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A Series of Lessons in Gnani Yoga (Masterpiece Collection): Great Classic

By Yogi Ramacharaka

Createspace, United States, 2013. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book ***** Print on Demand *****.The Yogi Philosophy may be divided into several great branches, or fields. What is known as Hatha Yoga deals with the physical body and its control; its welfare; its health; its preservation; its laws, etc. What is known as Raja Yoga deals with the Mind; its control; its development; its unfoldment, etc. What is known as Bhakti Yoga deals with the Love of the Absolute-God. What is known as Gnani Yoga deals with the scientific and intellectual knowing of the great questions regarding Life and what lies back of Life-the Riddle of the Universe. Each branch of Yoga is but a path leading toward the one end-unfoldment, development, and growth. He who wishes first to develop, control and strengthen his physical body so as to render it a fit instrument of the Higher Self, follows the path of Hatha Yoga. He who would develop his will-power and mental faculties, unfolding the inner senses, and latent powers, follows the path of Raja Yoga. He who wishes to develop by knowing -by studying the fundamental principles, and the wonderful truths...



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Reviews

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