Flashing Pictures

This activity helps you to remember what you see. This is the first in a series of activities that develop visual memory and attention. Visual memory is very important for remembering words when you read.

Step 1. What did you see?

A picture will come on the screen and then disappear very quickly. You have to remember as much about the picture as you can.

You need to look at the computer now.

The '**flash rate**' will automatically set at **0.50 seconds**.

Click on **'Show Picture'** in the bottom right corner of the screen.

A picture flashes on the screen and disappears again. Look at the picture very carefully and remember as much as you can about the picture. Your helper will now ask you what you saw. It may be a picture such as a bird in a cage. You will then be asked lots of questions about the picture, such as, what colour was the bird, what was it doing, could you see its eyes, what shape was the cage ….etc..?

When you have answered the questions, click on 'show picture' again for the next picture.

> **Notes for helpers:**
> When the picture is flashed, ask questions about the picture, such as 'what colour was the car', 'which way was it going', how many people could you see in the car', 'how many trees could you see', 'what colour were the flowers' ….etc... Try avoid asking questions that can be answered as 'yes' or 'no'.

Step 2. Hidden letters

Now there will be a hidden letter or number somewhere in the picture. You have to find the letter or number when the picture is flashed.

Click on 'flash rate' then click on **2.00 seconds**.

Click on **'Hidden character'** from the menu at the top of the screen and click on **'use hidden letter or number'**

Click on **'show picture'** to flash the picture.

Now you have to look even more carefully at the picture to find a hidden coloured letter or number which will be somewhere in the picture. When you find it, tell your helper the letter or number you found.

Click on **'show picture'** again for the next picture.

Your goal is to find and correctly name the hidden letter or number at least 8 times out of 10 with the flash speed at 2.0 seconds.