

Food

Physics and Mathematics of Sustainable Energy

College of the Atlantic. November 14, 2025

1.
 - (a) Suppose you eat around 2 kg of red meat per week. (This is roughly the average per capita US consumption.) What is the CO₂e associated with this over the course of one year? (Assume the beef is from a beef herd, not a dairy herd.) Is this a lot or a little?
 - (b) Suppose you replace this red meat in your diet with chicken (poultry). How much CO₂ have you prevented from being emitted?
 - (c) How much driving in an average car would emit a similar amount of CO₂?
2. Answer the following questions using Table 1 and Figure 2 from Weber and Matthews.
 - (a) How much energy does it take to ship 3 metric tons of corn from Iowa to Bar Harbor via truck?
 - (b) How many tons of carbon dioxide does this emit?
 - (c) What is the total emissions associated with 3 tons of corn?
 - (d) How much energy does it take to ship 3 metric tons of potatoes from Belfast, Ireland to Boston via container ship? How many tons of carbon dioxide does this emit?

Some useful info:

- Burning one gallon of gasoline releases 38 kWh of energy and 9 kg of CO₂.