4	5	6	7
Never	Rarely	Occasionally	Sometimes	Often	Very Often	Constantly

11. I seem to change my main objective in life:
- |       |        |              |           |       |            |            |
|-------|--------|--------------|-----------|-------|------------|------------|
| 1     | 2      | 3            | 4         | 5     | 6          | 7          |
| Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
12. The mystery of life puzzles and disturbs me:
- |            |            |       |           |              |        |       |
|------------|------------|-------|-----------|--------------|--------|-------|
| 7          | 6          | 5     | 4         | 3            | 2      | 1     |
| Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
13. I feel myself in need of a "new lease on life":
- |            |            |       |           |              |        |       |
|------------|------------|-------|-----------|--------------|--------|-------|
| 7          | 6          | 5     | 4         | 3            | 2      | 1     |
| Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
14. Before I achieve one goal, I start out toward a different one:
- |       |        |              |           |       |            |            |
|-------|--------|--------------|-----------|-------|------------|------------|
| 1     | 2      | 3            | 4         | 5     | 6          | 7          |
| Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
15. I feel the need for adventure and "new worlds to conquer":
- |            |            |       |           |              |        |       |
|------------|------------|-------|-----------|--------------|--------|-------|
| 7          | 6          | 5     | 4         | 3            | 2      | 1     |
| Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
16. Over my lifetime I have felt a strong urge to find myself:
- |       |        |              |           |       |            |            |
|-------|--------|--------------|-----------|-------|------------|------------|
| 1     | 2      | 3            | 4         | 5     | 6          | 7          |
| Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
17. On occasion I have thought that I had found what I was looking for in life, only to have it vanish later:
- |       |        |              |           |       |            |            |
|-------|--------|--------------|-----------|-------|------------|------------|
| 1     | 2      | 3            | 4         | 5     | 6          | 7          |
| Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
18. I have been aware of all-powerful and consuming purpose toward which my life has been directed:
- |            |            |       |           |              |        |       |
|------------|------------|-------|-----------|--------------|--------|-------|
| 7          | 6          | 5     | 4         | 3            | 2      | 1     |
| Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |
19. I have sensed a lack of a worthwhile job to do in life:
- |       |        |              |           |       |            |            |
|-------|--------|--------------|-----------|-------|------------|------------|
| 1     | 2      | 3            | 4         | 5     | 6          | 7          |
| Never | Rarely | Occasionally | Sometimes | Often | Very Often | Constantly |
20. I have felt a determination to achieve something far beyond the ordinary:
- |            |            |       |           |              |        |       |
|------------|------------|-------|-----------|--------------|--------|-------|
| 7          | 6          | 5     | 4         | 3            | 2      | 1     |
| Constantly | Very Often | Often | Sometimes | Occasionally | Rarely | Never |