

Home recording sheet
Directional triangles

Date	Time spent	Comments

Summary of goals

Tick the box when these goals for directional triangles are achieved

Goal 1	Correctly match each triangle on the chart with its pair at the bottom of the chart, with the appropriate hand in 50 seconds or less.	<input type="checkbox"/>
Goal 2	Correctly match each triangle on the chart with its pair at the bottom of the chart, with the appropriate hand in time to a beat.	<input type="checkbox"/>