

# CHILD/ADOLESCENT INTAKE FORM

## Restoration Counseling

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### Client Information

Child's Name: \_\_\_\_\_ Date of birth: \_\_\_\_\_ Age: \_\_\_\_\_

Was your child referred to counseling? ☐ Yes ☐ No If so, by whom?

\_\_\_\_\_

Parent/Guardian: \_\_\_\_\_

Parent/Guardian's Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

May I send correspondence to this address if needed? ☐ Yes ☐ No

Best phone number to reach you at: (\_\_\_\_\_) \_\_\_\_\_ ☐ Home ☐ Work ☐ Cell

May I contact/leave you a message at this number? ☐ Yes ☐ No

Primary Email Address: \_\_\_\_\_

Is the parent/guardian employed? ☐ Yes ☐ No If so, by whom? \_\_\_\_\_

Does the child live with both biological parents? ☐ Yes ☐ No

*\*If Parents are Divorced (a copy of divorce decree/custody agreement is required):*

Who is the primary custodian of the child? \_\_\_\_\_

Who is the child's non-custodial parent? \_\_\_\_\_

Is there any information about this relationship that may be beneficial to therapy? ☐ Yes ☐ No

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

# CHILD/ADOLESCENT INTAKE FORM

## Current Concerns

What is the concern or issue that brings your child to counseling at this time?

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Have there been any significant changes or events in the past year (e.g., divorce, death of a loved one, move) that have impacted your child's life? ☐ Yes ☐ No *If yes, please describe:*

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## Family Environment

Please identify people living in the household with child.

| Relationship to child | Name | Gender  | Age   | Quality of Relationship  |
|-----------------------|------|---|-------|--|
| _____                 |      | <input type="checkbox"/> F <input type="checkbox"/> M | _____ | <input type="checkbox"/> Poor <input type="checkbox"/> Average <input type="checkbox"/> Good |
| _____                 |      | <input type="checkbox"/> F <input type="checkbox"/> M | _____ | <input type="checkbox"/> Poor <input type="checkbox"/> Average <input type="checkbox"/> Good |
| _____                 |      | <input type="checkbox"/> F <input type="checkbox"/> M | _____ | <input type="checkbox"/> Poor <input type="checkbox"/> Average <input type="checkbox"/> Good |
| _____                 |      | <input type="checkbox"/> F <input type="checkbox"/> M | _____ | <input type="checkbox"/> Poor <input type="checkbox"/> Average <input type="checkbox"/> Good |
| _____                 |      | <input type="checkbox"/> F <input type="checkbox"/> M | _____ | <input type="checkbox"/> Poor <input type="checkbox"/> Average <input type="checkbox"/> Good |
| _____                 |      | <input type="checkbox"/> F <input type="checkbox"/> M | _____ | <input type="checkbox"/> Poor <input type="checkbox"/> Average <input type="checkbox"/> Good |

## Medical/Physical Health

Who is your child's doctor? \_\_\_\_\_ Location: \_\_\_\_\_

Is your child under the care of a psychiatrist? ☐ Yes, \_\_\_\_\_ ☐ No

Has your child had a serious illness, a surgery, or any other significant medical condition/procedure in the past 12 months? ☐ Yes ☐ No

*-If yes, please explain:* \_\_\_\_\_

Are there any other health concerns or conditions that I need to be aware of? ☐ Yes ☐ No

*-If yes, please explain:* \_\_\_\_\_

## CHILD/ADOLESCENT INTAKE FORM

Is your child currently taking any prescription medications? ☐ Yes ☐ No

*If yes, please complete the following information:*

| Medication | Dosage | How Often | Treats | Benefits (How is it working?) |
|------------|--------|-----------|--------|-------------------------------|
|            |        |           |        |                               |
|            |        |           |        |                               |
|            |        |           |        |                               |

### Behaviors/Feelings

*Please check any of the following that describe your child during the past 3 months:*

- |   |  |   |
|---|--|---|
| <input type="checkbox"/> Poor attention/concentration     | <input type="checkbox"/> Angry/resentful           | <input type="checkbox"/> Grief/crying spells            |
| <input type="checkbox"/> Temper outbursts                 | <input type="checkbox"/> Reckless sexual activity  | <input type="checkbox"/> Sleep disturbances             |
| <input type="checkbox"/> Aggressive towards people        | <input type="checkbox"/> Deliberately sets fires   | <input type="checkbox"/> Hallucinations                 |
| <input type="checkbox"/> Anxiety/Panic attacks            | <input type="checkbox"/> Stress                    | <input type="checkbox"/> Self-esteem issues             |
| <input type="checkbox"/> Withdrawn/ isolative             | <input type="checkbox"/> Moody/irritable           | <input type="checkbox"/> Hyperactivity                  |
| <input type="checkbox"/> Physically cruel towards animals | <input type="checkbox"/> Binge eating/under eating | <input type="checkbox"/> Blames others for own mistakes |
| <input type="checkbox"/> Hopelessness                     | <input type="checkbox"/> Low motivation            | <input type="checkbox"/> Fears/phobias/worrisome        |
| <input type="checkbox"/> Poor impulse control             | <input type="checkbox"/> Depression                | <input type="checkbox"/> Argues with adults             |
| <input type="checkbox"/> Obsessive thoughts               | <input type="checkbox"/> Compulsive behaviors      | <input type="checkbox"/> Difficulty trusting            |
| <input type="checkbox"/> Steals                           | <input type="checkbox"/> Low energy/fatigue        | <input type="checkbox"/> Destroys property              |
| <input type="checkbox"/> Headaches                        | <input type="checkbox"/> Bullies/threatens         | <input type="checkbox"/> Pornography Use                |
| <input type="checkbox"/> Internet Addiction               | <input type="checkbox"/> Body Image Issues         | <input type="checkbox"/> Other concerns:                |

## CHILD/ADOLESCENT INTAKE FORM

### **Mental Health History** *(Please check any that may apply):*

#### **Client History**

*Please select all that apply to your child's history:*

- |   |           |                          |
|---|-----------|--------------------------|
| <input type="checkbox"/> Physical Abuse           | Age:_____ | Was this reported? _____ |
| <input type="checkbox"/> Sexual Abuse             | Age:_____ | Was this reported? _____ |
| <input type="checkbox"/> Emotional Abuse          | Age:_____ | Was this reported? _____ |
| <input type="checkbox"/> Neglect                  | Age:_____ | Was this reported? _____ |
| <input type="checkbox"/> Drug Abuse               | Age:_____ |                          |
| <input type="checkbox"/> Alcoholism               | Age:_____ |                          |
| <input type="checkbox"/> Domestic Violence        | Age:_____ |                          |
| <input type="checkbox"/> Psychiatric Difficulties | Age:_____ |                          |
| <input type="checkbox"/> Criminal Difficulties    | Age:_____ |                          |
| <input type="checkbox"/> Other: _____             | Age:_____ |                          |

#### **Family History**

*Please select all that apply to your child's family history (immediate and extended family):*

- |   |                            |
|---|----------------------------|
| <input type="checkbox"/> Physical Abuse           | Family Member / Age: _____ |
| <input type="checkbox"/> Sexual Abuse             | Family Member / Age: _____ |
| <input type="checkbox"/> Emotional Abuse          | Family Member / Age: _____ |
| <input type="checkbox"/> Neglect                  | Family Member / Age: _____ |
| <input type="checkbox"/> Drug Abuse               | Family Member / Age: _____ |
| <input type="checkbox"/> Alcoholism               | Family Member / Age: _____ |
| <input type="checkbox"/> Domestic Violence        | Family Member / Age: _____ |
| <input type="checkbox"/> Psychiatric Difficulties | Family Member / Age: _____ |
| <input type="checkbox"/> Criminal Difficulties    | Family Member / Age: _____ |
| <input type="checkbox"/> Other: _____             | Family Member / Age: _____ |

# CHILD/ADOLESCENT INTAKE FORM

## Counseling/Mental Health

☐ My child has previously received counseling/psychotherapy services. Please provide the name of the therapist, duration of treatment, diagnosis, and results of treatment.

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☐ My child has been hospitalized for a mental illness. Please provide the name of the facility, date of service, duration of stay, diagnosis, and purpose of treatment.

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☐ There has been a previous suicide attempt(s) made by my child. Please identify the number of attempts made and provide information about the incident(s) here:

| Year | Age | Method | Location of Attempt | Medical Services Required |
|------|-----|--------|---------------------|---------------------------|
|      |     |        |                     |                           |
|      |     |        |                     |                           |
|      |     |        |                     |                           |

**During the past six months has your child expressed thoughts about suicide (verbally, in writing, to others)?**      ☐ Yes      ☐ No      ☐ I don't know

*Please list any other important information related to suicide concerns here:*

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Is your child acting out physically towards him/herself or towards others?    ☐ Yes      ☐ No

*If so, please identify the physical behavior(s):*

☐ Punching    ☐ Kicking    ☐ Choking    ☐ Cutting    ☐ Other:

Is your child acting out sexually and/or viewing pornography?      ☐ Yes      ☐ No

*If so, please explain:*

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# CHILD/ADOLESCENT INTAKE FORM

## Educational History

What is the name of the school your child currently attends? \_\_\_\_\_

In what city is the school located in? \_\_\_\_\_ What grade is your child in? \_\_\_\_\_

Does your child have any specific learning needs, or participate in special education services?

☐ Yes ☐ No

If so, please describe services received and identified disability (ies):

\_\_\_\_\_

Does your child have a history of discipline problems at school? ☐ Yes ☐ No

*-If so, when did they begin?* \_\_\_\_\_

Has your child been mandated to an alternative disciplinary educational program this school year or been suspended from school for a campus offense? ☐ Yes ☐ No

*-If so, please explain:* \_\_\_\_\_

Does your child frequently miss school for any reason? ☐ Yes ☐ No

*-If so, please explain:* \_\_\_\_\_

Overall, how would you describe your child's educational experiences?

\_\_\_\_\_

Overall, how would you describe your child's academic performance?

\_\_\_\_\_

## Social/Peer Relationships

How would you describe your child? (*Check all that apply*)

☐ Leader

☐ Follower

☐ Outgoing

☐ Shy/Reserved

☐ Difficulty making friends

☐ Bossy

☐ Well-liked by peers

☐ Bullies others

☐ Gets bullied

☐ Other:

Any additional concerns or notes regarding your child's social skills or peer relationships?

☐ Yes

☐ No

*If yes, please explain:* \_\_\_\_\_

# CHILD/ADOLESCENT INTAKE FORM

## Cultural/Ethnicity

Does your child and/or family identify with a particular cultural or ethnic group?

☐ Yes ☐ No *If yes, please identify:* \_\_\_\_\_

Is your child experiencing any problems related to assimilation and/or acculturation?

☐ Yes ☐ No *If yes, please describe:* \_\_\_\_\_

Is there anything else you would like me to note regarding culture and ethnicity? If so, please describe: \_\_\_\_\_

## Religious/Spirituality

Does your child and/or family belong to any religious and/or spiritual group?

☐ Yes ☐ No *If yes, please describe:* \_\_\_\_\_

How important is religion/spirituality to your child/adolescent? \_\_\_\_\_

Is your child experiencing any problems related to faith, spirituality, or religion

☐ Yes ☐ No *If yes, please describe:* \_\_\_\_\_

Do you wish for me to integrate Christian faith, religious/spiritual values and principles into the therapy sessions? ☐ Yes ☐ No

Anything else you would like to note regarding religion/spirituality?

If so, please describe: \_\_\_\_\_

## Substance Use History

Has your child had any problems with either drugs or alcohol, currently or in the past?

☐ Yes ☐ No *If yes, please explain:*

\_\_\_\_\_  
\_\_\_\_\_

Has your child ever been through an alcohol or chemical dependency treatment program

(inpatient or outpatient)? ☐ Yes ☐ No

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*If so, provide the name of the facility, dates of service, duration of stay if inpatient, and results of treatment:* \_\_\_\_\_  
\_\_\_\_\_

Does your child use tobacco?   ☐ Yes        ☐ No

*If so, please describe the type and frequency (e.g., cigarettes, vape, cigars, etc.):*

\_\_\_\_\_  
\_\_\_\_\_

### Legal History

Does your child have any history of legal issues?   ☐ Yes   ☐ No

*If yes, please describe:* \_\_\_\_\_

Does your child have any pending legal issue or an upcoming court date?   ☐ Yes   ☐ No

*If yes, please describe:* \_\_\_\_\_

### Leisure/Recreational Activities

Are there any special interests, hobbies, or activities that your child likes to participate in?

If so, please describe: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

### Additional Comments

If there is anything else you would like me to know or be aware of, please describe here:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_