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Candace Cameron Bure***

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Reshaping it All is a great read for those who are struggling with their weight, their love of food, or with prioritizing what's more important. Each chapter is filled with a fun, not harsh, approach to help you start making changes to your lifestyle.

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21 quotes from Reshaping It All: Motivation for Physical and Spiritual Fitness: 'There will never be another woman who owns the look, the personality, an...

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