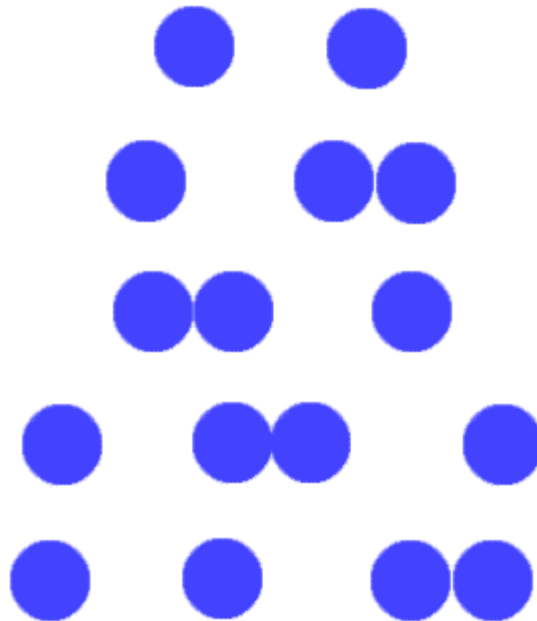


Clap patterns

This activity also helps you to remember what you see and hear.

Step 1. Matching clap patterns

Your helper sits or stands in front of you and claps their hands in a pattern of single and double claps. For example single clap, double clap, single clap. You then have to clap in the same way so you copy the pattern of claps, making the clap pattern exactly the same as the one made by your helper. Make sure your helper is in front of you, so you can see, and hear, the claps easily. You will start with patterns made up of two or three elements, where an element may be a single clap or a double clap. If you can copy the clap pattern, move on to the next one. The patterns below are in increasing order of difficulty, so start at the top and work down.



Your goal is to correctly copy all the clap patterns above.

Notes for helpers:

You can read the patterns above, but make sure only you can see the screen.

Step 2. High and low claps

If your helper uses high and low claps, you have to look and listen more carefully.

Now your helper claps the same patterns as in step 1 but now some claps will be high and some low, for example low single clap, high single clap, low double clap.



You now have to repeat the same pattern, showing the position of each high or low clap as well as whether the clap is single or double.

Use the same patterns as above starting at the top and working down. Your helper should make at least one of the elements in the clap patterns in a low position and the others in a high position.

Your goal is to correctly repeat all the 5 patterns of claps above where some claps are high and some are low.

Step 3. Tapping laps

Your helper claps a pattern, like in step 1 above. Now you have to show their clap pattern by tapping your hands alternately on your laps. For example if your helper claps single clap, single clap, double clap you would do a single tap with your right hand on your right lap, then a single tap with your left hand on your left lap, then a double tap with your right hand on your right lap. Use the same patterns as above starting at the top and working down.

Your goal is to correctly show all the 5 clap patterns correctly by tapping on your laps.

Notes for helpers:

You may have to demonstrate this method of repeating your clap pattern to make it clear what is required. Clap a pattern. Now show it by tapping on your lap with alternate hands. For example, if you clap the following pattern: '**clap, double clap, clap**' show this by

first tapping your right lap with your right hand, then a double tap on your left lap with your left hand, then a tap on your right lap with your right hand.

Note: Don't use high & low claps for this one.

Step 4. Tapping laps, cross-overs

Like in step 3 above, you have to show the clap pattern your helper has made, by tapping on your laps with alternate hands. However, this time you have to tap the lap with the opposite hand. Therefore the right hand taps the left lap and the left hand taps the right lap. Use the same patterns as above starting at the top and working down.

Your goal is to correctly show all the clap patterns above, tapping opposite laps.

Step 5. Tapping hands and feet

Now you show your helper's clap pattern by tapping your hand on your lap and foot on the floor. (You don't have to cross over with hands)
Begin only tapping your right hand and right foot, or left hand and left foot (i.e. use the hand and foot on the same side)

Your helper will use high and low claps for this one. **High claps are shown by tapping the lap, low claps are shown by tapping the foot.** So in this example, 'low clap, high clap, low double clap' you would tap your right foot then tap your right lap, then a double tap with the right foot.

Your goal is to correctly show all the clap patterns above made up of high and low claps, showing the pattern by tapping your hand on your lap and foot on the floor.

Step 6. Writing clap patterns

Watch your helper and listen as they make a pattern of claps. Now write down the pattern, using dots to show the individual claps and leaving spaces between dots to show the pause between elements of each pattern. So if the clap pattern is, 'low clap, high clap, low double *clap*' you would show it like so:

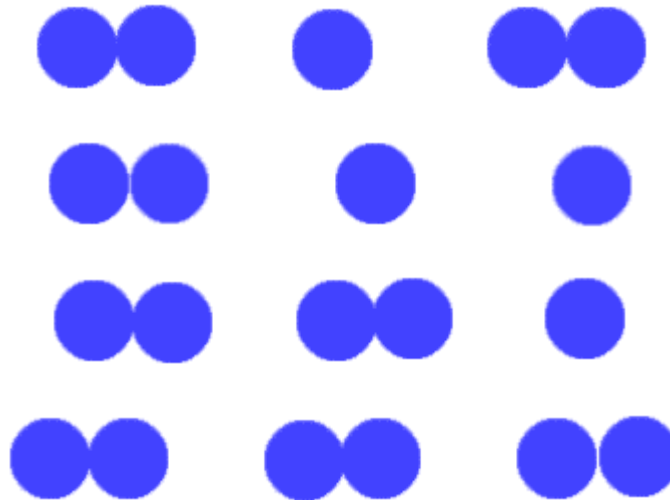


Use the same patterns as above starting at the top and working down. Then your helper will make some claps high and some claps low and you can write down these patterns.

Your goal is to correctly write the dot patterns for patterns of claps.

Step 7. More claps

Now go through all the steps 1 to 6 above but use the new patterns below. These are in increasing order of difficulty so start at the top and work down.



Step 8. More claps again

Now go through all the steps 1 to 6 above, but use the new patterns below.
These are in increasing order of difficulty so start at the top and work down.

