



The OSF Portfolio

A Proven Track Record

Our development programmes have a proven track record of success and show the extraordinary potential of sport to impact on latent educational aspirations, grades, achievements, self-esteem, self-confidence and social integration.

We are continually focusing on increasing participation of young people in sport, reducing anti-social behaviour and how we can enter a meaningful dialogue with early school leavers. The purpose is to empower them to take responsibility for their actions and pass on developed skills within their community. The following are examples of our main portfolio of activities:

National Curriculum Physical Education (NCPE)

OSF is able to offer NCPE at Early Years Foundation Stage, Key Stage 1 and Key Stage 2. Our detailed lesson plans have clear objectives that are linked with QCA guidelines and these objectives are clearly explained to the young people taking part in the session.

We develop their knowledge and skills in ICT by using digital cameras, video analysis and data collection. Analysis of each young person's abilities is measured periodically with progress being continually assessed.

Out of School Hours Sports

Multi sports programmes designed for the enjoyment young people are run throughout term time and during holiday periods to encourage more young people to take part in sport.

Sports Tournaments

There are areas of Lancashire that remain segregated due to culture. OSF can bring communities together, through sport, arranging tournaments, friendly games and fun days where the whole community can come together.

Park Footy in Areas of Neglect

Parks, spare land and if possible football pitches in less affluent areas will be utilised. Football Matches with all equipment provided by OSF will be set up.

Young people will be invited to join in development sessions that will be fun and enable the beginning of the road to self-fulfilment. Community leaders, including the Police, will be encouraged to get involved.

Community Centre Partnerships

Community Centres can provide excellent facilities for young people. We have formed partnerships with Centres and Youth Clubs within Lancashire. A wide variety of weekly sports coaching events at these destinations will take place allowing even more young people to participate in sport.

Sporting Holidays

Each year OSF will arrange sporting holidays whereby, for one week, young people will be taken on an activity holiday allowing them to take part in sporting activities for a full week.

Disability/Adaptive Sports

There are a number of adaptive sports that are available for young disabled people. We will continue to develop our partnerships with a number of Restbite Centres across the North West and increase the sporting options for children and young people with disability. Nottingham University is continually developing more adaptive sports. OSF will invest in these.

Charities/Companies With Similar Goals - Links

OSF has developed strong links with a number of professional sports clubs, local coaching companies and other like-minded individuals. We will continue to develop our relationships across the North West and improve the service we offer.

Sports Leaders

Opportunities will be given to young people to become 'Sports Leaders'. OSF will pay for people to take part in Leadership Courses. This is a recognised national qualification and will help young people to move forward with a coaching career.