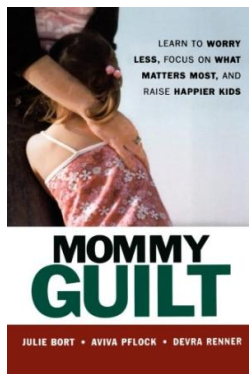


## Mommy Guilt: Learn to Worry Less, Focus on What Matters Most, and Raise Happier Kids



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