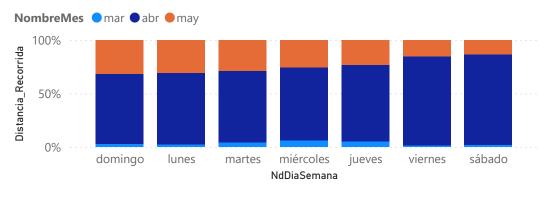
NombreMes

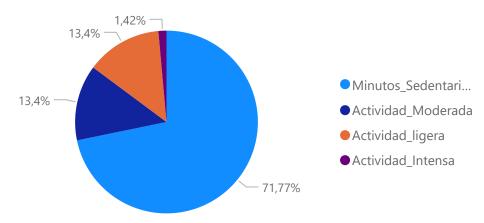




#### Distancia Recorrida

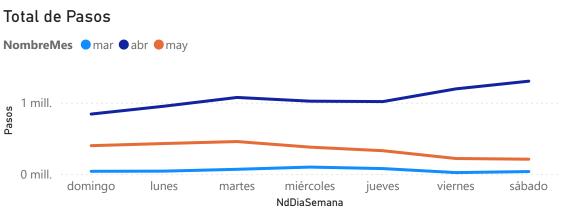


### Actividad Física y Sedentarismo

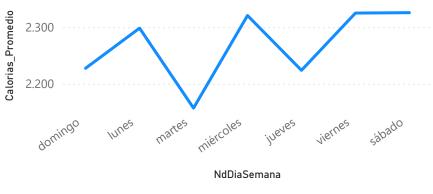




icons from www.freepik.es



#### Calorias\_Promedio por NdDiaSemana





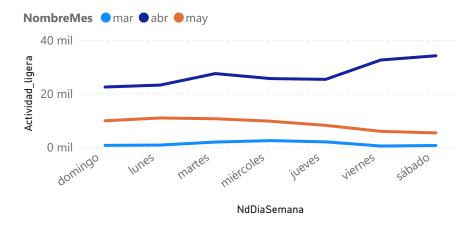


icons from www.freepik.es

# Promedio de Pasos **NombreMes** ● mar ● abr ● may



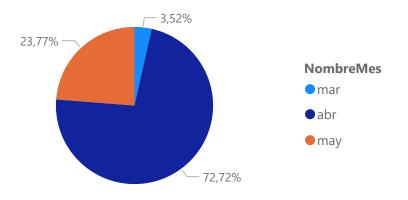
### Actividad Ligera







#### Total de Distancia



## Calidad de Sueño

Richard Douglas G. TFM

NombreMes

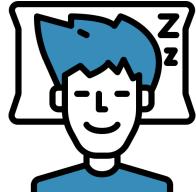
Todas  $\checkmark$  ld Todas

419,47

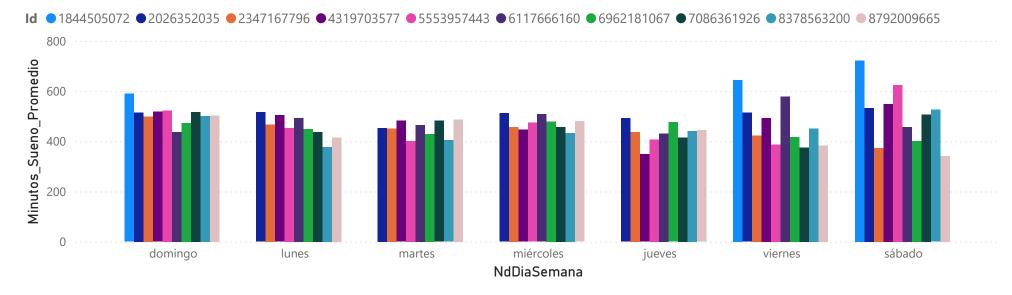
6,99

Minutos Sueño Promedio

Horas Sueño Promedio



## Minutos de Sueño Promedio Top N ID





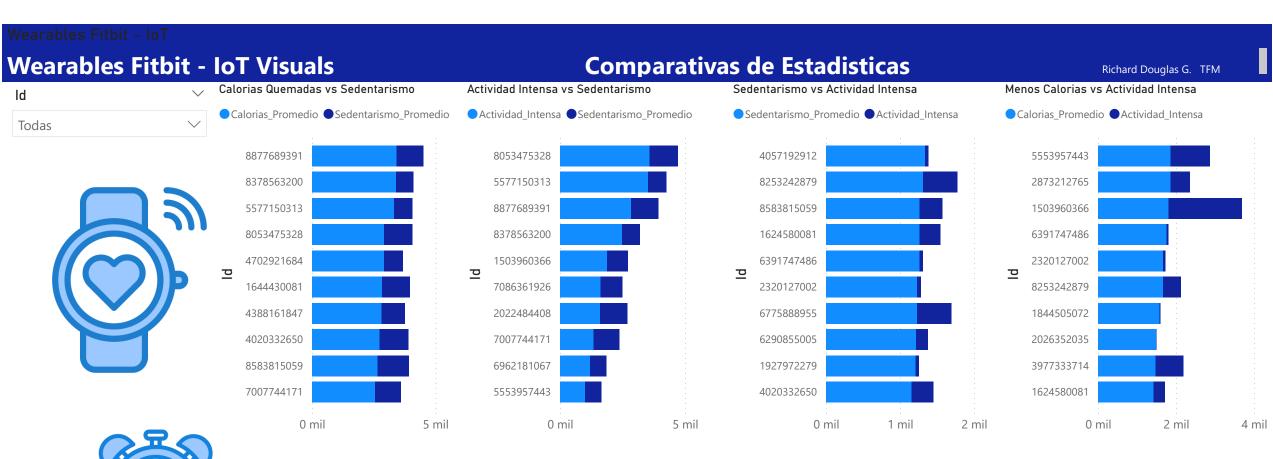
icons from www.freepik.es





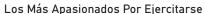
Horas Sueño Promedio por Dia





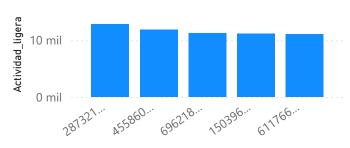


icons from www.freepik.es





Los de Mayor Actividad Ligera



Los Más Sendentarios

4057192912	8583815059	639174
8253242879	1624580081	

## **Comparativas de Estadisticas**

Richard Douglas G. TFM

NombreMes

Todas

ld

Todas ∨



 $\vee$ 

27 mil

Actividad\_Intensa

259 mil

Actividad\_ligera

259 mil

Actividad\_Moderada

7,28 mil

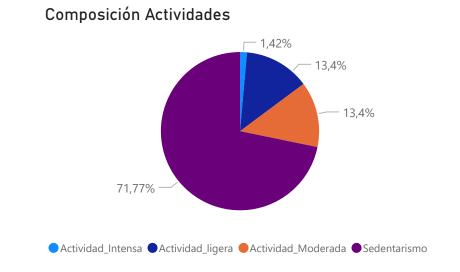
Distancia\_Recorrida

992,54

Sedentarismo\_Promedio

6,99

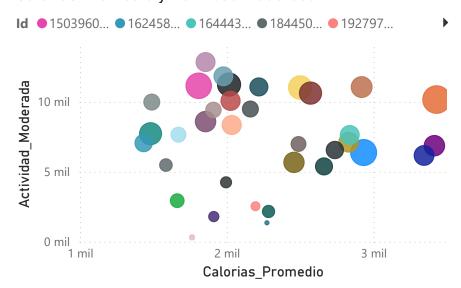
Horas Sueño Promedio





icons from www.freepik.es

## Calorias Promedio y Actividad Moderada



#### Sedentarismo Promedio vs Actividad Intensa

