



Coloring Yourself Calm, Volume 3: Adult Coloring Book

By Jeffrey Littorno

Createspace Independent Publishing Platform, United States, 2016. Paperback. Book Condition: New. 254 x 203 mm. Language: English . Brand New Book ***** Print on Demand *****.It's time for you to rediscover the benefits of coloring, The third book in the Coloring Yourself Calm series gives you 50 designs to color and enjoy the relaxing effects. Coloring books for adults have sprung up in stores and online. Jeffrey Littorno's Adult Coloring Books are full of 50 captivating Mandala designs. The pages are created with the idea that they are simple enough to be finished in one sitting. This coloring book for grown ups is perfect for anyone seeking to enjoy the relaxing power of coloring. Don't miss all of the books in the Coloring Yourself Calm series!.



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