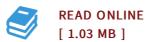




Power to Enlighten Now

By Susan Kerr

Blue Dolphin Publishing, United States, 2012. Paperback. Book Condition: New. 213 x 140 mm. Language: English . Brand New Book. The mystery of enlightenment has eluded scholars for centuries. In thisconcise book, Susan Kerr breaks through the illusion and confusion tobring to light the underlying secrets of this ancient knowledge. In aclear and concise manner she explains: Exactly what enlightenment is, How to become enlightened yourself, and What to expect in the process.Her ideas are based on her own experiences. She makes theprocess seem simple and shows that enlightenment is not just a goalfor gurus and monks, but for anyone interested in self-realizationthat is, experiencing the fullness of who we really are.Enlightenment was once described by a Tibetan lama as a newway of looking at everything. This new view, however, involvesclearing and liberating the encapsulated power held in one semotions over our lifetime. Ms. Kerr suggests that the quickest pathto enlightenment is through our feelings-the direct, raw experienceas felt in the very moment of occurrence-before thoughts get in theway. These feelings still hold the power of the initial experience-whether painful, traumatic, or even joyful-and in liberating them, we clear our souls to see and feel in new ways. In her...



Reviews

This book is definitely not straightforward to get started on studying but extremely exciting to read. It is really simplistic but shocks in the 50 percent of the ebook. Once you begin to read the book, it is extremely difficult to leave it before concluding.

-- Ally Reichel

This publication is amazing. It is definitely basic but shocks in the fifty percent of your publication. You wont feel monotony at anytime of your own time (that's what catalogues are for concerning if you question me).

-- Prof. Kirk Cruickshank DDS

Other PDFs



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