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STOP WHINING, START LIVING



HarperCollins Publishers Inc, United States, 2009. Paperback. Book Condition: New. Reprint. 198 x 132 mm. Language: English. Brand New Book. Dr. Laura Schlessinger admits that there are things worth whining about! A certain amount of whining allows for some venting of reasonable pain, disappointment, fear, frustration or frank rage. However, staying stuck in whining mode that can become a life-long problem. This is where Dr. Laura steps in with Stop Whining, Start Living to help folks conquer the temptation...

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- Authored by Laura Schlessinger
- Released at 2009



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