



## Doc s Daily Dose: The 3 D s for the Mind

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By D F Arnold

Bookstand Publishing, United States, 2011. Paperback. Book Condition: New. 216 x 140 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.With DOC S DAILY DOSE: THE 3 D S FOR THE MIND, you are about to embark on a journey with author Dr. D.F. Arnold, a highly successful personal coach, mentor, and motivational speaker. For the last ten years, he has inspired and empowered hundreds of teams, companies, and organizations, as well as thousands of individuals, to utilize their greatness within. Dr. Arnold understands success and failure. He also understands how to motivate others to achieve their dreams. After getting kicked out of two different high schools and ultimately graduating from a continuation school, his message is simple: It s not how you start, but how you finish that counts. Dr. Arnold later went on to earn his A.A. degree in Behavioral Science from Citrus Community College, B.A. and M.A. degrees from Chico State University, and an M.S. degree in Sports Psychology from the University of Idaho. Dr. Arnold received his Ph.D. in Education Administration from Washington State University. He has turned his vision into reality and would like to share what he has learned with his...



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