

## Home recording sheet

### Stepping arrows

Date	Time spent	Comments

## Summary of goals

**Tick the box when these goals for stepping arrows are achieved**

<b>Goal 1</b>	Read the arrow chart, stepping according to the direction of each arrow smoothly & without hesitation.	
<b>Goal 2</b>	Read the arrow chart, stepping and pointing arms, according to the direction of each arrow smoothly & without hesitation.	
<b>Goal 3</b>	Read the arrow chart, stepping and pointing arms, according to the direction of each arrow smoothly & without hesitation, in time to a beat set at 1.0sec	
<b>Goal 4</b>	Read the arrow chart, stepping and pointing arms, according to the direction of each arrow smoothly & without hesitation, in time to a beat set at 1.0sec, using a 3X3 grid on the floor.	
<b>Goal 5</b>	Be able to predict which square on which you will be standing after you have made 3 steps according to the arrow chart.	