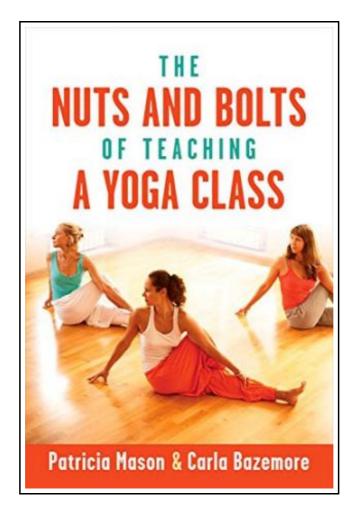
### The Nuts and Bolts of Teaching a Yoga Class



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