



The Comfort Garden: Tales from the Trauma Unit

By MS, Laurie Barkin RN

Fresh Pond Press. Paperback. Book Condition: New. Paperback. 386 pages. Dimensions: 8.8in. x 6.0in. x 1.1in.When the Caregiver Needs SolaceThe Comfort Garden is Laurie Barkins account of the five years she worked as a psychiatric nurse on the surgicaltrauma unit at San Francisco General Hospital. Told against the backdrop of patients who survived motor vehicle accidents, falls, fires, fists, bullets, and knives, The Comfort Garden is a metaphor for the emotional support caregivers need. The story illuminates the issues of compassion fatigue and vicarious trauma that may develop in caregivers when exposure to tragedy becomes routine. The Comfort Garden will appeal to healthcare professionals, firefighters, police, war veterans, social workers, journalists, students, and anyone whose life is touched by trauma. The Comfort Garden reveals the real world of human-to-human caring at its highest level. -- Jean Watson, RN, PhD, author of Human Caring Science: A Theory of NursingLaurie is that rare health professional with a gift for narrative and a story to tell. This is an important book for any health care worker, but especially for those of us who consider ourselves traumatic stress specialists. It reinforces the values and the spirit that brought us into the field. It reminds...



Reviews

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