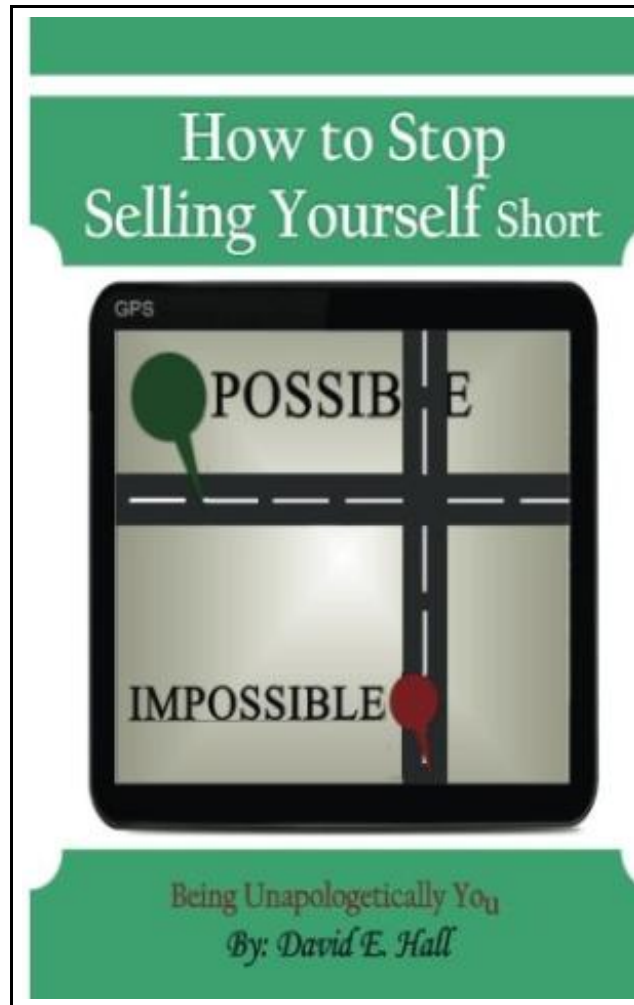


## How to Stop Selling Yourself Short: Being Unapologetically You



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Createspace, United States, 2014. Paperback. Book Condition: New. 203 x 127 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.This book is the culmination of thoughts and ideas gleaned from the many books, seminars, sermons, articles, conferences, speeches, counselling/teaching sessions and general encounters I have had with people over the years. During these many years of being a Pastor, CEO, Adult Education-Teacher, Motivational speaker and Youth Worker, I have met, literally hundreds of persons of all ages and backgrounds who have struggled with the ability to accept themselves authentically. I thank God that after counselling and sharing experiences, these persons, were enlightened and moved on to better things in life. In that regard, I owe a huge debt of gratitude to author Maxwell Maltz; for the timeless truths set forth in his book Psycho-cybernetics which helped to revolutionize my own thinking many years ago. In recent times I have also benefited from transformational authors/speakers: Christine Kloser, Lisa Nicholls, Ted McGrath and countless others who through their work, in the area of personal development, encouraged me to move ahead in publishing this book. How to stop selling yourself short is a life changing book. It helps the reader to identify and understand areas of shortcoming in order that efforts may be made in overcoming these shortcomings. As you read these pages you find that you can: \* Identify areas of shortcoming in your life \* Begin taking control of situations in your life \* Identify signs of improvement \* Know what recovery looks like \*Experience Victory over defeat \*Become all that you were created to be \*Move beyond your circle of confidence As you follow these steps you will discover true joy, peace and contentment as you draw on your God given talents to face and overcome life...



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