1 Exploring the neuroprotective effects of tibolone during astrocytic metabolic inflammation: a flux balance analysis approach

Abstract:

1.1. Introduction

Astrocyte-Neuron Metabolic Relationships

Astrocytes are the most abundant cells in the human brain and play important roles in the central nervous system (CNS) [1]. They are highly associated to several homeostatic functions such as glutamate, ion, and water homeostasis, energy storage in the form of glycogen, synapse formation and remodeling, defense against oxidative stress, scar formation, tissue repair and modulation of synaptic activity via the release of gliotransmitters [2]. Astrocytes metabolize glucose in anaerobic way to produce lactate, which is released to neurons through monocarboxylate transporters [3]. Lactate is used in neurons as an energy substrate after its convertion to pyruvate and subsequently to ATP via oxidative phosphorylation [4]. Astrocytes play an important role in glutamate mediated synaptic activity [5]; according to the astrocyte–neuron lactate shuttle model, astrocytes respond to glutamate induced activation by increasing their rate of glucose uptake and the release of lactate into the extracellular space, increasing the lactate available to be used by neurons to supply their energetic needs [6]. Glutamate is uptaked by astrocytes through the glutamate aspartate transporter and glial glutamate transporter-1, inducing events that involves the activation of Na^+–K^+-ATPase and maintaining extracellular glutamate at homeostatic levels [7]. Part of incorporated glutamate is converted to glutamine through glutamine synthetase, which is only associated to glial cells and released to neurons using electroneutral systems-N transporters coupled to Na^+ and H^+ [8]. In neurons glutaminase enzyme converts glutamine back into glutamate which can be used again for neurotransmission or metabolized into the neuronal Krebs cycle [9]. Astrocytes release many other substances related to synaptic transmission [10]. However D-serine, a neurotransmitter that act as a coagonist with glutamate at NMDA receptors is

2

1 Exploring the neuroprotective effects of tibolone during astrocytic metabolic
inflammation: a flux balance analysis approach

one of the most important [5]. Due in brain only glial cells can synthesize serine, all available D-serine at synapsis is associated to be primarily produced and secreted by astrocytes [8]. D-serine is synthesized in astrocytes by serine racemase from L-serine [11]. Additionally to these energy and synaptic support associated functions, astrocytes also play an important role in the reduced glutathione (GSH) metabolism of the brain [12]. GSH is the major cellular antioxidant and plays an important neuroprotective role [13]. Cellular GSH levels are closely correlated with cell survival under adverse conditions [14]. GSH is synthesized from glutamate, cysteine, and glycine and release directly from astrocytes through GSH transporters ion-independent and its net transport is concentration-gradient dependent [15]. This strong metabolic cooperation between astrocytes and neurons allows to predict that even an small astrocytic dysfunction might cause and/or contribute neurodegenerative processes [16]. Homeostatic astrocyte function is required for neuronal survival after different brain insults, such as inflammation, glucose deprivation, traumatic brain injury and ischemia [13, 17]. Astrocytes protect neurons of the most important factors that contribute to neuronal cell death such as glutamate-mediated excitotoxicity leading to disturbances in calcium and sodium intracellular metabolism, mitochondrial dysfuncion, oxidative stress, cytokines and toxins [1, 2, 7, 18].

Astrocytes response to Inflammation

Inflammation is a complex biological response to injuries, metabolic disorders or infections and its dysregulation induce many complex diseases through astrocytic dysfunction [13, 19, 20]. In brain, inflammatory response acts as a defense mechanism against any threat to homeostatic state inducing changes in glucose metabolism and release of proinflammatory factors [14]. Inflammation responses in CNS are mediated by glial cells that acquire reactive phenotypes to participate in repair mechanisms [1, 13, 21]. Astrocytes, as glial cells are highly sensitive cells to inflammatory mediators, they respond to inflammation through a complex reaction named astrogliosis [22]. During astrogliosis, glial cells generally associated to several beneficial activities in the CNS, also act as a source of inflammatory mediators and as generators of reactive oxidant species (ROS) that have the potential to damage neurons [23]. Astrogliosis is characterized by a low regulation of mitochondrial dynamics that result in mitochondrial failure [24]. Mitochondrial failure induces the deregulation of Ca^{2+} homeostasis and increased ROS generation, both of which are linked to neurotoxicity [2]. At metabolic level, inflammatory process has been associated to an increase of free saturated fatty acid in comparison with healthy conditions in some brain tissues [25]. The increase of free saturated fatty acid induce metabolic inflammation, a response associated with the induction of diverse intracellular stresses, such as mitochondrial oxidative stress, endoplasmic reticulum stress, and autophagy defects [13]. Lipid excess in metabolic inflammation activates IKKβ and NF-$\kappa\beta$ signaling pathways, which ultimately impairs leptin and insulin hormonal signaling and further triggers the synthesis and release of increased amounts of ROS and proinflammatory

cytokines (TNF-α and IL-6) from glial cells to sustain the neuroinflammatory state [26]. Enhanced ROS generation by reactive glial cells trigger mitochondria dysfunction in neuron, which induces neuronal apoptosis, the prerequisite for a diverse number of neurodegenerative conditions [27].

Systems Biology and Inflammation

Inflammatory pathways are evolutionarily conserved, complex, redundant and interconnected [28] . These characteristics difficult each attempt to understand any disease having inflammation at its core using the traditional reductionism-based scientific method and the current regulatory framework [29]. Traditional methods generally focus on single molecules and genes as the targets of study and potential therapy development, nevertheless mechanistic simulation through a translational systems biology methods allows lead to an understanding of the origin of patterns based in omic data integration in order to facilitate the design of novel therapies [30]. Inflammation is a complex system, which is characterized by sensitivity to initial conditions, positive and negative feedback loops, combined robustness and fragility, and emergence of nonintuitive behaviors [31]. Translational Systems Biology to inflammation is focused on simulated clinical trials, trying to progress toward personalized diagnostics, personalized medicine, and the rational design of drugs [28].

Tibolone

Drugs as steroids compounds are the most potent and effective agents in controlling chronic inflammatory diseases [32]. However, steroids prescription is limited due their adverse side effects [33]. Some steroids synthesized in the nervous system, called 'neurosteroids', display beneficial neuroprotective properties, which may be of particular importance in the treatment of diseases where inflammation and neurodegeneration is predominant including age-dependent dementia, stroke, epilepsy, spinal cord injury, Alzheimer's disease (AD) and Parkinson's disease (PD) [34]. Neuroprotective actions of molecules that may imitate the neuroprotective actions of esteroids without the perjudicial side effects, such as selective estrogen receptor modulators (SERMs) and selective tissue estrogenic activity regulators (STEARs) have been tested in previous studies [35, 36]. Tibolone is one of these compounds with SERMs and STEARs activities, traditionally used as hormone replacement therapy in post-menopausal women [37]. Tibolone has been shown neuroprotective effects in cultured and under ischemia injury rat neurons [38]. Tibolone is a synthetic steroid drug with estrogenic, progestogenic, and weak androgenic actions; is metabolized in three compounds, two major active metabolites, 3α-hydroxytibolone and 3β-hydroxytibolone acting as potent agonists of the estrogen receptor (ER) and its metabolite Δ4tibolone acting as agonists of the progesterone and androgen receptors [39]. Tibolone and their metabolites have tissue selective action mechanisms (progestogenic, androgenic and estrogenic) reported in liver, bone,

4

1 Exploring the neuroprotective effects of tibolone during astrocytic metabolic inflammation: a flux balance analysis approach

breast and brain according to receptor interaction and activation [35]. Nevertheless, actually is not well know the effects of tibolone over glial cells that allows its neuroprotective action [17]. Previous studies have shown that 3-hydroxy-metabolites of tibolone exert agonistic actions on human astrocytes through the activation of estrogen receptors, indicating that astrocytes are a target for tibolone [38].

In this work we simulate the metabolic inflammatory response in healthy mature astrocytes caused by the increase uptake of palmitate, the most common free saturated fatty acid. We model and simulate the metabolic response using a translational system biology approach called Flux Balance Analysis (FBA) described in methods. We focused in identification of changes in metabolic pathways activation, functional products, gliotransmitter release and the neuroprotective effects mediated by tibolone in the inflammated scenario.

1.2.   Material and Methods

Tissue Specific Model Construction

The tissue specific model construction process started with the identification of all enzyme-coding genes expressed over the mean in at least $50\,\%$ of samples for healthy human astrocytes indexed in the GEO database [40] as GSE73721 [41]. Gene identificators convertion from GeneCards[42] to ENTREZ [43] was performed throught 'UniProt.ws' R Package [44]. Reactions associated with the identified genes were mapped from the Human Genome Scale Metabolic Reconstruction RECON 2.04 downloaded from the VMH Lab (https://vmh.uni.lu) [45]. The R package 'g2f' [46] was used to identify and fill the gaps using all no gene associated reactions included in RECON 2.04, as well as to identify and remove all blocked reactions from the reconstruction. All reactions involved in the conversion of extracellular glutamate, glycine, cysteine and glucose to extracellular glutamine, glycine, serine-D, reduced glutathione, lactate and ATP respectively were added. Exchange reactions were limited to components of the Dulbecco's Modified Eagle Medium (DMEM) as input and gliotransmitters (glutamine, D-serine, ATP, glutamate), reduced glutathione, lactate, glucose, nitric oxide, prostaglandins and leukotrienes as output. Finally, syntax, mass-charge validation and creation of SBML files were carried out through the 'minval' R Package [47]. Reaction limits (upper and lower bounds) were constrained proportional to the mean gene expression reported for genes included in Gene-Protein-Reaction (GPR) [48] associated to each reaction in samples of 47 to 63 years old using 'exp2flux' R package [49]. All analysis were done by the 'sybil' [50] R Package running under R 3.3.1 [51].

Flux Balance Analysis

Flux Balance Analysis (FBA) is a linear optimization method for simulating metabolism that allows to identify the set of reactions involved in the production of a biological response within

a metabolic model [52]. The metabolic reactions are represented internally as a stoichiometric matrix (S), of size $m*n$, where m represents the compounds and n the reactions; the entries in the matrix are the stoichiometric coefficients of the metabolites participating in a reaction [53]. The flux through all of the reactions in a network is represented by the vector v, which has a length of n. The concentrations of all metabolites are represented by the vector x, with length m. The systems of mass balance equations at steady state, $\frac{d_x}{d_t} = 0$ or $S*v = 0$. FBA seeks to maximize or minimize an objective function which can be any linear combination fluxes, to obtain a flux for each reaction, indicating how much each reaction contributes to the objective function [52]. FBA for healthy, inflammated and medicated scenarios was resolved using GLPK 4.60, setting the generic human biomass reaction included in RECON 2.04 and each one of reactions described in table **1-1** as objective functions. Models were analyzed by comparing fluxes between scenarios, metabolites production rate and sensitivity analysis.

Table 1-1: Main metabolic capabilities associated to astrocytes represented as the set of objective functions used to evaluate neuroprotective effects of Tibolone under inflammated scenarios

ID	FORMULA REACTION	DESCRIPTION
Glu2Gln	1 glu_L[e] ⇒ 1 gln_L[e]	Glutamate - Glutamine Cycle
Gly2SerD	1 gly[e] ⇒ 1 ser_D[e]	Glycine to D-serine conversion
Glc2Lac	1 glc_D[e] ⇒ 2 lac_L[e]	Lactate production from Glucose
Glc2ATP	1 glc_D[e] ⇒ 36 atp[e]	ATP production from Glucose
Cys2GTHRD	1 cys_L[e] + 1 glu_L[c] + 1 gly[c] ⇒ 1 gthrd[e]	Catch of Cysteine to produce reduced Glutathione

Metabolic Scenarios

To test neuroprotective effects of tibolone during astrocytic metabolic inflammation we define three different metabolic scenarios. A 'healthy' scenario, where palmitate uptake rate was freely set by optimizer; an 'inflammated' scenario, where uptake rate of palmitate was forced to be stable in the mean of the half maximal inhibitory concentration (IC50) value for all objective functions included in table **1-1**. IC50 values were calculated through a robutness analysis performed using uptake of palmitate ('EX_hdca(e)' in RECON 2.04) as control reaction and a 1000 points in the range from 0 to 1 mMgDW^{-1}h^{-1} for each objective function. Uptake value where each objective function reached IC50 was selected and subsequently averaged. Finally, a medicated scenario, defined as an inflammated scenario that include 279 reactions associated with tibolone and estradiol-derived compounds metabolism. Ten

1 Exploring the neuroprotective effects of tibolone during astrocytic metabolic inflammation: a flux balance analysis approach

6

specific reactions described in table **1-2** associated to specific Tibolone action mechanism non included in RECON 2.04 were added to medicated scenario.

Table 1-2: Set of reactions associated to tibolone specific action mechanism in brain reported by Kloosterboer, H. J. (2004) added to medicated scenario model.

ID	FORMULA REACTION	DESCRIPTION
T1	tibolone[e] $\Leftrightarrow$	Tibolone exchange reaction
T2	tibolone[e] $\Leftrightarrow$ a3OHtibolone[e]	3αhidroxytibolone interconvertion
T3	tibolone[e] $\Leftrightarrow$ b3OHtibolone[e]	3βhidroxytibolone interconvertion
T4	tibolone[e] $\Rightarrow$ d4tibolone[e]	Δ4tibolone isomer formation
T5	b3OHtibolone[e] $\Rightarrow$ d4tibolone[e]	Δ4tibolone isomer formation from 3β-hidroxytibolone
T6	a3OHtibolone[e] $\Rightarrow$ estradiol[c]	Estradiol receptor agonist action mechanism of 3α-hidroxytibolone
T7	b3OHtibolone[e] $\Rightarrow$ estradiol[c]	Estradiol receptor agonist action mechanism of 3β-hidroxytibolone
T8	d4tibolone[e] $\Rightarrow$ prgstrn[c] + tststerone[c]	Progesterone and androgen receptor activation by tibolone Δ^4 isomer
T9	a3OHtibolone[e] $\Leftrightarrow$ a3SOtibolone[e]	3αhidroxytibolone interconvertion to sulfated inactive compounds
T10	a3SOtibolone[e] $\Rightarrow$	Tibolone inactive form in blood

Metabolic Changes

Metabolic changes across metabolic scenarios were measured through two different approximations. Flux differences for each reaction between optimized scenarios were measured using the fold change calculated as described in equation 1-1.

$$foldChange = \frac{valueModel2 - valueModel1}{|valueModel1|} \tag{1-1}$$

Additionally, to obtain a full perspective about inflammation effects in metabolites production, the production of each metabolite was set as objective function in each metabolic scenario and differences were evaluated as well as flux differences.

Proinflammatory, Antiinflammatory and Tibolone Action Mechanism Associated Enzymes

Identification of enzymes involved in proinflammatory and antiinflammatory responses as well as in the tibolone action mechanism were identified through several sensitivity analysis as follows: Proinflammatory enzymes, are those that catalyze reactions that being knocked out allows an increase of objective function value. Antiinflammatory enzymes, are those associated to reactions that being knocked out reduce even more the objective function value. Tibolone action mechanism associated enzymes are those that catalyze reactions that being knocked out inhibit entirely the metabolic effect of tibolone.

1.3. Results

Tissue Specific Metabolic Model

Generated astrocyte tissue-specific model describe the metabolism of 1956 compounds in a total of 2747 biochemical reactions associated to 1262 unique genes. Biochemical reactions include 60 exchange and 1080 transport reactions (79 % gene associated, facilitated or active transport) as is shown in figure **1-1A**.

To describe the astrocyte tissue specific metabolic model, reactions were classified on the basis of required enzymatic activity to be catalized according to their Enzyme Commission (E.C) numbers (Fig. **1-1B**), sub-cellular locations according to metabolites compartment (Fig. **1-1C**), and metabolic pathways assigned in the KEGG database (Fig. **1-2**).
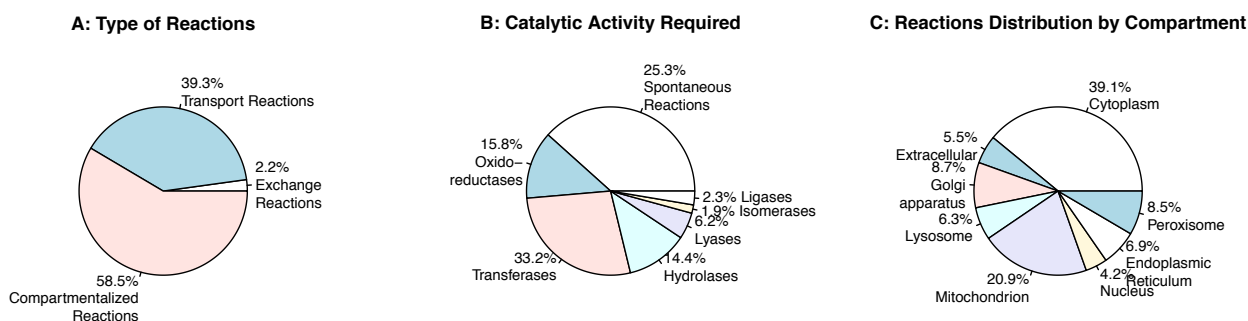

Figure 1-1: Reaction Classification based in **A:** Type, **B:** Catalytic Activity Required and **C:** Distribution by Compartment

Based in the associated enzyme to each biochemical reaction 33.2 % of them are catalyzed by a transferase enzyme, 15.8 % by an oxidoreductase, 14.4 % by a hydrolase, 6.2 % by a lyase, 2.3 % by a ligase, 1.9 % by an isomerase enzyme and 25.3 % of them are spontaneous reactions without enzyme or gene associated.
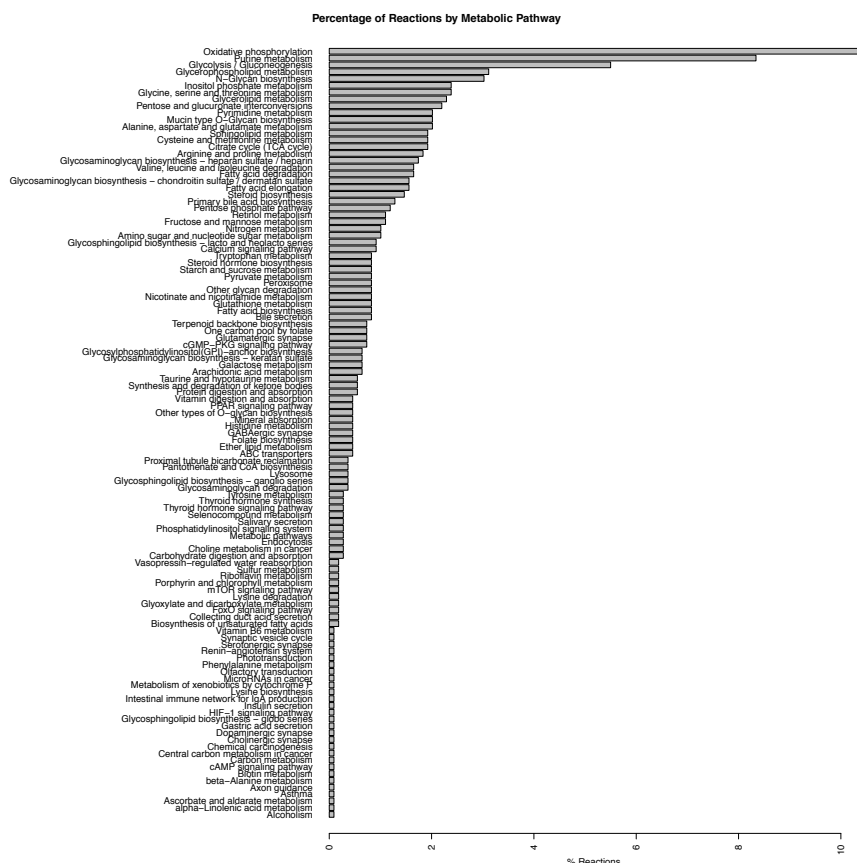
8

1 Exploring the neuroprotective effects of tibolone during astrocytic metabolic
inflammation: a flux balance analysis approach

Figure 1-2: Pathways associated to biochemical reactions included in the astrocyte tissue-
specific metabolic model. Pathway association was asigned based in the cate-
gorization of the KEGG database.

In the classification shown in Fig. **1-1C**, the cytosolic and mitochondrial reactions contribu-
ted to 60 % of the total reactions in the model. The other 40 % of reactions are distributed
in six other compartments as follows: 8.7 % occurs in golgi apparatus, 8.5 % in peroxisome,
6.9 % in the endoplasmic reticulum, 6.3 % in the lysosome, 4.2 % in nucleus, finally 5.5 % of
them occurs outside the cell, in the extracellular space.

Reactions included in astrocyte model are associated to 113 metabolic pathways reported in
the KEGG database. Almost 50 % reactions are associated to 10 main metabolic pathways,
highly related to astrocytes metabolism and neuron support metabolic functions [6, 54–58].
Entirely distribution of reactions in metabolic pathways is shown in figure **1-2**.

Healthy Scenario

As previously reported by a wet lab, healthy human astrocytes grow up in DMEM culture
medium [59]. Our metabolic simulation allow to predict an astrocytes slow grow rate (0.37

mMgWD^{-1}h^{-1}) under DMEM medium. In our healthy scenario (shown in figure **1-3**), astrocytes activates the 52% of model reactions and prefer a glucose based metabolism. Glucose is catabolized and constitutively released as lactate without any stimuli [60]. This observation is highly expected due astrocytes release large amounts of lactate in the extracellular space which can be used by neurons to supply their energy needs [14]. In our simulations, other gliotransmitters are synthetized and released by astrocytes only under specific stimulus (objective functions) and their release rate was used as reference to comparison between scenarios (Fig. **1-7**).
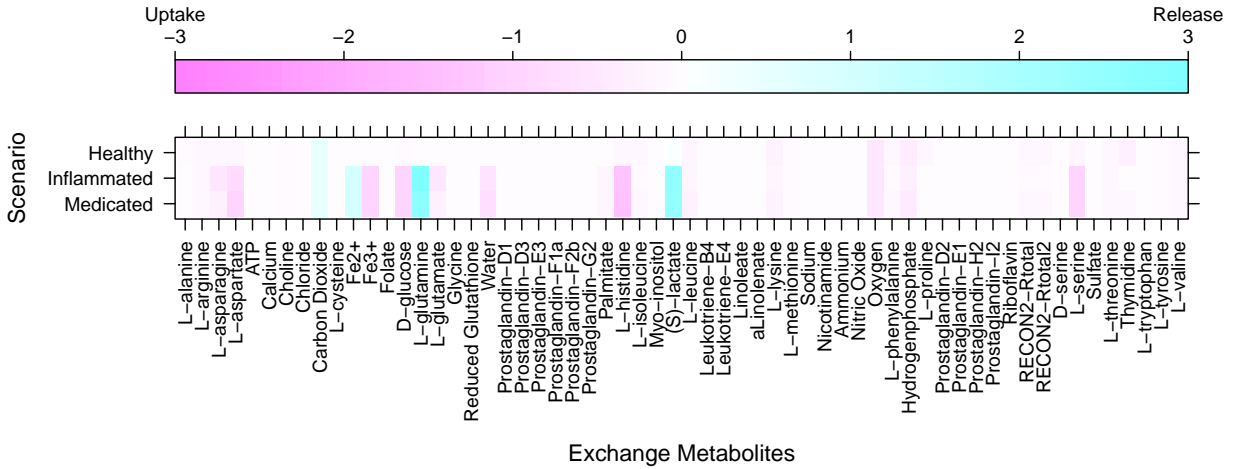

Figure 1-3: Comparative exchange rate of metabolites between metabolic scenarios using the generic biomass reaction included in RECON 2.04 as objective function.

Inflammated Scenario

In the model, the healthy scenario was perturbed to generate the inflammated scenario. The palmitate induced IC50 value calculated for all metabolic capabilities was 0.208 ± 0.024 mMgDW^{-1}h^{-1}. Calculated IC50 value is the same (0.2 mM) used by Liu *et al.* in wet lab to induce an astrogliosis reaction [61]. Inflammated scenario increases the demand of L-asparagine, L-aspartato, Fe^{+3}, glucose, glutamate, histidine, L-serine and the release of glutamine and lactate (shown in figure **1-3**). These response is typical of astrocytes in astrogliosis where neuroinflammation lead homeostatic disturbances [62], such as iron accumulation, within CNS cells [13]. Iron accumulation has been demonstrated in several neurodegenerative diseases as AD, and PD, where it has been postulated to promote disease by augmenting microglial proinflammatory activity, altering mitochondrial function, and inducing ROS production [63].
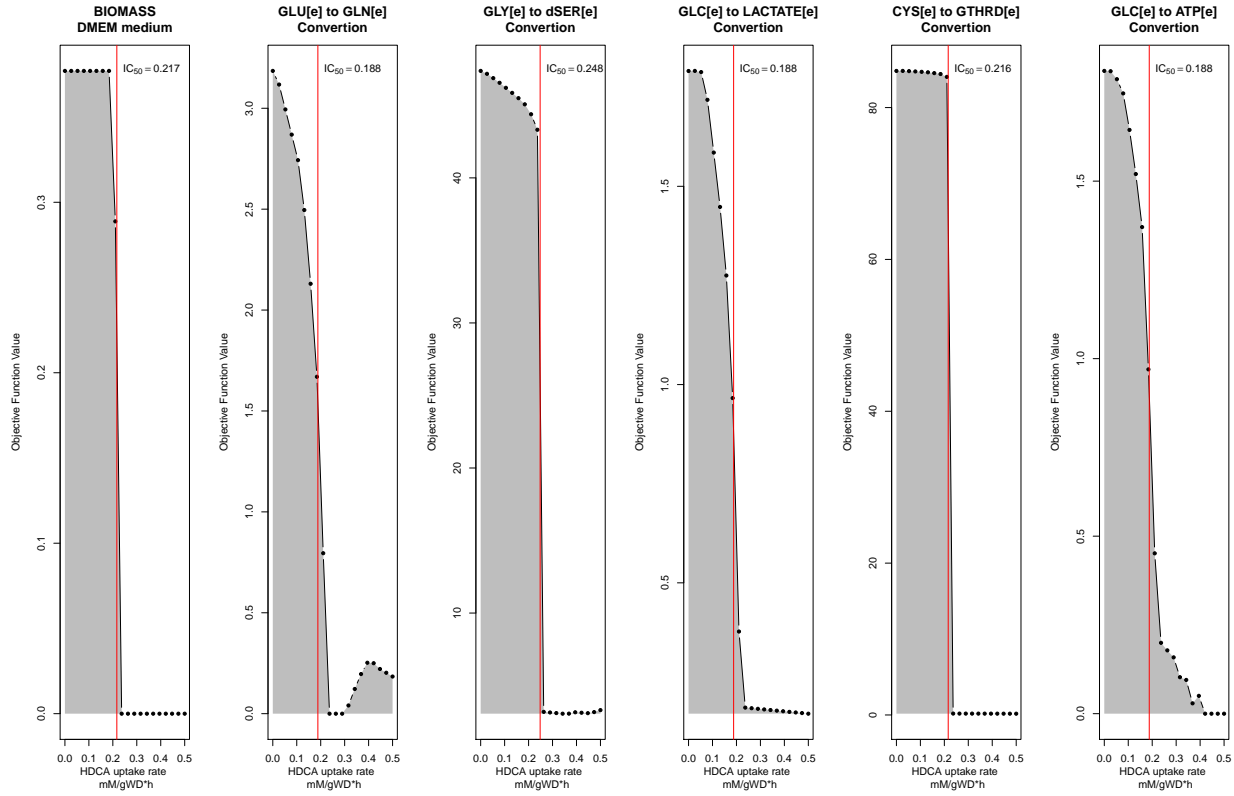
Figure 1-4: Robutness analysis to calculate palmitate induced IC50 value for each objective
function described in table **1-1**. Red line represents the calculated IC50 value.

Inflammation although induce neuronal release of glutamate that may result in the recruit-
ment of neurons in the neuroinflammatory process [Kumar12, 13]. Glutamate uptake into
astrocytes disinhibits glycolytic enzymes that results in glucose uptake; this glucose is gene-
rally processed glycolytically, leading to the synthesis and release of lactate [13].

Medicated Scenario

1.4.   Conclusion

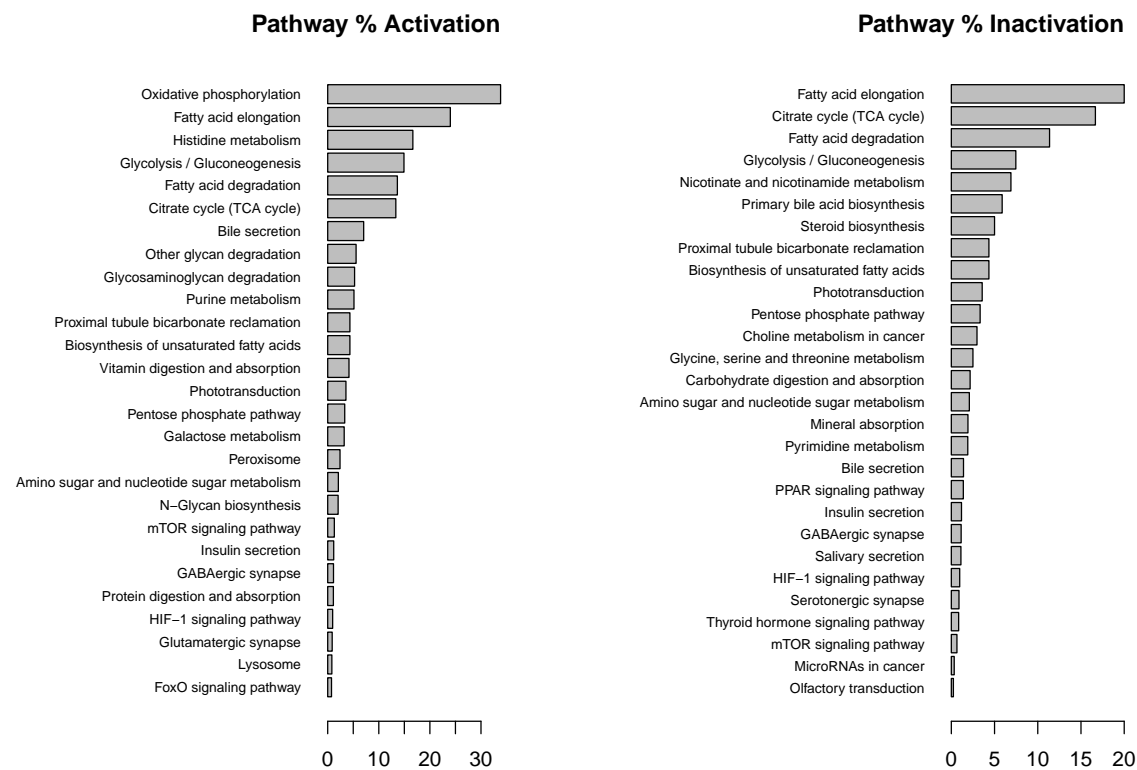**Pathway % Activation**

Pathway % Inactivation

Figure 1-5: Metabolic pathways affected by inflammation. Activation and inactivation percentage was measured in comparison with genes associated to each pathway in the KEGG database.
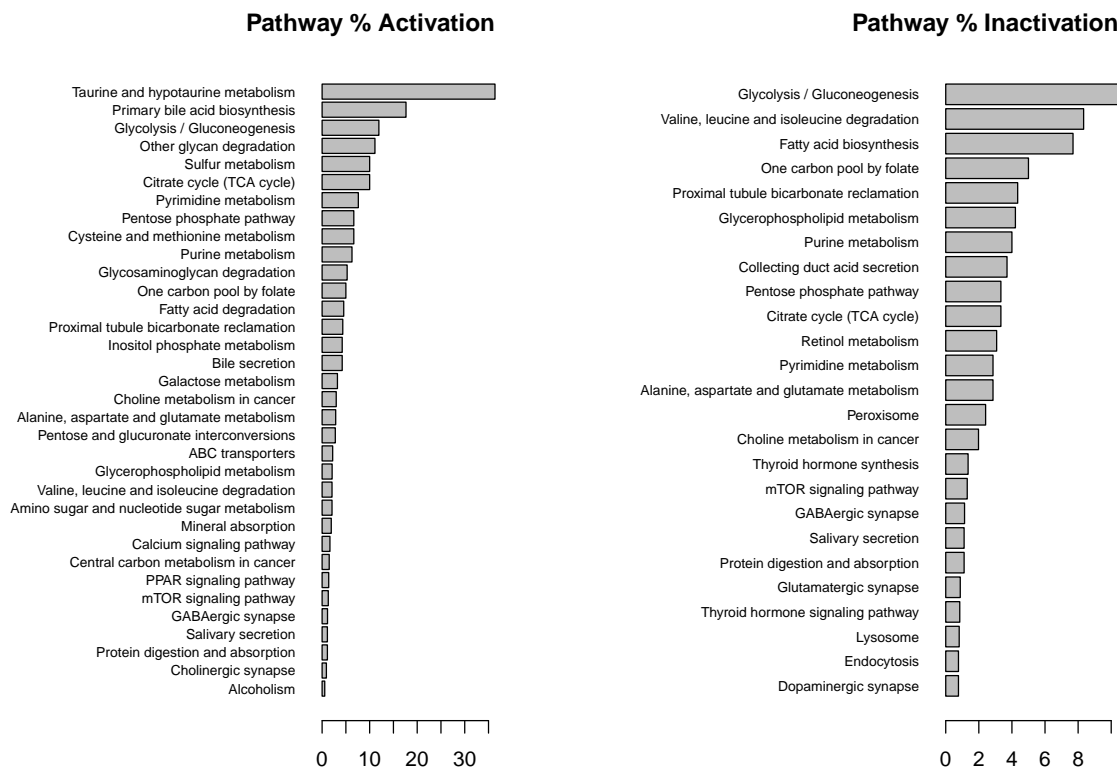
Pathway % Activation
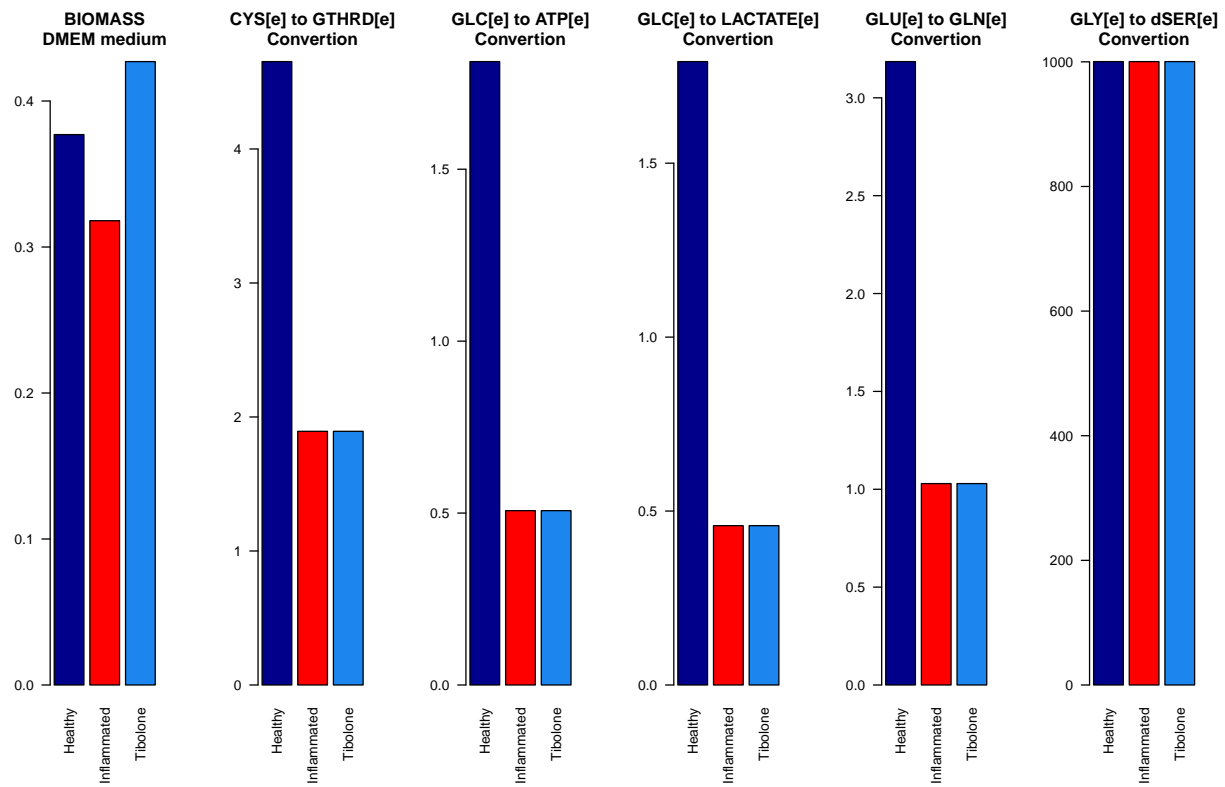
Pathway % Inactivation

Figure 1-6: •

Figure 1-7:

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