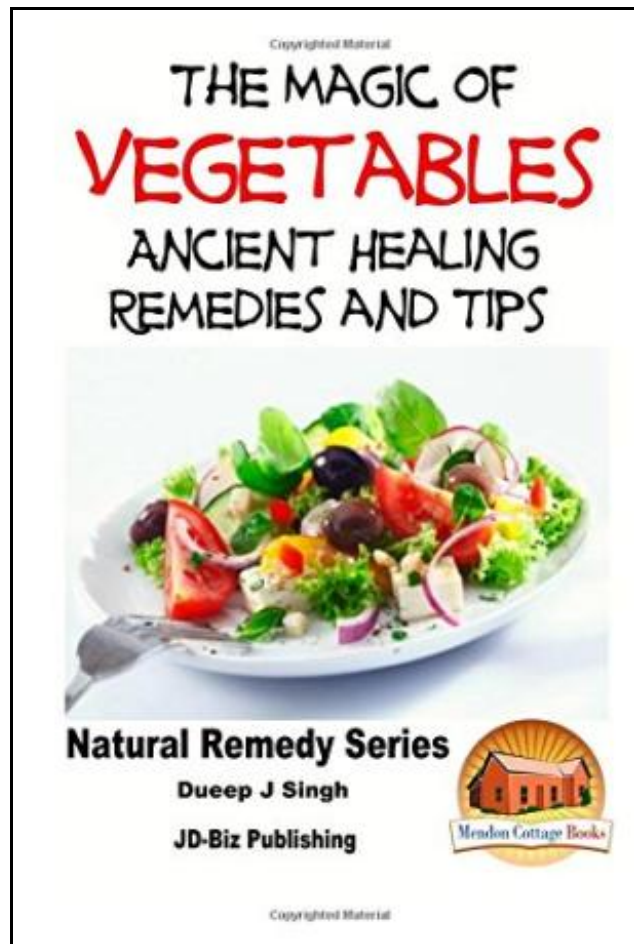


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(Ms. Ora Buckridge)

THE MAGIC OF VEGETABLES - ANCIENT HEALING REMEDIES AND TIPS



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Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Magic of Vegetables Ancient Healing Remedies and Tips Table of Contents Introduction Preserving Tomatoes after the Harvest Is in Getting Rid of Strong Mustard Taste Boiling Old Potatoes Curing Baldness with Cucumber Hair Fall Curing Acidity. Fenugreek Leaves and Seeds Getting rid of Jaundice. Organic Brown Sugar Tomatoes for More Blood. Juice for Blemishes and Black Spots. Scars Diabetes Cure. Turnips for Controlling Diabetes Healthy Tomato Soup Recipe Preventing Dehydration. Burnt Cure. Curing Heartburn. Curing Night Blindness. Tomato - Potato Mix Getting Rid of Headaches Sugar Syrup. Black Pepper Decoction. Tuberculosis Cure. Cod Liver Treatment Conclusion Author Bio Introduction Vegetables are such an integral part of our daily lives, that we really do not bother much about their natural benefits and value. All we know is that they are those greens which we had to eat when we were children, because mommy said so, and she was bigger than us. And she was not a good cook. And also, she made every vegetable dish taste so boring, so blah and so bland, that one promised oneself that one would never eat it, when one grew up. That is the reason why so many of us grow up with an anti-vegetable subconscious feeling. But did you know that these green and leafy vegetables are the reasons why you kept so healthy, so energetic, and so bouncing when you were a kid. They were the natural mineral resources, which provided you with vitamins, minerals, and other essential nutrients, which help your muscles grow healthy, your skin glow and made you look so bright eyed and bushy tailed. And then you grew up and stopped eating vegetables....



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