

## Home recording sheet

### Closed eye looking

| Date | Time spent | Comments |
|------|------------|----------|
|      |            |          |

## Summary of goals

**Tick the box when these goals for closed eye looking are achieved**

|               |   |  |
|---------------|---|--|
| <b>Goal 1</b> | With eyes closed, move eyes from one thumb to the other without any head, body or tongue movement                                     |  |
| <b>Goal 2</b> | With eyes closed, point eyes from one thumb to the other in time to a beat, set at 1.0sec, without any body, head or tongue movement. |  |
| <b>Goal 3</b> | With eyes closed, accurately point eyes in the direction of a sound, without moving head or tongue.                                   |  |