





YOUTH EXCHANGES

Dorja Cug
BORN ON 10/02/2002 IN Croatia, Croatia

PARTICIPATED IN

What's Masc?,

A YOUTH EXCHANGE WITH 26 YOUNG PEOPLE FROM ARMENIA, CROATIA, GERMANY, AND LATVIA.

THE PROJECT TOOK PLACE FROM **02/05/2022** TO **09/05/2022** IN **Berlin, Germany**.

YOUTH EXCHANGES

In Youth Exchanges supported by Erasmus+, groups of young people from different countries jointly design, prepare and carry out a work programme. It is usually a mix of workshops, debates, role-plays, simulations, outdoor activities. The young people are supported by experienced youth workers and leaders in this. Youth Exchanges allow them to develop competences, become aware of socially relevant topics, discover new cultures, and strengthen values like solidarity, democracy, etc.

Erasmus+ is the European Union's programme for boosting skills and employability through activities organised in the field of education, training, youth, and sport. Youth activities under Erasmus+ aim to improve the key competences, skills and employability of young people, promote young people's active participation in the society, their social inclusion and well-being, and foster improvements in youth work and youth policy at local, national and international level.

Thomas Schallhart / Noah Marschner

Representative of the organisation

The ID of this certificate is RRFF-CZAC-XLLL-WSWL.
If you want to verify the ID, please go to the web site of Youthpass: http://www.youthpass.eu/qualitycontrol/

Youthpass is a Europe-wide validation system for non-formal learning within the Erasmus+: Youth in Action Programme. For further information, please have a look at http://www.youthpass.eu.





This document certifies that Dorja Cug took part in the Youth Exchange What's Masc? organised by Queer Matters e.V..

The exchange project was developed and implemented in cooperation with the following partners:

Queer Matters e.V., Active Rainbow, PINK, queerANarchive

The aim and the specific objectives of the project were:

Create a safer space for queer youth to be themselves, both at the youth exchange and in their daily lives afterwards.

Promote young queer people's active citizenship and increase their participation in society Promote queer responses to toxic masculinity and positive approaches to masculinity

Main activities:

Using non-formal education, the participants learned and experienced discussions, theater, body exercises and critical media analysis all around the topic of masculinity in a queer context. They discussed how to foster positive approaches to masculinity and gender expression in their everyday lives.

Berlin, 08/05/2022

Thomas Schallhart / Noah Marschner

Person in charge of the project



Youthpass

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Thomas Schallhart / Noah Marschner

Berlin, 08/05/2022

Person in charge of the project



The following pages contain the individual information about the participation of **Dorja Cug** in the Youth Exchange **What's Masc?**.

Task / responsibility of Dorja Cug:

Leading a discussion, participating in daily activities and various topics. Helping with the organisation and preparation during the program.

Dorja Cug developed the following competences during the Youth Exchange.

MULTILINGUAL COMPETENCE

Using a different language in different situations by listening, speaking, writing and reading. Expressing my ideas, opinions, feelings, needs and facts in a foreign language. Understanding others. Being open to other cultures, habits and realities.

PERSONAL, SOCIAL AND LEARNING TO LEARN COMPETENCE

Being able to reflect on myself, taking care of myself. Respecting others, their needs and diversities. Organizing, managing and monitoring own learning. Being aware of own learning abilities and making optimal use of time, information and learning opportunities. Being able to apply achieved competences and experiences in personal, professional and social life.

CITIZENSHIP COMPETENCE

Participating in social and civic life. Understanding European common values. Being able to deal with people coming from different social and cultural backgrounds.

ENTREPRENEURSHIP COMPETENCE

Turning ideas into actions, being creative and innovative. Being aware of different working contents. Being able to optimally use given opportunities for one's own development.

CULTURAL AWARENESS AND EXPRESSION COMPETENCE

Being creative in expressing ideas through texts, art, dance, performance and discussions.



OTHER SPECIFIC SKILLS

Working with people coming from different backgrounds and experiences, active listening and compassion. Solving problems through discussions and developing teamwork.

Dorja Cug

Participant

Berlin, 08/05/2022

Further information and original documents on the Key Competences for Lifelong Learning:

http://europa.eu/legislation_summaries/education_training_youth/lifelong_learning/c11090_en.htm

Further information about the Erasmus+: Youth in Action Programme and Youthpass:

http://ec.europa.eu/programmes/erasmus-plus and www.youthpass.eu