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## DON T BE A FAT GIRL ANYMORE!



AUTHORHOUSE, United States, 2011. Paperback. Book Condition: New. 224 x 150 mm. Language: English. Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Don t Be a Fat Girl Anymore! is a motivating and inspiring narrative about the author s own seven year, weight loss journey. Chena admits what most people won t - She was a FAT Girl. Her story provides realistic and practical strategies for weight loss by giving tips for others to use as they embark on their...

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- Authored by Chena T. Flood Ed.D.
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