

## Home recording sheet

### Flashing letters

Date	Time spent	Comments

## Summary of goals

**Tick the box when these goals for flashing letters are achieved**

<b>Goal 1</b>	Correctly recall <b>3</b> letters, at least 8 times out of 10, when the letters are flashed at 0.1sec	
<b>Goal 2</b>	Correctly recall <b>4</b> letters, at least 8 times out of 10, when the letters are flashed at 0.1sec	
<b>Goal 3</b> <b>Age&gt;8yrs</b>	Correctly recall <b>4</b> letters, at least 8 times out of 10, when the letters are flashed at 0.1sec, while counting in time to a beat	
<b>Goal 4</b>	Correctly recall <b>4</b> letters in a different order, at least 8 times out of 10, when the letters are flashed at 0.1sec, while counting in time to a beat	
<b>Goal 5</b>	Correctly recall <b>5 or 6</b> letters in a different order, at least 8 times out of 10, when the letters are flashed at 0.1sec, while counting in time to a beat	
<b>Goal 6</b>	Correctly recall <b>4</b> letters from the 4 choices, at least 8 times out of 10, while counting in time to a beat	
<b>Goal 7</b>	Correctly recall <b>3</b> letters, at least 8 times out of 10, when the letters are flashed in rapid sequence.	
<b>Goal 8</b>	Correctly recall <b>4</b> letters, at least 8 times out of 10, when the letters are flashed in rapid sequence.	
<b>Goal 9</b>	Correctly recall <b>5 or 6</b> letters, at least 8 times out of 10, when the letters are flashed in rapid sequence.	

