

Around the house

Plastic Product overwrap such as that for toilet paper rolls, paper napkins, paper towels, bubble wrap (with recycling symbol) and other packaging which is clean and dry

Store drop off (Whole foods, some Shoprite stores). For more locations, check <https://www.plasticfilmrecycling.org/recycling-bags-and-wraps/>



Newspaper bags

Store drop off (Whole foods, some Shoprite stores) . For locations, check <https://www.plasticfilmrecycling.org/recycling-bags-and-wraps/>



Trophies and medals

https://www.awardsmall.com/Trophy-Recycling_ep_46.html

Free drop off if you are in the area, else paid option



CDs and DVDs

<https://www.cdrecyclingcenter.org/>

Service is free, but a donation is recommended / appreciated



Used Toothbrush and Toothpaste

Colgate Oral Care Recycling Program

<https://www.terracycle.com/en-US/brigades/colgate>



Eye Glasses

<http://www.recyclingnj.com/recycle/eyeglasses.html>



Crayons

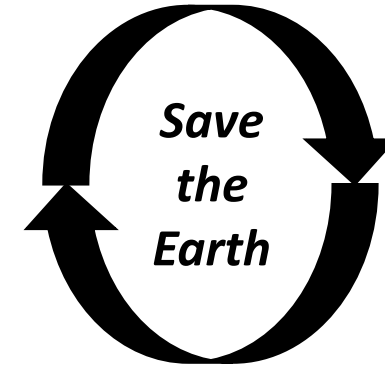
<https://crazycrayons.com/crayon-recycle-program/>



Some useful tips to help the environment

1. You can bring your own beverage cup to shops like Starbucks.
2. You can bring your own containers to carry leftover food at restaurants.
3. Some stores like Whole foods have dispensers for nuts, grains and lentils. You can bring your own containers.
4. Farm markets sell produce with much less plastic packaging compared to big grocery stores.
5. Carry reusable grocery bags to stores.
6. Reuse glass bottles after cleaning for food storage, rather than buying plastic containers.
7. While frying, use only as much oil as needed. If some is leftover, sauté some vegetables in the same to use it completely.
8. TerraCycle.com is an excellent resource for all kinds of recycling resources, paid as well as free.

*Reduce, Reuse, Recycle,
Earth's Ecosystem is very fragile.
Preserving the resources is now or never,
Or else, the planet will be lost forever.*



*A Quick guide to recycling
common household items*

Email: careforyourplanet@gmail.com

For latest copy of brochure:

<https://careforyourplanet.org/>

Kitchen items

Plastic grocery bags (clean and dry) - transparent ones (for produce) as well
Store drop off (Whole foods, some Shoprite stores). For locations, check <https://www.plasticfilmrecycling.org/recycling-bags-and-wraps/>

Ziplock food bags and Bread bags (clean and dry)

Store drop off (Whole foods, some Shoprite stores). For locations, check <https://www.plasticfilmrecycling.org/recycling-bags-and-wraps/>

Plastic cereal bag liners (clean, dry, should not tear like paper)

Store drop off (Whole foods, some Shoprite stores). For locations, check <https://www.plasticfilmrecycling.org/recycling-bags-and-wraps/>

Plastic bags/packaging from dry and wet groceries - lentils, grains, nuts, shrink wrap, salad bags, frozen food bags, any kind of saran wrap

TerraCycle Plastic All Waste Box (Paid option)

https://www.terracycle.com/en-US/zero_waste_boxes/plastic-packaging

Candy bar wrappers and Snack wrappers (chips, pretzel bags etc.)

TerraCycle Candy and Snack Wrappers Zero Waste Box (Paid Option)

https://www.terracycle.com/en-US/zero_waste_boxes/candy-and-snack-wrappers

Kitchen waste - plastic packaging, single use plastic stuff for parties (spoons, forks, knives), plastic coffee cup lids etc.

TerraCycle Kitchen Separation Zero Waste Box (Paid option)

https://www.terracycle.com/en-US/zero_waste_boxes/kitchen-separation

Aluminium Foil containers and wrap

The town recycling will accept it if the containers / foil is clean and free of any food residue.

Bottle caps (plastic and metal)

TerraCycle Bottle Caps Zero Waste Box (Paid Option)

https://www.terracycle.com/en-US/zero_waste_boxes/bottle-caps

Six-pack rings

TerraCycle Plastic All Waste Box (Paid option)

https://www.terracycle.com/en-US/zero_waste_boxes/plastic-packaging

OR, find out if you can join the free program below:

<http://www.ringleader.com/program.html>



Kitchen items (contd.)

#5 (Polypropylene) plastic containers (yogurt containers, prescription medicine bottles, Laundry detergent cups etc.)

<https://www.preserve.eco/pages/gimme5-overview>

(Whole Foods locations have a drop-off bin)

Plastic cups (#6 Polystyrene)

TerraCycle Solo Cup Recycling program

<https://www.terracycle.com/en-US/brigades/solo-r-cup-brigade-r>

Paper / Foam Cups

TerraCycle Dining Disposables and Party Supplies Zero Waste Box (Paid option)

https://www.terracycle.com/en-US/zero_waste_boxes/party-supplies-and-dining-disposables

Foam food plates and clam shells

DO NOT USE - almost no recycling options available

Coffee capsules and discs recycling program

TerraCycle Coffee Capsules Zero Waste Box (Paid option)

https://www.terracycle.com/en-US/zero_waste_boxes/coffee-capsules

Other options:

<https://www.consumerreports.org/recycling/recycle-k-cups-nespresso-capsules-coffee-pods/>

Corks

<https://recork.com/>

Degradable/compostable bags - Compost



Sports / Outdoors

Athletic shoes (Old) – Nike stores (check link for locations)

<https://recyclenation.com/2012/08/nike-reuse-shoe-program/>

Old Tennis balls (Recycling is free, shipping fee required)

<https://www.recycleballs.org/>

Soccer / Football / Basketball / Other (including tennis balls)

TerraCycle Athletic Balls Zero Waste Box (Paid option)

https://www.terracycle.com/en-US/zero_waste_boxes/athletic-balls

