



26 MARCH 2011

Waldorf Weekly News

NOTES TO THREE CEDARS PARENTS, RELATIVES, AND FRIENDS

CALENDAR REMINDERS



Tuesday, Mar 29

Fairytale Eurythmy Performance
2:00 P.M. GRADE 4 PARENTS

Thursday, Mar 31

Parents Brown Bag Tea and Crafting
8:30 A.M.
"PYSANKY" UKRAINIAN EGG MAKING DAY 1 OF 2

Thursday, Mar 31

Tea for Parents of Rising First Grade Students
11:30 A.M. RECEPTION WITH MRS. HINTON

Wednesday, Apr 6

Public Talk by Sonia M. Hoglander, BSEE:
"Making The Healthiest Baby's Room"
7:30 P.M.

Thursday, Apr 7

Parents Brown Bag Tea and Crafting
8:30 A.M.
MAY DAY RIBBON GARLAND MAKING
—OR—
"PYSANKY" UKRAINIAN EGG MAKING DAY 2 OF 2

Friday, Apr 8

Spring Parade and Picnic
KINDERGARTEN & GRADE 1 FAMILIES
EARLY DISMISSAL FOR KGS AND NO KG AFTER CARE

Friday, Apr 8

Grade 5 Class Play Community Performance
6:20 P.M. AUDIENCE SEATED

Monday-Friday, Apr 11-22

Spring Break
NO SCHOOL

Springtime Volunteer Opportunities

PYSANKY (UKRAINIAN EGGS) MAKING FOR ADULTS!

The art of making pysanky, also known as Ukrainian eggs, is much older than Christianity, with which it is now often associated. Ancient peoples decorated eggs as part of their worship of the sun and change in season. The eggs represented the new birth of the sun and the earth, which occurs in the springtime. The eggs served many purposes, including as talismans against evil and many people believed that as long as the pysanky were painted, then evil could not triumph. Pysanky are still often decorated with symbols for luck, prosperity, health, fertility, etc., and then given to a person on whom one would wish these gifts bestowed.



This week and next, the 6th and 7th grades will be making Pysanky. On both **March 31 and April 7**, at the **Thursday Mornings Parents' Crafting Teas**, parents, friends and relatives of our students are invited to try their hands at this ancient art form as well. The eggs will take both weeks to complete so please plan to attend both sessions! -Mrs. Whitlatch, Handwork Teacher

FESTIVALS HELPERS NEEDED FOR MAY DAY

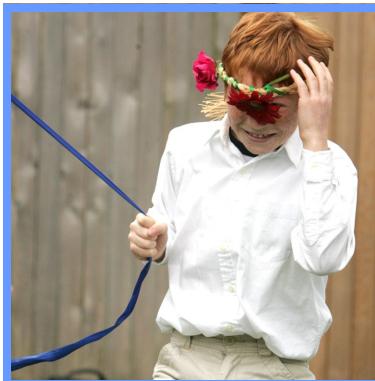
The Festivals Team would greatly appreciate volunteers to help us on:

Thursday, April 7, 2011

We will be starting in Trillium Hall from 8:30 a.m. to 10:30 a.m. and then progressing to the Foyer/Handwork Room from 10:30 a.m. to 12:30 p.m. We will be cutting ribbons into lengths, attaching bells to the ends, and getting everything ready for the elementary grades students to create their May Day crowns at the end of April.

Please let me know if you can help us.

-Miss Snyder, Festivals Coordinator



Resources and Reminders

SPRING PARADE

Our annual Early Childhood Spring Parade will be held on Friday, April 8th in celebration of springtime! During this event, the

kindergarten families with our first graders, and guests from the local Waldorf preschools and parent-tot groups will parade together from Three Cedars to Wilburton Park for springtime activities and celebration. See page 7 of this newsletter for details.

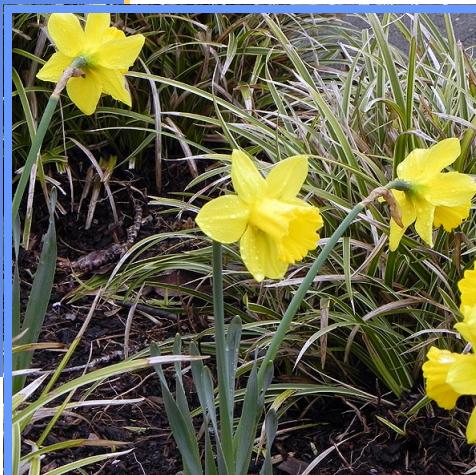


Archive:
Spring Parade
April 2010

WORK PARTY THANK YOUS

Thank you to our dedicated Buildings and Grounds volunteers for doing such a fabulous job tidying the grounds on Saturday, March 19th! This small crew accomplished so many tasks and our campus looks ready for spring. Thank you, **John Bennett, Beth Parker, and Sabina Singh!** The Early Childhood Play Yard has been raked and weeded, planters have been spruced, rain gear storage areas

swept out, plaza lawn fertilized and the ramp cleaned. Please join us for our next work party (**evening**) on Thursday, **April 28** from **6:00 – 9:00 p.m.** as we prepare for May Day!
-Mrs. Orzel



POTS AND PANS

Thank you to the many parents who prepared meals for families in need these last couple of months. There have been many dishes, Tupperware containers, pots and pans returned to the front office for pick up. If you prepared a meal and are missing any kitchen items, please call or stop by the office – your items might be here! -Mrs. Orzel

SIMPLE RITUALS

My son Rowan and I love to share tea together in the mornings and afternoons. Our favorite afternoon tea is homemade chai. I have a small container labeled "fairy dust" that has all the ingredients we need. Rowan takes out each spice and counts it carefully while placing it into the mortar. We then take turns grinding them up with the pestle while the milk is heating on the stove top. We pour them into the milk and while they are steeping we get out our tea cups and saucers. When the chai is ready I let him pour it into the cups using a small tea pot. He likes to add a little honey from our honey jar using the honey stick. It is a sweet time for us to share together.



See full entry including recipe via [THIS LINK](#).

SAVE THE DATE!
GRADE 5 CLASS PLAY
"Persephone"

Friday, April 8

All Community Performance
6:20 p.m. audience seated

Photo Gallery—Grade 4 Class Play

Thor's Hammer



Grade 4 Class Play (cont.)

Thor's Hammer



Photo Gallery—Grade 3

Shelter Projects



The students in third grade have been working on model houses for three weeks, and exhibited the fruits of their labor on Friday, March 25. Handmade tree houses, houseboats, African and Indian huts, log cabins, houses of brick and sticks, a house on stilts, a pueblo and a birch bark house were on display in the classroom, accompanied by posters explaining each model.

Different pairs of third graders gave an oral presentation to each grade, then all of the student builders explained how the house was made, lifted off the roof, and pointed out the activities of the people living in the home while the visitors strolled by and asked many questions.

"Did you make that ladder or buy it?" "I made it out of chopsticks."

"That houseboat can float! What would happen if the person fell in the water?" "See, beeswax floats. She can swim."

"My dad helped me with the roof."

"This model is too tall to fit into our car."

and *"These houses are even better than the ones we made!"* were among the many comments and questions swirling through room.

The models have gone home to be carefully stored, or composted/recycled. The eighth grade students remembered building other models in fourth through sixth grades, so the school can look forward to many more exhibits from this year's able third grade builders.

-Ms. Holscher, Grade 3 Class Teacher

Grade 3 Shelter Projects (cont.)



Spring Parade—April 8

The Three Cedars Waldorf School Annual Kindergarten **Spring Parade** will take place on Friday, April 8th, in celebration of springtime!

During this event we will walk from Three Cedars Waldorf School to Wilburton Park, hear verses and songs that the Three Cedars Kindergarten and Grade I students will present, have snacks, and enjoy each other's company.

We warmly invite you to come with us and share in this celebration.

Date:
Friday, April 8th, 2011

Timing:
10:15 a.m. - Guests arrive at school, prepare parade line-up
10:30 a.m. – Parade begins
12:00 p.m. – Farewell circle and dismissal.

The walk will take us to the park through the woods to arrive at the meadow behind the playground area at Wilburton Park. There we will form a ring and the kindergartens and Grade I will share class circles. We will then move to the hill for a hearty snack and hot cider, which has been prepared by the kindergartens. Our closing circle will take place at 12:00 but you are all welcome to stay and play as long as you like.

****Please note:** If you are bringing a baby along we strongly recommend using a sling or carrier. This walk and the areas we stop at are not at all stroller friendly. Any guests who have physical limitations are welcome to drive to the park and join us in the grassy meadow behind the playground at the south end of the parking lot.

Bring:
Full rain gear or other weather appropriate clothes including boots for the muddy meadow. It is better to overdress for this event than to be cold and uncomfortable while at the park. Optional: Waterproof blanket to sit on (tables are limited). Please leave your cameras at home so that you can fully participate in the event without distraction; one designated photographer will take photos and share them on the Three Cedars portal.

Weather:
Parade takes place rain or shine – dress for the weather!

We hope you will join us for this celebratory event!

-Laura Mason, Maggie Reilly, Ron Sears, Amie Hoff
Three Cedars Waldorf School Kindergarten Faculty





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The original motivation for the Waldorf education movement was to promote the peaceful evolution of humankind by leading children away from narrow interests toward a broad worldview. Three Cedars Waldorf School continues the active development of that tradition. Consequently, it is not merely an act of compliance with federal law, but of free, willful and deliberate policy to offer Waldorf education to families who desire it for their children regardless of race, color, national or ethnic origin, class, gender, sexual orientation, family structure, or, to the extent our resources permit, their ability to pay.

Three Cedars Waldorf School opened our doors in 1995, in space rented from Unity Church in the Crossroads neighborhood of Bellevue. In 2001, the school purchased our current, permanent facility from the Temple De Hirsch Sinai, in the Wilburton neighborhood of Bellevue. Our school provides elementary grades 1-8 and mixed age kindergarten in service to Eastside families who desire Waldorf/Steiner education for their children.

a Candidate Member of



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Submissions to this newsletter may be made to seraphinao@threecedars.org with "WWN" in the subject field of your message. The deadline is 5 P.M. Wednesday for inclusion in that week's edition. Submissions may be refused or trimmed by the editor to fit to the available space in a particular week's newsletter. Requests for a paper edition of this weekly may be addressed to the school office.

Grade 5 Class Play

On Friday, April 8th, Class Five will proudly present our class play entitled, "Persephone". There will be two performances that day, one being offered during Main Lesson time and the final performance will be in the evening for parents, family and friends.

The Class Two children are also performing in this play and a large audience is anticipated. The play is intended to be a gift to the school community heralding the bountiful blessings of the return of Spring.



-Miss Lisch