Curriculum Vitae

  Nebosh Qualified Health & Safety Advisor / Site Manager

James Carter

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 PROFILE

 I am a highly experienced construction professional with a real passion for health and safety,

I have skills and knowledge gained from over 20 years working in the engineering and construction industry, in high risk environments such as nuclear, chemical plants, petrochemical TAR, pharmaceutical clean rooms, waste to energy, biomass, new build power stations and right threw to the food industry and commersial fit outs and refurbishments projects both on the tools as a Pipefitter / plumber and as a piping supervisor this is now coupled with indepth accademic knowledge gained through my iosh and nebosh qualifications. I feel I can complement any team superbly well, I have a pragmatic approch to safety and believe I will prove to be a real company asset.

I have always had a strong focus on safety , getting involved with safety committees and inspections wherever possible as I found this was something I was passionate about.

In 2014 i steered my career path in the direction of occupational health & safety. I completed my IOSH managing safely in 2014 and continued with health and safety with Amec foster wheeler, during this time I completed both my Nebosh general and construction certificates, which has really helped solidify my understanding of occupational health and safety. I am currently doing my NVQ level 5 diploma in occupational safety to again further my knowledge and demonstrate my skills & abilities.

One of my previous roles was managing the health safety and welfare of a large mechanical construction company (Laker vent engineering,) on a new build energy from waste facility Ferrybridge FM2. I oversaw fabrication, installation, testing and commissioning.

My duties included developing and delivering toolbox talks / daily brief, submitting permit requests to the principal contractor, attending the morning management huddle and then relaying relevant information to the rest of our team, attending daily safety meetings, conduct site inspections compliance checks and audits, review point of work risk assessments with the workforce and discuss any short comings and areas for improvement, maintain records i.e. training matrix, PAT test, LOLER register, offer help support and advice to the organisation on health and safety legislation and best practices. Submit weekly returns (KPI’s) to the principal contractor (HZI) and Lakers head office.

Another previous role was Working as the principle contractors Site Safety Manager, I had worked closely with the client , sub contractor supervisors and operatives and helped promote a safe working environment, educated via ‘toolbox talks’ and daily briefings, advised the organisation on changes to legislation and areas of best practice. as well as their requirements under the CDM 2015 regs. I chaired daily meetings. Delivered site inductions. Undertook, drafted and reviewed risk assessments & method statements. Issued Pemits to work, monitored compliance on site for all activities from civils works carried out by Murraywood to mechanical and electrical instalations carried out by intelect uk as well as numerous other contract companies. i have also been responsible for investigating and reporting work related accidents / incidents and was frequently audited which always went well, any improvements were actioned and closed out in a timely fashion

I have managed the CDM areas within the food manufaturing facility at Walkers snack food in Skelmersdale for the Principal contractor (Lorien) on the AP2 project, installing new pallitising robots and conveying systems I also managed the Monster project at CocaCola in Sidcup for the principal contractor GEA, this was the install of stainless steel storage tanks and associated pipework, valves and equipment aswel as the install of a overhead gantry crane.

With these projects taking place inside food and beverage manufacturing environments it was also vital that all contractors wore the correct clothing hairnets, beard snoods and coveralls as hygine is a real priority for the client and was part of my job to ensure contractor compliance

 KEY SKILLS

 • Able to manage and prioritise tasks

 • Highly motivated

 • Hard working, keen and ambitious

 • Proactive with the ability to think ahead

 • Able to work long hours and to tight deadlines

 • Ability to plan and coordinate the workforce to complete tasks within a given time frame

 • Able to manage large and small teams

 • Ability to conduct Risk assessments and workplace investigations

 • Site inspections and site tours

 • Tool box Talks

 • Excellent communication skills both written and verbal

 • Pc literate

• Ability to work with external agencies and senior board members

 • Safety conscious

• Excellent knowledge of H+S law and statutory requirements.

• SMSTS

• First Aid at work 3 day (St. John’s)

• NEBOSH General Certificate

• NEBOSH Construction achieved (MERIT)

 • IOSH Managing safely

• EUSR utility SHEA (gas) upstream & downstream

 • ACE card CSCS

 • CCNSG/scats

 • Member of IOSH

 • FM Global permit issuer

 • Nvq 3 & 2

 • City & Guilds

 • manual handling cert

 • Forklift license

 • working at heights & asbestos awareness trained

 • full uk driving license

 • confined space & abrasive wheel trained

 • Counter terrorism security clearance

  Day to day duties

 • Maintaining and developing health and safety procedures

 • Providing health and safety information and support and advice to site employees and higher management

 • Co-ordinating and promote continual improvement in the health & safety culture

• Maintaining and developing risk assessments to ensure they are relevant and up to date

 • Monitoring and reviewing health and safety legislation

• Providing training to site employees regarding health and safety

 • Carry out accident and incident investigations providing reports and identifying root causes and implementing action plans to prevent re-occurrence

• Create monthly report for higher management review

 • Conduct internal safety audits

 • Monitor and control PPE to ensure compliance

 • Identify and maintain current training matrix and requirements

 • Ensure COSHH is maintained and relevant

 • Site Inductions of new members of staff and recording of personal details and qualifications both paper copy and electronic

 • Controlling site visits and the safety of visitors including contractors and senior board members

• Controlling of logistical deliveries making sure drivers are competent and have the correct qualifications and are inducted to site correctly to ensure the safety of drivers and our workforce • Conducting workplace inspections and audits

• Planning and implantation of training

• Leading teams in both low and high risk working environments

• Delegating jobs to workforce to achieve the task

• Writing Risk assessments and method statements

• Conducting workplace accident investigations

• Use of paper based and online health and safety management Regular board meeting with senior management to discuss workforce and workplace

• Tool box talks

• Writing of training programs and remedial training following workplace accidents or incidents

• Checking of PPE to make sure it is serviceable and fit for purpose such as gloves, goggles, hats and helmets, ear protection equipment and respirators

 PREVIOUS EXPERIENCE

• Health & Safety Advisor, Site manager, Piping supervisor & PipeFitter

 PERSONAL ACHIEVEMENTS

 Leadership Promotion

* project supervisor 2014
* Promotion to charge hand supervisor 2011
* Run 10k rough runner to raise money for the British heart foundation

CAREER HISTORY

Pjd engineering, site safety for the PC, Cameron Bridge distilary, bio energy boiler retube 9/19 - current role

Western Environmental, (Hays)

Interim safety manager 1/07/19 - 26/07/19 water treatment & chemical manufactures

Intelect uk,

Site safety manager (PepsiCo) 3/19 – 6/19 electrical & mechanical

Laker Vent engineering, FM2 ferrybridge energy from waste new build

Health and safety Manager 10/18 – 3/19 mechanical,

Pm connections / Lorien site safety manager at walkers snack foods. GEA site safety manager at Coca cola 02/18 – 09/18 principal contractor, civils, electrical & mechanical

Amec foster wheeler (Health and safety advisor)01/17 – 02/18 mechanical

Balfour Beatty, Urenco , (Clean build stainless), piping chargehand supervisor 05/16 - 10/16

Amec (Health and safety) 11/15 - 05/16

Doosan (Uskmouth power station, piping supervisor)10/15 – 11/15

Bilfinger (Stanlow shutdown, pipefitter) 09/15 – 10/15

Doosan (Grangemouth shutdown, pipefitter). 08/15 – 09/15

CB&I (Carrington power station, piping supervisor) 01/15 -08/15

Thermoweld pws Health & safety supervisor 08/2014 - 12/14

Interserve Tees valley energy from waste. Evap d Project supervisor . Fabrication & Installation of high purity stainless pipework to nuclear standards 10/02/11- 2014

PJD ( Pipefitter)  Boiler outage. Ely power station

Amec  Grow-How shut down 21/01/11 – 09/02/11

Fabricom 09/12/10 – 20/01/11 Stublach Northwich  Pipe installation ½” – 14” Scan tech personal 03/11/10 – 08/12/10 Holford Gas, Northwich small bore instrument pipework both bending and swagelok 8mm – 12mm Interserve I.S. 14/07/10 – 02/11/10 Holford Gas, Northwich Pipework installation and hydrostatic testing ½” – 24” pipework and instrument pipework installation (swagelok / Parker) Laker Vent Engineering, 02/08/09 – 12/07/10 W2R Fleetwood .  Installing various pipe and fittings eg: plastic electro fusion , plastic solvent weld, carbon and stainless steel.  Eli Lillys Speke  Working as part of the maintenance team , installing anything from high purity micro bore to 16” heavy wall stainless  Interserve I.S. 15/06/08 – 28/07/09 Poole hall Ellesmere port Fabricating pipework in a bonus fab shop working as part of a three man team (myself and two welders), also worked on Stublach gas storage Northwich, where my duties were pipe installation and hydrostatic pressure testing. Shaw Group, 05/10/06 – 10/06/08 Bromborough  Fabricating pipework in a bonus fab shop working as part of a three man team. Hertel, 03/03/06 – 04/10/06 Shell Stanlow Working as part of the maintenance team  Rolls Royce 10/05/04 - 29/02/06  Installation of high purity instrument pipework on skid units  Corrington bp 08/03/04 - 05/05/04  Shutdown turnaround , removal and replacement of pipe work

 REFERENCES:

Nathan Jones (PM Connections) [nathan@pmconnections.co.uk](mailto:nathan@pmconnections.co.uk) tel; 01925606420

  Terry obrien (Amec) terry.obrien@woodplc.com  tel; 01513506577