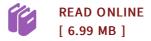




Natural Beauty with Coconut Oil: Homemade Beauty Products Using Nature s Perfect Ingredient (Hardback)

By Lucy Bee

Quadrille Publishing Ltd, United Kingdom, 2016. Hardback. Book Condition: New. 180 x 160 mm. Language: English. Brand New Book. Coconut oil, as we know, is nature s perfect Ingredient. It has earned that accolade through not just its versatility in cooking but also its application as an effective and economic beauty treatment for skin, hair and oral health. Tapping into the current trend for making your own beauty treatments as an alternative to shop-bought products that can be pricey and often are packed with chemicals, such as paraffin and other unnatural chemical compounds, every recipe in Coconut Oil: Natural Beauty is super easy to make at home, without any expensive specialized equipment. A few recipes, such as the Coconut Oil and Tea Tree Spot Zapper are as simple as coconut oil enhanced with a drop or two of essential oil, while other recipes, like the Cellulite-Busting Coffee Body Scrub, makes use of spent coffee grounds that would otherwise be thrown away. Alongside her favourite recipes, Lucy gives tips based on her own daily and weekly beauty routines. With chapters on the face, the body, hair, hands and feet, and with feature spreads on oral health, first aid, travel essentials and mums...



Reviews

This ebook is definitely not simple to begin on reading but really enjoyable to read through. This really is for all who statte that there had not been a worth reading. You may like how the author publish this ebook.

-- Demetrius Buckridge

This book may be really worth a read through, and a lot better than other. It is really basic but excitement inside the 50 % in the pdf. I realized this pdf from my dad and i encouraged this publication to learn.

-- Curtis Bartell