

***Healing Developmental Trauma How Early Affects Self Regulation  
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Healing Developmental Trauma demystifies the seemingly endless number of emotional and cognitive problems that result from developmental trauma The authors demonstrate how these struggles stem from five biologically based organizing principles — the need for connection, attunement, trust, autonomy, and love-sexuality.

### **Healing Developmental Trauma - Dr. Aline LaPierre**

Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship Written for those working to heal developmental trauma and seeking new tools for self-awareness and growth, this book focuses on conflicts surrounding the capacity for connection.

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Throughout the stages of a child's development, there is an interplay between shock and developmental trauma. In early development, shock traumas—for example early surgery, an infant's or mother's illness, death in the family, or global events such as being born into wartime—have a disruptive effect on the attachment process.

### **1 Working with Developmental Trauma copy**

Healing Developmental Trauma Excellent source of understanding of where and how much of today's level of consciousness has come into being and the impact on self and others comes into play. It is of little wonder the planet is in need of healing, growing and awakening..

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In my new book, co-authored with Dr. Aline LaPierre, *Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship*, we introduce the NeuroAffective Relational Model™ (NARM). This approach uses SE to re-regulate the nervous system while drawing on psychodynamic, cognitive, and spiritual traditions to resolve developmentally driven distortions of identity such as low self-esteem, shame, and chronic self-judgment.

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This article is adapted from the upcoming book, *Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship*, in which Heller and LaPierre introduce NARM as an integrated system for working with developmental, attachment, and shock trauma.

### **Working with the Capacity for Connection in Healing ...**

Review. *Healing Developmental Trauma* provides clear guidance to help us hold, with knowledge and self-compassion, those seemingly irreconcilable opposites and is a vital and accessible map supporting emotional maturity and psycho-spiritual growth." —Peter A Levine, PhD, author of *In an Unspoken Voice: How the Body Releases Trauma...*

### **Healing Developmental Trauma: How Early Trauma Affects ...**

*Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship* - Kindle edition by Laurence Heller Phd, Aline Psyd Lapierre. Download it once and read it on your Kindle device, PC, phones or tablets. Use features like bookmarks, note taking and highlighting while reading *Healing Developmental Trauma: How Early Trauma Affects Self ...*

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"*Healing Developmental Trauma* presents a comprehensive exploration of our deepest human urge. Seasoned clinicians Larry Heller and Aline LaPierre weave a rich and coherent synthesis of childhood development in the pioneering tradition of Wilhelm Reich, Erik Erikson, and Alexander Lowen.

### **Healing Developmental Trauma - North Atlantic Books**

*Healing Developmental Trauma: How Early Trauma Affects Self-Regulation, Self-Image, and the Capacity for Relationship*. Read the influential book that is inspiring people interested in healing and growth and changing the way therapists address complex trauma. The book and audiobook are available on Amazon and other online booksellers.

### **NARM Training Institute**

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