



## Brainwave Music System

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By Jeffrey Thompson

Relaxation Company,U.S., United States, 2011. CD-Audio. Book Condition: New. Unabridged. 145 x 130 mm. Language: English . Brand New. Six Brainwave Music Soundscapes. Choose Your State of Mind. Clinically Proven Audio Program Based on 25 Years of Research. Sound healing pioneer Dr. Jeffrey Thompson has developed unique techniques for embedding brainwave audio processes into lush, multilayered, ambient musical soundtracks. After just a few minutes of listening, your own brainwaves naturally lock onto these audio pulses, to lead you easily to the state of mind you want to experience. DR. JEFFREY THOMPSON S clinical research with thousands of patients has led to groundbreaking discoveries in how sound frequency patterns built into musical soundtracks can alter states of consciousness and induce mind-body healing. His breakthrough audio programs are used by Fortune 500 companies, health care professionals, and more than a million individuals worldwide. Contains 6 CDs. CD1) Alpha Relaxation System. Relax your body, quiet your mind and renew your spirit. CD2) Theta Meditation System. Experience expanded awareness and deeply meditative states. CD3) Delta Sleep System. Fall asleep easily and naturally, and wake up refreshed. CD4) Healing Mind System. Tap into your own natural source of healing and rejuvenation. CD5) Creative Mind System....



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