

Home recording sheet

Arm & leg lifts

Date	Time spent	Comments

Summary of goals

Tick the box when these goals for arm & leg lifts are achieved

Goal 1	Lift 4 parts in a row, correctly, at least 4 times out of 5	
Goal 2 Age>7	Lift 5 parts in a row, correctly, at least 4 times out of 5	
Goal 3	Lift 4 parts in a row, correctly at least 4 times out of 5 after answering a question	