

Home recording sheet

B, d, p, q

Date	Time spent	Comments

Summary of goals

Tick the box when these goals for b,d,p,q are achieved

Goal 1	Correctly call each letter, simultaneously moving one arm or leg accordingly, for a complete chart, in time to a beat set at 1.0sec	
Goal 2	Correctly call each letter, simultaneously moving one arm or leg accordingly, when 3 letters are flashed at 0.25sec, at least 4 times out of 5	
Goal 3	Correctly call each letter, simultaneously moving one arm or leg accordingly, for 4 rows, at a speed of 0.5sec or faster	