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Self Defense: For the Individual (Classic Reprint)

By Billy C Sandow

Forgotten Books, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.Excerpt from Self Defense: For the Individual It has been necessary to revise my book on In-fighting for the U. S. Army, which was published as a text on the subject at Camp Dix, N. J., in order to have it conform to the needs of the civilian as a means of self-defense against the thug or thief. That a practical method of self-defense for civilians serves a need is a well-established fact. And that the system best adapted to ones need should be other than a knowledge of the so-called manly art of self-defense, or boxing, is one of the lessons learned from this great war. The students of war early discovered that boxing served no other purpose than the double one of teaching the leads and parries of the bayonet and the building up of a fighting spirit. It was the experience of our Allies, and later of the U. S., that there was need for some other method of hand-to-hand fighting. The Infantry School of Arms, Fort Sill, Oklahoma, made a study of trench...



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