

## Home recording sheet

### Follow the spoon

Date	Time spent	Comments

## Summary of goals

**Tick the box when these goals for follow the spoon are achieved**

<b>Goal 1</b>	Follow the spoon slowly & smoothly in a circular movement with your eye only, without any movement of body or head.	
<b>Goal 2</b>	Follow the spoon slowly and smoothly, with eye only, while answering questions	