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You Might Be a Problem Drinker If.

By David L Anders

David Anders Publishing House, United States, 2011. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book ***** Print on Demand *****.Dr. David L. Anders is a practicing physician who provides a light-hearted view of those who have a tendency to drinking just a little too much. As he says in the Introduction of You Might Be A Problem Drinker If. Almost everyone who drinks alcoholic beverages has at one time or another asked introspectively, Why did I do that? when reflecting on the activities of the night before. And suddenly, guilt is replaced by an attempted justification, with a self-assurance that, It couldn't have been that juvenile, and if it was, everyone else there had imbibed more than you so you were off the hook. Nevertheless, at such times, you may ask, Did I go too far? Do I have a drinking problem? Am I on the slippery slope to ruination? and then you again comfort yourself with a reassuring Na and promise to behave next time. It is in these moments of insecurity that this book may be a useful tool. Ever since the days of the Great Flood, astute observers have identified...



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