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## 1905 Cookbook: Food for Body and Soul

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By Judy Steiger Howard

Dorcas Publishing, United States, 2011. Paperback. Book Condition: New. 274 x 210 mm. Language: English . Brand New Book. Pioneer Cookbook Profits Feed Starving Children More than simply a cookbook, 1905 Cookbook Food for Body and Soul combines hilarious yet useable and tantalizing recipes with a glimpse into the lives of those courageous pioneer women who left family, friends and the comforts of first homes to homestead a hostile and barren landscape before Oklahoma became a state. Illustrated with vintage photos and 1905 advertising of local merchants offering everything from cook stoves promising to bake perfect biscuits in three minutes to buggies, corsets to artificial eyes, this captivating collection contains more than three hundred recipes. A sampling of the favorites includes salt rising bread, rusks calling for two teacupsful of sponge, corn fritters, graham gems, ginger tea cakes, Oklahoma's Delight, hot slaw, potato stuffing for goose or duck, cream sweet breads, snow eggs and suet pudding. These recipes with cameos of the individual contributors transport you back into the hearts and lives of everyday pioneer heroines through our universal passion for food, family and community fellowship. Each brave contributor leaves behind a legacy of love and darned good home...



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