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Rethinking Narcissism: The Secret to Recognizing and Coping with Narcissists

By Dr Craig Malkin

HARPER PERENNIAL, United States, 2016. Paperback. Book Condition: New. Reprint. 201 x 135 mm. Language: English . Brand New Book. Harvard Medical School psychologist and Huffington Post blogger Craig Malkin addresses the narcissism epidemic, by illuminating the spectrum of narcissism, identifying ways to control the trait, and explaining how too little of it may be a bad thing. What is narcissism? is one of the fastest rising searches on Google, and articles on the topic routinely go viral. Yet, the word narcissist seems to mean something different every time it's uttered. People hurl the word as insult at anyone who offends them. It's become so ubiquitous, in fact, that it's lost any clear meaning. The only certainty these days is that it's bad to be a narcissist really bad inspiring the same kind of roiling queasiness we feel when we hear the words sexist or racist. That's especially troubling news for millennials, the people born after 1980, who've been branded the most narcissistic generation ever. In Rethinking Narcissism readers will learn that there's far more to narcissism than its reductive invective would imply. The truth is that we all fall on a spectrum...



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