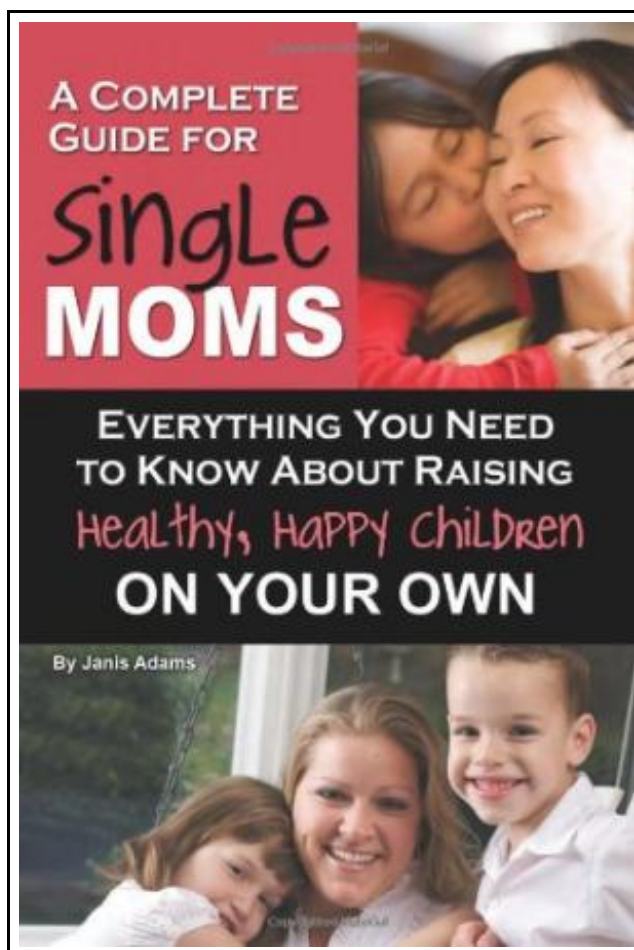


## Complete Guide for New Single Moms: Everything You Need to Know About Raising Healthy, Happy Children on Your Own



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Atlantic Publishing Co. Paperback. Book Condition: new. BRAND NEW, Complete Guide for New Single Moms: Everything You Need to Know About Raising Healthy, Happy Children on Your Own, Janis Adams, Recent statistics from the U.S. Census Bureau show there are 9.9 million single mothers in the United States. This number is up from only 3.4 million in 1970, showing that single motherhood is more common than ever. For every mother recently finding herself single, or new moms learning how to raise their first child by themselves, there are countless things any mother will need to know. Single motherhood presents innumerable situations that are much harder to handle without the helping hands of a second parent nearby. But one of the best ways to prepare yourself for success as a single mother is to arm yourself with knowledge about what to expect with single parenting. A Complete Guide for Single Moms: Everything You Need to Know About Raising Healthy, Happy Children on Your Own is for every mother who is learning how to raise children on her own. Regardless of how you came to be a single mom whether it was through divorce, the end of a relationship, surrogacy, adoption, unplanned pregnancy, or by the death of a spouse this book will walk you through the information you need to know to help you and your child adjust to a new lifestyle. The book covers what to do when pregnant and single and how to rely on your family and friends for support and help. You will learn the basics of early childcare, including what a child needs in its first year, from breastfeeding and nappies, to clothing and travel. You will learn what to expect as your child grows, including the early years of school and the problematic teenage years....



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