

### Some Favorites

- Celery Root
- Spaghetti Squash
- Killer Mushrooms

Oh well how you feel your body does of veggie today??

## Wild & Wacky Vegetables

The beet is the most intense of vegetables. The radish, admittedly, is more feverish, but the fire of radish is a cold fire, the fire of discontent not of passion. Tomatoes are lusty enough, yet there runs through tomatoes an undercurrent of frivolity. Beets are deadly serious.

— Tom Robbins

## Some Diseases

Vegetables	Diseases
Beets	Beetroot
Carrots	Carotenosis



## Really Informative Info

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