

 DOZ3 Digital Health**Dr. Priya Sharma**MBBS, MD (Internal Medicine)  
Reg. No: MCI-12345678**DOZ3 Digital Health Clinic**42, 1st Cross, Indiranagar, Bengaluru - 560038  
+91-80-4567-8901 | care@doz3.health**Date:** 16 Feb 2026**Rx No:** RX-20260216-237**Patient Information****Name:** Rajesh Kumar**Age:** 58 years**Weight:** 72 kg**History:** Hypertension, Type 2 Diabetes**Chief Complaints:** Hypertension, Type 2 Diabetes**R Prescription****1. Metformin 500mg**Frequency: **1-0-1** (Morning - Afternoon - Night)

After meals with water

**2. Telmisartan 40mg**Frequency: **1-0-0** (Morning - Afternoon - Night)

After meals with water

**General Instructions:**

- Take medications regularly as prescribed
- Maintain a healthy diet and regular exercise routine
- Monitor blood sugar levels regularly
- Follow up after 15 days or if symptoms persist

Next Follow-up:

**Dr. Priya Sharma**

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