**PROFICIENCY TEST IN MOTIVATIONAL INTERVIEWING**

**ACCORDING TO MITI 4.2.1**

|  |  |  |  |
| --- | --- | --- | --- |
| Recording id: | Name: | Target: | Date: |
| {id} | {interview} | {target} | {qa\_completed\_date} |

# Global Ratings

|  |  |
| --- | --- |
| Technical Components | |
| Cultivating Change Talk  This rating reflects your use of MI skills to highlight and strengthen the patient’s own reasons for making a change. | (1-5)  {m4\_cultivating\_change\_talk} |
| Softening Sustain Talk  This rating reflects your use of MI skills to validate the patient’s barriers to change and guide them to consider possible reasons for change. | (1-5)  {m4\_softening\_sustain\_talk} |
| **Relational Components** | |
| Partnership  This rating reflects your use of skills designed to build a collaborative working relationship with your patient, consistent with the Spirit of MI. | (1-5)  {m4\_partnership} |
| Empathy  This rating reflects your use of skills designed to express warmth and understanding of your patient within their unique circumstances, consistent with the Spirit of MI. | (1-5)  {m4\_empathy} |

|  |  |
| --- | --- |
| Behaviour Counts | Total |
| Giving information | {m4\_giving\_information} |
| Persuade | {m4\_persuade} |
| Persuade with Permission | {m4\_persuade\_with\_permission} |
| Questions | {m4\_questions} |
| Simple Reflection | {m4\_simple\_reflection} |
| Complex Reflection | {m4\_complex\_reflection} |
| Affirm | {m4\_affirm} |
| Seeking Collaboration | {m4\_seeking\_collaboration} |
| Emphasizing Autonomy | {m4\_emphasizing\_autonomy} |
| Confront | {m4\_confront} |

Summary of indices of coded skills demonstrated in the interview

|  |  |  |  |
| --- | --- | --- | --- |
| Indices of proficiency |  | Level | |
|  |  | Fair | Good |
| Simple + Complex Reflections  Questions | = {m4\_l1} | (≥1.0) | (≥2.0) |
| This is the ratio of your reflections to your questions. Within MI, we aim for reflections to exceed questions, ideally with 3 or 4 (or more) reflections for every question. |  |  |  |
| Complex Reflections  Simple + Complex Reflections | = {m4\_l2} | (≥0.40) | (≥.50) |
| This is the ratio of your complex reflections to your total number of reflections. Generally speaking, having a higher percentage of complex reflections suggests a better quality of MI interaction. |  |  |  |
| Total MI Adherent  = Seeking Collaboration + Affirm + Emphazising Autonomy | = {m4\_l3} | --- | --- |
| This is the total number of utterances or interactions within the encounter that were consistent with MI |  |  |  |
| Total MI Non Adherent  = Confront + Persuade | = {m4\_l4} | --- | --- |
| This is the total number of utterances or interaction within the encounter that were inconsistent with MI |  |  |  |
| Relational Component:  Empathy + Partnership  2 | = {m4\_l6} | (≥3.5) | (≥4.0) |
| Technical Component:  Cultivate Change talk + Softening Sustain talk  2 | = {m4\_l5} | (≥3.0) | (≥4.0) |

Guidelines on the meaning of Empathy and Partnership

|  |  |  |  |
| --- | --- | --- | --- |
|  | Value | Proficient in relational skills | Things to consider in future use of MI |
|  | 1 – 2.5 | Low | Risk of not being able to help the clients |
|  | 2.5 – 3.5 | Fair | Continued training is recommended |
|  | 3.5 – 5.0 | Good | Likely helpful for clients |

Guidelines on the meaning of technical variables

|  |  |  |  |
| --- | --- | --- | --- |
|  | Value | Proficient in technical skills | Things to consider in future use of MI |
|  | 1 – 2.5 | Low | Risk of not being able to help the clients |
|  | 3.0 | Fair | Continued training is recommended |
|  | 3.5 – 5.0 | Good | Likely helpful for clients |

### Clinician strengths:

### *{qa\_to\_coder\_improvecomment}*

### Important areas for improvement:

### *{qa\_to\_coder\_strengthscomment}*

### How was the coding performed?

### *The interview between the practitioner and the client (or actor) is reliably assessed according to a manual developed and validated for assessing how well MI is performed. The assessment is made by professional coders at MIC Lab whose reliability is regularly checked.*