

***Happiness Now Timeless Wisdom For Feeling Good Fast Robert  
Holden***

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Happiness Now!: Timeless Wisdom for Feeling Good FAST About Robert Holden. Robert Holden, Ph.D., is the Director of The Happiness Project and Success Intelligence. His innovative work has been featured on Oprah, Good Morning America, and media worldwide. Books by Robert Holden. Trivia About ...

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It does nothing for you. The key to happiness now is what you choose to do with your time right now. Are you, right now, making the most valuable use of your time? This moment is, after all, the time of your life. Your choices are what make each moment." — Robert Holden, Happiness Now: Timeless Wisdom for Feeling Good Fast

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