

## Nos Gusta Movernos: El Ejercicio Es Divertido



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### ***Reviews***

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***(Elena Runolfsdottir Sr.)***

## NOS GUSTA MOVERNOS: EL EJERCICIO ES DIVERTIDO



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Hohm Press,U.S. Paperback. Book Condition: new. BRAND NEW, Nos Gusta Movernos: El Ejercicio Es Divertido, Elyse April, Regina Sara Ryan, Diane Iverson, Text in Spanish. Ages 4-8. A children's picture book with upbeat, rhyming text and brilliantly-coloured illustrations of young children engaging in many different forms of physical activity. The book presents multicultural characters -- including African, Hispanic, Caucasian and Asian children and adults -- and varied locales, from a busy city street scene to a country landscape. Each child shown is joyfully engaged in movement, demonstrating both the physical and the emotional health benefits of exercise. WE LIKE TO MOVE conveys the message that exercise is fun, and a normal part of the life of a human being. The text and illustrations suggest that movement may be spontaneous as well as organised through sports; and that it is for everyone, from every age, gender, culture and walk of life. Even children or adults with physical handicaps can participate in some types of movement.



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