

NoBo		Courtesy of WhiteBlaze Pages ©, A Comnplete Appalachian Trail Guidebook. www.whiteblazepages.com.	AnicoBlaze Pauchand
Mile	Features	Description	V Calib
20.5	Ĥ 🖴 ◈ 🕹 스 Φ 📾 🗉 🥊	(6.0E) The Hiker Hostel @ Barefoot Hills Hotel 770-312-7342 reservations@barefoothills.com (www.barefoothills.com) accommodations in hostel priced from \$25+ per night, depending upon day of week, seasonality and general availability. ☐ Group rates and specials available. Discount for active and retired military personnel during direct reservation call. All stays and shower. Y Hot breakfast, lunch and dinner available for purchase. Beer, wine, bottled water and Coca-Cola products ava available for purchase onsite including ♣ canister fuel, hiking gear, supplies, and dried food. P₄ Overnight parking, ▲ laundr guests only). ♠ Free WiFi is available, and all accommodations are equipped with smart televisions for use with personal Ne tles to and from select trail heads and gaps, local wineries, and downtown Dahlonega for an extra fee. Thru Hiker Special : (Feb. 1, 2019 - April 30, 2019): Shuttle pickup, at a cost, based upon availability and pre-existing rese	Private rooms and cabins begin at \$95+ for up to two guests include free continental breakfast, new bed linens and towels illable for purchase in cans or bottles. Limited retail supplie y service and kayak rentals also available (for registered tFlix, Hulu and other streaming services.
		MARTA Station (Sunday, Monday, Tuesday & Thursday) and Gainesville bus station (Wednesday only) with confirmed overnig Free continental breakfast, and group shuttle to Amicalola Falls or Springer Mountain the next morning. A portion of the all plachian Trail Conservancy. I Mail drops: (USPS/FedEx/UPS) 7693 US Highway 19N, Dahlonega, GA 30533.	pht stay in bunk (or upgrade to rooms & cabins, as available). Proceeds from our Thru Hiking Special is donated to the Appa 弁[34.61318,-83.9651]
20.5	介 ◈曲 ఄ 扁兒	Wolfpen Gap Country Store 706-747-2271. ♦ AT Passport location. Store: M 7am-9pm, Tu 7am-10pm, W 7am-9pm, W 7am-	
31.3	∦Ĥ®�♥ዿ▆≣Չ	Mountain Crossings 706-745-6095. (www.mountaincrossings.com) ♦ AT Passport location. Open year round. *# Store h	
31.3	Mu o A 4 dece	Store hours: M-Su 9am-5pm. Will do a gear shakedown for you, if you would like, just ask. Long term resupply. & Alcohol by Hostel: Hostel is open year round. & Absolutely NO PETS in hostel, leaving your animal outside while you stay in the hostel Bunkroom \$20 includes shower with towel. Ask about shuttles. Outgoing shipping is available. If Mail drops (USPS/UPS/FedEx) held for 2 weeks, \$1 donation fee upon pickup, 12471 Gainesville Hwy, Blairsville, GA 3051	γ the ounce. Is NOT an option. No reservations. First come, first in. \hat{H}
109.4	介∱么党皇命龠≡፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟	Jack Tarlin Hostel 828-524-2064. (www.baltimorejacksplace.com) ∱ On site outfitter - Satellite of Three Eagles Outfitter. 1 rooms single \$49.99 plus \$5 for each extra person per room. ⑤ Shower without stay \$5. △ Coin laundry, ☐ computer available here. ⑤ Shuttle runs at 9 and 11 am for the months of March thru April to and from Rock Gap, Wallace Gap and Winding Staround town for errands for guests. ⑤ Mail drops: 7 Derby Street Franklin, NC 28734.	Ĥ Bunk room \$20 per person, 10 bunks on hand. Private able for use, free WiFi. Smoky Mountain permits for free
109.4	A 介ン本 《△◆』 ■ P. = 9	Goder Grove Hostel 828-332-0228. Open Year Round! ♣ Pet friendly, but Call Ahead! ♠ AT Passport available. Located is Breweries, Restaurants & Resupply. ➡ FREE Shuttle for thru-hikers early/mid am. and afternoon to/from Winding Stair Gap outfitter stores. ➡ Shuttle Service, ♠ Slackpacking, short or long distance. Stay includes Bed and Shower. Kitchen & Den. for hammock: \$12 pp. △ Laundry Service \$5 pp, with Loaner Clothes available. ♣ Free Wifi. Fenced dog lot/kennel. ♣ Parking ➡ Mail drops: 130 Hayes Circle, Franklin, NC 28734.	in the center of downtown Franklin, close to Main Street, (AT110) & Rock Gap, end of February through May. TWO loca F Bunk: \$21 per person. Private room: \$45. A Tent or
109.4	★介→※◆△◆⑥×凡□፻	Gooder Grove Hostel 828-332-0228. Open Year Round! ♣ Pet friendly, but Call Ahead! ♣ AT Passport available. Located Breweries, Restaurants & Resupply. ➡ FREE Shuttle for thru-hikers early/mid am. and afternoon to/from Winding Stair Gap outfitter stores. ➡ Shuttle Service, ♠ Slackpacking, short or long distance. Stay includes Bed and Shower. Kitchen & Den. 戶 hammock: \$12 pp. △ Laundry Service \$5 pp, with Loaner Clothes available. ➡ Free Wifi. Fenced dog lot/kennel. P Parking ➡ Mail drops: 130 Hayes Circle, Franklin, NC 28734.	(AT110) & Rock Gap, end of February through May. TWO loca F Bunk: \$21 per person. Private room: \$45. 🛦 Tent or 🗻
109.4	А® ◈▲Ф¶ Д □	(12.6E) Chica & Sunsets Hostel 715-315-0876 (text preferred) chica@chicaandsunsets.com (www.chicaandsunsets.com) INCLUSIVE cash only (includes Pick up and drop off at Winding Stair Gap or Rock Gap, 点 laundry, 扁 shuttle to town and 划 will have use of full apartment. Two twin beds per room (no bunks!) and small hiker to bathroom ratio. a Ask about slackpa preferred!) 1-2 days in advance to secure a spot. We have good a WiFi. All shuttle points: Rock Gap, Winding Stair Gap, Wa Cash, Venmo or PayPal. I Mail drops for guest: Contacted establishment for details.	continental breakfast). Can only accommodate 4 hikers who cking. A No drop-ins or reservations; please text or call (text
		Chica & Sunsets are former thru-hikers (AT 2017) and veterans of the Camino de Santiago (2018).	
128.8	Ĥ⊨ ◈®소☆ී♥Φ♠ ♀ ҈	(4.3W) Nantahala Mountain Lodge 828-321-2340 (www.northcarolinalogcabin.rentals/at-trail.html) Run by 2010 thru hiker "Wiggy". ◆ AT Passport location. Open 1st March - 1st June. ⑧ No Pets. ALL NIGHTLY RATES INCLU 1 x Private room with king bed, \$75.00. 益 Laundry \$5.00. 益 Short term resupply available. ⑤ Free WiFi. 屬 Shuttle pickup Burningtown Gap (124.0) \$5PP per trip, Telico Gap (128.8) \$5PP per trip. ⑥ Slackpacking options Rock Gap to Fontana with start point available. Cash payment only if stay is under \$50. There is a \$3 surcharge for use of Credit Cards if stay is over \$ ③ Mail drops for quests only: 63 Britannia Drive, Topton. NC 28781	and return to or from Wayah Gap (109.4) \$5PP per trip, reservations. P _a Parking for section hikers \$4 a day, shuttles t
136.7	Ĥ▭◈◬∰ී¢◍ᢆਫੈੈੈ≢ਿ≣	Nantahala Outdoor Center 828-785-5082. (www.noc.com) media@noc.com	
		 AT Passport location. Walk ins with or without out reservation must check in at General Store between 10am and 7pm. Co WiFi. ☆ Base Camp Bunkhouse: 828-785-5082, reservations are recommended, \$39.99 for 2 people, \$79.99 for 4 people, \$10 common area and community kitchen, ♣ free WiFi. ☆ River's End Restaurant: Serves breakfast, lunch and dinner. Opens mid-March. M-Thu 8am-7pm. No breakfast in the fa NOC Outfitters: Open daily. Lots of gear, trail food, ₺ fuel by the ounce, ♠ free WiFi. They will do gear shakedowns if y permits from here. ♠ Ask about shuttles. 	9.99 for 6 people, \$139.99 for 8 people, å all include shower
		Mail drops: dated and marked "Hold for AT Hiker", 13077 Hwy 19W, Bryson City, NC 28713.	
150.5	ĤΦ▲♥⊒°	(3.4E) Stecoah Wolf Creek Hostel 828-735-0768. lonnie479@gmail.com. Open Jan-Dec. ⚠ \$30PP, full beds, TV and kitch 5pm on weekdays. ☐ Computer & printer available for permits if needed. Free pickup and drop off at Stecoah Gap. All other ence Store and ♂ Diners are close by.	shuttles after 5 pm based on time and mileage. Conveni-
150.5	Ĥ ⊨ ఄ ∜소 ⊕ 云 🗉	(3.2E) Cabin in the Woods Craig 980-406-6446 or Eileen 224-420-0273. (www.thecabinsinthewoods.com) û \$25 pp Hikee bathroom, satellite TV and ● Wifi. ➡ Private cabins available, but are often booked - reserve early. ヺ Fee resupply to Robb Hot Springs and Knoxville to Asheville. Free Shuttle to Stecoah Valley Diners. * Breakfast options. △ Laundry, washer and ■ Mail drops for guests only. 386 W. Stecoah Hts., Robbinsville, NC 28771.	insville available. 📾 For fee shuttle range from Amicalola to
158.3	Ĥ ⊨△ ૽ ┞ = □	(3.0 E) The Hike Inn 828-479-3677. hikeinn@graham.main.nc.us. Open Mar thru Oct. A hikers-only motel and shuttle servi hiker Tom "High Loon" Barrett. May close periodically Nov thru Feb, so please call well ahead during those months.	el style atmosphere. 🛏 Private room w/bath, tv, 👁 wifi, fridge Supply trip to Robbinsville & p/u & d/o at Stecoah Gap, Yellow
241.6	弁⊨★ ◈☆↓△曲●河扁尺□	(0.1W) Standing Bear Farm 423-487-0014. ◆ AT Passport location. Open year round. 兌 Bunk \$20, A tenting \$15 per peritems available. Also has meals for purchase to cook. ② Canister, Coleman and alcohol fuels. ② Can hand wash laundry, elections, dog shuttles around Smokies \$250. P. Parking.	

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Mile	Features	Description
275.0	A മ 🏶 ஃ 🕏 🖘 🖃	Hostel at Laughing Heart Lodge 828-206-8487 (www.laughingheartlodge.com) ◆ AT Passport location. Open year round. 註 \$20 bunks, \$25 per person semi-private, \$35 single
		private, \$50 double private (one full size bed). Linens provided in private rooms only. A Tenting \$10 per person, \$15 for two in one tent. All guests have access to a common kitchen, morning coffee/tea, WIFI & and \$ showers w/towel provided. Quiet hours observed from 10 pm to 7 am. \$\triangle \triangle \t
275.0	भे 📾	Appalachian Trail-er Bunkhouse 828-713-5451 (www.blueridgehikingco.com) Bunkhouse {10} \$40-\$60 PP. Prefer reservations but occasionally take walk-ups based on availability. Gear rentals, shuttle services, and some handpicked selection of ultralight gear available.
291.3	介 ⇔太 ◈光╡ఄ┗扁⊕ ■	(0.7W) Hemlock Hollow Inn 423-787-1736(www.hemlockhollowinn.com) Owners Russ and Dianna Rosa. ◈ AT Passport location. Closed during the winter (October 25th-March 25th). West on Log Cabin Dr. to paved Viking Mountain Rd. ☆ Bunkroom \$27PP with linens, \$22 without. ⊨ Cabin for couples with linens \$60. All rooms heated. ★ Tent site \$15 per person. ❖ Pets fee \$5. All stays include shower. ఄ Non-guest shower and towel for \$5. ≒ Camp store stocked with long term resupply, some gear, cold drinks, foods, fruit, stove fuels. ♠ Ask about shuttles. ♣ Parking free for guests, fee for non-guests. Credit cards accepted. ➡ Mail drops free if you stay, \$5 without staying. Mail drops (ETA mandatory): 645 Chandler Circle, Greeneville, TN 37743.
319.8 分	≔ ⋏ ~ {4} * ◈ X ⊞ పై ఉ⊕ ఓ ∰ # ⊞ 凡 ⊡	(2.8W) Natures Inn Hostel 828-216-1611 (www.naturesinnhostel.com) AT Passport location. Pets allowed but they must be leashed when on property. Two bunkhouses, both have electricity, twin mattress, bed linens for extra fee, heaters available for rent for extra fee, covered outdoor space between the two buildings. Cabins, 2 People, EAP for a fee up to a total of 4, electricity, queen and twin bed with mattress, bed linens for extra fee, heaters are available for rent for extra fee, fire ring (firewood for sale), pet picnic table, charcoal grill (charcoal for sale). Bath house; bath towels, soap and shampoo included with stay. Private rooms available in house ask for prices, 2 queen beds, 1 king beds. Tenting, includes shower for a price. Hammock spots (in ground poles) for a price, includes shower. Free WiFi. Laundry facilities on site, for a fee, includes laundry powder. Showers; with out stay for a fee, if shuttle to and from trail head needed there is a fee. Small resupply store for Hiker food stuffs and we offer pizza, soft drinks, hamburgers, hot dogs, some fuels etc. Shuttle: to and from trail head at Sams Gap, free with stay. To and from Devil's Fork trail head, ask for pricing. Slackpacking: available, negotiated pricing dependent upon, where, when, etc. Parking: No charge with stay, priced per day with out stay. We accept CC and cash. Reservations recommended. All reservations must provide CC to reserve or pay in advance. Full refund if cancelled 7 days prior to reservation, 50% refund if cancelled during 6 days up to check in date.
319.8	弁❖ቈ△蛐◍▆	(6.7E) Mother Marian's Hostel 828-680-9944 (Marian Smartt), 828-231-2736 (Fred). Limited to 4 to 6 hikers. ♀ Bunks \$25, includes pillow and sheets. ♣ Shower \$5. ▲ Laundry \$5. ♣ Dogs \$15. ♠ Resupply available. ♠ Free WiFi. Pickup and return to Big Bald or Sams Gap. ♠ Ask about other shuttles.
344.4	介⊨▲シ 参当する△≒旦●/▲ 上も兄の● □	Uncle Johnny's Nolichucky Hostel and Outfitters 423-735-0548. (www.unclejohnnys.net) ♦ AT Passport location. Open year round. ♣ Pet friendly. ⚠ \$22.50 per person per bunk. ➡ Private cabins range from \$40-\$95, includes heat, A/C, fridge, microwave, and linens. ★ Camping \$15 per person. Included with stay are showers, shampoo, conditioner, and soap. ➡ Covered hammock hostel with hanging gear and electricity is \$15 pp per day. ¶ Work for Stay possible, just ask. ♣ Coleman and alcohol by the ounce. ▲ Laundry \$5. ➡ Full resupply. ➡ Computer available for use, ➡ free Wifi. ∱ Outfitters store carries water filtration systems and filters, headlamps and lots more hiker gear. Bike, ➡ kayak and raft rentals. ♣ Shower without stay \$5, includes soap and towel. Accepts Mastercard, Visa. ♣ Parking available for guest. \$2/day. ♣ Parking fees for non-guests - \$3.00 per vehicle per day. Free town shuttles for guests, shuttle runs for breakfast, lunch and dinner. ➡ Longer shuttles for a fee. ➡ Mail drops: 151 River Rd, Erwin, TN 37650.
368.6	介▲ ◆光♥ 6 △◆無星尾国皇	(0.6E) Greasy Creek Friendly 828-688-9948. greasycreekfriendly@gmail.com (www.greasycreekfriendly.com) & Pets okay outside. AT Passport location. Open year round, except during Trail Days. Call ahead during Dec-Feb, self serve during the Sabbath (sundown Friday to sundown Saturday). There is a shed where guests can stay with their pets called the Pup Shed for \$15, includes dog. Bunk house or bed on porch \$15 per person (8 bunks available). Indoor beds \$20 per person (3 single beds available). Tenting \$7.50 per person, stay includes shower. Shower without stay \$3. Laundry done by owner in the evening for staying guests only, \$2 to \$6 depending on the load size. Limited kitchen privileges. Free WiFi. Meme-cooked meals. Resupply options include multi-day resupply including snacks, meals, and microwaveable entrees. Coleman and alcohol fuel by the ounce. There are shuttles available from Hot Springs, NC to Damascus, VA and all trailheads and trail towns in between. Call or email to inquire about availability and pricing. Free long distance calls within US. Parking \$2 per night. Credit cards accepted. Directions; from Greasy Creek Gap; take old woods road Trail east, follow flags on branches and painted arrows downhill. You should be going downhill all the way. Hostel is first house to your right with gravel path, follow gravel path past bunk house to main house back door to check in. By Mail drops: 1827 Greasy Creek Rd, Bakersville, NC 28705.
395.3	四介★ ◆光ヺも△●柳 四 凡□st	(0.3W) Mountain Harbour B&B and Hiker Hostel 866-772-9494. welcome@mountainharbour.net (www.mountainharbour.net) Open year round. ◆ AT Passport location. 父 Food Truck open during NOBO Season. ֏ Hostel located over barn, \$25 per person, king bed \$55. Treehouse \$75, 本 Tenting with shower \$10. Stay includes linens, shower, towel, wood burning stove. ⑤ Non-guest shower with towel \$5. △ Laundry with stay \$1, without out stay \$5. Breakfast \$12 when available. ⊨ B&B rooms \$125-\$165 includes breakfast, A/C, refrigerator, cable TV, ◆ WiFi. ≒ General Store on site with hiker supplies, full resupply. ➡ ⑥ Shuttles can be arranged for slackpacking. ♣ Parking \$10 per day or \$2 per day with shuttle. ③ 136.179075,-82.01608] ⑤ Mail drops free for guests, non-guests \$5, 9151 Hwy 19E, Roan Mountain, TN 37687.
395.3	Ĥ ◈♥☆∜�� ☆☆ ♬ௗ█	(0.6E) The Station at 19E 575-694-0734. (www.thestationat19e.com) Open year round. ♦ AT Passport location. Ĥ \$30pp (flat rate), Includes bunk, shower, laundry, soaps, fresh linens, boot dryer. CRAFT BEER PUB, ★ food available & resupply on site. Free shuttles to town with or without stay. Free fast WiFi. Pets OK. Slack pack & slack dog available. Secure parking \$10/day or \$2/day with shuttle.
407.9	ƳĤ◈୯⊞♥ီ©∰⊡	Side trail (0.25W) along utility line from 406 miles sign just north of bench view spot. Scotty's Back Porch Piano Bar & Hostel 423-772-3450. Hikerscotty@gmail.com. AT Passport location. CLOSED from mid Nov thru mid Feb UNLESS called first. Call for availability off season 15 Feb - 15 Nov. Overnights must sign registration form. Bunk room with heat \$10, without heat \$5 night. Private room and deck, queen bed with linens, heat, \$25 single/\$35 double. Pets okay if picked up after. No toilet, but privy, shovel, TP, hand sanitizer provided. Shower \$2, if also using provided towel \$3. Hot tub \$5, pool table, ping pong, piano, guitar and fiddle. Live entertainment daily 7:30-9pm. Cash or paypal only. Offers slackpacking from 19E, ask about rates. Short term resupply available daily 4-8pm: beverages, pizza, Ben & Jerry's ice cream and stove fuels. Limited parking \$2.50/night. Limited WiFi on satellite: 8-11 pm, 2-8 am daily
420	Ĥ Å ����△ · 扁□	(0.3W) Kincora Hiking Hostel 423-725-4409. ♦ AT Passport location. ® No dogs. Ĥ Bunks \$5 a night recommended donation, 3 night limit. Cooking facilities, △ laundry. ১ Coleman and alcohol by the ounce. ☐ Shuttles by arrangement. ☐ Mail drops free for quests, non-quest \$5. 1278 Dennis Cove Rd, Hampton, TN 37658.
420		(0.4E) Black Bear Resort 423-725-5988 (www.blackbearresorttn.com) New owners, Travis and Linda Culp. Open Mar 1 - Oct 31. ♣ Pet friendly. ♠ AT Passport location. Ĥ Hostel bunks \$20, upper bunkhouse \$25 per person, ★ tenting and → hammocking \$10 per person. ⊨ Cabins available \$60-\$76 up to 4 people per cabin, \$20 EAP with a max of 6 people. △ Laundry \$5. ♣ Showers \$5. ➡ Computer available for use. ➡ Camp store with long-term resupply items, snacks, sodas, pizza, beer, ♥ ice cream and food that can be bought and cooked on-site with microwave and stove. ♣ Fuel by the ounce and canister fuel. Credit Cards accepted. ➡ Shuttles available. P Parking free for guest who stay one night, \$3 per day for non guests. ■ Mail drops free for guests, non-guest \$5. 1511 Dennis Cove Rd, Hampton, TN 37658.
428.6	弁⊨▲{21} ンポケ 乗 ◈曲& ©±©© 会尺 豆	Boots Off Hostel & Campground, Owner Jim Gregory: 239-218-3904. "Top-10 AT Hostel" - The Trek AT Passport location. PET FRIENDLY! Call ahead & before coming up driveway if you have dog! Just steps from the A.T. and 5 minute walk to Watauga Lake beach area. Shaded campground with semi-private sites with picnic tables: \$12/pp (A Tent or Hammock). A Air-conditioned/Heated bunkhouse (each bed has privacy curtains, individual light, & charging station): \$25/pp+tax. Air-conditioned / Heated private tiny cabins (full bed with twin bunk, mini fridge, coffee maker with supplies) sleeps up to 3 people: \$60+tax for one person + \$10/pp thereafter. All stays include: light continental breakfast, clean linens, towels, scheduled evening town shuttle (\$5 without stay), Wi-Fi, and access to common area, kitchen, communal fire ring (regular fires during peak season), clean bathrooms and unique showers (\$5 without stay). Full-service Laundry is \$5 pp (we do it for you!). Excellent cell phone signal! Short term resupply and General Store available. Swimming available at Watauga Lake. Kayak/Canoe/Paddleboard rentals available at hostel. Aqua Blaze available (Nobo OR Sobo). Pa Parking available \$5/day. Slackpacking available for a fee. Shuttles available - range Sam's Gap to Damascus for a fee (Extended shuttles available out of season).

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Mile 428.6	Features Ĥ ® ◈ Ĝ △ 및 Φ ♥ ♠ ♠ P₄ ⊑	Far Not Fast Hiker Home and Shuttle 423-895-8236, a night at home. AT Passport location. No pets allowed at this tin	ne Free nick up and drop off with stay from Wilhur Dam
		Road and Shook Branch Recreation Area. Accommodates four hikers. \$40 +tax, includes \Re bunk (with quality linens, privacy cu soap, shampoo and conditioner), use of kitchen and BBQ grill. \equiv shuttles to Elizabethton for dinner options and resupply, \triangleq laun with cable TV, hiker closet, hot breakfast before getting shuttle back to trail. \textcircled{a} Offers slack packing. Ask about \rightleftharpoons shuttles from special for without stay: For \$25 pp, pick up at Wilbur Dam, shower, laundry, resupply, back to Wilbur Dam. \equiv Mail drops for guests: 274 Old Charity Hill Road, Elizabethton, TN 37643	rtains, light and power strip), \$\&\circ\$ showers (with towels, ndry, \$\square\$ computer for use and games, \$\square\$ WIFI, hiker den Erwin to Damascus. \$\mathbb{P}_{\mathbb{Q}}\$ Parking for guest with stay. Nero
449.2	弁常 ◈ ★ ン & △ † ● ● Ra 型 및	(2.1E) The Rabbit Hole , owners Rabbit and Kat. 423-739-3391 (home) homeforhikers@gmail.com (www.facebook.com/HomeFort.	able. Offers milkshakes and frozen pizzas. △ Laundry for ius from Erwin to Atkins. Parking available for section 宜[36.495047,-81.947834]
449.2	Ĥ▗▓▗▘▗█ Ĥ▗▓▓▘▗█	(2.6E) Switchback Creek Campground 407-484-3388. (www.switchbackcreek.com) Open Apr 1 - Oct 31. Location; (1.8) mile on Wallace Rd. (0.6) miles to 570 Wallace Rd, Shady Valley, TN 37688. 介 Cabin for two \$40 3 people \$50.00, ▲ campsite \$10, Showers, △ laundry, ♠ free wifi. Call for ride at TN. 91 or Low Gap.	
470.7	弁⊨▲ンギ ◈ ふらの無無凡□	The Broken Fiddle Hostel 276-274-4827. brokenfiddle400@gmail.com. Owner Bonnie (Bon Solo). ♠ AT Passport location. ♣ Pets OK outside. Located on the AT. ♠ 9 single beds in shared space, \$30PP. ➡ Two private rooms, \$ laundry. ♣ Tent or ➡ hammock \$10PP. Access to full kitchen. ▲ Laundry \$5. ♠ Outdoor shower \$5. ➡ Outdoor Cinema. ➡ Wil ➡ Ask about shuttling. P♣ Parking available. Credit cards, cash apps accepted with a processing fee. ■ Mail drops:	
470.7	Ĥ 🛏 🏶 🕹 👁	Hikers Inn 276-475-3788. hikersinn@gmail.com (www.hikersinndamascus.com) ♦ AT Passport location. Closed in winter. 分 \$4 Airstream \$75 or \$65/night for multi-night stays. △ Guest laundry \$5. A/C everywhere. Smoking outside, dogs allowed in hostel	
470.7	Ĥ À → ◈ ® ů	The Place Hostel 276-206-0440. ♦ AT Passport location. ♦ No pets, alcohol, profanity or tobacco use anywhere on the church mock polls, pavilion, • guest only showers with towel and soap. Suggested donation \$8. Please help Caretaker keep the hostel 2-9 pm. Open mid-Mar (depending on weather)until mid-June, closed Summer, reopen weekend after Labor Day until mid-Nov(during Trail Days).	n property. Methodist Church run \widehat{H} bunkrooms, \longrightarrow hamclean. Two night max, unless sick/injured. Check-in from epending on whether). No vehicle-assisted hikers (except
470.7	Ĥ▲ ◈● 扁□	Crazy Larry's 276-475-7130. ♦ AT Passport location. ☆ Hostel \$45+tax, includes laundry, breakfast and morning coffee. Hostel Trail Daze for \$35. Nightly rental that sleeps 12 or more, WiFi, satellite TV, 3 bathrooms laundry room fully stocked kitchen HVA 276-206-1245 or 276-274-0907. Mail drops: 209 Douglas Drive, Damascus, VA 24236.	
470.7	Ĥ⊨ቖΧఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄ	Song Peddlar Rest (formerly Woodchuck Hostel) 276-475-5888 (www.woodchuckhostel.com) Open year around.	
470.7	Ĥ ⊨ ® % •= □	Lazy Fox Inn 423-571-1830 melissatnc@yahoo.com. No pets, no smoking. \$80-\$125. Breakfast \$5 PP when offered. Mail for guest only: PO Box 252, 133 Imboden Street, Damascus, VA 24236.	Free WiFi. Credit cards accepted.
470.7	Ĥ¶≟Ф ≘	Appalachian Folk School 423-341-1843. (www.warrendoyle.com) Open from mid-March to the end of October (except for 9 A run by Warren Doyle (18 AT traverses) in offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi, in offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi, in offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi, in offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi, in offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi. in offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi. In offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi. In offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi. In offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi. In offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi. In offers work for stay weeknights (M-Th) only (2-3 hrs/night) for all hikers who are constitutions free WiFi. In offers work free WiFi. In offe	cientiously following the white blazes. Kitchen privileges,
470.7	<i>१</i> ♦ A ⊕ • — P _ =	Mt. Rogers Outfitters 276-475-5416 (www.mtrogersoutfitters.com) ◈ AT Passport location. ᢀ No Dogs, No alcohol. ☆ Private short term resupply. Paper Parking \$5 per day. Shuttles to many area in TN and VA. Shower with towel \$3. Mail drops: PO Box 546, 110 W Laurel Ave, Damascus, VA 24236.	e rooms \$21. f Full service outfitter, 🕹 fuel by the ounce,
520.2	भि 🛦 🚸 🗓 🙎	(2.6E) Troutdale Church Hostel 276-677-4092. ♦ AT Passport location. Open Mar 15 thru Nov 15. 62 Sapphire Lane, Troutda wave, ★ tenting, ♣ shower available. Pets stay outside, no alcohol. Hikers welcome to services in hiker attire. Pastor Ken Riggins	
520.2	î ⊨ ◈曲♥ () = □	(3.2E) Sufi Lodge 276-677-0195. SufiLodgeVA@gmail.com (www.sufilodge.org) ♠ AT Passport location. ➡ Shuttle from Gap w arrange pick-up. SOBO's call near (Trimpi Shelter). Happy Family Friendly Environment, No Alcohol or Tobacco Products on the Pr clean linen, towels, hot shower, toiletries and continental breakfast. Full Mediterranean breakfast, lunch and dinner served for an Several private rooms available in the Main SUFI LODGE starting at \$45.00. ➡ resuppling options. ➡ Free high speed WIFI. Free - Massage and other hiker wellness services, including expert Cupping Therapy and Dry Carbon Sauna. Hiker ➡ Restocking Store rates. HIKER HEALING KITS sent anywhere on the AT (see website for details). US Post Office 1000 yards away open till 12 Noor and Dollar General within TEN MILES - Shuttle Fees Apply. ♠ Slackpacking options available. ➡ Mail drops are free for all guests, non guests \$10: Please include your full legal name on the package. Send to: 67 High Coun	roperty. It \$25.00 Single Beds in the SUFI BUNGALOW, additional fee. Request VEGAN or VEG in advance. At Epsom Salt Foot Bath for all Guests. Hiker Recover Room e - COSTCO and other popular Hiker Favorites at shuttle n. Skyline Bank - ATM Machine. General Store, Restaurants
555.8	介▲ ◈△♥♥♠┗	(0.3W) Quarter Way Inn 276-522-4603. tina@quarterwayinn.com (www.quarterwayinn.com) ♠ AT Passport location. ♠ No dogs. Open Apr 1–Jun 30. Renovated 1910 farmhouse run by '09 thru-hiker Tina (Chunky) & hust mattress, pillow, shower, towel, laundry, loaner clothers, & a.m. coffee. \$45S, \$75D private room; or, ▲ \$18PP tenting, both inclu honey, apple butter, and jam. ➡ Full resupply (♣ gas canisters, Mountain House, tuna, oatmeal, etc.), pizza, pop & ♥ ice cream mock chairs in a majestic Sycamore tree. ♠ Slackpacking often available, call in advance. Can ship outgoing packages. ♣ Parking ➡ Mail for guests accepted: 4083 Old Rich Valley Rd, Ceres, VA 24318.	de the same. Gourmet breakfast \$12 including their own n. Extensive VHS collection, ♥ free phone calls, and ham-
558.3	Ĥ ⊨ ◈® 邶(\$&±•\$ \$ = □ !	(0.1E) Bear Garden Hiker Hostel 248-249-1951, 276-682-3769 beargardenhikerhostel@gmail.com. Bob and Bertie Lingham owne must sleep in the hikers tent. ♦ AT Passport location. Ĥ Bunkhouse \$20 sleeps 10, overflow can sleep 6, includes shower, cold jellies, coffee-tea-hot chocolate included. 《 Privy, △ washer/dryer are an additional charge. Chapel available for hikers. ⊨ Stay i Usually have fuel. We have food, drinks and some resupply at fair prices and ◆ free WiFi at the bunkhouse. ■ Some shuttle ser	breakfast with cereal, bread for toast and homemade in house \$80, sleeps 6 with full kitchen and laundry. & vice are available.
558.3	Ĥ	Mail drop: 306 W. Blue Grass Trail Ceres VA. 24318 (2.5W) Appalachian Dreamer Hiker Hostel (Closed for 2020 season)	弁[36.98495,-81.40314]
576.0	介容¥ ◈▲▽ ఄఄ△ৡ♥ 扁□	(5.1W) Saint Luke's Hostel (276-472-2150. gold4woody@yahoo.com (www.saintlukeshostel.yolasite.com) Open year-round. ❖ tents/hammocks, ⊨ \$60 private rooms available. ঊ Showers, △ laundry. Kitchen use. ঊ Fuel. ■ Resupply available once a day. ■ Mail drops for guest only: 1404 Banks Ridge Road, Tazewell, VA 24651.	
604.9	Ĥ❖Φ∯ľ	(0.8E) Lickskillet Hostel 276-779-5447. Open 01 March. * Pets OK. 介 Donations accepted, △ laundry, TV with dvd collection fridge, microwave, hotplate. ◆ Free WiFi. Mail drops for guest only: 35 Price Ridge Rd Bland, VA 24315	, pool table, 4 slackpacking available. Limited kitchen, 介[37.147505,-80.964569]
610.2	⇧⇤ႍႍႚ◈ѡၖѽ᠘ᡮᢝᠨᡠᡈᢁ▆ዏ▙᠌	(0.45E) Weary Feet Hostel Julie Sloop. 276-688-0364 (home). Text or call 276-688-0364(cell). stay@wearyfeethostel.com. (www.wearyfeethostel.com) Open from March 1st thru Jan 1st. ♣ Pet friendly, pets must be well ma \$15, inner bunkhouse \$25. ⊨ 2 private rooms \$60, \$5 EAP. ▲ Tenting and → hammocks allowed \$10, includes shower. ♣ Show \$5. Day pass: \$8 for shower and laundry. ¶ Work for stay if work is available. ★ Meals 7am until 9pm. Home cooked hiker break hamburger, hotdogs, chicken tenders and breakfast biscuits. ★ Hiker resupply. ♣ Canister fuel available. ♠ WiFi. ★ Shuttles from Shuttle is insured. ♣ Parking available for \$3 per day. ■ Mail drops with and without stay: 13152 E Blue Grass Trl, Bland VA 24315	vers for non-guests \$4. 스 Laundry with and without stay fast \$8 and supper \$12. Also have other items too like

NoBo	Factoria	Courtesy of WhiteBlaze Pages ©, A Complete Appalachian Irail Guidebook. www.whiteblazepages.com.	Traine Blaze Face boot
Mile	Features □ □ Ĥ Å ❖ ◈ ී 侖 憶 △ 旦 獅 侖 亘	Description (0 FE) Woods Help Hestel 9 Mountain PSP F40 031 3444 (www.woodshelphostel.com) W Pet friendly & AT Propriet legation	A clice of hower not to be missed "An isolated
625.4		(0.5E) Woods Hole Hostel & Mountain B&B 540-921-3444 (www.woodsholehostel.com) ♣ Pet friendly. ♠ AT Passport location. 1880's Chestnut Log Cabin opened to hikers in 1986 by Roy & Tillie Wood. Granddaughter, Neville, continues their legacy with Commit Gardening, Pottery, Free Yoga at 4:30, & Massage Therapy. Open Seasonal. ♠ Bunkhouse \$22/person: Pellet Stove, mattresses, elect Indoor rooms: \$33/person shared/\$60 private room/safari tent (thru-hiker rate). ♠ Limited Wifi, ▲ Laundry, Home Roast Coffee, Hor fuel and alcohol by the ounce, fuel canisters. ♠ Shuttles and ♠ Slackpack for fee. Directions: NOBO hikers turn cast at Sugar Run Gap, Sood hikers turn west/Dirt Road. Take a left at fork on gravel road to Hostel.	unal Meals (Dinner \$14, Breakfast \$9), Organic tricity, and hot shower. A Camping \$14/person. A me-made bread/cheese, baked goods.
625.4	Ĥ뚸Å✔♦८Φ∰扁☲	Mail drops free for guests. Non-guest \$5 fee, will mail packages out: Woods Hole Hostel, 3696 Sugar Run Rd, Pearisburg, VA 2413 (0.9E) Angels Rest Hiker's Haven 540-787-4076, Cell: 540-922-2178.	34.
		(www.angelsresthikershaven.com) Your host Doc Peppa \circledast AT Passport location. \$12-\$65 pp a night. \blacktriangle Tenting, \Re Hammocking, \Re Bunks and \bowtie Private Rooms available. Laundry \$4, Day Passes \$7 (includes laundry, shower, and use of the many amenities until 6pm, then upgrade to a stay if you can't tear yourself away). Courtesy shuttle to and from local trail heads. Local Shuttles \$2-\$4. Shuttles between Damascus and Daleville, Va. (call for pricing) Slack Packing. Chiropractic and Acupuncture Services Available by appt. Well behaved canines \$5 for entire stay. Wifi available. ChillaxInn", three bedroom ranch. Consists of two rooms with queen beds, a small single with a work station for bloggers, writers, and remote workers. Mail drops: 204 Douglas Ln. Pearisburg, VA 24134.	
625.4	भि ® Å 🕲	Holy Family Hostel Pat Muldoon 540-626-3337. Open Mar-Nov. ® No Pets, drugs or alcohol allowed. Volunteer caretaker on hand please don't call for a ride, no pickup. ① Donations are requested, suggested \$10PP, 2 night max. ⑥ Hot shower, bath room, electric stove, micro-wave, fridge, pots, pans & dishes. Clean Towels provided. Bed mats, tables & benches, library, Å tents allowed on grounds. Wood Stove for heating. Keep hostel clean and neat. Co-ed sleeping area.	
704.6	Ĥ ◈ 益星爾 ■	(0.3E) Four Pines Hostel Owner Joe Mitchell, cell: 540-309-8615. ◆ AT Passport location. Open year round. 兌 Hostel is a 3-bay garage with shower. Please leave a donation. △ Laundry \$3 wash and \$3 to dry. Pet friendly. □ Computer available, ● free Wifi. Shuttles to and from The Homeplace Restaurant (Th-Su) and to Catawba Grocery. ■ Longer shuttles for a fee. □ Mail drops: 6164 Newport Rd. Catawba VA 24070.	
730.3	ĤĂ❖◬ケ◍◚◛◚▣◥	(19W) Duck-N Hut Hikers Hostel 540-819-2164. ducknhuthikershostel@gmail.com. Donation based. Open year round . * Pet frier	ndly, farm animals on site. 食 Bunkhouse. A camp-
750.5	, ,	sites. \triangleq laundry. \oint Charging stations for devices. \bigoplus Wifi available. $\mathbf{P}_{\mathbf{q}}$ Parking available for section hikers. \equiv Resupply options 4 miles away. \Longrightarrow Shuttle services: Mouth of Wise, Va to Tyro Va. \$1.50 a mile. You pay for gas long distance. \Longrightarrow 11597 Stewartsville Road Vinton, Virginia 24179.	
758.5	▲介→ ◈火曲之△ఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄఄ	(1.2E) Middle Creek Campground 540-254-2550. (www.middlecreekcampground.com) ♦ AT Passport location. If walking off AT of Thru hiker rates, ★ → Camping/hammocking \$10 per person, includes & showers and ♣ pool or \$5.00 for just shower and pool us es, outlets, movies. Night registration is available. Grill serves burgers, fries, milkshakes, nachos, wings, and more. ♠ Resupply, pouc beer. △ Laundry. ♠ Free WiFi. Call for free shuttle to and from trail head, phone signal strongest near parking area. ■ Mail drops: 1164 Middle Creek Rd, Buchanan, VA 24066.	e. 🛏 Cabins begin at \$60, A/C, rec room with couch-
787.3	Ĥ® ◈▲♥ઘΦ扁ाः	Stanimal's 328 Hostel Glasgow 540-480-8325. AdamStanley06@gmail.com (www.stanimals328.com) AT Passport location. Guests enjoy complimentary pickup and drop off from 501 James River trailhead mentary laundry services, shower, clean linens and bunks with mattresses. Property is ultra clean and features 55" flat screen with able for purchase at reasonable prices. Full house available to hikers plus kitchen privileges. \$30/night plus private room options avail guests and non-guests at lowest rates. No cell service at 501 trailhead. Guests can call ahead from ridge to arrange for pickup at 501 AT '04 PCT '10 Mail drops free for guest, \$5 for non guests: 1131 Rockbridge Road, Glasgow, VA 24555.	Netflix. Pizza, drinks & ♥ ice cream plus snacks available for additional fee.
843.5		Rusty's Hard Time Hollow turn left on fire road (just north of Maupin Field Shelter), walk 1.2 miles west to the Blue Ridge Parkwa	v, then turn left (south), walk the parkway 1.3 miles to
	भेद¥ः	Rusty's driveway on the left, at BRP mile 16.7. Open Apr-Sep. Gravel driveway has a gray, pipe gate with Rusty's name and AT sticker passing signs are for the non-hikers. Rustic hostel includes a cabin, ∄ bunkhouse, ♦ spring-house, ℂ outhouse, ♣ rainwater shower, Donations for stay are encouraged and necessary to keep this hostel running. No illegal drugs permitted on the premises.	s on one end. Thru-hikers are welcome. The no-tres-
864.3	介 ☆ ◈스 旦⑩♥葡 ☎☰	Stanimal's 328 Hostel Waynesboro 540-290-4002 AdamStanley06@gmail.com (www.stanimals328.com) 當 Pet friendly. 會 AT Passport location. 宜 \$30 hiker only hostel includes pickup and return to trail, mattres clothes, 点 laundry. Private rooms available plus full kitchen privileges. 且 Microsoft surface tablets, ® WiFi and DVDs. Fridge, freezer sale. 會 Discounted slackpacking for multi-night guests. Large property located downtown near grocery, restaurants, and fastfood. Ple > N to Washington DC. Hikers are required to call ahead and speak with owner prior to staying. Owned by Adam Stanley AT '04, P Mail drops free for quest, \$5 for non guests: 1333 West Main Street, Waynesboro, VA 22980.	r and microwave. Snacks, drinks, and ♥ ice cream for ease respect noise level. 🖨 S to Damascus, VA ≺
864.3	弁 ◈戀△	Grace Hiker Hostel - Supervised Lutheran Church Hostel. 804-814-6841. endATend@aol.com ◈ AT Passport location. FREE! Open	May 28-June 23, closed Su nights, 2-night limit. 20
	□ ø	hiker maximum. Please do not call the church office. No pets, smoking, drugs, alcohol, firearms or foul language. Donations gratef hikers staying over may leave packs. Cots in air-conditioned Fellowship Hall, showers, linternet, big-screen TV and DVD, hiker loungered WiFi. Congregation cooks free dinner Thursday nights followed by optional vespers service.	
918.1	كوُهُ ♦ €	Lewis Mountain Campground & Cabins 540-999-2255. Reservations 877-247-9261. Open mid May-Oct. Campsites \$20, small bunkhouse, cabin rates seasonal. Camp store open same dates, M-Th 9am-6pm, F-Sa 9am-	7nm Su 9am-6nm
944.9	Ĥ▲❖�७å△Չ◍ීڳ扁☲	(7.7W) Open Arms Hostel & Inn 540-244-5652 (www.OpenArmsLuray.com)	7 pm, 3d 3dm opm.
		openarmsluray@gmail.com. Open year-round. Pet-friendly for well-behaved dogs that won't try to eat my cats. Thru-hikers call or ers please email dates of stays and shuttle requests. AT Passport location. Complimentary pick-up & drop-off for guest at trail head Price Beds \$30 cash or CC \$31. Camping \$15PP cash or CC \$15.50, includes shower and kitchen privileges. Breakfast, soda and shared loads permitted. Computer for guests. Free WiFi. On-site parking. Shuttles for a fee from DC airports, Harper's Fe Free mail drop for guests (\$2/ package for non-quests): 1260 E. Main St., Luray, VA 22835.	d and for resupply (Rt. 211/Thornton Gap) for guests. d snacks for sale on-site. 🛆 Laundry \$5 per load,
968.3	ਜੇ ◈ ⑱ ≟ Φ ੈ ਐ 扁 ਾ ੈ	(0.5E) Terrapin Station Hostel 540-539-0509. Owned by Mike Evans. ♦ AT Passport location. Open Apr 30-July 1. No dogs. At ers go straight and follow Compton Gap Trail (0.5) to paved road. On paved road the Hostel is first home on left. Enter in back through bunk only \$25, shower with soap and shampoo \$3, △ laundry \$3. One night hiker special \$30 includes bunk, shower, laundry, pizza a slackpack and 2nd night but not 2nd dinner. Free WiFi, † charging stations, TV, library, music, room to chill. All visits include free to recommended. Mail drops for guests only: 304 Chester Gap Rd, Chester Gap, VA 22623.	gh marked gate. Hikers only, picture ID required, ዠ and soda. Two night hiker special \$50 also includes
072 :	A. A. A. B. C.	(0.25) Manufactor Harris NO-1-1-1-1/1/1/1/1/1/1/1/1/1/1/1/1/1/1/1/	and allies to be a second as the second as t
972.1	Ĥ ፟	(0.3E) Mountain Home "Cabbin" 540-692-6198. MountainHomeAT@gmail.com. Lisa & Scott Jenkins. ♦ AT Passport location. Ope ins are OK. Located; 120 steps east of AT, where it bends north from Route 522. Look for long stone wall on left and red brick "Cabbi fresh linens, shower, breakfast, ♦ WiFi, some cell, hiker clothes, hiker box, boot dryers, town shuttle for meals and resupply. △ laund door ★ kennel available for short day use. Pizza, ♦ ice cream, snacks & ﴿ fuel for sale on site. All are welcome to lemonade, cookies ♣ Parking \$3 per day for non-guests. ➡ Private rooms are offered in the historic Main House; call for rates and availability. ➡ Mail drops: 3471 Remount Rd., Front Royal, VA. 22630.	n" on the hill. 쉮 Sleeps 6-8. \$31PP includes bed, dry \$5 per load. 📽 Max 1 dog per night for \$5; out-
1005.6	弁▲◈曲△览♥旦Φ衞屛□	(0.2E) Bears Den Hostel 540-554-8708. (www.bearsdencenter.org) ♦ AT Passport location. Stone lodge, ATC owned and PATC ope house privileges. Hiker Special: Bunk, laundry, pizza, soda and pint of ₱ Ben & Jerry's ice cream \$35PP. All stays include shower and puter available for use, ♠ free WiFi. Hiker room with TV, shower, Internet and sodas, accessible all day by entering a mileage code at and office open 5 am-9 pm daily. Check-out 9am. ♠ Slackpacking and ♠ shuttles may be available during summer months. P♠ Parkin Mail drops, picked up during office hours: Bears Den Hostel, 18393 Blue Ridge Mountain Rd, Bluemont, VA 20135	self serve pancake breakfast. 🛆 Laundry, 🖳 com- the hostel door. Upper lodge, kitchen, 🆮 camp store

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NoBo		Courtesy of WhiteBlaze Pages ©, A Comnplete Appalachian Trail Guidebook. www.whiteblazepages.com.	Proping Blaze Police Oct
Mile	Features	Description	Ar Capto
1013.6	YAA (OLA CALLACE	(0.2E) Blackburn Trail Center 540-338-9028. ♦ AT Passport location. Open year round. The Center offers a hiker cabin with is sites and a tent platform are located below the hiker cabin. ▶ Water is available from an outside spigot and a solar shower is local logbook, donation box, ♥ pay phone, and † electrical outlets. ★ Shuttles sometimes available. (0.1E) Group campground with ▶ tent sites, ★ picnic tables, and a ℂ privy is located on the north blue blaze trail. The Trail Club and is used to house trail crews, hold meetings, training seminars and retreats. A caretaker lives on site.	ated on the lower lawn. On porch of main building are
1019.8	Ĥ▗▓░▗█▗█	(1.1E) Bear Feet Retreat Hostel 703-220-0196. patsyhikermama@aol.com. ® Not pet friendly. ☆ \$25PP with simple hot breakfast & △ laundry, bunk room with 3 single & 1 double bed, 2 double private rooms, 2 floor mattresses, couch. Access to full basement living space with kitchenette and full bath, cable TV, ♠ non-streaming wifi, & games. ⑤ Shower withous stay \$5. △ Laundry available, without stay \$5. ▲ Tenting \$10, includes shower. Rides to local store \$10. 🖨 Limited shuttle \$1/mile. ⑤ Mail drops: 13291 Appalachian Ln, Hillsboro, VA 20132	
1026.0	₽Ĥ ◈光曲 △■	The Town's Inn 304-702-1872 (mobile) or 932-0677. (www.thetownsInn.com) Located about 100 steps from the AT. 🖙 Private	
1026.0	弁 ◈⑱ઘΦ△蠡扁衞⊑	Hostel walk-in only \$35PP. * Dining available 6am-10pm daily year-round. Shop stocked for hiker resupply. Laundry \$5. Shuttles \$1/mile. Accepts Visa/MC accepted. (0.5W) Teahorse Hostel 304-702-7004. (teahorsehostel.com) AT Passport location. No pets, alcohol or smoking. Open for check in from noon-9pm. \$40 per bunk including tax, in cludes breakfast. Computer available for use, WiFi. Laundry \$7. Canister fuel. Visit their web site to reserve or check availability. Shuttles, Shuttles, Shuttles, Shuttles, Shuttles, Harpers Ferry, WV 25425.	
1084.9	Ĥ ������	(0.9W) Trail of Hope Outreach Ministries Hostel 717-360-1481, 717-352-2513. ◆ AT Passport location. ☆ \$22 bunk or ▲ swhite gas, denatured alcohol by the ounce, canister fuel. 全 Call for shuttles from Timbers. 国 Mail drops: 7798 Lincoln Way East Fayetteville, PA 17222.	\$12 camping. 📤 Coin laundry, use of kitchen, resupply, 🕹
1104.8	Ĥ♦∆◘◍虻	Ironmasters Mansion Hostel 717-486-4108. ironmasterspinegrove@gmail.com. (www.ironmastersmansion.com) Operated by A.T. Museum in 2020. ♦ AT Passport location. Open Apr 1-Oct 31. Open all day. Ca 分 \$25PP; Dinner and breakfast for \$10 more. □ Computer available for use, ◆ free WiFi, △ laundry \$3. □ Mail drops: Ironmasters Hostel, 1212 Pine Grove Rd, Gardners, PA 17324.	
1124.0	弁▲常恵△扁	Lisa's Hostel 717-226-8390. Open Feb-Mar, 7 days a week. No walk-ins. No credit cards. Call for details. *Pet friendly. û Bunlincludes shower with towel, shampoo body wash. A Laundry \$3 PP. Shuttles for quests. Pickup at ATC at Boiling Springs.	ks \$20, includes linens, pillow. 🛦 Tenting \$20. Stay
1260.1	Ĥ∜ ♦ ் •	Bert's Restaurant 610-826-9921. ♦ AT Passport location. M-T 7am-2pm, W-Th 7am-8pm, F-Sa 7am-8:30pm, Su 8am-8pm. er \$5.	WiFi in restaurant, $\widehat{\mathbf{H}}$ ask about overnight stay, $\widehat{\mathbf{s}}$ show-
1272.4	介▲ ◈▲ੈ╡が毎星扁尾≡	(1.1W) Blue Mountain Dome Home John "Mechanical Man" & Linda "Crayon Lady" Stempa. 610-381-4606 (home) 610-428-1165 (cell) mechlman@ptd.net. Y Follow the blue blazes on the telephone poles. Hikers welcome house (no need to call). You may also use the outside shower during daylight hours. Pet Friendly, ask about dog sitting. Ple Water Gap for a fee. Parking with permission only, safe parking. \$10 A A Camp or stay in garage, includes hot shower and advance). Ask about stoves, Legion full drops.	ase sign register. 🖨 Shuttle to Lickedale to Delaware
1296.0	Ĥ ◈ů▲	Church of the Mountain Hiker Center 862-268-1120, 570-476-0345, 570-992-3934. (www.churchofthemountain.org) Open phone numbers. ♠ AT Passport location. ☆ Bunkroom, ❖ showers, ▲ overflow tenting. Donations encouraged. 2 night maximu help posted in the hostel. ▲ Cars may not be parked on the property at any time. Mail drops are not accepted but the post office	im. No laundry. There is a phone listing of people who can
1306.6	Y≬介点必 ◈᠖ᇂ曲火♥☞□□	(0.3W) Mohican Outdoor Center 908-362-5670. (www.outdoors.org/lodging/mohican) ♠ AT Passport location. ֏ Thru-hiker rates \$30 PP bunk room includes electricity, showers, full kitchen and access to WiFi typic ♠ WiFi, \$10 PP, price subject to change, call ahead and inquire. Towel rental is \$3. ♣ Shower for non-guests are \$5 PP. Sheets a are hiking with a dog, please call ahead. Thru-hiker's dogs only allowed overnight. All legitimate ADA-compliant Service Dogs wel Water available at the lodge. ♣ IsoPro fuel canisters, and Alcohol fuel by the ounce as well as camp supplies, ♠ Good-To-Go Dric Outdoor Center Deli is open and we are ready to satiate your Hiker Hunger! We have sandwiches, ♣ ice cream, breakfast all day calorie meal options, simply ask at the front desk. Welcome center and camp store hours April- October Su-Th 8am-7pm, F 8am-Th 9am-5pm, F 9am-7pm, Sa 9am-6pm. Hours are subject to change. After hours arrivals, please call ahead for lodging. ➡ Mail drops: c/o AMC Mohican Outdoor Center 50 Camp Mohican Rd, Blairstown, NJ 07825. Please include approximate date of	nd blankets available for rent at varying rates. ❖ If you come anytime. Campfires only in designated areas. ▲ ed Meals, trekking poles, rain gear, etc. ՚℀ The Mohican AND an exclusive Hiker Hunger friendly menu with high 9pm, Sa 8am-8pm.Our off-season hours are Nov-Apr Su-
1338.9	Ĥ ��△•■■	(5.7E) Mosey's Place 845-239-3028, please call or text. AT Passport location. Open first week of May, closes last week of Oc free pickup and return to the trail head at High Point State Park Head Quarters. Reservations required. Ask ahead about mail	t. Bunks \$30. Free WiFi. Stay includes △ laundry and
1365.0	⊨ ⋏ ∜©்∆ ≘ P⊴	(9.4W) MeadowLark Farm B&B 845-651-4286 (www.meadowlarkfarm.com) Owner: Dorothy Haupt. Based out of Warwick, NY includes © shower and ≥ laundry. Sto High Point, NJ < ➤ N to Bear Mtn., NY \$1.00 per mile round trip. Car can be Mail drops: 180 Union Corners Rd, Warwick, New York 10990.	'. 🌣 Pet friendly. 🛦 Tent camping on lawn, \$15 per person
1493.5	Ĥ⊗ ◈△Φ ৬ † భ 扁	(3.6E) Bearded Woods Bunk & Dine 860-480-2966. (www.beardedwoods.com) Hudson & Big Lu ® No Pets. ♦ AT Passport location. Call/text Hudson for reservations, no walk-ins. ID required. Check-in between 1 & 6pm. Not week in May. Weekends only (Friday-Sunday) June 1st - Sept 1st. Limited services may be available outside of those dates. Picku Includes: ■ Shuttle to and from trail and local Post Office, clean bunk with linens, shower with amenities, △ communal laundry, or more guest. ■ WiFi. ১ Stove fuel, pizza, drinks, snacks and ♥ ice cream available for purchase. Cash or Paypal. ⑤ Free slack Longer shuttles for fee any distance. See Map	p at: W Cornwall Rd, Falls Village or Salisbury. 🛈 \$50pp, loaner clothes and Hearty Breakfast, Dinner \$10pp for 5
1502.8	Ĥ =	Maria McCabe 860-435-0593. ☆ Beds in home \$35PP includes shower, use of living room, shuttle to coin laundry, cash only. ■ Mail drops for quests: 4 Grove, Street Salisbury, CT 06068.	
1502.8	Ĥ▲≢≣	Vanessa Breton 860-435-9577, 860-671-9832. 弁 Beds in home \$40PP, pets \$5, △ laundry \$5. 🖨 Shuttle range 100 miles.	4.6.11.1
1523.8	Ĥ Å ÅΦ 📾	I Mail drops for guests (fee for non-guests \$5). Street address is 7 The Lock Up Rd, but send mail drops to PO Box: PO Box 13: Jess Treat 860-248-5710. jesstrea@gmail.com. 分 \$40PP or \$55 shared bed, cash or paypal only. ★ \$15PP tenting includes sho stop and mail drops. Shower, breakfast, ★ free WiFi. Clean private home, not a party place, reservations needed. △ \$5 laundle BBO/Pizza restaurant in walking distance. ★ Fee for shuttles.	ower. Stay includes pickup and return; ask about resupply
1523.8	Åħå	Moon in the Pond Farm 413-229-3092(home) 413-446-3320(text/cell) dom@mooninthepond.org (www.mooninthepond.org) to offers free stay in exchange for farm work (minimum full day's work): organic farm meals, ▲ tent site, shower, △ \$2 laundry, ins Call ahead to reserve. Plan to arrive late afternoon for following work day. Pick up and drop off from: Salisbury, CT, Jug End Rd, № Barrington.	sight into farming, farm work and food justice issues.
1572.2	ਮੇ ♦♦	Thomas Levardi 83 Depot St., 413-684-3359, cell 413-212-9691. ♦ AT Passport location. ♦ Allows hikers to use a water spigot porch and back yard for ★ tenting (limited space, get permission first)	outside his home and provides the hospitality of his front
1580.9	Å ()	Cheshire overnight camping Across the street from Diane's Twist, heading NOBO on AT, take the left before the Cheshire snown hikers only, no organized groups. A 10 tents and 2 night stay, maximum. (Port-a-potty, water, and selectricity available.) Open May 1 - Sept. 30. Sponsored by the Cheshire A.T. Committee.	
1589.1	14.4.4.4.4.4.4.4.4.4.4.4.4.4.4.4.4.4.4.	Bascom Lodge on summit of Mt Greylock, 413-743-1591. (www.bascomlodge.net) No smoking. ⊨ Private rooms \$125 and up, and continental breakfast. ♣ Shower and towel without stay \$5, some snacks, ★ restaurant serves breakfast, lunch and dinner, ₹ 73.166926]	bunkroom \$40PP.
1653.9	Ĥ ◈△⊒Φ	Green Mountain House 330-388-6478. (www.greenmountainhouse.net) AT Passport location. ♦ Jeff & Regina Taussig host hikers at their home. Open Jun 7 - Sep 15. Not a party place, no alcohol. 分 Space is limited so reswith linens, ♣ shower, ♣ free laundry, ☐ computer available for use, ♠ free WiFi, well-equipped hiker kitchen. Private room for cakes, eggs, cereal, coffee. Hikers with reservations get a ride to town, resupply, then call for pick-up. Check-in from 1pm to 7pm cards accounted \$35-4tay per person.	couples. Free breakfast supplies; make your own pan-

cards accepted. \$35+tax per person.

NoBo		Courtesy of WhiteBlaze Pages ©, A Comnplete Appalachian Trail Guidebook. www.whiteblazepages.com.	PhiloBlaze Polichoot
Mile	Features	Description	Con
1704.0	弁 ◈サ∜ቈํ∠∞扁ाः	Hikers Hostel at theYellow Deli 802-683-9378, 802-775-9800, or 802-773-0160 or 802-747-0407 (www.hikershostel.org) Run be location. No alcohol, no smoking. Donation or ¶ Work For Stay. kitchenette, △ laundry. ♣ Free showers even without stay. ♠ Shu 24 hours 7 days a week ¾ (Deli open Sunday at noon, through Friday, 3pm) Stay includes breakfast and 15% off at deli. Friday nig Mail drops: Hiker Hostel, 23 Center Street, Rutland, VT 05701.	uttles sometimes available by donation. \widehat{H} Hostel open ght special. Sabbath Meal all are welcome.
1750.8	介四本△火⊕呈有♥ 用命凡 □	Norwich Hiker Hostel 603-667-3319 (www.norwichhikerhostel.com) ❖ Pet friendly. Open year round. ֏ Single bed, semi-privat bed sheets, pillow, full amenities, ঽ washer & dryer, and kitchen for your use. \$10 Pet fee in semi-private room as long as no one pancakes, bread & coffee. ❖ Free WiFi. 및 Computer available for use. † Ask about work for stay. ▼ Ben & Jerry's® ice cream for minimal cost on site. ➡ Pickup and drop-off in Norwich or Hanover. ⑤ Slackpacking available. P for section hikers at \$5/day. ➡ Mail drops: 713 Route 5 North, Norwich, VT 05055	objects. X Breakfast includes all-you-can-eat eggs,
1756.7	弁❖ ◈△帷	Tiggers Tree House 603-643-9213. ❖ Pets allowed. ◈ AT Passport location. Ĥ Private home; not a party place. No drive-ins. Achead, Etna General Store (will let you use phone) or Dartmouth Outing Club for pickup. Donations accepted or buy laundry soap or	
1786.0	മ ് ക് ക് എം	(1.4E) Dancing Bones Intentional Community 802-440-1612. (www.dancingbones.net) ♦ AT Passport location. Welcome Hike station for devices, ⋈ We offer rooms for \$50.00 per night (cash), which includes washing machine, shower, and use of kitchen sp when using shared facilities. Smoking is permitted in designated areas. ❖ Pets are welcome with responsible dog owners, we have	ers!! A Free tenting & clean water. WIFI. † Charging wace. This is a family community, please be respectful
1794.1	介 人少 ◈소尚♥旦∞前爾凡□	Hikers Welcome Hostel 603-989-0040. hikerswelcome@yahoo.com (www.hikerswelcome.com) Owned by Alyson, and John "Pac ♦ AT Passport location. Opens mid May to Oct 1. 分 Bunk (\$30) and ▲ camping (\$18.50) includes shower. ⑤ Shower only with to pizza, breakfast sandwiches, ♥ ice cream. All hikers (even non-guests) are welcome to hang out and enjoy huge DVD and music lit Coleman and alcohol fuel by the ounce. Tools to help with gear repair, and selection of used gear available, particularly winter wea Warren). ☐ Shuttles from Connecticut to parts of Maine. Will shuttle to ズ airports, ☐ bus stations and ⑥ train stations in the are Mount Moosilauke. P₄ Long term parking is available. ☐ Both quests and non-guests are welcome to send mail drops (USPS/FedEx/UPS): C/O Hikers Welcome Hostel, 1396 NH Rt 25, P	owel \$3, \(\triangle \) laundry: \(\frac{1}{3} \) wash, \(\frac{1}{3} \) dry. Snacks, sodas, brary, \(\square \) computer available for use, \(\sigma \) free WiFi. \(\frac{1}{3} \) ar. \(\square \) Town shuttle free with stay (6 miles to resupply in a. Offers several \(\square \) slack packing options, including over
1819.9	Ĥ�△♥፼ΦΦ▆█	The Notch Hostel 603-348-1483 (www.notchhostel.com) Reserve by website, text, or call. ◆ AT Passport location. Ideally situate Notch. Bunk in large, white farmhouse on NH 112 (Lost River Rd). (1.0W) of North Woodstock, 2.0 W of Lincoln. ☆ \$33PP includes vice only no individual laundry. Coffee/tea, make-ur-own pancakes, ◆ WiFi, □ computer, guest kitchen, fridge & large yard. Check if no one home). ★ Shuttles run June 1 - Oct. 1, Su - Th for guests with reservations. Beer & wine OK in moderation. No liquor. day. ★ Town and Trailhead shuttles depart from hostel 7AM and 6PM. Kinsman Notch (NH 112) Pickup +5min, Flume Visitors Cent shuttles are offered during busy season; guests with reservations may text for current schedule and to sign up for a shuttle. ■ Mail drops: C/O The Notch Hostel, 324 Lost River Rd. North Woodstock, NH 03262.	s bunk, linens, towel, shower, △ free group laundry ser- -in 4-9p, (earlier ok with text/call: follow welcome sheet Small store: ♥ ice cream, pizza, soda. Rental bikes \$5/
1819.9	Ĥ ♦ △ Ū © Ē	Chet's One Step at a Time 603-745-8196. ♦ AT Passport location.	
1847.6	⊭Ĥ윃ႛ蛐Φા	(3.5W) AMC Highland Center 603-278-4453. (www.outdoors.org) ® No pets, no smoking. Rates in summer during tourist seaso members get a discount. AMC Shuttle stops daily mid-Jun thru Columbus Day, after this time it only stops on weekends and holiday Store carries snacks, sodas, ዼ canister fuel and some clothing, ♠ WiFi. ■ Mail drops (include ETA): Route 302, Bretton Woods, NH 03574.	
1873.6	介火輔さるఄఄఄ⊕©団	Pinkham Notch Visitor Center & Joe Dodge Lodge 603-466-2721. (www.outdoors.org) Open year-round. No pets. Rates in Check ahead for pricing and availability. Rates very according to season. AMC members get a discount. Restrooms. Meals ava food to order for lunch, family style dinner Sat-Thurs 6pm, Friday dinner buffet. Coin-op shower available 24 hours, coin launal alcohol fuel by the ounce, canister fuel, free WiFi. Shuttle 7:30am daily. Accepts credit cards. Mail drops: AMC Visitor Center, C/O Front Desk, 361 Rte. 16, Gorham, NH 03581.	ailable to non guests; AYCE breakfast 6:30am-9am daily, dry, \$2 towel rental. Vending machines. 🕹 Coleman fuel
1894.5	阵Ĥ ◈스Φ భ⊞ 凡□	Rattle River Lodge & Hostel 603.466.5049. info@rattleriverhostel.com (rattleriverhostel.com) Located on AT. ® No pets, No alco \$37PP bunk, \$90 and up private room. Price includes AYCE self-serve pancake breakfast with coffee and tea, full kitchen access, Ne guest computer, shower (\$5 for non-guests), loaner clothes, a laundry, Paparking (\$10/day for non-guests), ready fire pit Snacks for sale. Manuerous slackpack and shuttle options available (see: website); including Pinkham Notch to U.S. 2 slackpack bunkrooms available for rent. Length of stay discounts (5 or more days); 5% veteran's discount. Accepts credit cards. Accepts mails drops (\$5 per package for non-guests). 592 State Route 2, Shelburne, NH, 03581.	etflix, Roku, 👁 5G wifi (also free for non-guests) and t, and resupply and town shuttles. 7.4-acre property.
1894.5	Ĥ Å☆ ��△Φ差⊑	(1.7W) White Birches Camping Park 603-466-2022. (www.whitebirchescamping.com) Open May-Oct. ❖ Pet friendly. ◈ AT Pass laundry, ♣ pool, air hockey, pool table, ❖ Coleman and alcohol fuel by the ounce and canister fuel, � free WiFi. Free shuttle to ar accepted. ☑ Mail drops for quests (\$5 fee for nonguest): 218 US 2, Shelburne, NH 03581.	
1894.5	p= Ĥ Å ◈®△Φ¶ m ==	Libby House Inn & The Barn Hikers Hostel 603-466-2271. (www.libbyhouseinn.webs.com) ◈ AT Passport location. Open year ♀ Full and twin beds \$25, ★ tenting \$15PP, ➡ B&B rooms available. Hot country breakfast available. Fast, free pickup and return to Rte 2 with for guests. Shuttle from Pinkham Notch free with 2 night stay to facilitate ⑤ slackpacking and ⑤ Shuttle to Walmart with cookware and refrigerator, lounge with big screen TV, ⑥ free WiFi. △ Laundry \$5. Visa MC accepted. ☑ Mail drops free for guests, \$15 fee for non-guests: 55 Main Street, Gorham, NH 03581.	to Route 2 trail head for guests. Fast pickup and return
1925.8	≒ ĤÅΦ≣	Chapman Inn 207-824-2657. (www.chapmaninn.com) ⚠ Bunk space \$35 includes & shower and full breakfast, \$25 without	akfast. 🛏 Rooms \$69 and up, include breakfast. Kitchen
1936.1	升片®参加人中和最近	Pine Ellis Lodging 207-392-4161. (www.pineellislodging.com) Host: Ilene Trainor. No pets. AT Passport location. private \$25PP. Stays include kitchen privileges, laundry and morning coffee, free WiFi. Trail head pickup for a fee, call in advance, to nearby towns, airport and bus station. Multi-day slackpacking packages for groups. Resupply of trail snacks, and meals, Col Mail drops for quests: (USPS) PO Box 12 or (UPS) 20 Pine Street, Andover. ME 04216.	, 🏟 slackpack Grafton Notch to Rangeley, and shuttles
1936.1	भे ♦⊈ क	(10.0E) The Cabin 207-392-1333. (www.thecabininmaine.com) Located (2.8) from Andover. ◈ AT Passport location. ☆ \$20 per p kitchen, △ laundry, 旦 computer available for use, ● free WiFi.	person, shuttles available, call for reservations. Hiker
	Ĥ ΦુᡭPဋ≖ ᠍	(16.4E) Human Nature-Hostel 207-408-8216 ☑ HumanNatureHostel@gmail.com. Owner: Ryan Holt, AKA Yukon. Does not take Twin XL bunk bed or Loft Full bed (couples) w/ fresh linens, pillow & blanket. Kitchen, Bathrooms, Outdoor Sunset Showers, Loane Lounge, Smart TV & Excellent • WiFi. ▲ Tenting available with all the same privileges. On top of all that, you'll have access to our Fire Pit & Gardens!. Soda, Candy Bars, Ice Cream, Pizza, Hot Pockets & • Fuel Canisters. ⑤ Slack packing free between East B Hill & drop-off at trail head for guests. Also, multiple daily trips to Andover center for pick-ups, resupply and post office needs. South A 4:30pm. Andover Center - 9:00am, 1:00pm & 5:00pm. ※ Meals: Breakfast-\$5.00/pp, AYCE Maine Blueberry Pancake breakfast w/C the evening w/two sides. Shuttles, Call To Reserve. Pa Parking available. ■ Mail drops: P.O. Box 131 Roxbury, ME 04275. Andover Post Office stops daily except on Sundays.	r Clothes, Full Laundry Service, Toiletries, Ear Plugs, r Outside Patio, Grills, Appicnic table, and Communal I & South Arm Rd. with second night stay. Free pick-up rm Rd - 8:30am & 4:00pm. East B Hill – 8:30am &
1972.6	Ĥ Å ⊕ ᠿ 扁 ਵਾਂ	(0.3W) The Hiker Hut Closed for the 2020 trail season only. Will re-open in 2021	
1972.6	⊨A ♦®•¶⊑	Closed for the 2020 trail season only. Will re-open in 2021. Fieldstone Cottages 207-670-5507. No pets. AT Passport location. New Location and name, same owners as the Farmhous location. Low density. Reservations requested. Features Bunks in cabins for \$40PP, includes shower with towel and return to Row Wifi. First Private Cabin rentals available. Catering to Slackpackers and Section hikers. Rides back to trail head without stay \$10 Mail drops accepted for reservation guests only: 2342 Main St. Rangeley, Maine, 04970. For package for non staying guests.	ute 4 trail head with stay. Nice new clean facility. • Free OPP depending on availability. • Parking available.

NoBo		Courtesy of willieblaze rages (e), A Conniplete Apparachian mail Guidebook, www.willieblazepages.com.	TariteBlaze Page Hoto
Mile	Features	Description	Guite
2004.8	Ĥ ⊨ ◈△ఄఄఄఄ ఄఄఄఄఄఄఄ ♠	(3.3) Hostel of Maine 207-237-0088. reservation@hostelsofmaine.com (www.hostelofmaine.com) ♦ AT Passport location. Bun hiker laundry, linens, loaner clothes, breakfast. ◆ Free WiFi. Has ♥ ice cream, frozen pizza and more. Scheduled pickups and 4:30pm. ♠ Slackpacking.	
2004.8	⊭Ĥ ◈Φ■ <mark>┞</mark> ≣	(5.0W) Stratton Motel 207-246-4171 (www.strattonmotel.com) ◆ AT Passport location. 全 \$35 bunk. 🖨 \$80 private room. Shuttle from trail head \$5PP (when available). Same own as FieldStone Cottages of Rangeley. 🏚 Free Wifi. 🏲 Parking available. 🖨 Shuttle range Gorham NH to Monson and to airports, train, bus, and rental car hubs in Portland, Bangor, Farmington, Augusta, and Waterville.	
2004.8	⊭¥♦४ФТ≣	(5.0W) White Wolf Inn & Restaurant 207-246-2922. (www.thewhitewolfinn.com) AT Passport location. Hiker rate: Private rooms \$69 mid-week, \$79 weekends and holidays, \$10EAP. Pets \$15, Fee WiFi, And Arman Arman. W Restaurant: M 11am-8:30pm, Tu closed, W closed, Th-Su 11am-8:30pm. Serves lunch and dinner. Home of the 8oz Wolf Burger; Fish Fry Friday. Visa, M/C accepted \$20 min. Mail drops for guests (non-quest fee): 146 Main St, PO Box 590, Stratton, ME 04982.	
2041.8	Ĥ ⊨ ◈曲≘ □	Caratunk House (150 yds from AT) 207-672-4349. ♦ AT Passport location. Open 1 June and closed 30 Sept. A full service is style breakfasts. Ask about shuttles. Mail drops: 218 Main St Caratunk Maine 04925 or PO Box 98.	hiker B&B with a
2041.8	⊭Ĥ ◈∮Ħ♥ů△묘ΦŒ፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟፟	(1.4E) The Sterling Inn 207-672-3333. maineskeptsecret@yahoo.com (www.mainesterlinginn.com/AT-hikers) Open year-round.	ak \$30. Private rooms starting at \$50, shared \$25-\$40 per hroughout Maine can be arranged. Multi-night discount, e, canister fuel, batteries, candy bars, ♥ ice cream, cold
2041.8	⊭ዠ®४४८०₤⊑	(2.0W) Northern Outdoors 207-663-4466. (www.northernoutdoors.com) ® No pets in campground, lodge rooms, logdominium standing cabins. Hikers welcome, free shuttle, use of resort facilities with or without stay; hikers receive 30% lodging discount swimming pool, free WiFi, ATM, food & craft beer in Kennebec River Brewpub. Mail drops: C/O Northern Outdoors, 1771 Route 201, The Forks, ME 04985. Please provide date of anticipated arrival.	ns or the main lodge. A Pets are only allowed in free at; prices vary, call for rates. A Coin laundry, giant hot tub,
2041.8	ĤÅ♦°∜⇔Φ७°ः	(4.0W) Three Rivers Trading Post 207-663-2104. (www.threeriverswhitewater.com) ℜ Bunks, ★ tenting and % restaurant op packaged food, beer & wine. ℜ Bunk \$27PP, ★ tenting \$12PP, ♠ free WiFi, ❤ ATM. Rafting trips by reservation. Boatman's Bar ➡ Mail drops: 2265 US Route 201, The Forks, ME 04985.	
2078.5	☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆☆	Shaw's Hiker Hostel 207-997-3597. shawshikerhostel@gmail.com (www.shawshikerhostel.com) ◈ AT Passport location. Open \$50S \$60D, ▲ \$12 tenting. Free pickup and return at Pleasant Street and Route 6 trail heads with stay. \$9 breakfast, △ \$5 laund available for use, ♠ free WiFi. Food drops. Licensed and insured ♠ slackpacking and ➡ shuttles for all over Maine. Gear supplies include ❖ Coleman and alcohol fuel by the packaged food. Gear repair and shakedowns available. Credit cards accepted. Poet's Gear Emporium, full gear shop including ULA, hyperlite mountain gear, Big Agnes, Altra, Salomon, Sawyer and more, in ➡ Mail drops for quests (nonquests \$5): PO Box 72 or 17 Pleasant St, Monson, ME 04464.	dry, & \$5 shower without stay and towel, ☐ computer the ounce, canister fuel, Aquamira, ☐ freeze dried and
2078.5	☆介 ◈¶∜소©⊒ΦT±差扁 ₽.□	Lakeshore House Lodging & Pub 207-997-7069, 207-343-5033. (www.thelakeshorehouse.com) ◈ AT Passport location. 弁 Private rooms \$45S/\$60D w/shared bath. Microwaves, fridge, coffee maker available for hiker. ★ Ask about work for stay. Well be by 10:30am; full check-out/vacate by noon please, unless otherwise arranged. Free pickup and return from route 6 trail head for loaner laptop available for use, ♠ free WiFi, ♣ kayaks, paddleboat, ♣ swimming, ➡ ATM. △ Laundry \$5 and ὧ shower \$5 ava 9pm, Su 12pm-9pm, bar open later. House quiet by 10pm and NO BINGE DRINKING, social drinking okay. Shaw's guests welcom day. ■ Mail drops for guests (non-quests \$5): PO Box 215, C/O Lakeshore House, Monson, ME 04464 or UPS/FedEx (no Sat delivery)	ehaved dogs okay. Reservations appreciated, packs out guests only, only till 11am for return, loaner clothing, lailable to non-guests. Pub hours: M closed, Tu-Sa 12pmale for breakfast. Accepts credit cards. Parking \$1 per conservations: 9 Tenney Hill Rd.
2078.5	Ĥ Åℴ℀ ▆◍ᄆᇀ᠍	John Baptist Mission 207-558-1701, 207-279-6668. bettinan.stevens@gmail.com. Proprietor: Bett Stevens. Open year-round. Private rooms. ☐ Bunkhouse. ☐ Tenting and → hammocking. ☐ Showers, ☐ laundry.Home cooked meals, use of kitchen and contain or ☐ work for stay encouraged. ☐ Free WiFi, ☐ computer available for use. (0.5N) of post office. ☐ Mail drops: PO Box 135, Monson, ME. 04464	❖ Pet friendly. Private home with relaxing atmosphere. grill.
2147.5	⊭Ĥ ◈ී \$±Ē	White House Landing 207-745-5116. Open May 15. ♦ AT Passport location. Reservation recommended but not required. 1 nic arrival dates flexible. ♀ Bunk \$35PP, semi-private \$45S, \$85D. ⑤ Shower, towel, pillow case included; linens extra. AYCE breakfa charge cell phones for a fee. ♣ Free use of canoes. Credit cards accepted. NoBo's and SoBo's, consider staying here, enjoy all the ness supplies here as a free, (for guests only), secured, mail drop. Cached drops in the 100-Mile Wilderness are expensive, some your cell, or use the 2-way radio at the dock, for a free pickup. ■ Mail drops for guests only: PO Box 1, Millinocket, ME 04462. Allow 10 days for drop to PO box.	ast. & Dinner menu includes burgers, pizza and more. Can he amenities we offer, and receive your 100-Mile Wilder- etimes difficult to arrange and are prone to theft. Call with
2177.7	Ĥ⊨®∲∆œ░⋬X┞█ॏ¢҈♥	The Appalachian Trail Lodge 207-723-4321. (www.appalachiantraillodge.com) No pets. ◆ AT Passport location. Southbour pickup in Medway, bed in bunk room, breakfast, and shuttle to Katahdin Stream Campground, by reservation. Bunkroom \$25, □ Private Room \$60, Family Suite \$95D \$10EAP. △ Coin laundry. Town clothes. ◆ Free WiFi. △ Showers for for hire to and from bus in Medway, Bangor, Monson, in/out 100-Mile Wilderness, other shuttles by arrangement. P Free parking shuttle from Katahdin Stream Campground Sept 1-Oct 1 for guest, \$10 non-guest between 3:30-4:30pm. Mail drops for guests only: 33 Penobscot Avenue, Millinocket, ME 04462. Del Man's Gear Shop Full line of gear; ULA & Hyperlite packs, bags, ﴿ fuel, stoves, poles. ♠ Resupply foods, snacks, soda, shoes.	non-guests \$5. ☎♥ Licensed and insured shuttle service g. Food drops. ♠ Slackpack in 100-Mile Wilderness. Free

2020 Appalachian Trail, Hostels Legend

Courtesy of WhiteBlaze Pages ©, A Complete Appalachian Trail Guidebook. www.whiteblazepages.com.



Icons Descriptions

- $\star\star\star\star\star$ See notes and establishments listed below this entry.
 - Source of drinking water. Water is always listed first
 - Seasonal water source, not always reliable (unreliable)
 - Y Intersection, junction, side trail, connecting trail or adjoining trail.
 - {x} AT Shelter and (capacity)
 - $\mathbf{\dot{A}}$ {x} Tent sites, may sometimes be listed with (capacity) or tent platforms
 - Possibilities for hammocks available. In some cases you may have to expand up to 100 feet beyond the area to find trees but you can hang. Availability of hanging also depends on the growth of the underbrush. When using a hammock, please use LNT procedures.
 - C Privv
 - Bear cables or bear box available for food bags
 - Cell phone signal strength, based on a nice clear day.
 - * Power line or electrical wires
 - Summit or crest
 - ✓ Direction and miles to next shelter South or North. This does not include the mileage distance the shelter is off the trail.
 - Views, overlooks or photo opportunities
 - £ Lookout, fire tower or observation tower
 - Footbridge, or any other bridge
 - A Road
 - Gravel or dirt roads, logging roads, wood roads, USFS roads, forest roads, fire roads, or any other non-paved roads
 - Waterfalls
 - Attractions, important or historical features, other photo opportunities
 - Ra {x} Parking. Vehicle capacity, and fee inside parenthesis. If there is a fee there will be a "\$". Coordinates should get you within eyesight of parking area. Always check ahead for parking safety.
 - **\$** Overnight/caretaker fee. On town maps it represents a bank.
 - Warnings or things that you need to be aware of
 - **Q** [] GPS coordinates are listed inside of descriptions
 - × Railroad crossing, tracks
 - Swimming possibilities
 - A Picnic Table or picnic area
 - Trash can usually available
 - Boating or boats available for use
 - Post Office
 - Ĥ Hostel
 - Lodging. Do not depend on the prices to include tax.
 - AT Passport location. Get your book stamp here. (www.atpassport.com). When icon is on maps, it refers to the Appalachian Trail.
 - > Vet or Kennel
 - Pet Friendly
 - No Pets/Not Pet Friendly
 - t: Work For Stay (WFS)
 - Fuel for stove
 - ے Laundry
 - Computer available for use
 - WiFi available
 - Shower available
 - Slackpacking may be available
 - Shuttle, bus, or taxi
 - Insured shuttle provider
 - Mail drop location
 - Bank/ATM

 - X Anywhere that serves food for a fee

- Pay phone or public phone
- ħ Outfitter
- Charging station for phone and accessories
- ₱ Ice ceam
- ★ Hardware store
- Public Restroom
- >< Barber
- Information Area
- Y Purchase or serves alcohol
- First Aid, doctor, hospital or urgent care
- Movie Theater
- Not categorized
- ★ Airport or airfield
- Bus or bus station
- Train or train station