



## Unleashing Your Powerful Mind with Hypnosis

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By Dr Jim Macy Ph D

Createspace, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Is your brain leading your life, or are you just carrying it around? Many times we find that we re operating on auto-pilot. We are predictable creatures of habit, and our minds get lazy. If you find yourself in a rut, unable to make changes in your life, then this book will get you on track to run your life the way you want it, not the way it is going. This book is not a run of the mill self-hypnosis filled with pseudo-science. However, it includes medical and scientific information for those interested in hypnosis at a deeper level. Some hypnosis books will give you just enough information to let you experience hypnosis, but then you do that every day anyway. In this book there are sample scripts for inductions as well as guides for improving the power of the sub-conscious mind. It also covers some of the fears and misconceptions about hypnosis. Here is an excerpt from the book. Myths and Misconceptions My favorite misconception is that hypnosis is of the Devil or Satan and if...



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