## Home recording sheet **Star jumps**

Date	Time spent	Comments

## **Summary of goals**

Tick the box when these goals for star jumps are achieved

Goal 1	Do the 'look, sight, ring, back' sequence, in time to a beat, for each number from 1 to 12, landing the ring accurately on each number	
Goal 2	Do the 'look, sight, ring, back' sequence, in time to a beat, for each number from 1 to 12, landing each ring accurately on each number at the same time.	