



# DOZ3 Digital Health

## Dr. Priya Sharma

MBBS, MD (Internal Medicine)

Reg. No: MCI-12345678

## DOZ3 Digital Health Clinic

42, 1st Cross, Indiranagar, Bengaluru - 560038

+91-80-4567-8901 | care@doz3.health

Date: 16 Feb 2026

Rx No: RX-20260216-237

### Patient Information

Name: Rajesh Kumar

Age: 58 years

Weight: 72 kg

History: Hypertension, Type 2 Diabetes

Chief Complaints: Hypertension, Type 2 Diabetes

## Rx Prescription

### 1. Metformin 500mg

Frequency: 1-0-1 (Morning - Afternoon - Night)

After meals with water

### 2. Telmisartan 40mg

Frequency: 1-0-0 (Morning - Afternoon - Night)

After meals with water

### General Instructions:

- Take medications regularly as prescribed
- Maintain a healthy diet and regular exercise routine
- Monitor blood sugar levels regularly
- Follow up after 15 days or if symptoms persist

Next Follow-up:

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