

Consent**Consent to Participate in an Experimental Study**

Title: Using Item Response Theory to Explore Scale Psychometrics

Investigator

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Description:

This study will investigate the relationship between different meaning in life scales, which will ask you about your perceived meaning in life, thoughts about goals, and general purpose of your life actions. The purpose of the study is to understand the relationship between these feelings and how they might be improved by offering better ways to understand those measures. If you feel troubled answering the questions, please feel free to opt out of the survey. Your information will be kept confidential, so please do not write your name on any other survey sheets. If you are having problems or are worried about your results, please talk to the experimenter, who will give you the information for counseling services on campus.

Risks and Benefits:

Participants may feel uncomfortable while taking this questionnaire. You may leave the experiment at any time and are not required to fill out all the questions.

Confidentiality:

We will not put your name on any of your tests. Only Dr. Buchanan and her assistant will have access to the data collected for this study. All data associated with this study will remain confidential.

Right to Withdraw:

You do not have to take part in this study. If you start the study and decide that you do not want to finish, all you have to do is to tell Dr. Buchanan in person, by letter, or by telephone at the Department of Psychology, 214D Hill Hall, or 836-5592. Whether or not you choose to participate or to withdraw will not affect your standing with the Department of Psychology, or with the University, and it will not cause you to lose any benefits to which you are entitled. Experimental credit will be prorated based on the amount of time you spent in the study.

IRB Approval:

This study has been reviewed by Missouri State University's Institutional Review Board (IRB). The IRB has determined that this study fulfills the human research subject protections obligations required by state and federal law and University policies. If you have any questions, concerns, or reports regarding your rights as a participant of research, please contact the Office Research Compliance at 836-4132.

Statement of Consent:

I have read the above information. I have been given a copy of this form. I have had an opportunity to ask questions, and I have received answers. I consent to participate in the study.

- Yes, I consent to participate.
- No, I decline to participate.

Demographics

Please enter your gender:

- Male
- Female

Please enter your age:

Please enter your classification:

- Freshman
- Sophomore
- Junior
- Senior
- Graduate/Other

Please enter your ethnicity:

Existential Loneliness Questionnaire (Mayers)

Choose the response that best describes how much each statement is *true of you*.

	Not at all true of me	Sometimes true of me	Very much true of me	
I am happy with the way I have lived my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel dead	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
No one else in the world can understand my feelings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel at the mercy of the world	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I immediately get involved in new relationships as soon as I break up	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There is a purpose to my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I feel lonely, I do whatever I can not to think about those feelings	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel alone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I had the right relationship, I would never feel alone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The universe is full of meaning	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel I have people I can trust and rely on if I need them	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Important relationships have ended or become weaker	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel lonely	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I stay in bad relationships too long in order not to be alone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel helpless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am surrounded by strangers I cannot connect with	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My world seems so different from everybody else's	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that there is little point to life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I mean something to others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Existence Scale (Langle)

Please mark the circle on the scale which is close to how you generally feel, apart from occasional, brief fluctuations

	Absolutely	Mostly	Moderately	Not really	No	Hardly	Not at all
I don't take enough time for the things which are important.	<input type="radio"/>						
I like to form my own opinions.	<input type="radio"/>						
I have a hard time realizing what relevance things have for my life.	<input type="radio"/>						
I do a lot because I have to, not because I want to.	<input type="radio"/>						
I often do not understand why it is me who has to do something.	<input type="radio"/>						
There are situations in which I feel totally helpless.	<input type="radio"/>						
Things are only meaningful to me as far as they meet my own desires.	<input type="radio"/>						
There isn't anything good in my life.	<input type="radio"/>						
I'm only interested in a situation that meets my wishes.	<input type="radio"/>						
I find the world I live in boring.	<input type="radio"/>						
It is difficult to imagine myself in someone else's shoes.	<input type="radio"/>						
I feel personally addressed by my tasks.	<input type="radio"/>						
I am easily distracted, even when I do things I enjoy.	<input type="radio"/>						
I do a lot that I really don't want to do.	<input type="radio"/>						
I often don't realize that in every situation I have several choices of action.	<input type="radio"/>						
I have good ways of dealing with myself	<input type="radio"/>						
I try to put off unpleasant decisions without thinking too much about them.	<input type="radio"/>						
I am usually absent minded.	<input type="radio"/>						
I often do not feel satisfied, even after having accomplished a lot, because there would have been more important things to do.	<input type="radio"/>						
I rarely think about consequences before I act.	<input type="radio"/>						
I often leave things unfinished because they take too much effort.	<input type="radio"/>						
I do a lot of things without really knowing enough about them.	<input type="radio"/>						
I am easily confused when problems arise.	<input type="radio"/>						
I am always ruled by other people's expectations.	<input type="radio"/>						
The fulfillment of one's own wishes has priority.	<input type="radio"/>						

Meaningful Activity Participation Assessment (Eakman)

Please rate the amount of time that you spent on the following activities during the last few months.

	Not at all	Less than once a month	Once a month	2 to 3 times a month	Once a week	Several times a week	Every Day
Taking courses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prayer/meditation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Reading magazines/newspapers	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Creative activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Volunteer activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Crafts/hobbies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Pet care activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Helping others	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Computer use for e-mail	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Home making/home maintenance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Physical exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other reading	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Talking on the telephone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Gardening	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Traveling	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Playing games	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Radio/TV	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using public transportation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other computer use	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Socializing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Cultural activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Musical activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Driving	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Religious activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Community organization activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Writing letters/cards	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Medical visits	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal finances	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please rate each activity according to how meaningful it is to you. That is, how much it matters or is personally fulfilling for you.

	Not at all meaningful	Somewhat meaningful	Moderately meaningful	Very meaningful	Extremely meaningful
Crafts/hobbies	<input type="radio"/>				
Home making/home maintenance	<input type="radio"/>				
Traveling	<input type="radio"/>				
Pet care activities	<input type="radio"/>				
Reading magazines/newspapers	<input type="radio"/>				
Other reading	<input type="radio"/>				
Religious activities	<input type="radio"/>				
Cultural activities	<input type="radio"/>				
Talking on the telephone	<input type="radio"/>				
Medical visits	<input type="radio"/>				
Radio/TV	<input type="radio"/>				
Using public transportation	<input type="radio"/>				
Writing letters/cards	<input type="radio"/>				
Creative activities	<input type="radio"/>				
Personal finances	<input type="radio"/>				
Prayer/meditation	<input type="radio"/>				
Taking courses	<input type="radio"/>				
Musical activities	<input type="radio"/>				
Socializing	<input type="radio"/>				
Helping others	<input type="radio"/>				
Physical exercise	<input type="radio"/>				
Computer use for e-mail	<input type="radio"/>				
Gardening	<input type="radio"/>				
Volunteer activities	<input type="radio"/>				
Driving	<input type="radio"/>				
Other computer use	<input type="radio"/>				
Playing games	<input type="radio"/>				
Community organization activities	<input type="radio"/>				

Meaning in Life (Krause)

Please choose the response that best fits your beliefs right now

	Strongly Disagree	Disagree	Agree	Strongly Agree
In my life, I have clear goals and aims.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am able to make sense of the unpleasant things that have happened in the past.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a sense of direction and purpose in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I have found a really significant meaning in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a system of values and beliefs that guide my daily activities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have discovered a satisfying life purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have really come to terms with what is important in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a good sense of what I am trying to accomplish in the rest of my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am at peace with my past.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I am living fully.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a philosophy of life that helps me understand who I am.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In terms of my life, I see a reason for my being here.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel good when I think about what I have done in the past.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find it satisfying to think about what I have accomplished in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Purpose in Life - Short Form (Schulenberg)

For each of the following statements, chose the response that would be most nearly true for you. Note that the choices always extend from one extreme feeling to its opposite kind of feeling. "Neutral" implies no judgment either way; try to use this rating as little as possible.

In life I have

No goals or aims at all	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Neutral	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Very clear goals and aims
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My personal existence is

Utterly meaningless without purpose	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Neutral	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	Very purposeful and meaningful
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In achieving life goals, I have

Made no progress whatsoever

Neutral

Progressed to complete fulfillment

I have discovered

No mission or purpose in life

Neutral

Clear-cut goals and a satisfying life purpose

Meaningful Life Measure (Morgan)

Please read each of the following statements carefully and then choose the appropriate response to indicate your opinion.

Life to me seems:

Completely routine

Always exciting

Every day is:

Exactly the same

Constantly new and different

Facing my daily tasks is:

A painful and boring experience

A source of pleasure and satisfaction

	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree or Agree	Slightly Agree	Agree	Strongly Agree
I have a philosophy of life that really gives my living significance.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a system or framework that allows me to truly understand my being alive.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a personal value system that makes my living worthwhile.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel good when I think of the things I have accomplished in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life interests and excites me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I hold certain values which I feel greatly enrich my life with significance.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find it satisfying to think about what I have accomplished in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have been very successful in achieving certain things.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The beliefs I hold about the world enable me to make sense out of my existence.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have failed to accomplish much in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
So far, I am pleased with what I have achieved in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My daily living is dull and routine.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

In my life I have:

No goals or aims at all	<input type="radio"/>						
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Very clear goals and aims

I have discovered:

No mission or purpose in life	<input type="radio"/>						
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Clear-cut goals and a satisfying life purpose

	Strongly Disagree	Disagree	Slightly Disagree	Neither Disagree or Agree	Slightly Agree	Agree	Strongly Agree
I have a clear idea of what my future goals and aims are.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I tend to wander aimlessly through life, without much sense of purpose or direction.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life is worthwhile.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life is significant.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I really value my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I hold my own life in high regard	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Meaning in Life (Tomich)

Please identify the most stressful event that has happened to you around five years ago. Please answer the following questions in regards to that event.

	None			A lot
In the past month, how much energy have you spent trying to figure out why (the event) happened to you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much good has come out of [the event]?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
How much harm or bad has come out of [the event]?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In the past month, how much have you found yourself searching to make some sense of or find meaning in your experience?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Meaning-making Scale (van den Heuvel)

Please choose the response that best fits your beliefs right now.

	Strongly Disagree	Disagree	Somewhat Disagree	Somewhat Agree	Agree	Strongly Agree
Self-reflection helps me to make my life meaningful.	<input type="radio"/>					
When difficult things happen, I am usually quick to see the meaning of why they happen to me.	<input type="radio"/>					
I prefer not to think about the meaning of events that I encounter.	<input type="radio"/>					
I have an understanding of what makes my life meaningful.	<input type="radio"/>					
I actively take the time to reflect on events that happen in my life.	<input type="radio"/>					
I feel my life is meaningful.	<input type="radio"/>					
I actively focus on activities and events that I personally find valuable.	<input type="radio"/>					

Life Attitude Profile (Reker)

Please choose the response that best fits your beliefs right now.

	Strongly Disagree	Disagree	Somewhat Disagree	Neutral	Somewhat Agree	Agree	Strongly Agree
I feel that the greatest fulfillment of my life lies yet in the future.	<input type="radio"/>						
In my life I have very clear goals and aims.	<input type="radio"/>						
I feel the lack of and a need to find a real meaning and purpose in my life.	<input type="radio"/>						
Before I achieve one goal, I start out towards a different one.	<input type="radio"/>						
I regard the opportunity to direct my life as very important.	<input type="radio"/>						
I feel that some element which I can't quite define is missing from my life.	<input type="radio"/>						
I am more afraid of death than old age.	<input type="radio"/>						
I would neither fear death nor welcome it.	<input type="radio"/>						
I think about the ultimate meaning of life.	<input type="radio"/>						
Over my lifetime I have felt a strong urge to find myself.	<input type="radio"/>						
I get a great thrill out of just being alive.	<input type="radio"/>						
I expect the future to hold more promise for me than the past has.	<input type="radio"/>						
I feel a need to develop clearer goals for my life.	<input type="radio"/>						
I try new activities or areas of interest and then these soon lose their attractiveness.	<input type="radio"/>						
In thinking of my life I see a reason for my being here.	<input type="radio"/>						
Basically, I am living the kind of life I want to live.	<input type="radio"/>						
I determine what happens in my life.	<input type="radio"/>						
New and different things appeal to me.	<input type="radio"/>						
Death makes little difference to me one way or another.	<input type="radio"/>						
I am restless.	<input type="radio"/>						
Some people are very frightened of death, but I am not.	<input type="radio"/>						
I think of achieving new goals in the future.	<input type="radio"/>						
I've been aware of an all-powerful and consuming purpose towards which my life has been directed.	<input type="radio"/>						
I look forward to the future with great anticipation.	<input type="radio"/>						

Spiritual Meaning Scale (Mascaro)

Please choose the response that best fits your beliefs right now.

	I totally disagree	I partially disagree	I'm in between	I partially agree	I totally agree
Our flawed and often horrific behavior indicates that there is little or no meaning inherent in our existence.	<input type="radio"/>				
My life is meaningful.	<input type="radio"/>				
I see a special purpose for myself in this world.	<input type="radio"/>				
I am compelled to pursue.	<input type="radio"/>				
I will never have a spiritual bond with anyone.	<input type="radio"/>				
I was meant to actualize my potentials.	<input type="radio"/>				
In performing certain tasks, I can feel something higher or transcendent working through me.	<input type="radio"/>				
When I look deep within my heart, I see a life	<input type="radio"/>				
There is no particular reason why I exist.	<input type="radio"/>				
We are each meant to make our own special contribution to the world.	<input type="radio"/>				
There is no reason or meaning underlying human existence.	<input type="radio"/>				
We are all participating in something larger and greater than any of us.	<input type="radio"/>				
Life is inherently meaningful.	<input type="radio"/>				
Something purposeful is at the heart of this world.	<input type="radio"/>				
I find meaning even in my mistakes and sins.	<input type="radio"/>				
There are certain activities, jobs, or services to which I feel called.	<input type="radio"/>				

Well Being Scale (Ryff)

Please indicate your degree of agreement to the following sentences.

	Strongly Disagree					Strongly Agree
I sometimes feel as if I've done all there is to do in life.	<input type="radio"/>					
When I look at the story of my life, I am pleased with how things have turned out.	<input type="radio"/>					
Maintaining close relationships has been difficult and frustrating for me.	<input type="radio"/>					
I do not enjoy being in new situations that require me to change my old familiar ways of doing things.	<input type="radio"/>					
I like most aspects of my personality.	<input type="radio"/>					
It's difficult for me to voice my own opinions on controversial matters.	<input type="radio"/>					
I feel like many of the people I know have gotten more out of life than I have.	<input type="radio"/>					
I do not fit very well with the people and the community around me.	<input type="radio"/>					
I have a sense of direction and purpose in life.	<input type="radio"/>					
I am not afraid to voice my opinions, even when they are in opposition to the opinions of most people.	<input type="radio"/>					
My decisions are not usually influenced by what everyone else is doing.	<input type="radio"/>					
I live life one day at a time and don't really think about the future.	<input type="radio"/>					
I think it is important to have new experiences that challenge how you think about yourself and the world.	<input type="radio"/>					
In general, I feel I am in charge of the situation in which I live.	<input type="radio"/>					
I have difficulty arranging my life in a way that is satisfying to me.	<input type="radio"/>					
Some people wander aimlessly through life, but I am not one of them	<input type="radio"/>					
I often feel overwhelmed by my responsibilities	<input type="radio"/>					
I have the sense that I have developed a lot as a person over time.	<input type="radio"/>					
I am quite good at managing the many responsibilities of my daily life.	<input type="radio"/>					
I have not experienced many warm and trusting relationships	<input type="radio"/>					

VOL (Lawton)

Please choose the response that best fits your beliefs right now.

	Disagree very strongly	Disagree	Neutral	Agree	Agree very strongly
I can think of many ways to get out of a jam.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life these days is a useful life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Life has meaning for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There are very few ways around any problem.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel able to accomplish my life goals.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm just putting in time for the rest of my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Each new day I have much to look forward to.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life is guided by strong religious or ethical beliefs.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel hopeful right now.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I meet the goals that I set for myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a strong will to live right now.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have very few goals in my life, today.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I spend very little time planning for the future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Even when others get discouraged, I know I can find a way to solve the problem.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I intend to make the most of my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is hard to find much meaning in my everyday life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My personal beliefs allow me to maintain a hopeful attitude.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The real enjoyments of my life are in the past.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can think of many ways to get the things in life that are most important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The Life Engagement Test (Scheier)

Please answer the following questions about yourself by indicating the extent of your agreement. Be as honest as you can throughout, and try not to let your response to one question influence your response to other questions. There are no right or wrong answers.

	Strongly disagree	Disagree	Neutral	Agree	Strongly Agree
I value my activities a lot.	<input type="radio"/>				
I don't care very much about the things I do.	<input type="radio"/>				
To me, the things I do are all worthwhile.	<input type="radio"/>				
There is not enough purpose in my life.	<input type="radio"/>				
I have lots of reasons for living.	<input type="radio"/>				
Most of what I do seems trivial and unimportant to me.	<input type="radio"/>				

Sense of Coherence

Please choose the response which best expresses your answer. Each question has 7 possible answers, with responses 1 and 7 as extreme answers. Please answer every question and give only one answer per question. Some of the questions are very similar but you should still answer all of them.

	Never have this feeling		Always have this feeling
When you talk to people do you have the feeling that they don't understand you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Surely won't get done		Surely will get done
When you have to do something which depends on co-operation with others, do you have the feeling that it:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	You feel that they're strangers		You know them very well
Think of the people with whom you come into contact daily, aside from the ones to whom you feel closest. How well do you know most of them?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Very seldom to never	Very often					
Do you have the feeling that you don't really care about what goes on around you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never	Always					
Are you surprised by the behavior of people whom you thought you knew well?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Never happened	Always happens					
Has it happened that people whom you counted on have disappointed you?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Full of interest	Completely routine					
Life is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	No clear goals or purpose at all	Very clear goals and purpose					
Until now your life has had:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Very often	Very seldom or never					
Do you have the feeling that you are being treated unfairly?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Full of changes without your knowing what will happen next	Completely consistent and clear					
In the past ten years your life has been:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Completely fascinating	Deathly boring					
Most of the things that you do in future will probably be:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Very often	Very seldom or never					
Do you have the feeling that you are in an unfamiliar situation and don't know what to do?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	One can always find a solution to painful things in life	There is no solution to painful things in life					
What best describes how you see life:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Feel good it is to be alive	Ask yourself why you exist at all					
When you think about life, you very often:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Always confusing and hard to find	Always completely clear					
When you face a difficult problem the choice of a solution is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	A source of deep pleasure and satisfaction	A source of pain and boredom
Doing things you do every day is:	<input type="radio"/>	
	Full of changes without your knowing what will happen next	Completely consistent and clear
Your life in the future will probably be:	<input type="radio"/>	
	"To beat yourself up" about it	To say "Ok, that's that. I have to live with it", and go on
When something unpleasant happens your tendency is:	<input type="radio"/>	
	Very often	Very seldom or never
Do you have very mixed up feelings and ideas?	<input type="radio"/>	
	It's certain that you'll go on feeling good	It's certain that something will happen to spoil the feeling
When you do something that gives you a good feeling:	<input type="radio"/>	

								Very seldom or never
	Very often							
Does it happen that you have feelings inside which you would rather not feel?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Totally without meaning or purpose							Full of meaning and purpose
You anticipate that your personal life in future will be:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	You're certain there will be							You doubt there will be
Do you think that there will always be people whom you'll be able to count on in the future?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	Very often							Very seldom or never
Does it happen that you have the feeling that you don't know exactly what's about to happen?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	Never							Very Often
Many people – even those with a strong character – sometimes feel like losers in certain situations. How often do you feel this way?	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	
	You overestimated or underestimated its importance							You saw things in the correct proportion
When something happened, have you generally found that:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	

When you think of difficulties you are likely to face in important aspects of your life, do you have the feeling that:

You will always succeed in overcoming the difficulties

You won't succeed in overcoming the difficulties

How often do you have the feeling that there's little meaning in the things you do in your daily life?

Very Often

Very seldom or never

How often do you have feelings that you're not sure you can keep under control?

Very often

Very seldom or never

 STMS (Li)

Please select one answer which was most suitable to your situations in the past several months.

	Not at all	Low	Moderate	High
Difficulty discussing academic problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lagging behind academically	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Failed in more than two examinations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Losing face in public	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Academic ranking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Worries not being taught/educated properly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Examination pressure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being told off in public	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Failure in an examination	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Low independent capability	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lack of inter-personal communication	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Problems in the relationship to girl/boy friend	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Problems related to adulthood/adolescence	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Felt ignored	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Too many tests	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not being loved.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Comparisons with classmates (non-academic)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
No girl/boy friend	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Personal problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Too many homework	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unsatisfactory family financial situation	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Noisy dormitory	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Dissatisfied with own physical appearance	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
First time away from home	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Low learning efficiency	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Classmates competition (academic)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Inadequate social skills	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Health problems	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Low grades on certain subjects	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Temptations from social environment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unsatisfactory living condition	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Not interested in the major field of study	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Low grades in general	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unsatisfactory learning environments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Orientations to Happiness Scale (Peterson)

Please choose the response that best fits your beliefs right now.

	Very much unlike me				Very much like me
In choosing what to do, I always take into account whether it will benefit other people.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In choosing what to do, I always take into account whether I can lose myself in it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
What I do matters to society.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I go out of my way to feel euphoric.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life has a lasting meaning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In choosing what to do, I always take into account whether it will be pleasurable.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am rarely distracted by what is going on around me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
For me, the good life is the pleasurable life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Whether at work or play, I am usually "in a zone" and not conscious of myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I seek out situations that challenge my skills and abilities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I love to do things that excite my senses.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Life is too short to postpone the pleasures it can provide.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I agree with this statement "Life is short- eat dessert first."	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life serves a higher purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a responsibility to make the world a better place.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am always very absorbed in what I do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have spent a lot of time thinking about what life means and how I fit into its big picture.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Regardless of what I am doing, time passes very quickly.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Daily Meaning Scale (Steger)

Please choose the response that best fits your beliefs right now.

	Not at all						Extremely
How meaningful does your life feel?	<input type="radio"/>						
How much do you feel your life has purpose?	<input type="radio"/>						
How satisfied are you with your life?	<input type="radio"/>						

Indicate the frequency of the following behaviors you have engaged in at least once in the last three weeks. (Ex: 1, 2, 3)

Spent time listening to music	<input type="text"/>
Had sex with someone I do not love	<input type="text"/>
Gave money to a person in need	<input type="text"/>
Expressed my gratitude for something someone did for me either verbally or in writing	<input type="text"/>
Got high on drugs	<input type="text"/>
Went to a big party	<input type="text"/>
Persevered at a valued goal even in the face of obstacles	<input type="text"/>
Drank enough to get buzzed or drunk	<input type="text"/>
Listened carefully to another's point of view	<input type="text"/>
Bought a new piece of jewelry or electronics equipment for myself	<input type="text"/>
Confided in another person about something very important to me	<input type="text"/>
Attended a sporting event or concert	<input type="text"/>
Watched a movie that was pure entertainment	<input type="text"/>
Volunteered my time	<input type="text"/>
Relaxed by watching television or playing video games	<input type="text"/>
Kept eating more than I intended of something just because it tasted so good	<input type="text"/>
Masturbated	<input type="text"/>
Went on a long walk	<input type="text"/>
Wrote out my goals for the future	<input type="text"/>

Boredom Proneness Scale - Short Form (Vodanovich)

Please choose the response that best fits your beliefs right now.

	Strongly Disagree	Disagree	Somewhat Disagree	Neutral	Somewhat Agree	Agree	Strongly Agree
It would be very hard for me to find a job that is exciting enough	<input type="radio"/>						
Many people would say that I am a creative or imaginative person	<input type="radio"/>						
In any situation I can usually find something to do or see to keep me interested	<input type="radio"/>						
Among my friends, I am the one who keeps doing something the longest	<input type="radio"/>						
It seems that the same old things are on television or the movies all the time; it's getting old	<input type="radio"/>						
Many things I have to do are repetitive and monotonous	<input type="radio"/>						
I get a kick out of most things I do	<input type="radio"/>						
It is easy for me to concentrate on my activities	<input type="radio"/>						
Unless I am doing something exciting, even dangerous, I feel half-dead and dull	<input type="radio"/>						
Having to look at someone's home movies or travel slides bores me tremendously	<input type="radio"/>						
I find it easy to entertain myself	<input type="radio"/>						
When I was young, I was often in monotonous and tiresome situations	<input type="radio"/>						

Boredom Proneness (Farmer)

Please choose the response that best fits your beliefs right now.

	True	False
I often find myself at "loose ends", not knowing what to do	<input type="radio"/>	<input type="radio"/>
I have projects in mind all the time, things to do	<input type="radio"/>	<input type="radio"/>
I often find myself with nothing to do- time on my hands	<input type="radio"/>	<input type="radio"/>
I often wake up with a new idea	<input type="radio"/>	<input type="radio"/>
Unless I am doing something exciting, even dangerous, I feel half-dead and dull	<input type="radio"/>	<input type="radio"/>
I get a kick out of most things I do	<input type="radio"/>	<input type="radio"/>
In situations where I have to wait, such as in line or queue, I get very restless.	<input type="radio"/>	<input type="radio"/>
It seems that the same old things are on television or the movies all the time; it's getting old	<input type="radio"/>	<input type="radio"/>
Among my friends, I am the one who keeps doing something the longest	<input type="radio"/>	<input type="radio"/>
I would like more challenging things to do in life.	<input type="radio"/>	<input type="radio"/>
It is easy for me to concentrate on my activities	<input type="radio"/>	<input type="radio"/>
Time always seems to be passing slowly	<input type="radio"/>	<input type="radio"/>
I feel that I'm working below my abilities most of the time.	<input type="radio"/>	<input type="radio"/>
It takes more stimulation to get me going than most people	<input type="radio"/>	<input type="radio"/>
I find it easy to entertain myself	<input type="radio"/>	<input type="radio"/>
Many things I have to do are repetitive and monotonous.	<input type="radio"/>	<input type="radio"/>
I am good at waiting patiently	<input type="radio"/>	<input type="radio"/>
Much of the time I just sit around doing nothing	<input type="radio"/>	<input type="radio"/>
It takes a lot of change and variety to keep me really happy	<input type="radio"/>	<input type="radio"/>
Many people would say that I am a creative or imaginative person	<input type="radio"/>	<input type="radio"/>
When I was young, I was often in monotonous and tiresome situations	<input type="radio"/>	<input type="radio"/>
Having to look at someone's home movies or travel slides bores me tremendously	<input type="radio"/>	<input type="radio"/>
Frequently, when I am working, I find myself worrying about other things	<input type="radio"/>	<input type="radio"/>
In any situation I can usually find something to do or see to keep me interested	<input type="radio"/>	<input type="radio"/>

Existential Meaning (Lyon)

Please choose the response that best fits your beliefs right now.

	Strongly Disagree	Disagree	Neutral	Agree	Strongly Agree
I know why I am here on earth.	<input type="radio"/>				
My life has not been what I hoped it would be.	<input type="radio"/>				
I have searched for meaning in my life.	<input type="radio"/>				
Even if I lost that which means the most to me, my life would still be worthwhile.	<input type="radio"/>				
I have searched for meaning in my life.	<input type="radio"/>				
My life is empty.	<input type="radio"/>				
I accept my life as it is.	<input type="radio"/>				
I am not at peace with my God.	<input type="radio"/>				
Others would say that my life has meaning.	<input type="radio"/>				
I am pessimistic about my future.	<input type="radio"/>				
My life had meaning in the past.	<input type="radio"/>				
Life has no intrinsic (inherent) meaning.	<input type="radio"/>				
I have struggled to find meaning in my life.	<input type="radio"/>				
My future is bright.	<input type="radio"/>				
There is no point to my life.	<input type="radio"/>				
Life is futile (useless).	<input type="radio"/>				
My day-to-day life has meaning.	<input type="radio"/>				
I feel a sense of disconnection in my life.	<input type="radio"/>				
I am satisfied with my life.	<input type="radio"/>				
I am hopeful about the future of humankind.	<input type="radio"/>				

General Life Purpose Scale (Byron)

Indicate how much you agree with each statement.

	Strongly Disagree	Disagree	Slightly Disagree	Neither Agree nor Disagree	Slightly Agree	Agree	Strongly Agree
I have identified my mission in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life is valuable and worthwhile.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I make a difference in the life of those around me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have no sense of direction in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am confident about where I am going in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am taking actions now that are moving toward my mission in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a strong sense of the reasons of my living.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a good sense of purpose in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am making a contribution to society.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have goals that I'm working towards.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I know how I should be using my gifts and talents.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life does not serve any purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am unsure about what I should do with my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have well developed understanding of my gifts and talents.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am confident about who I am.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Life Attitude (Liu)

Please choose the response that best fits your beliefs right now.

	Extremely Unacceptable	Unacceptable	Acceptable	Extremely Acceptable
This whole life has passed well.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Unable to accept life's numerous limitations	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Living until death comes	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Life is unbearable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Enjoying or accepting one's present life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feeling friendless and helpless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Illness makes me suffer and want to die	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Afraid to be home alone	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Birth, aging, sickness, death, destitution and wealth are decided by heaven; they're uncontrollable factors	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Importance of family happiness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Feel bad when thinking about things too much	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Children and grandchildren should care for me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Illness makes me want to give up completely	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Importance of having a partner during later years	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hope to receive people's respect; won't be frowned upon	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Children and grandchildren are important	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
After people die, they will be reincarnated	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Some things cause me to feel dissatisfied with life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Having no regrets over one's lifetime	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Concern for children having family and career or accomplishments	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I hope in my next lifetime, my reincarnation will be everything I desire.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Fulfillment of life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hope not to be dependent on others; able to care for self	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hope the days pass peacefully	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
This life is to pay back the misdeeds of my previous life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Passing the days without any worries	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Hope someone will attend to and take care of me	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Life Regard Index - Adjusted Version (Battista)

Please choose the response that best fits your beliefs right now.

	Do not agree	No opinion	Agree
I don't really value what I'm doing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other people seem to feel better about their lives than I do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel that I'm really going to attain what I want in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I spend most of my time doing things that really aren't important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have some aims and goals that would personally give me a great deal of satisfaction if I could accomplish them.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a system or framework that allows me to truly understand my being alive.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I look at my life I feel the satisfaction of really having worked to accomplish something.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel like I have found a really significant meaning for leading my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
There honestly isn't anything that I totally want to do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I just don't know what I really want to do with my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have real passion in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I really don't believe in anything about my life very deeply.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a clear idea of what I'd like to do with my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a philosophy of life that really gives my living significance.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Living is deeply fulfilling.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't seem to be able to accomplish those things that are really important to me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other people seem to have a better idea of what they want to do with their lives than I do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I get completely confused when I try to understand my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I really don't have much purpose for living, even for myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have really come to terms with what's important for me in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a lot of potential that I don't normally use.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Something seems to stop me from doing what I really want to do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Meaning in Life Index (Francis)

Please choose the response that best fits your beliefs right now.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
There are things I still want to achieve.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My personal existence is full of direction.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life seems most worthwhile.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel my life has a sense of direction.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel my life has a sense of purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life has clear goals and aims.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel my life has a sense of meaning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My personal existence is full of purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My personal existence is full of meaning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

PPM & PMP (Wong)

Please choose the response that best fits your beliefs right now.

	Strongly Disagree	Neutral			Strongly Agree
I led a meaningful life in the past.	<input type="radio"/>				
I derive a great deal of personal meaning from my past life.	<input type="radio"/>				
At present, I find my life very meaningful.	<input type="radio"/>				
I am able to spend most of my time in meaningful activities and pursuits.	<input type="radio"/>				
My entire existence is full of meaning.	<input type="radio"/>				
I derive a great deal of personal meaning from my future expectations.	<input type="radio"/>				
My life as a whole has meaning.	<input type="radio"/>				
I look forward to a meaningful life in the future.	<input type="radio"/>				

Meaning in Life (Warner)

Please choose the response that best fits your beliefs right now.

	Low negative meaning				High positive meaning
Coming to terms with illness	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Will to live	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Setting daily and short term goals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Activities and hobbies	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Doing things for myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Receiving love and support	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Life is useful and worthwhile	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Looking forward to each new day	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Philosophy of life as a guide	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Believing in God	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Life is full of good things	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Giving affection to loved ones	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Being around people	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Participating in religious activities	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Engagement in Meaningful Activities Scale (Goldberg)

Below is a list of statements about your activities. Please read each one carefully and mark which best describes to what extent these statements are true for you.

Take your time and try to be as accurate as possible.

	Never				Always
The activities I do help me express my personal values.	<input type="radio"/>				
The activities I do contribute to feeling competent.	<input type="radio"/>				
The activities I do help other people.	<input type="radio"/>				
The activities I do reflect the kind of person I am.	<input type="radio"/>				
The activities I do help me achieve something which gives me a sense of accomplishment.	<input type="radio"/>				
The activities I do have just the right amount of challenge.	<input type="radio"/>				
The activities I do are valued by other people.	<input type="radio"/>				
The activities I do express my creativity.	<input type="radio"/>				
The activities I do give me a sense of satisfaction.	<input type="radio"/>				
The activities I do give me pleasure.	<input type="radio"/>				
The activities I do help me take care of myself (e.g. keep clean, budget my money).	<input type="radio"/>				
The activities I do give me a feeling of control.	<input type="radio"/>				

NoM (Kunzendorf)

Please rate each statement below, by choosing one of the ratings

	Strongly disagree	Mildly disagree	Mildly agree	Strongly agree
Taking care of one's health is pointless, as it will not avert one's rendezvous with death.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Heroic deeds stem from the delusion that they are meaningful and significant.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The fact that I shall die and be forgotten makes my life seem insignificant.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
All strivings in life are futile and absurd.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The likelihood that I shall be remembered by no one in two hundred years makes my current life seem unimportant.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The possibility that death may terminate my awareness of having ever existed at all makes my existence seem meaningless.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Life has no meaning or purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My place in the universe is like that of an insignificant speck of dust.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Any perceived meaning in life is illusory.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
To perpetuate life by having children of one's own is merely to perpetuate absurdity and loss of life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It does not matter whether I live or die.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Life is a cruel joke.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Life is filled with one absurd loss after another.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
All suffering is pointless.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Fulfillment of Meaning Scale (Burbank)

For each of the following statements, mark the response that is most nearly true for you at this time.

	Strongly Disagree	Disagree	Uncertain	Agree	Strongly Agree
Basically, I am living the kind of life I want to live.	<input type="radio"/>				
I do not value what I am doing with my life.	<input type="radio"/>				
Even though there may be a purpose in my life, I do not try to do much about it.	<input type="radio"/>				
Facing my daily tasks is a source of pleasure and satisfaction.	<input type="radio"/>				
In thinking of my life, it is hard for me to see a reason for my being here.	<input type="radio"/>				
I have a belief or beliefs about life that gives my living significance.	<input type="radio"/>				
In life, I have no goals or aims at all.	<input type="radio"/>				
I feel that I have found a significant meaning or meanings for leading my life.	<input type="radio"/>				
Life seems to be completely routine.	<input type="radio"/>				
My personal existence is purposeful and meaningful.	<input type="radio"/>				
The things that are the most important to me dominate my activities.	<input type="radio"/>				
Something seems to stop me from doing what I really want to do.	<input type="radio"/>				

Life Attitude Profile - Revised (Bearsley)

Please react honestly to a number of statements about life. Please indicate the answer about how much you agree or disagree with the following statements.

	Strongly Agree	Somewhat Agree	Uncertain	Somewhat Disagree	Strongly Disagree
In thinking of my life, I see a reason for being here.	<input type="radio"/>				
I feel the lack of and a need to find real meaning and purpose in my life.	<input type="radio"/>				
I have a framework that allows me to understand or make sense of my life.	<input type="radio"/>				
I make my own decisions about important things.	<input type="radio"/>				
I have never deliberately hurt someone's feelings.	<input type="radio"/>				
My achievements in life are largely due to my own efforts.	<input type="radio"/>				
I am not concerned about death.	<input type="radio"/>				
New and different things appeal to me.	<input type="radio"/>				
There have been occasions when I felt like smashing something.	<input type="radio"/>				
It is sometimes hard for me to go on with my work if I am not encouraged.	<input type="radio"/>				
I would neither fear nor welcome death.	<input type="radio"/>				
I am eager to get more out of life than I have so far.	<input type="radio"/>				
I daydream of finding a new place for my life and a new identity.	<input type="radio"/>				
My life is in my hands and I am in control of it.	<input type="radio"/>				
I accept death as another life experience.	<input type="radio"/>				
It is very important to me that I direct my life.	<input type="radio"/>				
I have never deliberately said something that hurt someone's feelings.	<input type="radio"/>				
There have been times when I felt like rebelling against people in authority even though I knew they were right.	<input type="radio"/>				
I am sometimes irritated by people who ask favors of me.	<input type="radio"/>				
I have very clear goals and aims in life.	<input type="radio"/>				
Some people are very frightened of death, but I am not.	<input type="radio"/>				
I accept responsibility for the choices I have made in my life.	<input type="radio"/>				

Sources of Meaning Profile (Reker)

Indicate the amount of meaning derived from each source on the following scale:

	None						A great deal
Meeting basic needs	<input type="radio"/>						
Enduring values and ideals	<input type="radio"/>						
Religious beliefs and activities	<input type="radio"/>						
Pleasurable or leisure activities	<input type="radio"/>						
Creative abilities	<input type="radio"/>						
Social or political causes	<input type="radio"/>						
Personal relationships	<input type="radio"/>						
Personal growth	<input type="radio"/>						
Legacy	<input type="radio"/>						
Traditions and culture	<input type="radio"/>						
Service to others or altruism	<input type="radio"/>						
Acceptance and recognition by others	<input type="radio"/>						
Personal achievement	<input type="radio"/>						

Questionnaire for Eudaimonic Well-Being (Waterman)

This questionnaire contains a series of statements that refer to how you may feel things have been going in your life.

Read each statement and decide the extent to which you agree or disagree with it. Try to respond to each statement according to your own feelings about how things are actually going, rather than how you might wish them to be.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
I find a lot of the things I do are personally expressive for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
As yet, I've not figured out what to do with my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can't understand why some people want to work so hard on the things that they do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe I know what I was meant to do in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I engage in activities that involve my best potentials, I have this sense of really being alive.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am confused about what my talents really are.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find it hard to get really invested in the things that I do.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe I know what my best potentials are and I try to develop them whenever possible.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe it is important to know how what I'm doing fits with purposes worth pursuing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I did not find what I was doing rewarding for me, I do not think I could continue doing it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I think it would be ideal if things came easily to me in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can say that I have found my purpose in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Other people usually know better what would be good for me to do than I know myself.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life is centered around a set of core beliefs that give meaning to my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I believe I have discovered who I really am.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I find I get intensely involved in many of the things I do each day.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is important to me that I feel fulfilled by the activities that I engage in.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is more important that I really enjoy what I do than that other people are impressed by it.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel best when I'm doing something worth investing a great deal of effort in.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I usually know what I should do because some actions just feel	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Expressions of Life Meaning (Laverty)

Please indicate how meaningful each of the following items are to you using the scale indicated below.

	Not at all				Very
To be closely connected to family.	<input type="radio"/>				
To be involved with social or political causes.	<input type="radio"/>				
Obtaining things in life that are material and tangible is only part of discovering the meaning of life.	<input type="radio"/>				
A meaningful life is one that contributes to the well-being of others.	<input type="radio"/>				
The meaning of life can be discovered through intentionally living a life that glorifies a Spiritual being	<input type="radio"/>				
There is a reason for everything that happens.	<input type="radio"/>				
Our lives have no significance, but we must live as if they do.	<input type="radio"/>				
To feel confident in choosing new experiences to better yourself.	<input type="radio"/>				
To have and raise children.	<input type="radio"/>				
To use your own creativity in a way that you believe is worthwhile.	<input type="radio"/>				
To live up to the expectations of family and close friends.	<input type="radio"/>				
To share values/beliefs with others in your close circle or community.	<input type="radio"/>				
How religious/spiritual would you say you are?	<input type="radio"/>				
To act on your own personal beliefs, despite outside pressure.	<input type="radio"/>				
To care about the state of the physical/natural environment.	<input type="radio"/>				
To be able to plan and take time for leisure.	<input type="radio"/>				
To have trustworthy and intimate friends.	<input type="radio"/>				
What contributes to a meaningful life varies according to each person (or group).	<input type="radio"/>				
To continually set short-and long-term, achievable goals for yourself.	<input type="radio"/>				
To give of yourself to others.	<input type="radio"/>				
To keep up with media and popular-culture trends.	<input type="radio"/>				
To have a fulfilling career.	<input type="radio"/>				
To adhere to religious practices based on tradition or rituals.	<input type="radio"/>				
To be seen as physically	<input type="radio"/>				

Meaning in Life (Jim)

Indicate how much you agree or disagree with the statements about you and your life at this time.

	Agree	Moderately Disagree	Agree	Disagree	Strongly Agree	Strongly Disagree
I am more fulfilled and satisfied with life.	<input type="radio"/>					
Life has less meaning.	<input type="radio"/>					
I have a greater sense of well being about the direction in which my life is headed.	<input type="radio"/>					
I do not value life as much as I used to.	<input type="radio"/>					
I enjoy less in life.	<input type="radio"/>					
I am more settled about my future.	<input type="radio"/>					
Life is a more positive experience.	<input type="radio"/>					
I get completely confused when I try to understand my life.	<input type="radio"/>					
I feel better about my future.	<input type="radio"/>					
I don't know who I am, where I came from, or where I am going.	<input type="radio"/>					
I have found new and more worthwhile goals.	<input type="radio"/>					
Life is full of conflict and unhappiness.	<input type="radio"/>					
I have learned more about myself as a person.	<input type="radio"/>					
I spend most of my time doing things that are not really important to me.	<input type="radio"/>					

Indicate how much you agree or disagree with the statements about you and your life at this time.

	Not at all	A little bit	Somewhat	Quite a bit	Very much
I have trouble feeling peace of mind.	<input type="radio"/>				
I am able to reach deep down into myself for comfort.	<input type="radio"/>				
I feel a sense of harmony within myself.	<input type="radio"/>				
I find comfort in my faith or spiritual beliefs.	<input type="radio"/>				
I find strength in my faith or spiritual beliefs.	<input type="radio"/>				
I feel peaceful.	<input type="radio"/>				

Mundane Meaning (Brown)

Indicate how much you agree or disagree with the statements about you and your life at this time.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
I have been able to make sense of difficulties that I have experienced in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a definite idea of my day-to-day priorities.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have been able to fit all my life experiences into my life story.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have been able to put the past behind me and move on in my daily life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm not sure how the parts of my life fit together.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I often find myself at a loss for what to do next. (-)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I see a clear path forward for myself into the future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have trouble feeling a part of my everyday roles.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Somehow my life has gone off track.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have come to terms with events that have happened to me in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Once I get up in the morning, I already have an idea of what I intend to do that day.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can picture what my life will be like far into the future.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I've lost the "thread" that used to run through my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I'm not certain that my life will amount to anything.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't have to think very hard about what I need to do from moment to moment.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The story of my life is unfolding in a satisfying way.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

The Satisfaction with Life Scale (Diener)

Please choose the response that best fits your beliefs right now.

	Strongly disagree	Disagree	Slightly disagree	Neither agree nor disagree	Slightly Agree	Agree	Strongly agree
So far I have gotten the important things I want in life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
The conditions of my life are excellent.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
In most ways my life close to my ideal.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
If I could live my life over, I would change almost nothing.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am satisfied with my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Seeking of Noetic Goals Test (Crumbaugh)

For each of the following statements choose the answer which most nearly presents your true feeling.

	Never	Rarely	Occasionally	Sometimes	Often	Very Often	Constantly
Before I achieve one goal, I start out toward a different one.	<input type="radio"/>						
I am restless.	<input type="radio"/>						
The mystery of life puzzles and disturbs me.	<input type="radio"/>						
I think about the ultimate meaning of life.	<input type="radio"/>						
I have sensed a lack of a worthwhile job to do in life.	<input type="radio"/>						
I seem to change my main objective in life.	<input type="radio"/>						
I daydream of finding a new place for my life and a new identity.	<input type="radio"/>						
On occasion I have thought that I had found what I was looking for in life, only to have it vanish later.	<input type="radio"/>						
I have experienced the feeling that while I am destined to accomplish something important, I cannot quite put my finger on just what it is.	<input type="radio"/>						
I have been aware of all-powerful and consuming purpose toward which my life has been directed.	<input type="radio"/>						
I feel myself in need of a "new lease on life."	<input type="radio"/>						
Over my lifetime I have felt a strong urge to find myself.	<input type="radio"/>						
I try new activities or areas of interest, and then these soon lose their attractiveness.	<input type="radio"/>						
I think of achieving something new and different.	<input type="radio"/>						
I hope for something exciting in the future.	<input type="radio"/>						
I feel that the greatest fulfillment of my life lies yet in the future.	<input type="radio"/>						
I have felt a determination to achieve something far beyond the ordinary.	<input type="radio"/>						
I feel the need for adventure and "new worlds to conquer."	<input type="radio"/>						
I feel that some element which I can't quite define is missing from my life.	<input type="radio"/>						
I feel the lack of - and need to find - a real meaning and purpose in my life.	<input type="radio"/>						

RS 14 Resiliency

Please read the following statements. To the right of each you will find seven answers, ranging from "Strongly Disagree" on the left to "Strongly Agree" on the right. Choose the answer which best indicates your feelings about that statement.

	Strongly Disagree	Neutral			Strongly Agree	
When I'm in a difficult situation, I can usually find my way out of it.	<input type="radio"/>					
I usually take things in stride.	<input type="radio"/>					
I keep interested in things.	<input type="radio"/>					
I am friends with myself.	<input type="radio"/>					
I feel that I can handle many things at a time.	<input type="radio"/>					
I can get through difficult times because I've experienced difficulty before.	<input type="radio"/>					
My belief in myself gets me through hard times.	<input type="radio"/>					
In an emergency, I'm someone people can generally rely on.	<input type="radio"/>					
I have self-discipline.	<input type="radio"/>					
I can usually find something to laugh about.	<input type="radio"/>					
I feel proud that I have accomplished things in life.	<input type="radio"/>					
My life has meaning.	<input type="radio"/>					
I am determined.	<input type="radio"/>					
I usually manage one way or another.	<input type="radio"/>					

Life Purpose Questionnaire (Hutzell)

Mark in the box that shows if you agree or disagree with each statement, for yourself, right now.

	Agree	Disagree
Sometimes I think that suicide may be a good way out for me	<input type="radio"/>	<input type="radio"/>
I have much control over my life.	<input type="radio"/>	<input type="radio"/>
Retirement means a time for me to do some of the exciting things I have always wanted to do.	<input type="radio"/>	<input type="radio"/>
I am usually a reliable, responsible person.	<input type="radio"/>	<input type="radio"/>
I have made only a little progress toward reaching my life goals.	<input type="radio"/>	<input type="radio"/>
In thinking of my life, I often wonder why I am alive.	<input type="radio"/>	<input type="radio"/>
People usually don't have much freedom to make their own choices.	<input type="radio"/>	<input type="radio"/>
I am usually able to think of a usefulness to my life.	<input type="radio"/>	<input type="radio"/>
In general, my life seems dull.	<input type="radio"/>	<input type="radio"/>
My life is meaningful.	<input type="radio"/>	<input type="radio"/>
My daily tasks are kind of boring.	<input type="radio"/>	<input type="radio"/>
My life is kind of empty.	<input type="radio"/>	<input type="radio"/>
If I could live my life again, I would live it pretty much the same way I have.	<input type="radio"/>	<input type="radio"/>
I have definite ideas of things I want to do.	<input type="radio"/>	<input type="radio"/>
I have discovered many reasons why I was born.	<input type="radio"/>	<input type="radio"/>
I am not prepared for death.	<input type="radio"/>	<input type="radio"/>
Most days seem to be the same old thing.	<input type="radio"/>	<input type="radio"/>
If I should die today, I would feel that my life has been worthwhile.	<input type="radio"/>	<input type="radio"/>
My life does not seem to fit well into the rest of the world.	<input type="radio"/>	<input type="radio"/>
I am often bored.	<input type="radio"/>	<input type="radio"/>

PVS Hardiness

Answer the following questions based on your general feelings.

	Not True	A Little True	Mostly True	True
I am not equipped to handle the unexpected problems of life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most days, life is really interesting and exciting for me.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It's hard to imagine anyone getting excited about working.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most of what happens in life is just meant to be.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It bothers me when my daily routine gets interrupted.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Changes in routine provoke me to learn.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I like a lot of variety in my work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Lots of times, I really don't know my own mind.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Thinking of yourself as a free person just leads to frustration.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My mistakes are usually very difficult to correct.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I really look forward to my work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
No matter how hard I try, my efforts usually accomplish little.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I often wake up eager to take up life wherever it left off.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
By working hard, you can always achieve your goal.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Most of the time, people listen carefully to what I have to say.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I don't like to make changes in my everyday schedule.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Trying your best at what you do usually pays off in the end.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
When I make plans, I'm certain I can make them work.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Brief Resiliency Scale

Use the following scale and **pick** one number for each statement to indicate how much you disagree or agree with each of the statements.

	Strongly Disagree	Disagree	Neither Agree nor Disagree	Agree	Strongly Agree
I tend to take a long time to get over set-backs in my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I usually come through difficult times with little trouble	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It does not take me long to recover from a stressful event	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It is hard for me to snap back when something bad happens	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a hard time making it through stressful events	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I tend bounce back fairly quickly after hard times	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Purpose in Life (Crumbaugh)

For each of the following statements, choose the number that would be most nearly true for you. Note that the numbers always extend from one extreme feeling to its opposite kind of feeling. "Neutral" implies no judgment either way; try to use this rating as little as possible.

	Completely Bored	Neutral			Exuberant, Enthusiastic
I am usually:	<input type="radio"/>				

	Always Exciting	Neutral			Completely routine
Life to me seems:	<input type="radio"/>				

	No goals or aims at all	Neutral			Very clear goals and aims
In life I have:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Utterly meaningless without purpose	Neutral			Very purposeful and meaningful
My personal existence is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Constantly new	Neutral			Exactly the Same
Every day is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Prefer never to have been born	Neutral			Like nine more lives just like this one
If I could choose, I would:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Do some of the exciting things I have always wanted to	Neutral			Loaf completely the rest of my life
After retiring, I would:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Made no progress whatever	Neutral			Progressed to complete fulfillment
In achieving my goals I have:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Empty, filled only with despair	Neutral			Running over with exciting good things
My life is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Very worthwhile	Neutral			Completely worthless
If I should die today, I would feel that my life has been:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Often wonder why I exist	Neutral			Always see a reason for my being here
In thinking of my life, I:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	Completely confuses me	Neutral	Fits meaningfully with my life				
As I view the world in relation to my life, the world:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Very irresponsible person	Neutral	Very responsible				
I am a:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Absolutely free to make all life choices	Neutral	Completely bound to limitations of heredity and environment				
Concerning man's freedom to make his own choices, I believe man is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Prepared and unafraid	Neutral	Unprepared and afraid				
With regard to death, I am:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Thought of it seriously as a way out	Neutral	Never given it a thought				
With regard to suicide, I have:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	Very great	Neutral	Practically none				
I regard my ability to find a meaning, purpose, or mission in life as:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

	In my hands and I am in control of it	Neutral				Out of my hands and controlled by external factors
My life is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	A source of pleasure and satisfaction	Neutral				A painful and boring experience
Facing my daily tasks is:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
	No mission or purpose in life	Neutral				Clear-cut goals and a satisfying life purpose
I have discovered:	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Meaning in Life Questionnaire (Steger)

Please choose the response that best fits your beliefs right now.

	Absolutely untrue	Mostly untrue	Somewhat untrue	Can't say true or false	Somewhat true	Mostly true	Absolutely true
I have discovered a satisfying life purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a good sense of what makes my life meaningful.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am searching for meaning in my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am always looking to find my life's purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I understand my life's meaning.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am looking for something that makes my life feel meaningful.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life has no clear purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am always searching for something that makes my life significant.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
My life has a clear sense of purpose.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am seeking a purpose or mission for my life.	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

STMS (Vision in Life)

Please select one answer which could most accurately describe your general attitudes towards life.

	Strongly Disagree	Disagree	Agree	Strongly Agree
More success/failure more experience of life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel hopeless and helpless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Loss of love leads me into despair	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I fail in setting life goals	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I seldom think of meaning in life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Failure brings mainly pain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
People learn more from loss than gain	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I try to make my life meaningful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Failure leads me to doubt about both self and life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I hope for a meaningful life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I cannot make sense of losses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel life is reliable	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can make myself happy	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I am always worrying about the loss	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Failure in examinations make me lose confidence in life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Life is just like duckweed	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Life would be meaningless if you cannot get what you want	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I cannot bear any failure	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I try to make everyday meaningful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel abandoned by life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Both success and failure are meaningful	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I have a sense of mission for my life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can sense the direction of life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I feel life is making do and mend	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
It does not make sense considering the meaning in life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Failure only brings me with loss and disappointment	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
One can face losses peacefully can see the meaning in life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Loss makes me feel that life is meaningless	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
More experiences rather than gains is the essence of a meaningful life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can cope with any life	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I can sense that life is rich in losses	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
I set life goals for myself	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

