

Home recording sheet

Tightrope walk

Date	Time spent	Comments

Summary of goals

Tick the box when these goals for tightrope walk are achieved

Goal 1	Tightrope walk with heels out, toes together while keeping palms up and thumbs out.	
Goal 2	Tightrope walk with heels in, toes out while keeping palms down and thumbs inwards.	