

Interview Questions - Rough Draft

Add any questions you think we need to ask the people we will interview here.

Questions based on who we are interviewing

Maria

For pediatrician:

- Do you have patients who live in food deserts?
- What common diseases do they have? Are these diseases directly related to unhealthy diet? Does other family member suffer from the same diseases as children?
- Who are the main source of health education (parents, school, friends) ? How would you help your patients to engage in health education?

For Registered Dietitian:

- How does the diet of someone live in a food desert affect their overall wellbeing and health?
- What are the factors that contribute to dietary behaviour at a household or 'family' level?
- How would you help someone change their lifestyle habits who has lived in a food desert?

Laura

For School Administrators:

- How many students are affected by food deserts within your school?
- How does being located within a food desert affect students? Does it affect their learning/focus or health/attendance within the classroom setting?
- What is the school's outreach for those families that are affected by lack of access to healthy food?

For Parents:

- What are the biggest challenges of living within a food desert?
- Tell me about where you buy fruits and vegetables. How far do you travel and how long does it take you? (Follow up: Why? Or I'd love to hear more about your transportation.)
- Are there programs or Urban Gardens that you may participate in? What is the community outreach for living within a food desert?
- What kind of fresh foods do you try to incorporate into your daily routine that are more nutritious, if any? How do you get access to those foods?

- What is the biggest change within your community that you would like to see in order to help eliminate food deserts?

For Student: (If possible)

- Do you provide your own meals for school? “Pack a lunch? Or eat at school?” Why?
- What kind of meals are you provided with?
- What kind of education is being provided on food, health and nutrition?
- Are there programs or Urban Gardens that you may participate in? Would you be interested in being a part of an Urban Garden within your community of school?

Mackenzie

For chefs Jeremy Ford and Michelle Bernstein:

- What inspired you to join the [#DrinkGoodDoGood](#) social media campaign?
- How can restaurants play an active role in raising awareness of food deserts?

For friend who lived in a food desert:

- What was done to improve the situation while you lived there?
- If you wanted fresh groceries, how did you go about getting them?
- Did you know you were moving to a food desert?

For holistic health practitioner:

- Do you have patients who live in food deserts?
- How does the diet of someone live in a food desert affect their overall wellbeing and health?
- How would you help someone change their lifestyle habits who has lived in a food desert?

For Health in the Hood:

- What makes your program unique from other food desert outreach efforts?
- How has your program affected the food desert population? Did raising awareness about food deserts lead to other benefits as well?
- How were the head gardeners selected?

Deb

For Urban Oasis Project, Art Friedlich (President) and Jeannie Necessary, Board President and Food Systems Specialist, Agricultural Extension Office

- Describe your immediate and long-term plans for Urban Oasis.

- What motivated you to start Urban Oasis?
- What challenges do you believe face food desert communities in the near future?
- What makes the Urban Oasis Project different from other food desert organizations?
- Tell me about some of your most successful campaigns. Why? And who were your partners?
- What barriers do people face to access healthy foods? (transportation is a big hurdle)

For Drigo, Chef and Nutrition Advocate

For a Roger Horne, Local Farmer / Urban Garden

- What are the benefits of participating in a solution for food deserts?
- What do you think are the challenges in addressing food deserts?
- What challenges do you (or farmers in general) face in growing and feeding your community?
- What cultural barriers do you think may contribute to people not buying from local farms? (Diversity of the communities, different ethnicities, etc.)

For an urban gardener

- Why do you participate in an urban garden?
- How has your experience changed (or not changed) your ideas about food?
- What would you like people to know about urban gardens?
- What benefits do you believe you have received from growing your own food?

Questions everyone must ask

- What is a food desert?
- How do you think food access impacts one's health?
- What do you think is missing to help address food deserts (e.g. already have mobile food trucks, food stands, etc.)
- How does your job or your volunteer work help to address the food desert issue?
- Who or what organizations are successful in addressing food deserts? How are they accomplishing it?
- What is the biggest change that you would like to see within your community, in order to help eliminate food deserts?
- What kind of cultural barriers exist to addressing food deserts?
- How can social media and technology play a larger role in raising awareness of food deserts?