



Newsletter

March 31, 2012

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Dear Robyn,

Please enjoy the current issue of our newsletter.

All-School News

All Community Meeting

The TCWS Board of Trustees held an all community meeting the morning of Saturday, March 31, 2012. Thank you to all who attended this meeting and shared their thoughts. The board reviewed the school's strategic plan. Geraldine Kline, Executive Director, spoke about components of the ED Two-Year [Action Plan](#) and recent developments at TCWS.

Kindergarten parent, Cris Wegmann, graciously offered to coordinate childcare at the school to make it easier for more parents to attend. Thank you, Cris!

Table of Contents

[All-School News](#)

- [All Community Meeting](#)
- [2012-13 Grade Seven - Class Teacher Announcement](#)
- [12th Annual Auction Appreciations](#)
- [Helen Lubin - Public Talk](#)
- [KOMO News Promotional Video](#)
- [The Importance of the Honeybee](#)
- [May Faire Festival - Saturday, May 5th](#)
- [Green Child Magazine Article](#)
- [Waldorf Student Reading List from Michaelmas Press](#)

[Healing Our Kids' Soul Fever With Simplicity](#)

[Grades News](#)

- [Grade 4 "Kalevala" Play](#)
- [Third Grade Building Project](#)

[Early Childhood News](#)

- [Gardening in Kindergarten - Part 2](#)

[Biographies](#)

- [Mary Anne Hinton - Class of 2019](#)
- [Jung Sook Kim-Tokura - Japanese Teacher](#)

[Community Announcements](#)

- [Ultimate Frisbee - Thursdays at Wilburton](#)
- [Wooden Double Loft Bed for Sale](#)
- [Upcoming Love and Logic Spring Classes](#)
- [Parent Map Lecture Series](#)
- [The Frog Prince - Marionette Show](#)
- [Rite of Passage Journeys](#)
- [Wild Spruce Summer Camps](#)
- [Laura Ingalls Wilder Summer Camp](#)
- [Fall 2012 Afterschool Programs at Wild Spruce](#)

2012-13 Grade Seven - Class Teacher Announcement

We are delighted to announce that **Britt Urquiza** will join our faculty circle as next year's Grade Seven class teacher. Britt is currently enjoying a sabbatical after having taught a class in Grades Four through Eight at the Seattle Waldorf School, where she taught Spanish for a couple of years prior to taking a class. Britt holds a BA in Sociology from the University of Washington, and is a graduate of Sound Circle Teacher Training Center, our local Waldorf Teaching training institute.

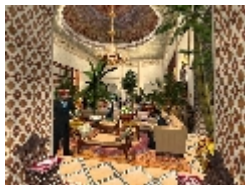
Britt is well known to a number of our teachers, as a colleague and a friend. We look forward to welcoming Britt to our faculty circle, and to enjoying her enthusiasm and great skills as a teacher of teenagers.

Join us in welcoming Britt to our lovely school community!

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Britt Urquiza was born in Chelan, Washington where she grew up running and playing on her family's apple orchard along with her brother, sister, and a whole menagerie of farm animals. In college she studied Spanish, Latin American Studies, and vocal performance before graduating from the University of Washington with a B.A. in Sociology. Britt then began her Waldorf teacher training at Sound Circle Teacher Training in Seattle. She began teaching Spanish at Seattle Waldorf School in 2004 and then became a class teacher two years later. She has taught grades 4-8. Britt, her husband, their two daughters, one dog, and four chickens live in south Seattle.

12th Annual Auction Appreciations



Thank you to all of our donors, attendees, planners, vendors, and volunteers for your support of our Marrakech Express Benefit Evening on March 17th. For those who were present, thank you for making community-building and support of our school so much fun! With the help of our Three Cedars community members, we were able to strive for a successful and memorable event! Thanks most especially to those volunteers who took on specific projects preparing for the event, who signed up for the work parties and who staffed a myriad of volunteer roles during the event evening, including our amazing set-up and clean-up crews. And lastly, thank you to all of the parents, friends, and relatives, near and far, who helped to underwrite the expenses of this event beyond ticket revenues. Your direct support of our school and of our students, and the faculty's work with our children, makes the school year possible. We hope that this evening was enjoyable and a true celebration of both our diversity and the common values that unite us! Thank you for your ongoing spirit and support and please be sure to join us again next year!

Tabatha Jeantette, Auction Coordinator

Helen Lubin - Public Talk



Guest speech specialist Helen Lubin is presenting to the elementary children, this week, ways of speaking that enliven their speech and understanding of the spoken and written words they encounter daily. Her evening conversation on Tuesday will explore the spoken word and how Waldorf education begins particularly early to build the foundations for lifelong literacy and learning. She entitles her presentation as **"The Spoken Word: *We love Waldorf! – but what about the late reading?*"** Reading is introduced only once a series of other capacities have been practiced and thoroughly developed.

Join us for an evening of exploration of how the spoken word and the language arts bring us closer to the world, to each other, and to ourselves on Tuesday, April 3 at 6:30 p.m. at Three Cedars in Trillium Hall.

Helen Lubin completed her training in artistic, pedagogic and therapeutic speech in 1985. She works with North American Waldorf Schools, Waldorf teacher education programs, and in private practice. Helen has 12 years' experience in curative education, and is a co-founder of The Speech School of North America.

KOMO News Promotional Video

The promotional video created by KOMO News is available below or via this [link](#). Three Cedars is featured on the Bellevue page of the KOMO News website. Take a moment to check it out!

The Importance of the Honeybee



Last weekend as I was walking out my front door, on my way to Seattle to meet with other beekeeping hopefuls, I was delighted to see one of the first heralds of spring. Among the daffodils and hellebores in my front garden were several very busy - if somewhat sleepy – honeybees, taking advantage of the sunny day by scouting for nectar in the earliest of blooms.

A few years back [Lilipoh](#) magazine, a Waldorf related publication which is distributed quarterly, put out an issue with several articles dedicated to the honeybee. I have read and since re-read the articles several times, pouring over the pictures of various types of hives and descriptions of biodynamic beekeeping practices. Rudolf Steiner, of course, had many interesting things to say about the honeybee. While Steiner did not give indications for beekeeping on a practical level, he was ahead of his time in that he accurately predicted the decline of bees almost a hundred years ago. These articles and lectures inspired me to consider ways in which I might support honeybees in their important work.

Next month I will be receiving two packages of bees to introduce to my Warre hive and top bar hive in my backyard at home. I'm also thrilled to be bringing two traditional Langstroth hives to Three Cedars Waldorf School over spring break to help increase the honeybee population, pollinate our beautiful gardens, and maybe even get a little honey for your children's tea. We'll also be offering a screening of [The Queen of the Sun](#), a documentary and winner of numerous awards featuring interviews with experts such as [Gunther Hauk](#) and Vandana Shiva. Keep posted for

upcoming announcements about this event!

Some facts about honeybees:

- Honeybees are not aggressive by nature, and will not sting unless protecting their hive from an intruder or if they are unduly provoked.
- Honeybees represent a highly organized society, with various bees having very specific roles during their lifetime: e.g., nurses, guards, grocers, housekeepers, construction workers, royal attendants, undertakers, foragers, etc.
- The queen bee can live for several years. Worker bees live for 6 weeks during the busy summer, and for 4-9 months during the winter months.
- The practice of honey collection and beekeeping dates back to the stone-age, as evidenced by cave paintings.
- The honeybee hive is perennial. Although quite inactive during the winter, the honeybee survives the winter months by clustering for warmth. By self-regulating the internal temperature of the cluster, the bees maintain 95 degrees Fahrenheit in the center of the winter cluster (regardless of the outside temperature).
- Bees are responsible for up to 80% of all insect pollination, without which we would see a significant decrease in the yield of fruits and vegetables.
- In recent years, Colony Collapse Disorder has caused bees to simply disappear for no apparent reason. While the causes of CCD are still unknown, current theories include increased losses due to the invasive varroa mite, pesticide poisoning, and GMOs used in conventional farming practices.

Seraphina Orzel
Admissions Director, Office Manager

May Faire Festival - Saturday, May 5th



COME AND CELEBRATE WITH OUR COMMUNITY!

May Faire Festival

A Unique Celebration Where Community and Curriculum Combine!

Saturday, May 5th

9 A.M. TO 3 P.M.

Throughout history, part of this festival has been celebrated by honoring the Queen of May. Each year we anticipate her return wearing a flower garland and carrying a basket of springtime flowers. Originally, honor was paid to Flora the Goddess of Flowers and Bride of the West Wind by bringing garlands of flowers that were wound around the column in her temple and by singing praises to her and dancing around the column. This celebration has also honored the sun rising into summer with Morris Dancers jumping, waving kerchiefs and making noise with sticks to help the

seed crops grow and to scare away evil spirits with bells! Dancing around a Maypole woven with colorful ribbons, wearing garlands of flowers, singing seasonal May Day songs, listening to musicians play and bowing in honor of the May Queen became the European celebration of spring which we echo in our celebrations today!

Come ready for a magical experience! A day to enjoy fun, laughter, and one another's company. Don't forget to bring your friends and family!

Along with the Honoring of our May Queen with a processional and dancing, there will be great food and fun and many festivities to be enjoyed by all!

- Flower Crown Preparation
- Musical Performances
- Spring Faire Café
- Fresh Organic Lemonade Stand
- Organic Baked Sweets
- Children's Crafts
- Puppet Shows
- Pocket Lady
- Sandbox Bead Hunt
- Face Painting
- "Fishing Pond" Prizes
- Green Wizard

Our suggested entrance donation: \$10 per adult, \$5 per child

Children's crafts and activities: 1 to 4 gnome stones each (\$1 a gnome stone)

Shuttle available from overflow parking at Wilburton Park

hosted by Three Cedars Waldorf School
556—124th Avenue NE, Bellevue, WA 98005

More information and to help as a volunteer for this community building event, please contact our Development Coordinator, Tabatha Jeantette at development@threecedars.org

Supported by the sponsorship of our donors, volunteers, and participants!
Thank you for supporting Waldorf education and community arts events!

Green Child Magazine Article



TCWS parent, Flor Lozano-Byrne, has written an article on Waldorf education. It appears in the Spring 2012 addition of Green Child Magazine.

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It's a rainy winter morning at the Three Cedars Waldorf School in Bellevue, Washington. The second graders rush playfully across the school to their classroom.

Raingear hung at their cubbies and now attired in comfy slippers, the children line up at the door where a tunnel of ever smaller hula hoops invites them to get in. At the other end Mr Zabel, their teacher since First Grade, awaits them with a welcoming smile and greets them with a hearty handshake.

To read more about a day in a Waldorf Second Grade, follow this [link](#), click on the current issue (Spring 2012), and go to page 69.

Waldorf Student Reading List from Michaelmas Press



New Waldorf Student Reading List from Michaelmas Press now available

Many Waldorf parents have used the little purple book, Waldorf Student Reading List, to find appropriate books for their children to read. Teachers attending recent AWSNA conferences viewed the developing revision of this family resource and eagerly awaited its publication.

The new book is available, has expanded to 346 pages, and has a new title: *Make Way for Reading: Great Book for Kindergarten Through Grade 8*. It is co-edited by Karen Latimer and Pamela Fenner.

Make Way for Reading will help you find the right book at the right time as you navigate your child's evolving interests and development. Eugene Schwartz, former Waldorf teacher and now consultant, writes in his Foreword:

"Books can have a powerful effect on the changing consciousness of the child, and serve as instruments initiating him or her into successive stages of life."

"With this guide in hand, parents are given gentle and sensible advice on finding the best book for the right age. May this book of books stand as the guardian of the road that leads to reading adventures."

The editors chose 1000+ familiar and little-known gems, wrote descriptions of the titles, added suggested grade levels and listed the original date of publication and any major book awards. Sections include: Picture Books, Grades 1-3, 4-5, 6-8, Biographies, and Mythology/Legends/Folklore. The final section of Celebrations, Games, Music, Crafts and Other Activities even includes books on gardening, carpentry, and knitting with children. Each section includes an introduction to inform and guide parents on child development.

With more than 100 pages of indexes—Authors, Illustrators, Series/Sequels, Anthologies, Waldorf

Main Lesson Blocks and Subjects—this book is a treasury of information. Readers can find a book on almost any subject from ancient civilizations and explorers to multi-cultural celebrations, U.S. history as well books with settings in individual countries or continents, historical periods, and farm/urban/pioneer locales.

To learn more or order, go to the Michaelmas Press website:

www.michaelmaspress.com or telephone 978-388-7066

Healing Our Kids' Soul Fever With Simplicity



Why the Ritalin Debate Is Asking the Wrong Question: Healing Our Kids' Soul Fever With Simplicity
(By Kim John Payne)

This article is courtesy of Waldorf Today, an online publication available weekly. Parents may enter their email address on the website to subscribe directly to this informative newsletter.

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Parents across the country know something is wrong. All the hovering, anxiety, medicating, and overscheduling is giving voice to that parental instinct that knows when our kids and family life are in trouble. And it's true, our kids are in crisis, victims of an undeclared war on childhood, drowning in a sensory tsunami, and because we love them so much, we worry, and we search for solutions, ignoring the voice in our heads telling us that something's off when we greet our kids every morning with a pill to fix them. Indeed, something is wrong. But it's not our kids. Our kids are as beautiful, feisty, gifted, and quirky as they have always been. What's changed is their environment, and the levels of stimulation and stress we expect them to integrate.

In my decades of working with families around the world, I have seen thousands of children's brilliant personalities — their funny, odd, remarkable, special talents, railroaded by stress, so much so that I came up with this simple equation: Quirk + Stress = Disorder, or what I call a soul or emotion-fever. And every parent already knows how to heal their child from regular, physical fever just as every parent knows how to heal their children's soul fever. We don't need to learn anything, or see a specialist or download an app. We apply our parental wisdom to our children's hearts and minds; we do what we do naturally, when fever arises. Just as cumulative stress can lead to problems, even disorders, cumulative simplicity and balance can move the quirk in the direction of a child's gift. Quirk + Simplicity = Gift.

Here are three stages of awareness and healing both kinds of fevers:

1. We Notice Something is Off

Some parents swear they can literally smell their children's fevers as they come on, or they can sense that their child's particularly fussy or whiny behavior is fever-induced. So, too, with soul fever. When a child gets stressed, on the brink of soul fever, their quirks become inflamed. They may feel emotionally stretched, or brittle or fresh. While it is natural and often wise to check out such behaviors with "experts," we can also check in with ourselves and our children, the way we do with a fever we understand.

2. We Quiet Things Down

As soon as the thermometer validates our hunch, we know what to do. We close the blinds, make a bed on the couch, make some simple soup, clear our child's calendar. What a relief. The entire family benefits from slowing down. To gauge our child's soul fever, we need to pay very close attention to our internal thermometer, the one that tells us when our child is not him or herself. And the medicine is the same. Take it easy, simplify your child's life, and in the process, allow the family to rest from all the stresses we think we can't live without: all-out media assault, tight schedules, sugary, processed foods. We wouldn't expect our child to heal from an illness by going about their daily lives, yet we are hesitant to make changes in the home that can benefit our overwhelmed kids. Why?

3. We Stay Close

Most parents don't have to be told to stay close to their sick children. The desire to be near is instinctive. Unfortunately, in our culture, when our children are telling us they are hurting in other ways, we have learned to outsource the problem. Once we have ruled out any serious medical issues, soul-fevered kids don't need second opinions or professional help; they need us. They need to rest in a natural state of bonding with their parents. It might take longer to heal a soul fever than the flu, but the end result will be the same: restored health, and an invigorated connection. By staying close to our feverish kids, we are learning about them and what they need, and boosting our entire family's immunity to the diseases of an over-stimulated, fevered pitched world.

Seeing our kids suffer is painful and confusing, no doubt about it. It is because we care so much that we panic and look outside of ourselves for help. But treating soul fever at home, instead of a disorder in someone's office leads to a greater connection between parents and kids and fewer reasons to become anxious and medicate. After all, the jury is still out on the long-term effects of these drugs. And my own research, a pilot study I conducted in 2000 testing a simplicity regime with children diagnosed with ADHD, found that 68 percent of the children went from clinically dysfunctional to clinically functional in four months.

Ultimately, it comes down to a choice. Parents need to decide whether they believe childhood is a fast-paced enrichment opportunity or a slowly unfolding experience. Can we unplug from the viral world for long enough to allow their kids' disorders to flow back into their innate gifts, ready to be offered to the world in their own time, in their own way? I hope so. We need all the help we can get and this kind of help does not involve "adding" anything more, it is about "doing" less.

*This article originally appeared in the Huffington Post. To view it at source, click [here](#). Kim John Payne is the author of *Simplicity Parenting*. To learn more about him and his work, visit simplicityparenting.com.*

Grades News

Grade 4 "Kalevala" Play

Sunday, 01 April 2012 02:00pm - 02:45pm

The 4th grade is preparing an additional class play, a production of the Finnish "Kalevala" epic. It will be open to the public, since it will take place at the [NORDIC HERITAGE MUSEUM](#) in NW Seattle on Sunday, April 1 at 2pm.

Nordic Heritage Museum

Third Grade Building Project



Each year in a Waldorf school, the third grade has the task of designing and implementing a building project that is often given away as a gift to the school. In the more recent years, Ms. Seidman's third grade class built the wooden benches that sit outside of Trillium Hall and serve as a wonderful rest spot for those waiting for Eurythmy to begin. Last year, Ms. Holscher's class built a chicken coop and gave it away to a third grade family.

This year's third grade class has begun construction on a raised garden bed that will be given away to the Morning Star and Morning Glory kindergartens. Under the leadership of Ron Sears, the third grade has been digging, sawing, measuring, screwing, and all around having a great time! You can see our work in progress if you wander through the kindergarten playground and go towards the gate. Thank you Ron for all of your valuable help in this endeavor!



Stacy Evans-Agnew
Third Grade Teacher

Early Childhood News

Gardening in Kindergarten - Part 2



Gardening season is continuing in the kindergarten. We finally had weather warm enough to bring the baby potatoes that we prepared in earlier weeks outside and lay them in the earth. We have not had to add the task of watering as Mother Earth is taking good care of that for us this year! On to our next task - preparing a garden bed for carrots.

The kindergarten teachers recently found out that the garden beds that we used last year are being removed and replaced this summer. After our initial response of concern, we realized what a wonderful opportunity this is! Why not have the kindergarten children move beds temporarily into the kindergarten play yard? This week several five-year-olds took us up on the challenge. With shovels they pried up the edges of the frame and broke it loose from the soil inside. Then they tried mightily to lift the frame and carry it. Unfortunately, they simply were not strong enough. Thankfully, there were many older children to recruit for help. "Calling all 6-year-olds!" With the help of their big brothers and sisters the frame was finally moved to its new home.

The next day, another group of 5-year-olds again got to work. Two children helped to get landscaping fabric out of Mr. Jack's shed. Miss Laura then cut it to size with her very sharp knife and laid it inside the frame. However, Brother Wind was blowing and the fabric would not stay in the frame. Just in time, a 4-year-old came over and climbed into the frame. His important job was to sit in the bed until we could put enough dirt down to hold the fabric. Thank goodness for little brothers - he really saved the day! The gardening crew went off to collect a big wheelbarrow and filled it with several loads of dirt. They worked tirelessly and each child had at least one turn pushing the wheelbarrow full of dirt (hard work!) and returning it empty (not so hard and much more fun!). After 7 full loads, the garden bed was still not even half full! Clearly there is much work left to do... We look forward to updating you on our progress in the coming weeks.



Laura Mason

Biographies

Mary Anne Hinton - Class of 2019



MaryAnne Hinton was born in Staten Island, NY and spent her childhood in Wheaton, IL; Birmingham, AL; and Westfield, NJ. She graduated from Franklin Pierce College in Rindge, NH with a B.A. in Theatre Arts. She enjoyed working in summer theatre productions and studying acting at Playwrights Horizon and the Susan Sylvan Academy in NYC. Mrs. Hinton received her Waldorf Teacher Training Certification after completing a two-year, full-time program at Sunbridge College in Spring Valley, NY. She taught Grades 1-6 at the Santa Barbara Waldorf School in California, where living on a sailboat and exploring the Santa Barbara Channel Islands were a form of relaxation. She loves the Pacific Northwest, which offers many opportunities for exploring the trails and relaxing on the rivers with her husband. Mrs. Hinton joined TCWS in 2005.

Jung Sook Kim-Tokura - Japanese Teacher



Tokura Sensei is from Osaka, born fifth in a family of seven. Being of Korean ancestry, she struggled against racial prejudice in Japanese society, which motivated her to seek an educational opportunity in the United States. Seeking to understand her identity, she completed International Studies at Yonsei University, South Korea, a B.A. in East Asian Studies from Western Washington University, an Early Childhood Education Certificate from Bellevue Community College, the Fundamentals of Caregiving, Foundation Year with Sound Circle Teacher Training, and ongoing Waldorf Foreign Language Conferences, formal and informal. Ms. Tokura has taught English to Korean executives of a sportswear company, and has coordinated sales with International Marketing for Japanese import-export. She excels at volleyball and enjoys hiking, skiing, and aquatic sports and she remains active with community Buddhist faith, practice, and study. Tokura Sensei joined TCWS in 2004.

Community Announcements

Ultimate Frisbee - Thursdays at Wilburton



DISC UP!

THREE CEDARS ULTIMATE THURSDAYS AT WILBURTON PARK 2:00



TO 3:45 pm

TCWS students began playing ultimate after school in January, 2010, at Wilburton Park. A small but dedicated group of 1st to 4th grade girls and boys showed up every week and worked on their teamwork (head), running (heart), and throwing/catching (hands). In the spring of 2011, TCWS students formed a team, the Geckos, that competed in the Seattle Elementary School League. The Geckos had much fun playing and even won almost all of the team's games. In April, 2011, the Geckos attended Spring Reign, the world's largest youth ultimate tournament, and had 4 games of ultimate fun followed by much needed pizza.

In the fall of 2011, more TCWS girls and boys began to play ultimate after school and a second team was formed, the Frost Giants. In late October, 2011, the Frost Giants attended Fall Drizzle, a middle school tournament, and had 4 fun games of ultimate that included 3 victories. On March 17, 2012, both the Geckos and the Frost Giants will begin the 2012 Seattle Spring League season and compete with other schools in their respective leagues. All students are welcome to come out on Thursdays. For more information including ultimate summer camps contact David Hasbrook 425-453-6191 or check out <http://www.discnw.org/youth/home.html>

Wooden Double Loft Bed for Sale



Anna would like to get out of the air and closer to the ground. We have this beautiful loft bed and would like to sell it to someone in the Waldorf Community who would appreciate it. We are asking \$300, but please make an offer if you are interested! Christa Tinker christa_tinker@comcast.net; 425-497-8569

Upcoming Love and Logic Spring Classes



Since 1977, Love and Logic has been teaching parents and educators worldwide how to raise respectful, responsible, happy kids. That's over thirty years of working successfully with families. Each year, hundreds of thousands of parents, educators, and other professionals learn Love and Logic through workshops, classes, and other Love and Logic resources.

Love and Logic is so effective because it's simple, practical, easy-to-learn and works immediately. From toddlers to teens, you'll discover how to raise responsible kids and have more fun parenting!

Please call Lisa Greene at any time with questions at (425) 891-2842 or visit www.HappyHeartFamilies.com.

For a schedule of Love and Logic spring classes, click [here](#).

Parent Map Lecture Series

PARENTMAP *ParentMap offers \$3 off parenting lectures!* The ParentMap Lecture Series presents national thought-leaders on current parenting issues. School discount code: LSSCH12. More details: parentmap.com/lectures

Next in the Series

Will Puberty Last My Whole Life?



Julie Metzger and Rob Lehman

May 1, 2012 7-9 p.m.

Seattle Children's Theatre

Tickets: \$20

Topic age range: 8-14 years

Real questions and real answers for parents having conversations with their kids about puberty and sex. Learn from local experts, Metzger and Lehman, how to guide your child on their journey through adolescence.

Learn more about [this lecture](#)

The Frog Prince - Marionette Show



THE FROG PRINCE Marionette Performance

Date: Sunday, April 1, 2012

Times: 11:00 am & 1:00 pm

Location: Seattle Waldorf School's Huckleberry Hall 2728 NE 100 Street, Seattle, WA 98125

Presented by: The Willow Branch Puppet Theater

Ticket Information:

Advance Visa/MC Reservations: \$7 child(to 12)/senior \$8 general admission

At the Door: \$8 child/senior \$9 general admission

Please call: 206-985-2059

Click [here](#) for flyer.

DoloresRose Dauenhauer, Artistic Director
The Willow Branch Puppet Theater
www.willowbranchpuppettheater.com

Rite of Passage Journeys



Many Waldorf students join Rites of Passage Journeys for their summer adventures. Join them!

Discover the wonders of Washington's lush rainforests and wilderness beaches this summer with Rite of Passage Journeys' backpacking explorations. Whether you are a fearless mountain trekker or a first-time camper, our one- to three-week programs will offer an exciting and unique coming of age experience with a small group of new friends and fantastic mentors. Join us for a life-changing adventure, exploring both the wilderness of the outer world and the depth of the inner self.

For more information, check out <http://riteofpassagejourneys.org/>

Wild Spruce Summer Camps



Wild Spruce Summer Camps, 2012 led by Jesse Hays

Waldorf, holistic and creative summer camps for ages 5-11. Two sessions: July 9-13 and July 23-27.

Camps will weave the day's activities with a thread of Learning and enjoying in a harmonious, well-rounded environment.


See www.wildspruce.org for more details and contact Jesse: oonajnick@gmail.com to sign up.

Click [here](#) for flyer.

Laura Ingalls Wilder Summer Camp



Re-live the life of a pioneer girl! Do pioneer chores, hand-sew patchwork projects, and do crafts from the Little House books. Bake pioneer recipes, dress in pioneer clothes, and learn more about life in pioneer times. Lots of playtime in my big, beautiful back yard (swings, tire-swing, teeter-totter and slide). July 16-20 and July 23-27, 9:00am – 3:00pm, \$285 (includes all materials and 2



authentic Laura and Mary snacks per day). Located in Northgate area of Seattle. See website at www.pioneergirlsummercamp.com, contact Jacqueline at tpoems@comcast.net, or call 206-526-1373 for more information.

Fall 2012 Afterschool Programs at Wild Spruce



Wild Spruce offers a variety of Waldorf after school activities and classes starting Fall 2012.

If you would like your child to benefit from additional exposure to the Arts, Written, Spoken Word and Theater, Crafts, Languages (Italian or Japanese), Middle School Sciences or History, contact: Jesse Hays, oonajnick@gmail.com, 206.708.4200.

The newsletter is published every two weeks during the school year.

Please email submissions to newsletter@threecedars.org.

We only intend to send you helpful information and respect your decision to modify your subscription.

Three Cedars Waldorf School
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425-401-9874 ~ <http://threecedarswaldorf.org>
