



## As Long as I m Sitting Here: A Lighthearted Tour Through a Self-Help or Motivational Seminar

By Robert B Smith

iUniverse, United States, 2007. Paperback. Book Condition: New. 224 x 147 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Have you ever attended a seminar where the facilitator paces back and forth to a preset rhythm of words, poignant breaks, and crescendos all while referring to a pile of well-rehearsed notes? If so, As Long as I m Sitting Here will teach you how to have fun as you navigate your way through any seminar. Robert B. Smith will have you laughing out loud as he cleverly summarizes a day in the life of a seminar attendee. You will learn how to overcome boredom as the speaker rambles on about his life story, attempts to use humor to teach valuable workplace lessons, and encourages participants to eat five-thousand-calorie sticky buns during breaks. Smith reflects on his own experiences as a seminar leader as he pokes fun at the entire process, including how speakers work the room, how they single out the hecklers, and how they incorporate the hard sell of their books and audio tapes throughout the day. All kidding aside, Smith s message is clear. Attending a self-help seminar cannot change you unless you choose to...



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