



## Lifedancing: Mastering Life's Movement

By Linda Lmft Lmhc Lawless

Balboa Press, United States, 2016. Paperback. Book Condition: New. 279 x 210 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*. People say that what we're all seeking is a meaning for life. I don't think that's what we're really seeking. I think that what we're seeking is an experience of being alive, so that our life experiences, on the purely physical plane, resonate with our own innermost being, so that we actually feel the rapture of being fully alive. JOSEPH CAMPBELL The measure of intelligence is the ability to change. Albert Einstein Become the Master of Your Life's Movement Change is often NOT easy to create or survive. Most people slog along from day to day until their proverbial boat gets leaks, or sinks. Be prepared for life storms using the LifeDancing approach. LifeDancing is a step-by-step process that easily looks at the big picture of your life, problem solves, visions your dreams, plans, creates action and feedback, and guides and enhances your daily dance of life. Using LifeDancing's Self-Directed Well-Being approach, you are invited to create your LifeDance now, and savor your applause!! For counselors, life coaches and...



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