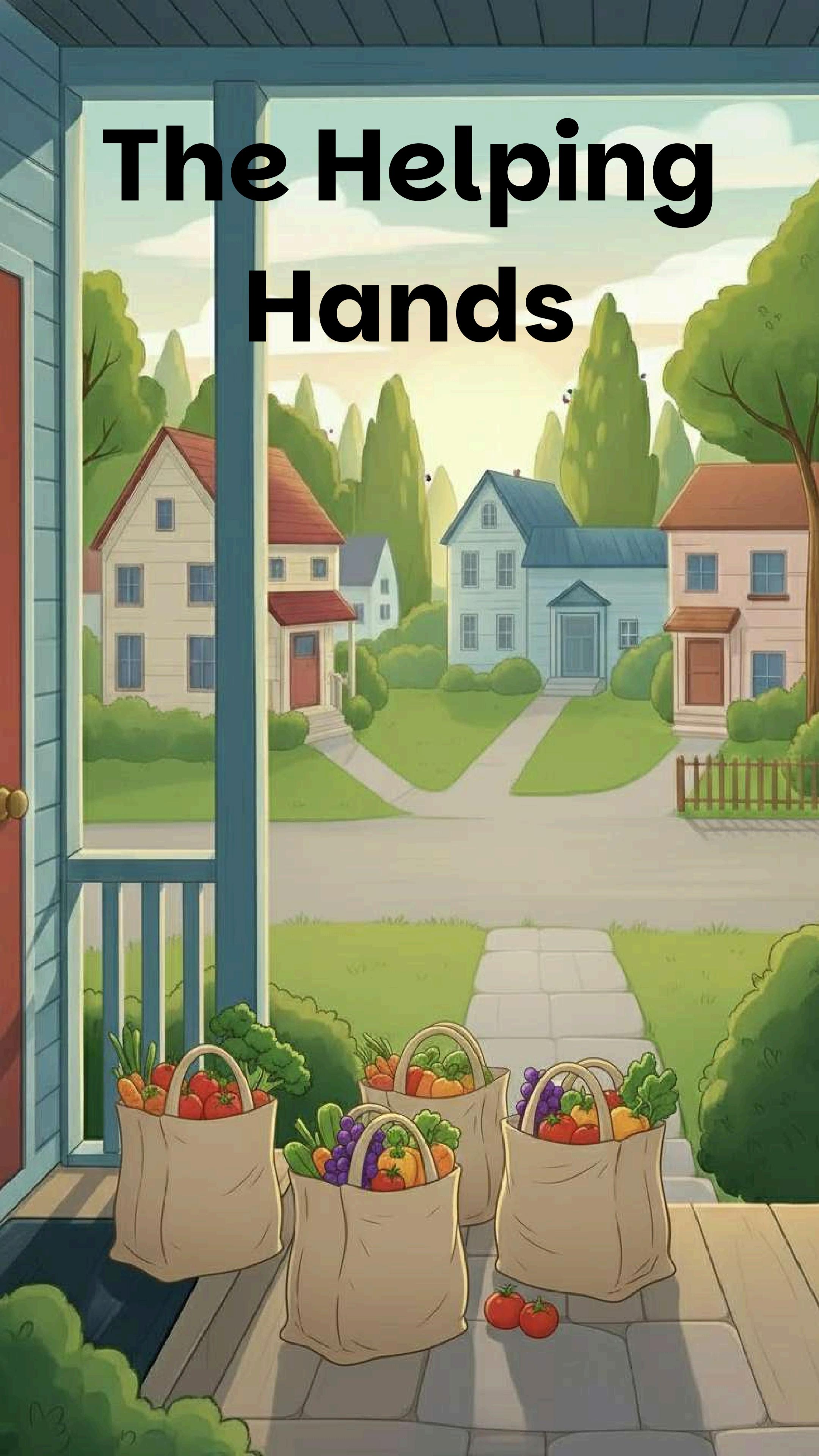


The Helping Hands





**Omar saw his elderly
neighbor carrying groceries.**



He ran to help.



The neighbor thanked him
warmly.



Omar felt happy inside.



**Helping others pleases
Allah.**



Who can you help today?