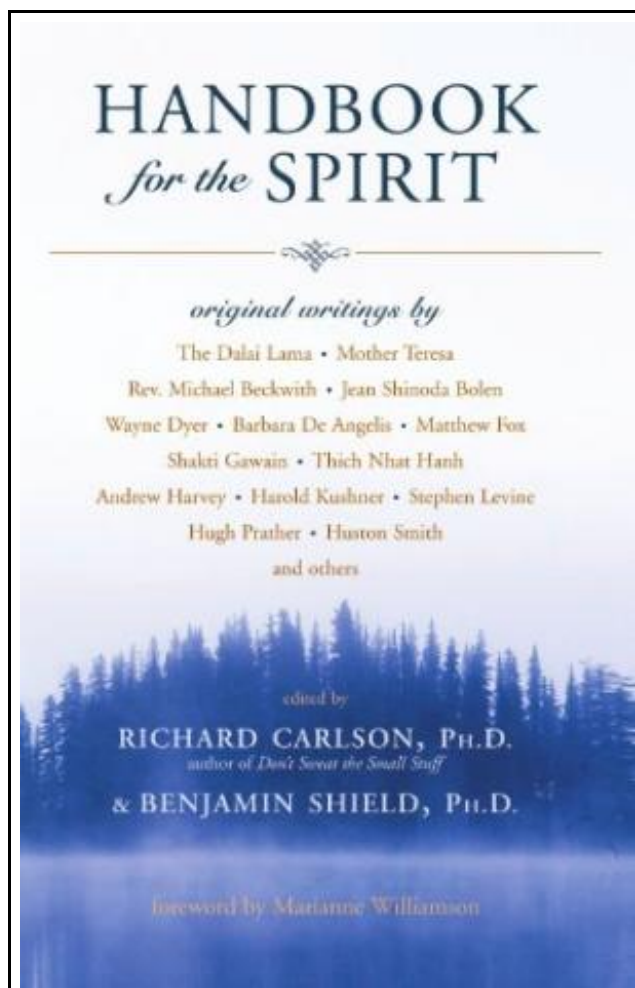


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New World Library. Paperback. Book Condition: new. BRAND NEW, Handbook for the Spirit (3rd Revised edition), Richard Carlson, Benjamin Shield, In this wonderfully diverse collection of original writing, an extraordinary group of thinkers and teachers celebrate their personal experiences of the divine. "Handbook for the Spirit" includes essays by Andrew Harvey, Sue Bender, Rev. Michael Beck with (of "The Secret" fame), Barbara De Angelis, and Marianne Williamson. Edited by bestselling editors Richard Carlson and Benjamin Shield, creators of "Handbook for the Soul" and "Handbook for the Heart", "Handbook for the Spirit" features the Dalai Lama on the central importance of kindness, Sue Bender on the small miracles of everyday life, Brooke Medicine Eagle on the Great Spirit, Joseph Goldstein on the Dharma, Rabbi Harold Kushner on how God appears in relationships, Brother David Steindl-Rast on perceiving the divine through the senses, and nineteen other contributors on their own personal spirituality. "Handbook for the Spirit" gathers some of the most revered teachers in religion, psychology, and spirituality to provide much-needed spiritual nourishment. As the Dalai Lama writes, "Human beings need spiritual as well as material sustenance. Without spiritual sustenance, it is difficult to get and maintain peace of mind. The purpose of religion is not to argue over which is best."



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