



Holidays Simplified Workshop

Use the principles of Simplicity Parenting to
create a holiday season that includes
MORE JOY and less stress.

We invite you to participate in a holiday workshop that includes:

- Imagining how you would like the holiday season to feel
- Identifying expectations of yourself & others
- Re-evaluating your priorities
- Identifying obstacles to a joyful holiday season
- Planning small, doable changes that will help make the holidays a time for meaningful family connections

Wednesday, November 6 • 7 p.m. - 9 p.m. • Trillium Hall

\$10 suggested donation • RSVP to info@threecedarswaldorf.org



THREE CEDARS
WALDORF
SCHOOL

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