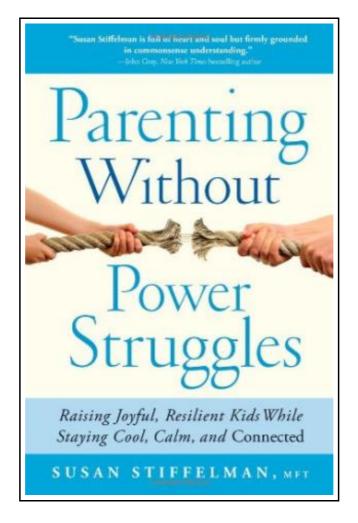
## Parenting Without Power Struggles Raising Joyful, Resilient Kids While Staying Cool, Calm, and Connected



Filesize: 5.44 MB

### Reviews

This is actually the best ebook we have read till now. Indeed, it can be enjoy, nevertheless an interesting and amazing literature. You will not feel monotony at whenever you want of the time (that's what catalogs are for regarding should you question me).

(Jamar Stracke)

# PARENTING WITHOUT POWER STRUGGLES RAISING JOYFUL, RESILIENT KIDS WHILE STAYING COOL, CALM, AND CONNECTED



Atria Books. Paperback. Book Condition: New. Paperback. 320 pages. Dimensions: 8.3in. x 5.4in. x 1.1in.Do you ever find yourself asking . . . How can you get your children to do their homework without meltdowns, threats or bribes How can you have a drama-free morning where the kids actually get out the door in time for school How can you better manage your kids screen time without making them want to hide what theyre doing from you Family therapist Susan Stiffelman is here to help. While most parenting programs are designed to coerce kids to change, Parenting Without Power Struggles does something innovative, showing you how to come alongside your children to awaken their natural instincts to cooperate, rather than at them with threats or bribes, which inevitably fuels their resistance. By staying calm and being the confident Captain of the ship your child needs, you will learn how to parent from a place of strong, durable connection, and youll be better able to help your kids navigate the challenging moments of growing up. Drawing upon her successful practice and packed with real-life stories, Parenting Without Power Struggles is an extraordinary guidebook for transforming the day-to-day lives of busy parentsand the children they love. This item ships from multiple locations. Your book may arrive from Roseburg, OR, La Vergne, TN. Paperback.

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