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Susan Stiffelman is a licensed Marriage and Family Therapist, and parent educator. She is the author of Parenting Without Power Struggles: Raising Joyful, Resilient Kids While Staying Cool, Calm ...

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Susan Stiffelman is a family therapist and the author of Parenting Without Power Struggles: Raising Joyful, Resilient Kids While Staying Cool, Calm and Connected. In Print:

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Parenting with Presence - Susan's Books

By parenting with love and logic, mothers and fathers can do away with the power struggles and put the fun back into parenting. Based on biblical principles and written by experts who encourage a loving approach to discipline and raising children. 64 pages. Parenting Without the Power Struggles (9781612916149) by Foster Cline M.D., Jim Fay

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Parenting Without Power Struggles is one of the best parenting books I have ever read." "Full of wise insights and effective strategies, this book should be required reading for all parents."

—Harville Hendrix, Ph.D., author of Giving the Love That Heals: A Guide for Parents

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"Susan Stiffelman shows parents how to create healthy, loving relationships with children while helping them develop the resilience and authenticity that will serve them throughout their lives. Parenting Without Power Struggles is one of the best parenting books I have ever read." (Arianna Huffington)

Parenting Without Power Struggles: Raising Joyful ...

For the younger set, the best bet is almost always to turn picking up toys into a beat-the-timer game, suggests Malibu, CA, psychotherapist Susan Stiffelman, author of Parenting Without Power Struggles: Raising Joyful, Resilient Kids While Staying Cool, Calm and Connected.

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