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The Book of Numerology: Taking a Count of Your Life

By Hal A. Lingerman

RED WHEEL/WEISER, United States, 1994. Paperback. Book Condition: New. 210 x 138 mm. Language: English . Brand New Book. The Book of Numerology will help you clarify issues in relationships, career, and your spiritual focus. Lingerman says that people are living energy fields, continuously being filled with the seeds of life themes, opportunities, and experiences. Numbers have essence, and this has been recognized by esoteric students since Pythagorean times. Lingerman shows how these energies flow through you. In this book, you will learn how to identify your Birth Force Energy, Day of Birth Energy, dominant and recessive energies, juxtapositions, and tonalities. Lingerman explains numeric cycles and how the nine energies manifest on the physical, emotional, mental, and intuitive levels, and includes a worksheet to help you document your energies so you can develop an accurate overview of your life plan. Lingerman's clear descriptions of these energies make the material easy to assimilate. He offers guiding principles for achieving balance in personal issues and conflicts, and suggests creative visualizations for contacting the nine pathways of power. This book will help you direct your energies into better relationships and a more fulfilling life!



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Reviews

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It is easy in study safer to comprehend. It can be writter in basic phrases and never confusing. It is extremely difficult to leave it before concluding, once you begin to read the book.

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