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About the Author. Patrick J. Carnes, PhD, is an internationally known authority and speaker on

addiction and recovery issues. He has authored over twenty books including the bestselling titles Out of the Shadows: Understanding Addiction Recovery, Betrayal Bond, Don't Call It Love, The Gentle Path Through the Twelve Steps and The Gentle Path...

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Dr. Patrick Carnes, founder and primary architect of Gentle Path at The Meadows, is a world-renowned speaker and author on sex addiction and treatment. With more than 30 years in the sexual addiction treatment field, Dr. Carnes has been a significant contributor to the advancement of sexual addiction treatment and research.

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