

Home recording sheet
Look, ready, touch, back

Date	Time spent	Comments

Summary of goals

Tick the box when these goals for look, ready, touch, back are achieved

Goal 1	Move eyes and arm, look and talk in time to a beat, set at 1.0sec, in the 'look, ready, touch, back' pattern	
Goal 2	Move eyes, arm and leg on the same side, look and talk in time to a beat, (1.0sec), in the 'look, ready, touch, back' pattern	
Goal 3	Move eyes, arm and leg on the opposite side, look and talk in time to a beat, set at 1.0sec, in the 'look, ready, touch, back' pattern	