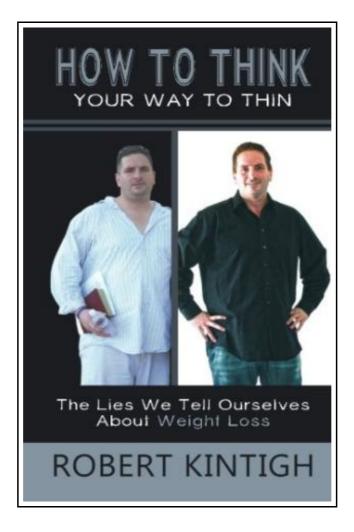
# How to Think Your Way to Thin: The Lies We Tell Ourselves about Weight Loss



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# Reviews

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(Jamar Stracke)

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