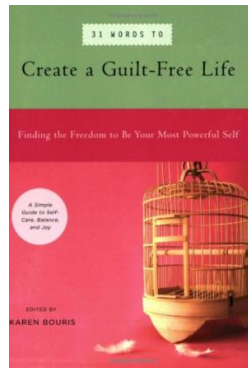


## 31 Words to Create a Guilt-Free Life: Finding the Freedom to be Your Most Powerful Self - A Simple Guide to Self-Care, Balance, and Joy (39 Power Words)



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### Book Review

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(Twila Gutkowski)

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