ACKNOWLEDGEMENT

The researchers would like to thank all those whose assistance proved to be a milestone in the accomplishment of this goal. We, therefore, recognize the valuable help and appreciation to:

Ma’am Maria Teresa T. Cachero, the thesis adviser, for her continuous assistance, encouragement, advice, guidance, insightful comments, recommendations, hard work, and provisions that assisted the researchers to finish this study.

The researchers for their hard work, discussions, and mutual support in completing the thesis successfully.

The participants for taking the time and making the effort to participate in the interview, as well as for being friendly, cooperative, and approachable.

Their parents, who patiently supported them financially, morally, and spiritually from the start of the thesis until it was completed. Their classmates, who have been there to support them.

The panels for all of their comments and suggestions that helped the researchers develop and improve their research. The researchers also want to thank Benguet State University.

To BSU health services for allowing the researchers to be their respondents of their study.

Above all, the researchers want to thank Almighty God for all of the power and guidance He has given them as they finish the thesis.