

Writing Patterns

This activity continues to develop eyes and hands working together.

You will need a chalkboard and some chunky chalk or whiteboard and markers.

Step 1. Tracing patterns with finger

Stand in a balanced posture with equal weight on each foot, facing the centre of the chalkboard or whiteboard.

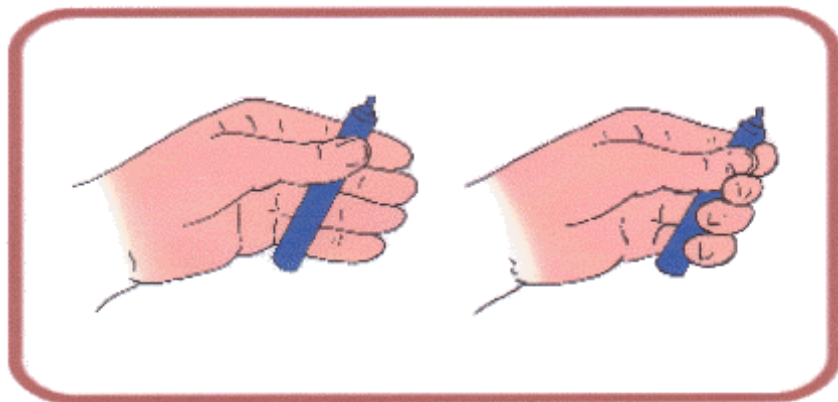
Your helper draws a pattern on the board at **your** eye level. The pattern should be about 50 to 60cm in length with the centre of the pattern in line with the middle of your body. The pattern should be about 20cm high.

Trace the pattern with your first finger, using your dominant hand (the one with which you write). Make sure your hand crosses over the middle of your body so you can trace with your right hand on the left side of your body. Or, if you are left handed, trace with your left hand on the right side of your body. You should do this standing still, moving your arm across your body.

Repeat tracing the pattern until you can trace it easily and smoothly.

Step 2. Tracing patterns with markers or chalk

Using the same pattern, now trace it with a marker or chalk. Hold the chalk like you would hold a sword, with thumb on top of the marker and fingers underneath, as in the picture below.



Make sure your hand crosses over the middle of your body, just as when you traced it with your finger.

Repeat tracing the pattern with the marker or chalk until you can trace it easily and smoothly.

Step 3. Copy the pattern

Copy the same pattern under the pattern you have just traced. Again make sure you stand still and move your arm across the middle of your body. Watch your hand as you draw the pattern. The pattern should be exactly like the one you traced - the same shape, height, size and spacing.

Your aim is to copy the pattern exactly for size, shape, and spacing.

Step 4. Draw from memory

Erase the pattern you have just traced and copied. Now draw the pattern from memory, trying to make it the same size, shape, height and spacing while drawing easily and smoothly and again moving your arm across the middle of your body.

Step 5. Different patterns

Now proceed to the next pattern going through all the 4 steps above with each pattern

Sequence of patterns

1. *eeeeeeeeee*

2. *uuuuuuuuuu*

3. *nnnnnnnnnn*

4. *cccccccccccc*

5. *aaaaaaaaaa*

6. *cecececece*

7. *elelelelele*

8. *lnlnlnlnln*