1. Download and install
MagicMirror http://magicsketch.io/mirror/
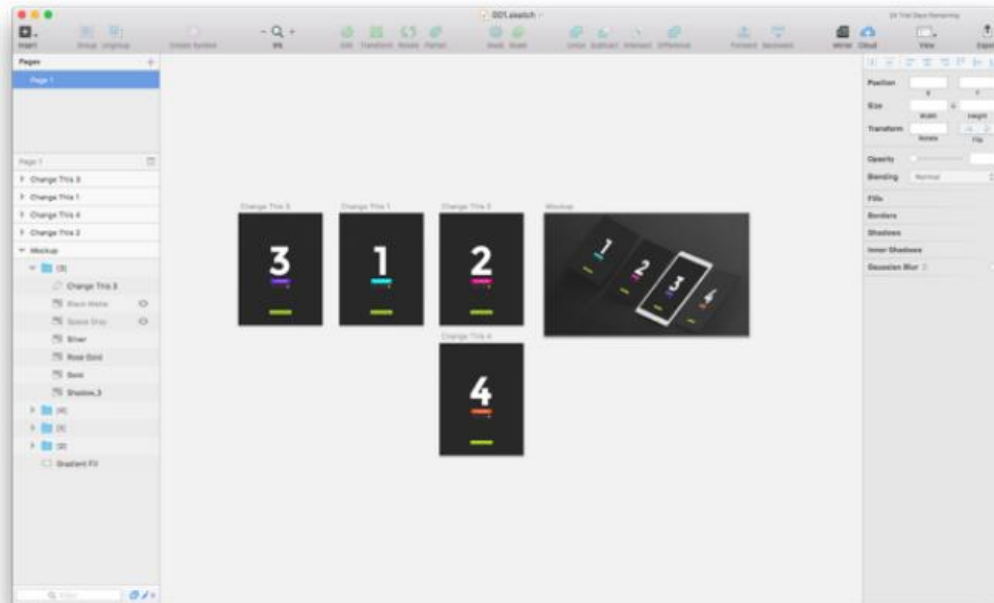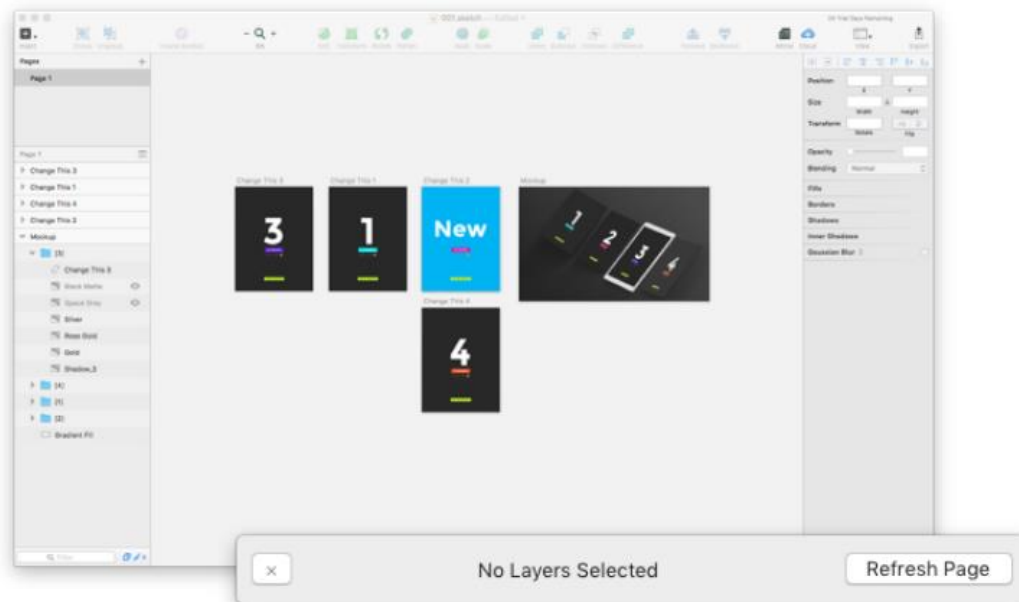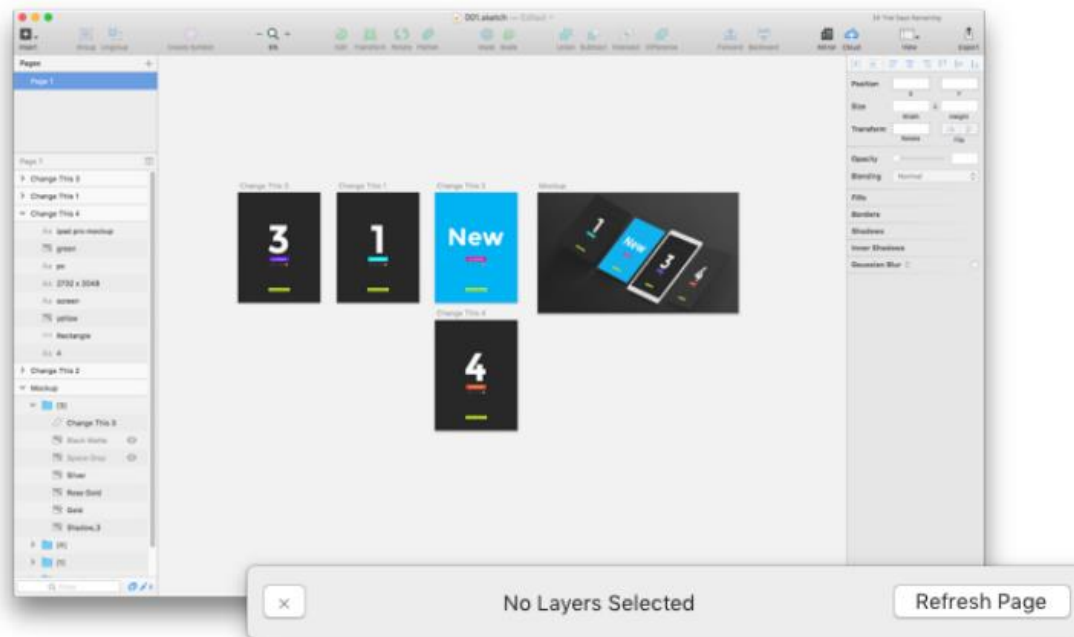
2. Open .sketch mockup and paste your artwork inside
'change this' artboard

3. Tap Shift+Control+M and MagicMirror panel will appear

4. Click Refresh and screen will be updated

That's static mockups if you need animated Live Mockups for Photoshop. You can download it here:

https://lstore.graphics/livemockups/white