# Finding Spiritual Whitespace Awakening Your Soul To Rest Bonnie Gray

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# **Finding Spiritual Whitespace Awakening Your**

Finding Spiritual Whitespace: Awakening Your Soul to Rest [Bonnie Gray, Jon Acuff] on Amazon.com. \*FREE\* shipping on qualifying offers. Running on empty with no time for rest, yourself, or God? Soulful author Bonnie Gray shows how to create spiritual whitespace in the everyday for God

# Finding Spiritual Whitespace: Awakening Your Soul to Rest ...

Finding Spiritual Whitespace: Awakening Your Soul to Rest. Every day they take turns pulling up a chair to share their stories of what Jesus looks like in their every day, gloriously ordinary, and often messy lives. If you read the (in)courage blog online, then you'll be sure to enjoy this title.

# Finding Spiritual Whitespace: Awakening Your Soul to Rest ...

Finding Spiritual Whitespace: Awakening Your Soul to Rest. This book brought healing to my weary soul. Each chapter ends with a number of excellent prompts for reflection and journal writing. Bonnie Gray is the soulful writer behind faithbarista.com, serving up shots of faith for the daily grind.

# Finding Spiritual Whitespace: Awakening Your Soul to Rest ...

Finding Spiritual Whitespace: Awakening Your Soul to Rest by Bonnie Gray. Move beyond Coping and Surviving to a Rejuvenating Place of Soul Rest. How many of us find ourselves exhausted, running on empty with no time for rest, no time for ourselves, no time for God? Bonnie Gray knows exactly what that's like.

# Finding Spiritual Whitespace: Awakening Your Soul to Rest ...

Spiritual whitespace makes room--room in one's heart for a deep relationship with God, room in one's life for rest, room in one's soul for rejuvenation. With soul-stirring vulnerability and heartbreaking honesty, Bonnie takes readers on a personal journey to feed their souls and uncover the deeper story of rest.

# Finding Spiritual Whitespace - LifeWay

With soul-stirring insights, thought-provoking questions, and biblical encouragement, Bonnie Gray helps us see our deep need for spiritual whitespace and offers practical ways to find it in the midst of our everyday lives. Finding Spiritual Whitespace creates a place for my heart to breathe, and it couldn't have come at a more perfect time!"

# Finding Spiritual Whitespace | Baker Publishing Group

Use features like bookmarks, note taking and highlighting while reading Finding Spiritual Whitespace: Awakening Your Soul to Rest. Finding Spiritual Whitespace: Awakening Your Soul to Rest - Kindle edition by Bonnie Gray, Jon Acuff.

# Finding Spiritual Whitespace: Awakening Your Soul to Rest ...

Reading Time: Finding Spiritual Whitespace is a book about leaving things blank in your life so that you can better see what remains. It's about Bonnie's story with Post-Traumatic Stress Disorder, overcoming her obstacles, and finding rest through God-intimate whitespace.

# Finding spiritual whitespace | The Art of Simple

Spiritual whitespace makes room--room in one's heart for a deep relationship with God, room in one's life for rest, room in one's soul for rejuvenation. With soul-stirring vulnerability and heartbreaking honesty, Bonnie takes readers on a personal journey to feed their souls and uncover the deeper story of rest.

#### Download [PDF] Finding Spiritual Whitespace Awakening Your ...

Move beyond Surviving to a Rejuvenating Place of Soul Rest. Whitespace makes art beautiful. It gives the eye a place to rest. Without it, clutter takes over. Just as beautiful art needs whitespace, our souls need spiritual whitespace — a place to rest in order to find balance and beauty. With heartbreaking honesty,...

# Finding Spiritual Whitespace | Bonnie Gray

Whitespace. It's the space on a page left unmarked. Untouched. Whitespace makes art beautiful. It gives the eye a place to rest. Just like beautiful art, our souls need balance and beauty. With heartbreaking honesty, Bonnie guides you to discover a better story for yourself, one that feeds your soul and makes room for rest.

# Finding Spiritual Whitespace: Awakening Your Soul to Rest ...

Finding Spiritual Whitespace – Awakening Your Soul to Rest came to me as a gift of grace in the middle of a weary battle. I didn't know who Bonnie Gray was or what spiritual whitespace was. I don't even read 'teaching' books very often because I learn through stories far better than lectures.

#### Finding Spiritual Whitespace: Awakening Your Soul to Rest ...

Enjoy reading about my journey to heal and find rest in my memoir driven book, Finding Spiritual Whitespace: Awakening Your Soul to Rest. Dear Jesus, Encourage my friend to spread her wings today just as she is. Free her heart to see she doesn't have to wait until her life is perfect in order to celebrate the moments of joy you give just to her.

# Faith Barista - Bonnie Gray | Because some days you need a ...

Get this from a library! Finding spiritual whitespace : awakening your soul to rest. [Bonnie Gray] -- Gray, a popular blogger at Faith Barista, offers intriguing insights into Christian scriptures and teaches how you how to identify stressors and eliminate emotional clutter.

# Finding spiritual whitespace: awakening your soul to rest ...

Publisher's Description. Spiritual whitespace makes room--room in one's heart for a deep relationship with God, room in one's life for rest, room in one's soul for rejuvenation. With soulstirring vulnerability and heartbreaking honesty, Bonnie takes readers on a personal journey to feed their souls and uncover the deeper story of rest.

# Finding Spiritual Whitespace: Awakening Your Soul to Rest ...

How to Create Spiritual Whitespace in Your Life, Whitney Hopler - Read more about spiritual life growth, Christian living, and faith. God will meet you in that whitespace and awaken your soul with ...

# **How to Create Spiritual Whitespace in Your Life**

Finding Spiritual Whitespace: Awakening Your Soul to Rest Running on empty with no time for rest, yourself, or God? Soulful author Bonnie Gray shows how to create spiritual whitespace in the everyday for God, refreshment, and faith—right in the midst of our stress-frayed lives.

# Finding Spiritual Whitespace: Awakening Your Soul to Rest ...

Bonnie Gray - Finding Spiritual Whitespace. In her spiritual guidance book Finding Spiritual Whitespace, author, Bonnie Gray takes you on a personal journey to feed your soul and uncover the deeper story of rest. Guided by biblical encouragement and thought-provoking prompts, Bonnie offers practical steps and insight for making spiritual whitespace...

#### Bonnie Gray's Book - Finding Spiritual Whitespace | DaySpring

Finding Spiritual Whitespace – Awakening Your Soul to Rest came to me as a gift of grace in the middle of a weary battle. I didn't know who Bonnie Gray was or what spiritual whitespace was. I don't even read 'teaching' books very often because I learn through stories far better than lectures.

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# **Rest Bonnie Gray**

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