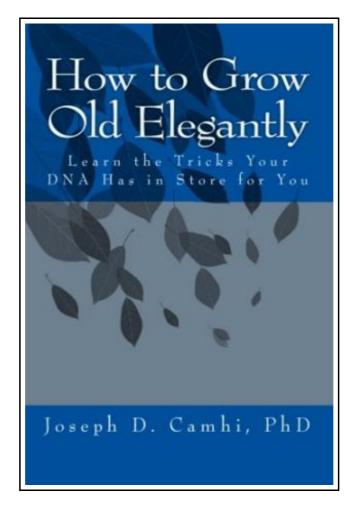
# How to Grow Old Elegantly: Or Learn the Tricks Your DNA Has in Store for You



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