

INFORMED CONSENT FOR TELETHERAPY SERVICES

Welcome to teletherapy sessions! I think you will find it very convenient and user-friendly; however, there are a few things I would like you to be aware of and in agreement of:

- There are potential benefits and risks of video-conferencing (e.g., limits to patient confidentiality) that differ from in-person sessions.
 - **Confidentiality is still an utmost importance at Restoration Counseling. There will be no recording or screenshots of sessions (by either party), and sessions must be held in a private environment free of distraction.**
- Use of a HIPAA-compliant video platform will be used, and a webcam or smartphone will be used during session.
 - Although smartphones are compatible, please take note that a desktop or laptop is preferred (due to connection and battery life).
- **Please use a secure internet connection** rather than public/free WiFi.
 - The use of Google Chrome or Firefox is recommended as your internet browser for best quality and compatibility.
 - If issues occur with the quality of connection, the session will be completed by phone.
- Cancellation policies still apply. Please be on time and contact your counselor if you are running late or need to reschedule.
- Although sessions are held in the comfort of your own home, please remain mindful of social norms and appropriate behavior within the counselor-client relationship.
- For safety reasons, if you are located somewhere other than your home address, please be sure to inform your counselor of your location at the beginning of session.
- As your counselor, I may determine that due to certain circumstances, teletherapy is no longer an appropriate treatment and that we should resume our sessions in-person when able.

I agree to all the above-mentioned items.

Client Signature

Date

Counselor Signature

Date