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Susan Stiffelman is a licensed Marriage and Family Therapist, and parent educator. She is the author of Parenting Without Power Struggles: Raising Joyful, Resilient Kids While Staying Cool, Calm ...

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Susan Stiffelman is a family therapist and the author of Parenting Without Power Struggles: Raising Joyful, Resilient Kids While Staying Cool, Calm and Connected. In Print:

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