

Home recording sheet

Binocular string 1

Date	Time spent	Comments

Summary of goals

Tick the box when these goals for binocular string 1 are achieved

Goal 1	Cross the strings at the far bead, so the strings are equally visible and level	
Goal 2	Cross the strings at the close bead, so the strings are equally visible and level	
Goal 3	Cross the strings at the bead as it slides along the string, so the strings are equally visible and level at all times	
Goal 4	Cross the strings so the crossing point slides in and out along the bead, as if following a bug	