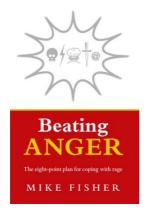
Read Doc

BEATING ANGER: THE EIGHT-POINT PLAN FOR COPING WITH RAGE



Ebury Publishing. Paperback. Book Condition: new. BRAND NEW, Beating Anger: The Eight-point Plan for Coping with Rage, Mike Fisher, We all feel angry at times. It can be an uncomfortable emotion, yet it is almost a taboo subject. We get very little guidance in our culture on how to deal with it, and the guilt or violence that may accompany it. Here is the perfect book to help anyone from 16-75 years old to beat their anger - or help...

Download PDF Beating Anger: The Eight-point Plan for Coping with Rage

- Authored by Mike Fisher
- Released at -



Filesize: 7.13 MB

Reviews

I actually started reading this pdf. It can be rally exciting through reading period of time. Your lifestyle span is going to be enhance as soon as you total reading this ebook.

-- Nya Bechtelar

This created ebook is great. It usually will not cost excessive. I am very easily could possibly get a pleasure of reading through a created book.

-- Ms. Retha Hoppe

Related Books

- Short Stories Collection I: Just for Kids Ages 4 to 8 Years Old
- Short Stories Collection II: Just for Kids Ages 4 to 8 Years Old
- Short Stories Collection III: Just for Kids Ages 4 to 8 Years Old
- Found around the world : pay attention to safety(Chinese Edition)
- Music for Children with Hearing Loss: A Resource for Parents and Teachers