



Mum to Mum, Pass it on

By from you to me, Helen Stephens

from you to me Limited. Hardback. Book Condition: new. BRAND NEW, Mum to Mum, Pass it on, from you to me, Helen Stephens, Mum to Mum - Pass it on is a delightful and beautifully designed book which will make the perfect thoughtful gift to inspire and offer comfort to any new mother or mother-to-be to help her to embrace motherhood. Split into colour coded subject areas, the book contains over 160 practical tips, inspirations and little nuggets of wisdom which will warm the heart and strengthen the resolve of any new mother. Readers are treated to a 'tip' per page, making the book easy to dip into when a little guiding light is needed. The book is a collation of tips from real mothers who have had to learn the hard way. From time and money saving tips and gentle ways of steering a child towards good eating habits, to coping with the mountain of advice available. All created to make the transition to motherhood smooth and stress free.



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