



## Trusting the Currents

By Lynnda Pollio

Sageheart Media. Hardcover. Book Condition: New. Hardcover. 256 pages. Dimensions: 8.5in. x 5.5in. x 0.8in. Trusting the Currents represents a new literary genre of conscious storytelling, engaging high spiritual frequencies that resonate with the readers heart, guiding them deep into their own truth and transformation. Some moments change everything you become. Author Lynnda Pollios life as a busy New Yorker abruptly changes when she unexpectedly hears the mystical, elderly voice of Addie Mae Aubrey, a Southern, African American woman. Her first words, Its not what happened to me that matters, begin a spirited remembering of Addie Maes teenage years in the late 1930s rural south and the hard learned wisdom Addie Mae asks Lynnda to share. As women from different times and places, together they embark on an uncommon journey. Narrated by Addie Mae Aubrey, Trusting the Currents is a spiritual story of faith, courage, forgiveness, and the uneasy search for ones place in life. Beginning at age eleven with the arrival of beautiful, mysterious cousin Jenny and her shadowy stepfather, Uncle Joe, Trusting the Currents explores Addie Maes reluctant awakening. As Jenny, the storys mystical center introduces Addie Mae to the spiritual world, a caring teacher, Miss Blanchard, guides Addie...



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