

Measurement Statistics

Latest Value:	124 cm
Latest Change:	0 cm
Overall Change:	+4 cm
Average Change:	0 cm/week
Progress:	Stable

Measurements Progress Chart



Recent Measurement Entries

Date	Type		Value	Unit
8/19/2025	Waist		124	cm
8/19/2025	Waist	Waist Thigh Arm	122	cm
8/19/2025	Waist		120	cm
		Waist Thigh Arm		