

CURRICULUM VITAE

Dr Douglas A. Parry

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ACADEMIC CAREER

Primary Appointments

From 11/2024	Assistant Professor , Department of Communication Science, Vrije Universiteit Amsterdam, The Netherlands <ul style="list-style-type: none"> - Member, VU Media Psychology Research Group - Member, VU Network Institute - Member, VU Digital Media and Behavior Lab - Co-founder, VU Digital Literacy Hub
1/2023 – 10/2024	Senior Lecturer , Department of Information Science, Stellenbosch University, South Africa <ul style="list-style-type: none"> - Member, Cognition & Technology Research Group - Coordinator, Departmental ethics screening committee - Coordinator, Departmental undergraduate program - Committee member, SAICSIT council
2020 – 2022	Lecturer , Department of Information Science, Stellenbosch University, South Africa <ul style="list-style-type: none"> - Member, Cognition & Technology Research Group - Coordinator, Departmental ethics screening committee
2017 – 2019	Junior Lecturer (contract, full-time), Department of Information Science, Stellenbosch University, South Africa
2016	Junior Lecturer (contract, part-time), Department of Information Science, Stellenbosch University, South Africa

Secondary Appointments and Research Visits

From 12/2024	External Associate Researcher , Methods Lab, Weizenbaum Institute for the Networked Society, Germany
From 1/2025	External Associate Research Fellow , Department of Information Science, Stellenbosch University, South Africa
5/2024 – 6/2024	Research Fellow , Methods lab Weizenbaum Institute for the Networked Society, Germany
11/2023 – 12/2023	Research Fellow , Methods Lab Weizenbaum Institute for the Networked Society, Germany
6/2023	Visiting researcher , Chair of Business Informatics, University of Potsdam, Germany (ERASMUS funded)
11/2019	Visiting researcher , Chair of Business Informatics, University of Potsdam, Germany (DAAD funded)

EDUCATION

12/2019	PhD in Socio Informatics , Stellenbosch University Supervisors: le Roux, D. B., (Information Science) & Bantjes, J. R. (Psychology) Examining committee: Lochner, C (Psychiatry), Nel, L. (Informatics), & Rosen, L. (Psychology)
12/2017	MA (Cum Laude) in Socio Informatics , Stellenbosch University Supervisor: le Roux, D. B.









12/2015	BA Hons (Cum Laude) in Socio Informatics , Stellenbosch University
12/2014	BA in Socio Informatics , Stellenbosch University
	Majors: Socio Informatics, Economics
12/2010	National Senior Certificate , Diocesan College
	(w/ exchange semester at Llandovery College, Wales)
	Maths, English, Afrikaans, IT, Physical Science, Visual Art




























ACADEMIC PUBLICATIONS

Impact:






- **Google Scholar citations:** 2174, h-index: 21, i-10 index: 29
- **Altmetric:** 1480 total mentions [[report](#)]

Journal articles, peer-reviewed (36):

- | | |
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| 2025 | <ol style="list-style-type: none"> 1. Wack, M., Parry, D. A., (in press). Synthetic Diversity: Examining the Effects of Ethnic Targeting using AI-Generated Political Ads. <i>International Journal of Communication</i>.  2. Parry, D. A., Kuit, C.,² Murray, A.,² & van der Westhuizen, A.² (in press). Connect to Disconnect: What an Online Community for Digital Disconnection Can Tell Us About Digital Well-Being. <i>New Media & Society</i>. 10.1177/14614448251362436 [Open access] [Preprint]  3. Parry, D. A., Fisher, J. (2025). Is it Time to Abandon the Media Multitasking Index? <i>Journal of Media Psychology</i>. 10.1027/1864-1105/a000470 [Preprint] 4. Parry, D. A., Toth, R. (2025). Extracting meaningful measures of smartphone usage from Android event log data: A methodological primer. <i>Computational Communication Research</i>, 7 (1). 10.5117/CCR2025.1.8.PARR [Preprint]  5. Parry, D. A., Coetzee, B., J. (2025) Do Mindsets Really Matter? A Closer Look at Social Media Perceptions and Well-Being. <i>Journal of Computer Mediated Communication</i>, 30 (4). 10.1093/jcmc/zmaf011 [Open access] [Preprint]  6. Le Roux, D. B., Parry, D. A., Feldman, J. (in press). The mere presence of smartphones has no impact on cognition in the high school classroom. <i>Cyberpsychology: Journal of Psychosocial Research on Cyberspace</i>  |
| 2024 | <ol style="list-style-type: none"> 7. Ellis, D. A., Towse, J., Brown, O., Cork, A., Davidson, B. I., Devereux, S., Hinds, J., Ivory, M., Nightingale, S., Parry, D. A., Piwek, L., Shaw, H., and Towse, A. S. (2024). Assessing computational reproducibility in Behavior Research Methods. <i>Behavior Research Methods</i>. 10.3758/s13428-024-02501-5 [Open Access]  8. Sewall, C., Parry, D. A., (2024). Social Media and Youth Mental Health: Simple Narratives Produce Biased Interpretations. <i>Journal of Psychopathology and Clinical Science</i> 133 (7), 507 – 514. https://doi.org/10.1037/abn0000950 [Preprint]  [APA Editor's Choice Award] 9. Ross, M., Gilbert, A., Klingelhoef, J., Matassi, M., Nassen, L., Van Bruyssel, S. Verlinden, A., Parry, D. A. (2024). Mapping a Pluralistic Continuum of Approaches to Digital Disconnection. <i>Media Culture and Society</i>, 46 (4), 851–862 10.1177/01634437241228785 [postprint] 10. Fassi, L., Thomas, K., Parry, D. A., Leyland-Craggs, A., Ford, T., Orben, A. (2024). Social media use and internalizing symptoms in clinical and community adolescent samples: a systematic review and meta-analysis. <i>JAMA Pediatrics</i> 10.1001/jamapediatrics.2024.2078 [Preprint]  |

11. **Parry, D. A.** (2024). Without access to social media platform data we risk being left in the dark. *South African Journal of Science*, 120 (3/4). [10.17159/sajs.2024/17008](https://doi.org/10.17159/sajs.2024/17008) [Open Access] [preprint]
12. **Parry, D. A.** (2024). Does the mere presence of a smartphone impact cognitive performance? A meta-analysis of the “brain drain effect”. *Media Psychology* 27 (5), 737 – 762. [10.1080/15213269.2023.2286647](https://doi.org/10.1080/15213269.2023.2286647) [preprint] [materials]   
13. Henry, M. S.,² **Parry, D. A.**, le Roux, D. B. (2024). We’re in this together: Visible Social Support Actions in Virtual Teams Using Enterprise Social Media. *International Journal of Business Communication*. [10.1177/23294884241251815](https://doi.org/10.1177/23294884241251815) [Preprint] 
- 2023 14. Davidson, B., Wischerath, D.,¹ Racek, D.,¹ **Parry, D. A.**,¹ Godwin, E., Hinds, J., van der Linden, D., Roscoe, J., Ayravainen, L. (2023). Platform-controlled social media APIs threaten Open Science. *Nature Human Behavior*, 7, 2054–2057. [10.1038/s41562-023-01750-2](https://doi.org/10.1038/s41562-023-01750-2) [preprint]
15. Conradie, L.,² le Roux, D. B., **Parry, D. A.** (2023) Cross-domain online vigilance, boundary management, and stress among knowledge workers. *South African Journal of Business Management*, 54 (1). [10.4102/sajbm.v54i1.3896](https://doi.org/10.4102/sajbm.v54i1.3896) [Open Access][materials]   
16. Blackburn, A. M., Han, H., ... **Parry, D. A.**, ..., Vestergren, S. (2023). Mediation Analysis of Conspiratorial Thinking and Anti-Expert Sentiments on Vaccine Willingness. *Health Psychology*, 42 (4), 235–246. [10.1037/hea0001268](https://doi.org/10.1037/hea0001268) [Open Access] [preprint] [materials]   
17. McCrosky, J.,¹ **Parry, D. A.**,¹ Sewall, C. J. R., Orben, A. (2023). Using Browser Data to Understand Desires to Spend Time Online. **Technology, Mind, and Behaviour**, 4(1). [10.1037/tmb0000095](https://doi.org/10.1037/tmb0000095) [Open Access] [preprint] [materials]   
18. **Parry, D. A.**, le Roux, D. B., Morton, J.,² Pons, R.,² Pretorius, R.,² Schoeman, A.² (2023). Digital Wellbeing Applications: Adoption, Use and Perceived Effects. *Computers in Human Behavior*, 139. 107542. [10.1016/j.chb.2022.107542](https://doi.org/10.1016/j.chb.2022.107542) [preprint] [materials]   
- 2022 19. **Parry, D. A.**, Fisher, J. T., Mieczkowski, H., Sewall, C. J. R., Davidson, B. I., (2022). Social Media and Well-being: A Methodological Perspective. *Current Opinion in Psychology*, 45. [10.1016/j.copsyc.2021.11.005](https://doi.org/10.1016/j.copsyc.2021.11.005) [preprint]
20. Blackburn, A. M., Vestergren, S., ..., **Parry, D. A.**, ... Zoletic, E. (2022). COVIDiSTRESS diverse dataset on psychological and behavioral outcomes one year into the COVID-19 pandemic. *Scientific Data* 9 (331). [10.1038/s41597-022-01383-6](https://doi.org/10.1038/s41597-022-01383-6) [preprint] [materials]   
21. le Roux, D. B., **Parry, D. A.** (2022). Investigating Predictors of Online Vigilance among University Students. *Information Technology & People*, 35 (1), 27–45. [10.1108/ITP-04-2020-0226](https://doi.org/10.1108/ITP-04-2020-0226) [preprint] [materials]  
- 2021 22. **Parry, D. A.**, Davidson, B. I., Sewall, C. J., Fisher, J. T., Mieczkowski, H., & Quintana, D. S., (2021). A Systematic Review and Meta-Analysis of Discrepancies Between Logged and Self-Reported Digital Media Use. *Nature Human Behaviour*, 5, 1535–1547. [10.1038/s41562-021-01117-5](https://doi.org/10.1038/s41562-021-01117-5) [preprint] [materials]   
23. Sewall, C., **Parry, D. A.**, (2021). The role of depression in the discrepancy between estimated and actual smartphone use: A cubic response surface analysis. *Technology, Mind, and Behaviour*, 2 (2). [10.1037/tmb0000036](https://doi.org/10.1037/tmb0000036) [Open Access] [preprint] [materials]   

¹Joint first/second authorship.² Indicates authors were graduate student advisees.

24. le Roux, D. B., **Parry, D. A.**, (2021). An exploratory investigation of the use and effects of academic instant messaging groups among university students. *Education and Information Technologies*, 27, 1055–1080. [10.1007/s10639-021-10631-y](https://doi.org/10.1007/s10639-021-10631-y) [materials] 
25. **Parry, D. A.**, le Roux, D.B. (2021). “Cognitive Control in Media Multitaskers” Ten Years On: A Meta-Analysis. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 15 (2), 2–7. [10.5817/CP2021-2-7](https://doi.org/10.5817/CP2021-2-7) [Open Access] 
26. Dienlin, T., Johannes, N., Bowman, N. D., Masur, P. K., Engesser, S., Kumpel, A. S., Lukito, J., Bier, L. M., Zhang, R., Johnson, B. K., Huskey, R., Fisher, J. T., Schneider, F. M., Breuer, J., **Parry, D. A.**, Banks, J., TeBlunthuis, N., Vermeulen, I., Smits, T., Weber, R., Won, A. S., Ellis, D. A., Unkel, J., Wang, X., Trepte, S., Ivory, J. D., Neubaum, G., Bachl, M., Winter, S., Davidson, B. I., Kim, N., Kramer, N., Utz, S., Carpenter, C. J., Levine, T. R., Lewis, N. A., Rinke, E. M., McEwan, B., Domahidi, E., de Vreese, C., (2021). An Agenda for Open Science in Communication. *Journal of Communication*, 71 (1), 1–26. [10.1093/joc/jqz052](https://doi.org/10.1093/joc/jqz052) [Open Access]
27. Henry, M. S.² le Roux, D. B., & **Parry, D. A.**, (2021). Working in a Post Covid-19 World: Towards a Conceptual Framework for Distributed Work. *South African Journal of Business Management*, 52 (1). [10.4102/sajbm.v52i1.2155](https://doi.org/10.4102/sajbm.v52i1.2155) [Open Access]
28. le Roux, D. B., **Parry, D. A.**, Totolo, A., Iyawa, G., Holloway, J., Prenter, A., & Botha L. (2021). Media Multitasking, Online Vigilance and Academic Performance among Students in three Southern African Countries. *Computers & Education*, 160. [10.1016/j.compedu.2020.104056](https://doi.org/10.1016/j.compedu.2020.104056) [preprint]
29. le Roux, D.B., **Parry, D. A.**, (2021). Off-task Media Use in Academic Settings: Cycles of Self-regulation Failure. *Journal of American College Health*, 69 (2), 134–141. [10.1080/07448481.2019.1656636](https://doi.org/10.1080/07448481.2019.1656636)
- 2020 30. **Parry, D. A.**, le Roux, D. B., & Bantjes, J. R., (2020). Testing the Feasibility of a Media Multitasking Self-Regulation Intervention for Students: Behaviour Change, Attention, and Self-perception. *Computers in Human Behavior*, 104. [10.1016/j.chb.2019.106182](https://doi.org/10.1016/j.chb.2019.106182) [preprint] 
31. **Parry, D. A.**, le Roux, D. B., & Cornelissen, L.A., (2020). Managing In-Lecture Media Use: The Feasibility and Value of a Split-Class Policy. *Journal of Computing in Higher Education*, 32 (2), 261–281. [10.1007/s12528-019-09232-z](https://doi.org/10.1007/s12528-019-09232-z)
- 2019 32. **Parry, D. A.**, (2019). Computing Research in South Africa: A Scientometric Investigation. *South African Computer Journal*, 31 (3), 51–79. [10.18489/sacj.v31i1.674](https://doi.org/10.18489/sacj.v31i1.674) [Open Access] 
33. le Roux, D.B., **Parry, D. A.**, (2019). Investigating differences in the attention distribution strategies of high and low media multitaskers through a two-dimensional game. *Cyberpsychology: Journal of Psychosocial Research on Cyberspace*, 13 (3). [10.5817/CP2019-3-2](https://doi.org/10.5817/CP2019-3-2) [Open Access] [Materials] 
34. **Parry, D. A.**, le Roux, D. B., (2019). Media Multitasking and Cognitive Control: A Systematic Review of Interventions. *Computers in Human Behavior*, 92, 316–327. [10.1016/j.chb.2018.11.031](https://doi.org/10.1016/j.chb.2018.11.031)
- 2018 35. Parry, D. A., le Roux, D.B., (2018). In-lecture Media Use and Academic Performance: Investigating Demographic and Intentional Moderators. *South African Computer Journal*, 30 (1), 85–107. [10.18489/sacj.v30i1.434](https://doi.org/10.18489/sacj.v30i1.434) [Open Access]

- 2017 | 36. le Roux, D. B., **Parry, D. A.**, (2017). In-lecture Media Use and Academic Performance: Does Subject Area matter? *Computers in Human Behavior*, 77, 86-94. [10.1016/j.chb.2017.08.030](https://doi.org/10.1016/j.chb.2017.08.030)

Book chapters, conference proceedings, & encyclopaedia entries (14):

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| In press | 1. Dienlin, T., Kruijckemeier, S., Parry, D. A. , (in press). Open Science. In Nai, A., Grömping, M., & Wirz, D. (Eds). <i>Elgar Encyclopedia of Political Communication</i> . Edward Elgar Publishing. [Preprint] |
| 2025 | 2. Baumgartner, S. E., Parry, D. A. , Beyens, I., Wiradhany, W., Uncapher, M., Wagner, A. D., Bavelier, D. (2025) The Short- and Long-Term Effects of Digital Media Use on Attention. In: Christakis, D.A., Hale, L. (eds) <i>Handbook of Children and Screens</i> . Springer, Cham. 10.1007/978-3-031-69362-5_5 [Open Access] |
| 2022 | 3. le Roux, D. B., & Parry, D. A. (2022). The Role of Self-regulation in Experiences of Digital Distraction in College Classrooms. In: Flanigan, A., & Kim, J. (eds) <i>Digital Distractions in the College Classroom</i> (pp. 92- 119), IGI Global. 10.4018/978-1-7998-9243-4.ch005 |
| 2021 | 4. Eigelshoven, F., ² Ulrich, A., Parry, D. A. , (2021). Cryptocurrency Market Manipulation – A Systematic Literature Review. <i>Proceedings of the International Conference on Information Systems (ICIS 2021), Austin, USA (Virtual Conference)</i> . https://aisel.aisnet.org/icis2021/fintech/fintech/1/ [Preprint] |
| 2020 | 5. Abendroth A., ² Parry, D. A. , le Roux D.B., Gundlach J. (2020) An Analysis of Problematic Media Use and Technology Use Addiction Scales – What Are They Actually Assessing? <i>Lecture Notes in Computer Science</i> , 12067. 10.1007/978-3-030-45002-1_18 [Preprint] [Materials] |
| | 6. le Roux D.B., & Parry, D. A. . (2020) The Town Square in Your Pocket: Exploring Four Metaphors of Social Media. <i>Lecture Notes in Computer Science</i> , 12067. 10.1007/978-3-030-45002-1_16 [Preprint] |
| | 7. Parry, D. A. , & le Roux D.B. (2020) Introducing the Media Use Behaviour Conceptual Framework. <i>Lecture Notes in Computer Science</i> , 12067. 10.1007/978-3-030-45002-1_15 [Preprint] |
| 2019 | 8. Parry, D. A. , & le Roux D.B., (2019). Off-task Media Use in Lectures: Towards a Theory of Determinants. <i>Communications in Computer and Information Science</i> , 963. 10.1007/978-3-030-05813-5_4 |
| | 9. Broughton, A., ² Daly, M.D., ² Marx, N., ² Nieuwoudt, M., ² le Roux, D. B., Parry, D. A. , (2019). An exploratory investigation of online and offline social behaviour among digital natives. <i>Proceedings of the Annual Conference of the South African Institute of Computer Scientists and Information Technologists (SAICSIT 2019), Skakuza, South Africa</i> . 10.1145/3351108.3351146 [preprint] [materials] 📄📁 |
| | 10. Mbilini, S., ² le Roux, D. B., Parry, D. A. , (2019). Does automation influence career decisions among South African students? <i>Proceedings of the Annual Conference of the South African Institute of Computer Scientists and Information Technologists (SAICSIT 2019), Skakuza, South Africa</i> . 10.1145/3351108.3351137 |
| 2017 | 11. le Roux D.B., & Parry, D. A. , (2017) A New Generation of Students: Digital Media in Academic Contexts. <i>Communications in Computer and Information Science</i> , 730. 10.1007/978-3-319-69670-6_2 |
| 2016 | 12. Pretorius A., & Parry, D. A. , (2016). Human Decision Making and Artificial Intelligence – A Comparison in the Domain of Sports Prediction. <i>Proceedings of the Annual Conference of the South African Institute of</i> |

- Computer Scientists and Information Technologists (SAICSIT 2016), Johannesburg, South Africa. [10.1145/2987491.2987493](https://doi.org/10.1145/2987491.2987493) [Materials] 📄
13. Leysens J.L., le Roux D.B., **Parry, D. A.**, (2016). Can I have your attention please? An empirical investigation of media multitasking during university lectures. *Proceedings of the Annual Conference of the South African Institute of Computer Scientists and Information Technologists (SAICSIT 2016)*, Johannesburg, South Africa. [10.1145/2987491.2987498](https://doi.org/10.1145/2987491.2987498)
- 2015 14. **Parry, D. A.**, & Pretorius C., (2015). Maps as a technique for visualizing load-shedding schedules. *Proceedings of the Annual Conference of the South African Institute of Computer Scientists and Information Technologists (SAICSIT 2015)*, Stellenbosch, South Africa. [10.1145/2815782.2815784](https://doi.org/10.1145/2815782.2815784)

Other publications, preprints, and manuscripts in preparation, review, or revision (selection)

- Under review 1. Pucihar, K., Trajkovska, K., Weerasinghe, M., Waqas, A., **Parry, D. A.**, le Roux, D. B., & Kljun, M. (under review). Can immersion protect us from distraction? The effects of real-world disruptions when working in AR.
2. Toth, R., **Parry, D. A.**, Emmer, M. (under review). From Frequency to Rhythms: Understanding Contemporary Smartphone Use. [Preprint]
3. Toth, R., **Parry, D. A.**, Pourafshari, R., Bayer, J. (under review). Zooming in on Smartphone Habits: Identifying the Temporal Patterns of Automatic Use
4. Capraro, V., Globig, L., Rausch, Z., Rathje, S., Wormley, A., Olson, J., Ross, R., Ascì, S., ... **Parry, D. A.**, ... van Bavel, J. (under review). A consensus statement on potential negative impacts of smartphone and social media use on adolescent mental health. [Preprint]
5. **Parry, D. A.**, Klingelhofer, J. (under review). Traces as Data [Preprint]
- 2023 6. Henry, M. S., **Parry, D. A.**, le Roux, D. B. (2023). Using Enterprise Social Networks for Social Support in Virtual Teams. *PsyArXiv* Preprint (unpublished) [Preprint] 📄
- 2022 7. Barnett, R. J., le Roux, D. B., **Parry, D. A.**, & Watson, B. W. (eds), (2022). ICT Education: 51st Annual Conference of the Southern African Computer Lecturers' Association, SACLA 2022, Revised Selected Papers. *Communications in Computer and Information Science*, 1664. [10.1007/978-3-031-21076-1](https://doi.org/10.1007/978-3-031-21076-1)
8. **Parry, D. A.** (2022). Can Our Claims be Verified? Open Science Practices in Information Systems Research. *MetaArXiv* Preprint (unpublished) [10.31222/osf.io/u295h](https://doi.org/10.31222/osf.io/u295h) [Materials] 📄📄📄
- 2021 9. **Parry, D. A.**, Sewall, C., (2021). How consistent are smartphone application preferences? A descriptive study of mobile application repertoires using behavioral data. *SocArXiv* Preprint (unpublished) [10.31235/osf.io/jzxun](https://doi.org/10.31235/osf.io/jzxun) [Materials] 📄📄
- 2019 10. **Parry, D. A.**, (2019). Media Multitasking and Cognitive Control: Assessing the Feasibility of an Intervention Requiring the Self-regulation of Smartphone Use. Doctoral Thesis, Stellenbosch University. [Open Access]
11. **Parry, D. A.**, (2019). Permanently Online, Permanently Connected: Living and Communicating in a POPC World [Review]. *Information, Communication, and Society* 22 (12), 1841-1844. [10.1080/1369118X.2019.1590441](https://doi.org/10.1080/1369118X.2019.1590441)
- 2017 12. **Parry, D. A.**, (2017). The digitally-mediated study experiences of undergraduate students in South Africa. Master's thesis, Stellenbosch University. [Open Access].
13. **Parry, D. A.**, (2015). An investigation of alternative information displays for load-shedding schedules. Bachelor's (Honours) thesis, Stellenbosch University.

AWARDS

2025	Reviewer of the year (2024), Journal of Media Psychology
2024	Y1 Rating , ³ South African National Research Foundation
	Top Paper , International Communication Association (ICA), Communication Science and Biology Interest Group.
	APA Editor's Choice Award , Journal of Psychopathology and Clinical Science Vol 133, issue 7
2023	Early Career Researcher Award , Stellenbosch University.
	Top Paper , International Communication Association (ICA), Mobile Communication Division.
2022	Best SACJ Paper (retrospective), South African Institute for Computer Scientists and Information Technologists (SAICSIT)
2021	Top Paper , International Communication Association (ICA), Mobile Communication Interest Group.
2018	Best Paper , South African Computer Lecturers Association (SACLA)
	Bronze Award: Writing for News Media , MACE congress awards
2016	Selected participant , KU Leuven-Stellenbosch Think Tank Program

FUNDING AND GRANT ACTIVITY

Research grants and awards → €598,000

2025	Project: "Stolen Focus? Investigating the cognitive costs of digital distractions" <ul style="list-style-type: none"> - NWO: Social Sciences and Humanities Open Competition XS 2025 rd. 2 - Role: Principal Investigator - Grant amount: €50,000 Project: NRF Incentive funding for rated researchers <ul style="list-style-type: none"> - SA NRF Incentive funding for rated researchers program (2024) - Role: Principal Investigator - Grant amount: R50,000 (€2,500) Project: "The Social Script: Unwritten Rules of Online Behavior" (unsuccessful) <ul style="list-style-type: none"> - Network Institute, Vrije Universiteit Amsterdam - Role: Co-PI (w/ Masur, P.) - Grant amount: €2,500 Project: "A Participatory Approach to Understanding Social Media Use and Relational Well-being in the Global South" (PI: Wiradhany, W.) <ul style="list-style-type: none"> - SA NRF, Foundation Botnar, SA HSRC. - Role: Co-Investigator (Co-Is: Ghai, S., Nguyen, H.) - Grant amount: \$500,000 Project: "Combining Experiments and Digital Trace Data to Advance Research on Video Games and Wellbeing" (PI: Ballou, N.) [passed quality threshold, unsuccessful in lottery] <ul style="list-style-type: none"> - British Academy/Leverhulme: Small Research grants - Role: Co-Investigator - Grant amount: £10,000 (€12,000) Project: "Promises and Pitfalls of Working with Big Tech on Open Science Mental Health Research" (unsuccessful) <ul style="list-style-type: none"> - Network Institute, Vrije Universiteit Amsterdam: Network Institute Research Visit
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³A Y1 rating is a designation awarded to researchers within five years of their PhD, demonstrating their potential to become future leaders in their field.

	<ul style="list-style-type: none"> - Role: Host applicant for co-I, Ballou, N. - Grant amount: €2,445
2024	Award: VU Starting Grant 2025 (competitive) <ul style="list-style-type: none"> - Vrije Universiteit Amsterdam. - Role: Principal Investigator - Grant amount: €30,000
2023	Award: Early career researcher award funding <ul style="list-style-type: none"> - Stellenbosch University. - Role: Principal Investigator - Grant amount: R18,000 (€1,000). Project: "Using Social Media Mindsets to Understand Relations Between Social Media Use and Mental Health Among Students in South Africa" <ul style="list-style-type: none"> - Stellenbosch University, FASS Research support grant. - Role: Principal Investigator (w/ Coetzee, B.) - Grant amount: R50,000 (€2,500)
2021	Project: "Does mental health symptomology have a role in time distortion?" (PI: Davidson, B.) <ul style="list-style-type: none"> - University of Bath, School of Management: New Research Projects. - Role: Co-Investigator - Grant amount: £1,900 (€2,200).
2018	Project: "Habitual Media Multitasking and Cognitive Control: Testing the Feasibility of a Reduced Media Use Intervention" <ul style="list-style-type: none"> - Harry Crossley Foundation. Doctoral Project Funding. - Role: Principal Investigator - Grant amount: R120,000 (€7,000).
2017	Project: "Towards a general theory for media multitasking induced distractibility" <ul style="list-style-type: none"> - The Andrew W. Mellon Foundation: Early Career Development Grant. - Role: Principal Investigator - Grant amount: R25,000 (€1,700)

Fellowships, bursaries, workshops, and travel → €38,500

2024	Weizenbaum Fellowship Allowance: €5,700 Weizenbaum Institute, Germany (BMBF)
2023	Weizenbaum Fellowship Allowance: €4,500 Weizenbaum Institute, Germany (BMBF) Travel Grant: 1,600 CHF (€1,700) Invited workshop attendance: "Social Media and Well-being: A multidisciplinary dialogue". SNSF; IBSA Foundation; University of Amsterdam; Harvard TH Chan School of Public Health (Bekalu, M., Beyens, I., Camerini, A., Marciano, L., Schulz, P., Wiswanath, K.)
2023	Travel Grant: R5,000 (€250) Stellenbosch University (DRD)
2023	Travel Grant: \$300 ICA Communication and Technology Division
2023	Erasmus Travel Grant: €2,620 ERASMUS+ KA107 Mobility Scheme
2021	SICSS Partner Site Financial Support: \$8,200 Alfred P. Sloan Foundation, Russell Sage Foundation, Facebook, The SSRC (via Salganik, M., Bail, C.)
2020	SICSS Partner Site Financial Support: \$15,000 Alfred P. Sloan Foundation, Russell Sage Foundation, Facebook, The SSRC (via Salganik, M., Bail, C.)
2019	DAAD Travel Grant: €1,250

2017	DAAD International Partnership Travel Grant: R15,000 (€1,120) Stellenbosch University (DRD)
2016	Postgraduate Merit Bursary: R27,500 (€1,875) Stellenbosch University
2015	Scarce Skills Bursary: R40,000 (€3,120) South African National Research Foundation
2015	Postgraduate Merit Bursary: R17,000 (€1,365) Stellenbosch University
2014	Senior Merit Bursary: R7,500 (€700) Stellenbosch University

ACADEMIC PRESENTATIONS

Academic Conference Presentations (reviewed)

- | | |
|------|---|
| 2025 | <ol style="list-style-type: none"> 1. Klingelhofer, J., Parry, D. A., (2025). Debate Club: "We don't need digital traces of time spent on digital media." <i>14th Conference of the Media Psychology Division (DGPs)</i>. Duisberg, Germany. 2. Steytler, M., & Parry, D. A., (2025). From Street to Screen: Online Risks and Digital Literacy Among Adolescents in the Global South. <i>14th Conference of the Media Psychology Division (DGPs)</i>. Duisberg, Germany. 3. Parry, D. A., Adrian, C., Klingelhofer, J., Gilbert, A. (2025). From r/nosurf to #digitaldetox: A Computational analysis of discourses of technology resistance and digital well-being. <i>14th Conference of the Media Psychology Division (DGPs)</i>. Duisberg, Germany. 4. Gilbert, A., Klingelhofer, J., Ross, M., Dekker, C., Matassi, M., Nassen, L., Parry, D., de Segovia Vicente, D., van Bruyssel, S., Verlinden, A. (2025). Regulating mobile media: Disconnection policies and the dilemma of self-determination. Panel presented at <i>ICA preconference: The 2nd Annual ICA Mobile Preconference</i>, Denver, USA. 5. Toth, R., Klingelhofer, J., Parry, D. A. (2025). Somebody's (Still) Watching Me: The Effect of the Mobile Experience Sampling Method and Smartphone Logging on Smartphone Use. <i>Society for Ambulatory Assessment Conference</i>, Leuven, Belgium. 6. Toth, R., Pourafshari, R., Lu, Y., Ohme, J. Bayer, J. (organisers), Schnauber-Stockmann, A., Karnowski, V., Parry, D. A., Harari, G., Ross, M., Vanden Abeele, M., Wieland, M., Otto, L., Siebers, T., Dekker, C., Baumgartner, S. (2025). Miss the Mobile Methods Turn? Reflecting on the Challenges and Potentials of Mobile Communication Science. Panel presented at <i>The 75th annual conference of the International Communication Association (ICA)</i>, Denver, USA. 7. Toth, R., Parry, D.A., Pourafshari, R., Bayer, J. (2025). Zooming in on Smartphone Habits: Identifying the Temporal Patterns of Automatic Use. <i>The 75th annual conference of the International Communication Association (ICA)</i>, Denver, USA. 8. Parry, D. A., le Roux, D. B., Feldman, J. (2025). The mere presence of smartphones has no impact on cognition in the high school classroom. <i>The 75th annual conference of the International Communication Association (ICA)</i>, Denver, USA. 9. Parry, D. A., Toth, R. (2025). Extracting Meaningful Measures of Smartphone Usage from Android Event Log Data: A Methodological Primer. <i>The 75th annual conference of the International Communication Association (ICA)</i>, Denver, USA. |
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10. **Parry, D. A.**, Coetzee, B. J. (2025). Perceptions of Agency Over Social Media Use Are Better Predictors of Well-Being Than Logged Usage Time. *The 75th annual conference of the International Communication Association (ICA), Denver, USA.*
11. **Parry, D. A.**, Coetzee, B. J. (2025). Perceptions of Agency Over Social Media Use Are Better Predictors of Well-Being Than Usage Time: Findings from Survey, Log, and Experience Sampling Data. *Etmaal van de Communicatiewetenschap, Bruges, Belgium.*
12. Wack, M., **Parry, D. A.** (2025). Synthetic Diversity: Examining the Effects of Ethnic Targeting Using AI-Generated Political Ads. *AlgoSoc International Conference 2025, Amsterdam, The Netherlands.*
- 2024 13. Wack, M., **Parry, D. A.** (2024) Synthetic Diversity: Examining the Effects of Ethnic Targeting Using AI-Generated Political Ads. *Navigating the New Frontier: The Political and Economic Implications of AI, Linde Center for Science, Society, and Policy (LCSSP) Workshop, Caltech, Pasadena, USA.*
14. Le Roux, D. B., **Parry, D. A.** (2024) Should we worry about the mere presence of smartphones in high school classrooms? *The 22nd International CyberSpace Conference, Brno, Czechia.*
15. Fassi, L., Thomas, K., **Parry, D. A.**, Leyland-Craggs, A., Ford, T., Orben, A. (2024). Social media use and internalizing symptoms in clinical and community adolescent samples: a systematic review and meta-analysis. *The European Association for Research on Adolescence (EARA) XIX Annual Conference, Limassol, Cyprus.*
16. **Parry, D. A.**, Fisher, J. (2024). Measuring Media Multitasking: Is it Time We Abandoned the Media Multitasking Index? *The 74th annual conference of the International Communication Association (ICA), Gold Coast, Australia.*
17. Ross, M., Gilbert, A., Klingelhofer, J., Matassi, M., Nassen, L., Van Bruyssel, S. Verlinden, A., **Parry, D. A.** (2024). Commentary: Mapping a Pluralistic Continuum of Approaches to Digital Disconnection. *The 74th annual conference of the International Communication Association (ICA), Gold Coast, Australia.*
- 2023 18. Johnson, B., **Parry, D. A.**, Sharma, B. (organisers), Coduto, K., Balaban, D. (2023). Anxiety Over Authenticity: Seeking Genuine Personal Experiences and Well-Being via Mobile Media. Panel presented at *ICA preconference: The 20th Annual ICA Mobile Preconference, Toronto, Canada.*
19. **Parry, D. A.**, le Roux, D. B., (2023). Apathetic and Ineffective: A South African Student Perspective on Using Mobile Apps for Digital Disconnection. *ICA preconference: Key Themes in Digital Disconnection Research: Authenticity, Wellness, Datafication and Power, Toronto, Canada.*
20. Reinecke, L., Ellison, N., Meier, A., Valkenburg, P. (organisers), Verduyn, P., Fox, J., **Parry, D. A.**, Litt, E. (2023). Beyond active-passive: Towards alternatives for the study of social media and well-being. Panel presented at *The 73rd annual conference of the International Communication Association (ICA), Toronto, Canada.*
21. **Parry, D. A.**, (2023). Does the Mere Presence of a Smartphone Impact Cognitive Performance? A Meta- analysis of the “Brain Drain Effect”. *The 73rd annual conference of the International Communication Association (ICA), Toronto, Canada.*
- 2022 22. le Roux, D.B. & **Parry, D. A.** (2022). Student WhatsApp Groups – A Boon or a Burden? *15th Annual Scholarship for Teaching and Learning conference (SOTL). Stellenbosch, South Africa.*
23. Sewall, C. & **Parry, D. A.**, (2022). Leveraging digital trace data to examine differences in smartphone application preferences between healthy and

- psychologically distressed young adults. *International Society for Research on Internet Interventions (ISRII) 11th Scientific Meeting, Pittsburgh, USA.*
24. **Parry, D. A.** & Sewall, C. (2022). Do smartphone application preferences change over time or vary by demographics? A longitudinal study using behavioral data. *The 72nd annual conference of the International Communication Association (ICA), Paris, France.*
25. de Vreese, C., Araujo, T., Moller, J., Neijens, P. (organisers), Karnowski, V., **Parry, D. A.**, Stroud, T., Correa, E. S., Thorson, K., Battocchio, A. F., (2022). How methodological developments in social media use research help us understand the effects on well-being — Caught the bull by the horns! New tools for measuring media use in a changing media landscape. *Panel presented at The 72nd annual conference of the International Communication Association (ICA), Paris, France.*
- 2021 26. **Parry, D. A.**, Davidson, B. I., Sewall, C., Fisher, J. T., Mieczkowski, H., & Quintana, D. S., (2021). A Systematic Review and Meta-analysis Examining the Accuracy of Self-reported Digital Media Use. *The 71st annual conference of the International Communication Association (ICA), Denver, USA.*
- 2020 27. **Parry, D. A.**, le Roux, D. B., Morton, J., Pons, R., Pretorius, R., Schoeman, A., (2020). Are 'Digital Wellbeing Applications' Important for Digital Wellbeing? *The 18th International CyberSpace Conference, Brno, Czechia.*
28. Dienlin, T., Johannes, N., Bowman, N. D., Masur, P. K., Engesser, S., Kumpel, A. S., Lukito, J., Bier, L. M., Zhang, R., Johnson, B. K., Huskey, R., Fisher, J. T., Schneider, F. M., Breuer, J., **Parry, D. A.**, Banks, J., TeBlunthuis, N., Vermeulen, I., Smits, T., Weber, R., Won, A. S., Ellis, D. A., Unkel, J., Wang, X., Trepte, S., Ivory, J. D., Neubaum, G., Bachl, M., Winter, S., Davidson, B. I., Kim, N., Kramer, N., Utz, S., Carpenter, C. J., Levine, T. R., Lewis, N. A., Rinke, E. M., McEwan, B., Domahidi, E., de Vreese, C., (2020). An Agenda for Open Science in Communication. *The 70th annual conference of the International Communication Association (ICA), Gold Coast, Australia.*
- 2019 29. Abendroth, A., Krasnova, H., Gundlach, J., **Parry, D. A.**, le Roux, D. B., (2019). Technology Use Addiction: Scales, Dimensions, Validity? *17th International CyberSpace Conference, Brno, Czechia.*
30. le Roux, D. B., **Parry, D. A.**, (2019). Towards an Integrated Framework of Technology Use Dimensions. *17th International CyberSpace Conference, Brno, Czechia.*
- 2018 31. **Parry, D. A.**, le Roux, D. B., & Cornelissen, L.A. (2018). Lecturer versus Smartphone: Towards a Policy for Teaching Distracted Minds. *11th Annual Scholarship for Teaching and Learning conference (SOTL). Somerset West, South Africa.*
- 2017 32. **Parry, D. A.**, le Roux, D. B. (2017). Irresistible Media: Why Do Students Media Multitask? *15th International CyberSpace Conference. Brno, Czechia.*
33. le Roux, D.B. **Parry, D. A.**, (2017). Metaphors of Social Media. *15th International CyberSpace Conference. Brno, Czechia.*
34. **Parry, D. A.**, le Roux D.B. (2017) Smartphones in lectures, is resistance futile? *10th Annual Scholarship for Teaching and Learning conference (SOTL). Somerset West, South Africa.*
- 2016 35. le Roux, D.B., **Parry, D. A.**, Leysens, J. (2016). Smart Phones, Stupid People? *14th International CyberSpace Conference. Brno, Czechia.*
36. **Parry, D. A.**, le Roux D.B, Leysens J.L. (2016) Media Multitasking in Academic Contexts: An Empirical Analysis of Media Use Within University lectures. *9th Annual Scholarship for Teaching and Learning conference (SOTL). Somerset West, South Africa.*

Public lectures, Invited Talks, Seminars, & Colloquia

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| 2025 | <ol style="list-style-type: none"> 1. Parry, D. A. (2025). FOMO, Phones, and the Fight for Your Attention. <i>Invited lecture: Study Association Vereniging Studenten Psychologie en Pedagogische Wetenschappen aan de Vrije Universiteit Amsterdam, Amsterdam, The Netherlands.</i> 2. Vranken, S. Rozendaal, E., Mertens, M., Parry, D. A., Meier, A. (2025): Media Psychology Workshop: Stakeholder Engagement in Media Research. <i>Etmaal van de Communicatiewetenschap, Bruges, Belgium.</i> |
| 2024 | <ol style="list-style-type: none"> 3. Ross, M., Gilbert, A., Klingelhoefer, J., Matassi, M., Nassen, L., Van Bruyssel, S. Verlinden, A., Parry, D. A. (2024). Mapping a Pluralistic Continuum of Approaches to Digital Disconnection. <i>Digitox Seminar, Department of Media and Communication, University of Oslo.</i> 4. Parry, D. A. (2024). Social media and public policy. <i>Invited talk presented at The LEAP Workshop on Cultural Evolution and Policy, Stellenbosch, South Africa.</i> 5. Parry, D. A. (2024). Challenging Assumptions: A Closer Look at Social Media and Mental Health Research. <i>Fellow Colloquium at The Weizenbaum-Institut für die vernetzte Gesellschaft The German Internet Institute, Berlin, Germany.</i> |
| 2023 | <ol style="list-style-type: none"> 6. Toth, R., Parry, D. A., (2023). Tracking smartphone use, the future, but how? Presented as part of the Digital Methods Colloquium at <i>The Weizenbaum-Institut für die vernetzte Gesellschaft The German Internet Institute, Berlin, Germany</i> 7. Parry, D. A., (2023). Opportunity or crisis? Let's use concerns about the accuracy of media usage estimates to advance theoretical and methodological practices. <i>Colloquium presented at The Weizenbaum-Institut für die vernetzte Gesellschaft The German Internet Institute, Berlin, Germany</i> 8. Parry, D. A., (2023). Social media use and well-being: breaking the empirical deadlock and moving beyond the media panic. <i>Invited talk presented at the Department of Psychology Colloquium Series, Stellenbosch University, South Africa.</i> 9. Parry, D. A. (2023). Crisis or opportunity: Can concerns about the accuracy of estimates stimulate theoretical & methodological advances in social media & well-being research? <i>Invited talk presented at the Workshop on "Social Media and Well-Being: A multi-disciplinary dialogue", Lugano, Switzerland.</i> 10. Parry, D. A. (2023). Digital Distraction: short and long-term effects? <i>Invited talk presented at the Business Informatics Research Colloquium, University of Potsdam, Germany.</i> 11. Parry, D. A. (2023). Digital well-being and digital disconnection research: an overview. <i>Guest lecture presented for the course "Digital Life and Business" (Stefan Stieglitz), University of Potsdam, Germany.</i> 12. Parry, D. A. (2023). Evidence synthesis for cumulative science, a methods workshop on systematic reviews & meta-analyses. <i>Guest lecture presented for the course "Social Media Research" (Hanna Krasnova), University of Potsdam, Germany.</i> 13. Parry, D. A. (2023). An Introduction to Digital Trace Data & Quantitative Text Analysis. <i>Workshop presented at Chair for Business Informatics, University of Potsdam, Germany.</i> 14. Francke, E., Muftic, S., Parry, D. A., Ralarala, M., (2023). A vision for digital and computational research in humanities and social sciences. <i>Invited talk</i> |

- presented at *Digital Humanities (DH)-Ignite Western Cape 2023, Somerset West, South Africa*.
- 2022 15. **Parry, D. A.** (2022). Achieving academic success in the face of digital distractions. *Invited talk presented at Pursue. Discover. Together. A webinar series for prospective students, and their support ecosystem, Stellenbosch, South Africa*.
16. **Parry, D. A.** (2022) Data donation as a solution to problems with estimates of digital technology usage. *Invited talk presented at The ProteaCHI ACM Special Interest Group Quarterly Meeting, South Africa*.
- 2021 17. **Parry, D. A.** (2021) Using behavioural data to study media uses & effects: A brief overview of current work. *Invited talk presented at the 'Everyday Media Lab' (Sonja Utz's research group) at Leibniz-Institut für Wissensmedien, Germany*.
18. **Parry, D. A.** (2021) What do we need to do to understand whether, how, and for whom social media use affects well-being? *Invited Seminar presented at The Cutting-edge Communication Research (CeCoR) at The Amsterdam School of Communication Research (ASCoR) Series (CeCoR@ASCoR), The University of Amsterdam, The Netherlands*.
- 2020 19. **Parry, D. A.** (2020) How accurate are self-reports of digital media use? *Invited Seminar presented at the Department of Communication Science, Vrije Universiteit Amsterdam, The Netherlands*.
20. **Parry, D. A.** (2020) Media effects Research: Our work and current challenges. *Invited Seminar presented at the Department of Journalism, Stellenbosch University, South Africa*.
- 2019 21. **Parry, D. A.** (2019) Collecting Digital Trace Data & Quantitative Text Analysis: An introduction. *Methods Workshop presented at The Weizenbaum-Institut für die vernetzte Gesellschaft – The German Internet Institute, Berlin, Germany*.
22. **Parry, D. A.** (2019) Systematic Reviews & Meta-Analyses: An introduction. *Methods Workshop presented at The Weizenbaum-Institut für die vernetzte Gesellschaft – The German Internet Institute, Berlin, Germany*.
23. **Parry, D. A.** (2019) Technology use effects: current evidence and challenges. *Invited Seminar presented at the Department of Statistics and Actuarial Science, Stellenbosch University, South Africa*.
- 2018 24. **Parry, D. A., le Roux, D.B.,** (2018) Permanently Online, Permanently Connected Media Multitasking and Distractibility – Is it So Bad and What Can We Do About It? *Invited talk presented at the Milton Erikson Annual Conference 2018, Somerset West, South Africa*.
- 2017 25. **le Roux, D.B., Parry, D. A.,** (2017) Media Multitasking and Distractibility: Where we are, how we got here and where we're going. *Seminar presented at the Chair for Business Informatics, Social Media and Data Science, Universität Potsdam, Germany*.
26. **le Roux, D.B., Parry, D. A.,** (2017) The Relationship Between Media Multitasking and Cognition – What Do We Know? *Seminar presented at The Whitaker Institute for Innovation and Societal Change, National University of Ireland, Galway, Ireland*.
27. **le Roux, D.B., Parry, D. A.,** (2017) The State of Research Concerning the Relationship between Media Multitasking and Cognition. *Colloquium Presented at the Department of Information Science, Stellenbosch University, South Africa*.
- 2016 28. **Parry, D. A., Pretorius, A.,** (2016) Human Decision Making and Artificial Intelligence – Predicting Sports Results. *Colloquium Presented at the Department of Information Science, Stellenbosch University, South Africa*.

SUPERVISION

Doctoral Supervision

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| Ongoing | Ndala, F. , PhD in Socio Informatics (Stellenbosch University)
Chatbot gender stereotypes: Investigating the decision-making processes employed by members of chatbot project teams when gendering chatbots (Primary supervisor) . |
| 2023 | Henry, M. , PhD in Socio Informatics (Stellenbosch University)
The use of enterprise social networks for social support within virtual teams (co-supervisor w/ le Roux, D.; examination committee: Krasnova, H., van Zyl, I., Bottomley, E.) .
~ Program Director Tilburg University, The Netherlands |

Masters Supervision

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| 2025 | <i>Masters Research Project/Thesis (10)</i>
Milder, F., Groenink, E., van Vliet, L., Yunusoglu, P., Sangers, L.
<i>MA Communication Science (VU Amsterdam)</i> . The role of social media news narratives in shaping perceptions of social media effects.
Bijsterbosch, Z., Kamminga, K., Kuhlman, M., Delnoij, D.
<i>MA Communication Science (VU Amsterdam)</i> . The impact of digital detox content on user attitudes and behaviour |
| 2021 | Eigelshoven, F.
<i>MSc in Business Informatics and Digital Transformation (University of Potsdam)</i> . Investigation of Price Manipulation in Cryptocurrency Markets (co-supervisor w/ Ulrich, A.) . |
| 2025 | <i>Full Research Masters (8)</i>
Van Tonder, I. , <i>MA in Socio Informatics (Stellenbosch University)</i> .
Algorithmic cognition and digital skills.
Steytler, M. , <i>MA in Socio Informatics (Stellenbosch University)</i> .
Social media use, online risks and digital literacy skills: A qualitative study amongst adolescents in a rural village in the Western Cape province of South Africa
Britz, L. , <i>MPhil in IKM (Stellenbosch University)</i> .
The work experiences of functional support staff during comprehensive system renewal
Litsibane, N. , <i>MPhil IKM (Stellenbosch University)</i> .
Perceptions of effective information use in a telecommunications company in South Africa |
| 2022 | MacKenzie, T. <i>MA in Research Psychology (Stellenbosch University)</i>
Social media mindsets among adolescents (co-supervisor w/ Coetzee, B.)
Ibrahim, M. , <i>MA in Socio Informatics (Stellenbosch University)</i> .
Agile Software Development Practices in Remote Working Contexts: A Systematic Literature Review
Conradie, L. , <i>MPhil in IKM (Stellenbosch University)</i> .
Cross-Domain Online Vigilance and Boundary Management Effects on Stress among Knowledge Workers (co-supervisor w/ le Roux, D.) . |
| 2020 | Schoonwinkel, P. , <i>MA in Socio Informatics (Stellenbosch University)</i> .
Classification of Social Media Event-Discussions Using Interaction Patterns: A Social Network Analysis Approach (co-supervisor w/ Cornelissen, L.) . |
| 2019 | Mbilini, S. , <i>MA in Socio Informatics (Stellenbosch University)</i> .
Automation and Labour Demand: South African Students' Awareness and Beliefs (co-supervisor w/ le Roux, D.) . |

Bachelors/Honours Research Supervision (28)

	<i>BSc Communication Science (VU)</i>
2025	van Hasselt Silva Arrieta, A., Staszak, W., Guerreros, E., Gutierrez Benard, I., Ramnarain, E.
	<i>BInfHons (SU)</i>
2024	Griesel, J., Smith, D., van Wyk, F.
2023	Kuit, C., Murray, A., van der Westhuizen, A.
2022	Bell, T., Botha, C., Pienaar, L., Williams, Y.
	<i>BComHons (SU)</i>
2021	Joubert, G., Moller, J., Small, D.
2020	Morton, J., Pons, R., Pretorius, R., Schoeman, A.
2019	Mauff, D., Rabe, R., Carlisle, N.
2018	Daly, M., Broughton, A., Marx, N.
2017	Warmerdam, S., Senior, J., Muller, M., du Plessis, W.
	<i>Other</i>
2019	Abendroth, A., <i>B. Wirtschaftsinformatik (University of Potsdam)</i>

EDITORIAL ACTIVITIES**Conference program chair**

2022 | SACLA 2022 (w/ le Roux, D. B.)

Associate Editor (14)

2025	Weizenbaum Journal of the Digital Society, SI: "Well-Being in the Digital World" (1)
2024	ECIS: Social media and digital collaboration (2)
2023	ECIS: Social media and digital collaboration (2)
2022	ECIS: Social media and digital collaboration (2)
2022	PACIS: Sustainability and societal impacts of ICTs (2)
2021	ECIS: Social media and digital collaboration (2)
2020	ECIS: Social media – digital work, digital life (2)
2020	ECIS: Liberty, Equality, Fraternity in a digitizing world (1)

Editorial review board

Since 2024 | Human Communication Research

REVIEWER ACTIVITIES

Journals (126) ⁴	Regular: Computers in Human Behavior (15); Computers in Human Behavior Reports (9); Human Communication Research (2); Internet Research (5); Journal of Computer-Mediated Communication (6); Media Psychology (6); South African Journal of Science (6); Technology, Mind, and Behavior (9). Other: ACM Computing Surveys (1); Acta Psychologica (1); Behaviour Research Methods (1); Behaviour & Information Technology (2); Cambridge Prisms: Global Mental Health (2); Clinical Psychological Science (3); Cognitive Processing (1); Communications Psychology (1); Computers & Education (3); Educational Psychology Review (3); Experimental Psychology (1); Frontiers in
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⁴ See my Web of Science [profile](#) for partial records.

	Psychology (Cognition) (1); Information, Communication, and Society (3); International Journal of Electronic Commerce (1); Journal of Adolescent Health (1); Journal of Cognitive Psychology (2); Journal of Communication (2); Journal of Media Psychology (2); Learning and Individual Differences (1); Mass Communication and Society (3); Media and Communication (1); Mobile Media & Communication (1); Nature Human Behavior (1); Nature Reviews Psychology (1); New Review of Hypermedia and Multimedia (1); PLoS ONE (4); npj Mental Health Research (2); Psychological Research (2); Psychological Science (2); Psychological Reports (1); Psychology of Popular Media (3); Scientific Reports (4); Social Media + Society (1); Social Psychiatry and Psychiatric Epidemiology (1); South African Computer Journal (4); South African Journal of Information Management (3); Telematics and Informatics (3).
Conferences (71)	<ul style="list-style-type: none"> - International Communication Association (ICA) Annual Conference (31). - European Conference on Information Systems (ECIS) (3). - The Americas Conference on Information Systems (AMCIS) (3). - SAICSIT Annual Conference (11). - IFIP Conference on e-Business, e-Services and e-Society (I3E) (3). - ACM CHI Conference on Human Factors in Computing Systems (3) - Computer Supported Cooperative Work Conference (CSCW) (2). - International Conference on Information Systems (ICIS) (3). - The International AAAI Conference on Web and Social Media (ICWSM) (2). - Africa & Middle East conference on software engineering (FAMECSE) (4). - Southern African Artificial Intelligence Conference (SACAIR) (4).
Funding (22)	<ul style="list-style-type: none"> - South African National Research Foundation (3) - Austrian Science Fund (FWF) (2) - Universita della Svizzera Italiana, Switzerland (1) - Dutch Research Council (NWO), Vidi (1) - Dutch Research Council (NWO), SSH Open, XS (10) - Research Grants Council (RGC) Hong Kong (2) - Swiss National Science Foundation (SNSF) (1) - Huo Family Foundation (HFF) (1)
Other	- Instagram Data Access Pilot for Well-being Research (COS: LifeCycle)

ACADEMIC SERVICE

Conference, Event, or Workshop Organisation

2023	Co-organised the Digital Methods Colloquium at the Weizenbaum Institute in Berlin, Germany (December) w/ Toth, R.
2022	Co-organised the 51st Annual Conference of the Southern African Computer Lecturers Association, SACLA 2022 w/ Barnett, R. J. & le Roux, D. B.
2021	Co-organised the Summer Institute in Computational Social Science (SICSS) Partner Site at Stellenbosch University, South Africa w/ Barnett, R. J.
2020	Co-organised the Summer Institute in Computational Social Science (SICSS) Partner Site at Stellenbosch University, South Africa w/ Barnett, R. J. & Cornelissen, A. C.

Doctoral Examination

2023	Omrawo, C., PhD in Psychiatry (Stellenbosch University)
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Master's Thesis Examination

2024	MPhil Disaster Risk Science and Development, Stellenbosch University (1)
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2023	MPhil Information and Knowledge Management, Stellenbosch University (1)
	MIT Information Systems, University of Pretoria (3)
	MSc Computing, University of South Africa (1)
2022	MA Psychology, Stellenbosch University (1)
	MA Socio Informatics, Stellenbosch University (1)
2021	MA Socio Informatics, Stellenbosch University (1)
	MSc Business Informatics & Digital Transformation, University of Potsdam (1)

Program/course moderation

2022 – 2024	MIT ICT Management (Coursework), University of Pretoria
2023 – 2024	Introduction to Social Informatics, University of Cape Town

Other external service activities

2025/2026	ICA Mobile Comm preconference planning committee
2022 – 2024	SAICSIT leadership council member
2022	Ad-hoc ECR Event Planning Team, ICA: Mobile Communication Interest Group Host: ICA MobileComm, TopicCoffee Discussions: “Data Donation: A New Era for the Study of Mobile Communication?”

Other internal service activities: Stellenbosch University

2024	PhD admissions committees (proposal evaluation panels) <ul style="list-style-type: none"> - Department of Journalism, SU (2) - Department of Statistics & Actuarial Science, SU - Department of Information Science, SU (4)
2022 – 2024	Academic Appointment committees (interview panels) <ul style="list-style-type: none"> - School for Data Science & Computational Thinking, SU (2022) - Department of Information Science, SU (2023, 2024) Department social impact representative Departmental undergraduate program coordinator <ul style="list-style-type: none"> - Curriculum development for nine new modules (2022 – 2023)
2016, 2022	Departmental self-evaluation committee member
2020 – 2024	Departmental ethics screening committee (DESC) coordinator
2017 – 2022	BCom Honours (ISM) program selection committee

TEACHING

Vrije Universiteit Amsterdam	<i>Postgraduate:</i> Media Psychology for Impact (2024) Problematic and Beneficial Effects of Media Use (2024, 2025) Essentials of Media Psychology (2025) [<i>course coordinator</i>] <i>Undergraduate:</i> Media Entertainment (2024, 2025) New/Current Media Challenges (2025, 2026) Social Media Analytics Project (2026)
Stellenbosch University	<i>Postgraduate:</i> BInfHons: Data Analysis with R (2022, 2023, 2024) BComHons ISM: Data Analytics (2019, 2020, 2021) PGDip KISM: The Data Analysis Process (2021, 2022, 2023, 2024) BComHons ISM: Project Management (2018, 2019, 2020, 2021) BComHons ISM: Enterprise Systems (2017, 2018) BComHons ISM: Research Methods (2017, 2018)

	<i>Undergraduate:</i>
	Computational Social Science (2024)
	Introduction to Programming (2016, 2017, 2018, 2019, 2020, 2021, 2022, 2023)
	Database Systems (2017, 2018, 2019, 2020, 2021, 2022)
	Decision-making and Organisation (2016)
Other	Workshop on computational text-analysis (2023) – Weizenbaum Institute
	Critical ignoring is a core competence in the digital age (2024) – SU EMS

FURTHER RESEARCH, TEACHING, AND SKILLS DEVELOPMENT

Formal programs, courses, or workshops

2025	University Teaching Qualification – Basiskwalificatie Onderwijs (BK0), VU Centre for teaching and learning.
2024	Structural Equation Modelling. Wright, A. (SMaRT Workshops) Designing Ambulatory Assessment Studies. Wright, A. (SMaRT Workshops) Multilevel Modelling for Longitudinal Data. Wright, A. (SMaRT Workshops)
2023	Atlas.ti: The qualitative data analysis and research software. Coetzee, B. (Stellenbosch University)
2022	Software Instructor training. The Software Sustainability Institute
2021	NRF Rating workshop. Stellenbosch University DRD Learn to write for the media. The Conversation Africa
2020	The fundamentals of grant proposal writing. Stellenbosch University DRD Research Transparency & Reproducibility Training (RT2). The UC Berkeley Initiative for Transparency in the Social Sciences (BITSS)
2019	Summer Institute in Computational Social Sciences. Partner site at UCT
2018	Applying Kanban (Foundation-KMP 1, LKU Certification). (Agile42)
2017	Data Carpentry Workshop. van Rensberg, A., van der Linde, I., & Steyn, J.
2016	Think Tank Program. KU Leuven & Stellenbosch University
2015	Graduate Program. Frederick van Zyl Slabbert Institute for Student Leadership

MEMBERSHIPS

Current	International Communication Association (ICA) - Mobile Communication Division - Communication & Technology Division - Communication Science & Biology Interest Group Netherlands Flanders Communication Association
2021 – 2023	ACM SIG on Computer-Human Interaction (SIGCHI) Protea (SA) Chapter
2016 – 2024	SA Institute for Computer Scientists and Information Technologists (SAICSIT) SA Computer Lecturers Association (SACLA)

EVIDENCE FOR POLICY

Written Evidence

2024	Australian Senate Standing Committee on Environment and Communications re. Only Safety Amendment Bill 2024, co-authored with Etchells, P., Kaye, L., Ellis, D., Przybylski, A.
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WRITING FOR NON-ACADEMIC AUDIENCES

2024	Parry, D. A. Social Media Bans Won't Solve Youth Mental Health Issues . <i>LinkedIn Blog</i>
2024	Parry, D. A. Restrictions on data access impede crucial societal research . <i>University World News</i>
2023	Parry, D. A. Productivity in the Age of Digital Distraction . <i>Zario Blog</i>

- 2021 | **Parry, D. A.** [Do self-reports accurately capture media use?](#) *Behavioural and Social Sciences at Nature Research*
 Przybylski, A. K., Johannes, N., Vuorre, M., Dodel, M., Gottlieb, C., Kaye, L. K., Davidson, D. I., Ellis, D. A., **Parry, D. A.**, Odgers, C. L., Sewall, J. R., Etchells, P., J., Abbas, R., Boniel-Nissim, M., Law, W., Erhel, S., Howard, A. L., Modecki, K., Orben, A. [An Open Letter to Mr. Mark Zuckerberg: A Global Call to Act Now on Child and Adolescent Mental Health Science.](#) *Oxford Internet Institute.*
- [News feature](#) – USA Today
 - [News feature](#) – ABC News
 - [News feature](#) – The Verge
 - [News feature](#) – Business Insider

MEDIA MENTIONS, INTERVIEWS, and APEARANCES (SELECTED)

- 2025 | [Interview](#) – Science
[News feature](#) – The Mental Elf
[Podcast interview](#) – Cybercology: Confessions of a CyberPsychologist: “Ep 24 Dr Douglas A Parry - Media Psychology”
[News feature](#) – El País
[News feature](#) – nederlands dagblad
- 2024 | [TV interview](#) – eNCA News (25/07)
[Radio interview](#) – “On the Agenda” (Radio 786)
[Radio interview](#) – “Morning with Africa” (Radio 702)
[Radio interview](#) – “Sunrise Show” (SAfm)
[SU Press release](#)
[Podcast interview](#) – ‘CCS pod’: What is it about computational communication science.
[Blog interview](#) – ‘Our Long Walk’ (Johan Fourie)
[YouTube Video feature](#) – ‘Are Smartphones Bad For Us?’ (Some More News)
[News feature](#) – CNN Health
- 2023 | [Podcast feature](#) – ‘The Studies Show’
[News feature](#) – Times Higher Education
- 2022 | [Podcast interview](#) – Scientific American
[Radio interview](#) – Voice of Islam UK (18/05)
- 2021 | [News feature](#) – Psychology Today
[News feature](#) – The Conversation USA
[News feature](#) – Psychology Today
[News feature](#) – Psychology Today
[News feature](#) – The Conversation Africa
[News feature](#) – Psychology Today
[News feature](#) – Fast Company
[University of Bath Press release](#)
- 2020 | [Radio interview](#) –Voice of Islam UK (20/10)
[Radio interview](#) – Roger Goode Show, 5FM (16/03)
[News feature](#) – IT News Africa
[Radio interview](#) – Radio 702 (12/03)
[News feature](#) – Business Insider
[TV interview](#) – eTV News (11/02)
[Radio interview](#) – ‘The Honest Truth’, Smile FM (11/02)
[SU Press release](#)
[SU Press release](#)
- 2018 | [News feature](#) – ERR Novaator
- 2017 | [SU Press release](#)
[Radio interview](#) – ‘The Honest Truth’, Smile FM (18/10)
[Radio interview](#) – ‘Morning show’, Voice of the Cape (19/10)

- Radio interview – Cape Talk/Radio 702
- News feature – Daily Mail, UK
- News feature – TimesLive, SA
- News feature – Business Day, SA
- News feature – Cape Times, SA

OTHER COMMUNITY INTERACTION	
2022 – 2023	Advisory board Beeline (tech startup)
2022	Judge BDO Financial Services Annual Hackathon