





YOUTH EXCHANGES

Dorja Cug
BORN ON 10/02/2002 IN Zagreb, Croatia

PARTICIPATED IN

Active and Creative.

A YOUTH EXCHANGE WITH 36 YOUNG PEOPLE FROM BULGARIA, CROATIA, DENMARK, FRANCE, GREECE, AND ITALY.

THE PROJECT TOOK PLACE FROM 15/10/2018 TO 21/10/2018 IN Veliki Žitnik, Croatia.

YOUTH EXCHANGES

In Youth Exchanges supported by Erasmus+, groups of young people from different countries jointly design, prepare and carry out a work programme. It is usually a mix of workshops, debates, role-plays, simulations, outdoor activities. The young people are supported by experienced youth workers and leaders in this. Youth Exchanges allow them to develop competences, become aware of socially relevant topics, discover new cultures, and strengthen values like solidarity, democracy, etc.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.



Lana Novosel

Representative of the organisation

The ID of this certificate is 613M-BMMV-KVE4-Q2PL.
If you want to verify the ID, please go to the web site of Youthpass: http://www.youthpass.eu/qualitycontrol/

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+; Youth in Action Programme, For further information, please have a look at http://www.youthpass.eu.







With this document we certify that Dorja Cug took part in the Youth Exchange Active and Creative organised by Outward Bound Croatia.

The exchange project was developed and implemented in cooperation with the following partners:

Outward Bound Croatia (HR), Centre du Sport et de la Jeunesse Corse (FR), Ελληνική Συμμετοχή Νέων (GR), PECO Progetti Europei di Cooperazione, SFERA (DK), AKSELS (BG)

The aim and the specific objectives of the project were:

Intercultural sharing and awareness, tolerance, creativity, event planning, teamwork, communication

Main activities:

Traditional food production, non-material heritage, felting wool folk dances, clay workshop, event planning cultural heritage event in Gospić, follow-up projects Youthpass certificates.



Veliki Žitnik, 20/10/2018

OUTWARD BOUND

Lana Novosel
Person in charge of the project



The following pages contain the individual information about the participation of **Dorja Cug** in the Youth Exchange **Active** and **Creative**.

Dorja Cug developed the following competences during the Youth Exchange.

COMMUNICATION IN FOREIGN LANGUAGES

Being open for others cultures, habits and realities

Expressing your ideas, opnions, feelings, needs and facts in foreign language
Listening, speaking, writing and reading: understanding others

LEARNING TO LEARN

To know how to increase motivation and self-confidence
To develop further on already gained experiences and competences

SOCIAL AND CIVIC COMPETENCES

To be able to deal with people coming from different social and cultural backgrounds

CULTURAL AWARENESS AND EXPRESSION

To be creative in expressing ideas through music, all possible ways of art, literature and theatre. To be aware of one's own cultural context and of that of others

Porja Cug Participant

Veliki Žitnik, 20/10/2018

Further information and original documents on the Key Competences for Lifelong Learning: http://europa.eu/legislation_summaries/education_training_youth/lifelong_learning/c11090_en.htm

Further information about the Erasmus+: Youth in Action Programme and Youthpass: http://ec.europa.eu/youth/programme and www.youthpass.eu