

Home recording sheet

Flashing numbers

Date	Time spent	Comments

Summary of goals

Tick the box when these goals for flashing numbers are achieved

What are the specific goals for flashing numbers are achieved?		
Goal 1	Correctly recall 3 numbers, at least 8 times out of 10, when the numbers are flashed at 0.1sec	
Goal 2	Correctly recall 4 numbers, at least 8 times out of 10, when the numbers are flashed at 0.1sec	
Goal 3 Age>8yrs	Correctly recall 4 numbers, at least 8 times out of 10, when the numbers are flashed at 0.1sec, while counting in time to a beat	
Goal 4	Correctly recall 4 numbers in a different order, at least 8 times out of 10, when the numbers are flashed at 0.1sec, while counting in time to a beat	
Goal 5	Correctly recall 5 or 6 numbers in a different order, at least 8 times out of 10, when the numbers are flashed at 0.1sec, while counting in time to a beat	
Goal 6	Correctly recall 4 numbers from the 4 choices while counting in time to a beat at least 8 times out of 10	
Goal 7	Correctly recall 3 numbers, at least 8 times out of 10, when the numbers are flashed in rapid sequence.	
Goal 8	Correctly recall 4 numbers, at least 8 times out of 10, when the numbers are flashed in rapid sequence.	
Goal 9	Correctly recall 5 or 6 numbers, at least 8 times out of 10, when the numbers are flashed in rapid sequence.	

