

## Home recording sheet

### 3 dot card

Date	Time spent	Comments

## Summary of goals

**Tick the box when these goals for 3 dot card are achieved**

<b>Goal 1</b>	Look at each dot crossing your eyes easily and quickly making it single	
<b>Goal 2</b>	Jump your eyes from one dot to the other, crossing your eyes easily and quickly to make each dot single	