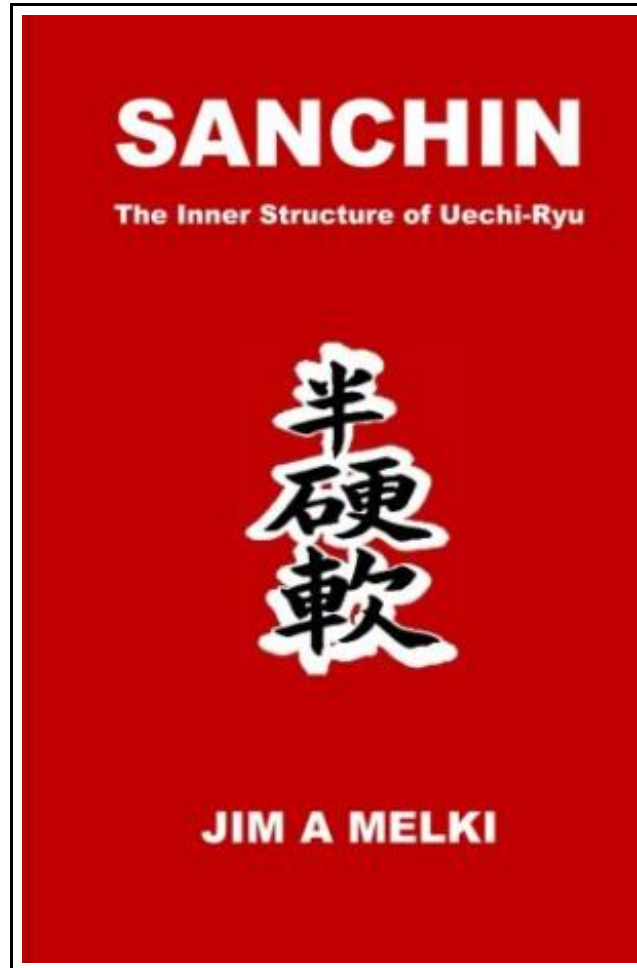


## Sanchin: The Inner Structure of Uechi-Ryu



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