

PROFICIENCY TEST IN MOTIVATIONAL INTERVIEWING ACCORDING TO MITI 4.2.1

Recording id: {{id}}

Name: {{name}}

Date: {{qa_completed_date}}

Target Change: {{target}}

Global Ratings

Technical Components					
Cultivating Change Talk <i>This rating reflects your use of MI skills to highlight and strengthen the patient's own reasons for making a change.</i>	1	2	3	4	5
Softening Sustain Talk <i>This rating reflects your use of MI skills to validate the patient's barriers to change and guide them to consider possible reasons for change.</i>	1	2	3	4	5
Relational Components					
Partnership <i>This rating reflects your use of skills designed to build a collaborative working relationship with your patient, consistent with the Spirit of MI.</i>	1	2	3	4	5
Empathy <i>This rating reflects your use of skills designed to express warmth and understanding of your patient within their unique circumstances, consistent with the Spirit of MI.</i>	1	2	3	4	5

Behaviour Counts		Total
Giving information		
Persuade		
Persuade with Permission		
Questions		
Simple Reflection		
Complex Reflection		
Affirm		
Seeking Collaboration		
Emphasizing Autonomy		
Confront		

Summary of indices of coded skills demonstrated in the interview

Indices of proficiency		Level	
		Fair	Good
<u>Simple + Complex Reflections</u> Questions <i>This is the ratio of your reflections to your questions. Within MI, we aim for reflections to exceed questions, ideally with 3 or 4 (or more) reflections for every question.</i>	=	(≥1.0)	(≥2.0)
<u>Complex Reflections</u> Simple + Complex Reflections <i>This is the ratio of your complex reflections to your total number of reflections. Generally speaking, having a higher percentage of complex reflections suggests a better quality of MI interaction.</i>	=	(≥0.40)	(≥.50)
Total MI Adherent = Seeking Collaboration + Affirm + Emphasising Autonomy <i>This is the total number of utterances or interactions within the encounter that were consistent with MI</i>	=	---	---
Total MI Non Adherent = Confront + Persuade <i>This is the total number of utterances or interaction within the encounter that were inconsistent with MI</i>	=	---	---
Relational Component: <u>Empathy + Partnership</u> 2	=	(≥3.5)	(≥4.0)
Technical Component: <u>Cultivate Change talk + Softening Sustain talk</u> 2	=	(≥3.0)	(≥4.0)

Guidelines on the meaning of Empathy and Partnership

	Value	Proficient in relational skills	Things to consider in future use of MI
	1 – 2.5	Low	Risk of not being able to help the clients
	2.5 – 3.5	Fair	Continued training is recommended
	3.5 – 5	Good	Likely helpful for clients

Guidelines on the meaning of technical variables

	Value	Proficient in technical skills	Things to consider in future use of MI
	1–2.5	Low	Risk of not being able to help the clients
	3.0	Fair	Continued training is recommended
	3.5–5	Good	Likely helpful for clients

Clinician strengths:

Important areas for improvement:

How was the coding performed?

The interview between the practitioner and the client (or actor) is reliably assessed according to a manual developed and validated for assessing how well MI is performed. The assessment is made by professional coders at MIC Lab whose reliability is regularly checked.