Home recording sheet **Thumb rotation**

Date	Time spent	Comments

Summary of goals

Tick the box when these goals for thumb rotation are achieved

Goal 1	Follow your thumb from side to side, with eyes only, without moving head, body or tongue	
Goal 2	Follow your thumb in a circle, with eyes only, without moving head, body or tongue	
Goal 3	Follow your thumb in a figure 8 pattern, with eyes only, without moving head, body or tongue	