



## Newsletter

*November 5, 2012*

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**Dear Robyn,**

Please enjoy the current issue of our newsletter.

## All-School News

### 2012-13 Annual Fund

Our budget is not yet balanced: we need your contribution to make it through the year!

#### **Our overall 2012-13 fundraising goal - \$ 108,000**

- Benefit Evening - \$53,000
- Scrip programs - \$5,000
- **Annual Fund - \$50,000**

**ANNUAL FUND** – We are proud to officially launch our Annual Fund Campaign with a 100% participation from salaried full-time and part-time faculty, and Board Members. Together we have surpassed our initial wish to gift 20% of our annual goal before calling on the generosity of our parents. With \$12,735 gifted by faculty and staff and 25% of our annual goal already met, we now ask you to make your contribution to the Annual Fund. You can send your [pledge card](#) and donation, or you bring it to reception.

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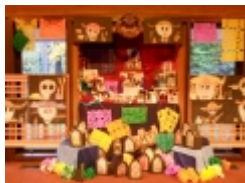
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## Dia de los Muertos 2012



It is no secret that community is a cornerstone of life at Three Cedars Waldorf School. We see it everyday in the community of students who arrive at school, the community of faculty and staff who receive them, and the community of parents who support these children both in school and at

home. But this past week, in order to celebrate Día de los Muertos, we were able to extend our community even farther to the pets, relatives and loved ones who may no longer be with us in body, but are still quite present in our hearts!

We honored these departed friends with a beautiful community altar, adorned with crafts made by the lower grades and offerings provided by the upper grades. The first graders made colorful tissue paper marigolds; the second graders decorated their very own beeswax skulls (calaveritas); the third graders learned the traditional art of papel picado; the fourth graders made chalk drawings; the fifth graders made tissue paper 'stained glass' candle covers; and the sixth and seventh graders made an offering of Guacamole, a traditional Mexican dish.

To culminate this in-school festival, the elementary school was entertained by the 8th Grade production of Don Juan Tenorio, a famous Spanish play which is typically performed in the streets throughout Spain in order to celebrate this holiday. The 8th graders did an incredible job of directing, staging, casting, and of course, performing this play entirely in Spanish! As they took their final bows with the altar shining behind them and the elementary students applauding before them, the true spirit of this holiday was felt by all in Trillium Hall.

## Thursday Morning Crafts and Tea

Please join us on Thursday mornings after drop-off for crafting, tea, and socializing. Bring your own knitting, crochet, felting, or other handwork and join fellow TCWS parents for a warm cup of tea and joyful conversation. All skill levels welcome!

Thursday mornings  
8:15 a.m. – 10:00 a.m.  
TCWS Foyer

## Science in Waldorf Education: Developing Critical Thinking Through Observation



Thursday, November. 8 2012 – 6:30 pm - Three Cedars Waldorf school

*"Search nothing beyond the phenomena, they themselves are the theory."  
"If we cannot understand a particular phenomenon, we must learn to make*

*fuller use of our senses and to bring our intellect into line with what they tell."*  
*Johann Wolfgang von Goethe (28 August 1749 – 22 March 1832)*

Join us for in exploring two themes:

- The Waldorf Science Curriculum

We will take a journey from kindergarten to Grade Twelve to follow the unfolding of children's capacities and discover how the Waldorf science curriculum supports the healthy development of logical, critical and creative thinking?

- The method

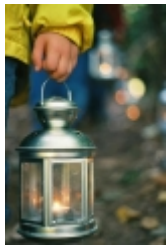
Waldorf schools use a phenomenological approach to science. We will explore this approach in a sample science class.



Anouk Tompot received a Master's degree in Ecotoxicology from the Vrije Universiteit in Amsterdam, Holland. Since completing her Waldorf teacher training, she teaches at the Seattle Waldorf high school, Sound Circle Teacher Training in Seattle, and Rudolf Steiner College in Fair Oaks, CA.

Please click [here](#) for flyer.

## Lantern Walk 2012



### Three Cedars Waldorf School's 2012 LANTERN WALK

**Saturday, November 10, 2012 6:00 to 7:00 p.m.**

**6:00 p.m. Apple Cider and Social Gathering around the Fires in the Plaza.**

**6:20 p.m. Bell rings and Forget-Me-Not Families, Three Cedars' Parent-tot and**

**Kindergarten families will come together to see a special puppet show.**

**Grades 1 & 2, will meet in the Grade 1 classroom for their story.**

**After the story, Lanterns are handed out and lit.**

**Parking is in our lot, along the west side of 124th just south of the Bus Stop, and at Wilburton Park.**

The origins of the lantern walk come from France where on Martinmas, November 11th, children and parents of old gathered holding candles and small lanterns to take a lighted walk through the streets of their tiny towns and villages in honor of St. Martin, the patron saint of beggars. Martin wished for goodness and safety of all people but was required to be a soldier for three years for the Roman Emperor. One winter's day he was dressed in his soldier's clothes and rode on his horse to the city of Amiens. By the city gates he saw a poor beggar who was shivering with cold

because he had no clothes to put on. Martin saw others pass the man by and in an instant, he used his sword to cut his cloak in half and gave it to the beggar. This was one of the times that he helped others who were cold, hungry or sick. His warmth and love of others are lights shining in the darkness and so we, too, take this time to shine our lights as the daylight dims and the days grow shorter.

At 6:00 p.m., we begin with a social gathering of drinking cider and surrounding the fires lighting up the night in the Plaza. At 6:20 p.m. a bell rings and Three Cedars' Morning Glory, Morning Star, Parent-tot, and Forget-Me-Not families meet for a puppet show and Grades 1 and 2 families gather in the Grade 1 Classroom for the story. After the story, the lanterns will be handed out and each one of us will kindle our own flame in our lanterns and begin our walk.

As we walk along our pathway, there will be times when we are listening to others sing and are quietly keeping a reverent mood as we see the stars shining above and see our lantern lights as they shine along the illumined pathway.

Our pathway brings us to the parking lot and we wave goodbye to our friends and carry our lanterns along in a quiet walk to our cars which ends this special event. It is our hope that each child could have a quiet ride home from the event so that they can inwardly reflect on the festival. Perhaps a warm crockpot of soup, apple cider, or hot chocolate could be enjoyed upon arrival at home. Then your child will be ready to follow their bedtime ritual and take the warmth and light of the Lantern Walk Festival into the coming cold winter months.

Clear and dark the night  
Stars are very bright  
Lanterns shining seem so small.  
See in single file we walk along  
Singing joyfully our lantern song

We go through the land  
Like a wild geese band  
Children of one light are we

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## Homework Lecture & Discussion

**TCWS NOVEMBER 13, 2012 6:30-8pm TRILLIUM HALL**

Alfie Kohn, author of twelve books about education, parenting, and human behavior including *THE HOMEWORK MYTH: Why Our Kids Get Too Much of a Bad Thing* (2006) and *UNCONDITIONAL PARENTING: Moving from Rewards and Punishments to Love and Reason* (2005), gave a lecture to a group of educators on April 23, 2008 about homework that was recorded. The thought-provoking lecture draws on the book *The Homework Myth* by raising

questions about student homework, the purposes behind it, and proposing alternative uses of student time and educational strategies. The lecture runs approximately 45 minutes on DVD and will begin at 6:45 pm with discussion to follow up to 8pm. The event is free and open to all interested members of the parent, faculty, and administration community and friends. Presented by TCWS parent, David Hasbrook.

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## Holidays, Simplified!

Use the principles of Simplicity Parenting to create a holiday season that includes MORE JOY and less stress!

We invite you to participate in a holiday workshop that includes:

- Imagining how you would like the holiday season to feel
- Identifying expectations of yourself and others
- Re-evaluating your priorities
- Identifying obstacles that interfere with having a joyful holiday season
- Planning some small, doable changes that will help make the holidays a time for meaningful family connections

This workshop will be facilitated by Simplicity Parenting group leader Judy Erbe. To register, please contact Seraphina at [sorzel@threecedarswaldorf.org](mailto:sorzel@threecedarswaldorf.org). For questions about the workshop please feel free to contact Judy at [judyerbe@comcast.net](mailto:judyerbe@comcast.net). A donation of \$10 is recommended. Adults only please.

**Saturday, Nov 17 • 10:00 am -12:00 pm • Trillium Hall**

Please click [here](#) for flyer.

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## Parking Lot Etiquette

Drive SLOWLY both in the vicinity of our school and on our campus, where the speed limit is FIVE MILES PER HOUR, ESPECIALLY AS YOU ENTER THE SCHOOL GROUNDS.

DO NOT PARK in the fire lanes, in front of the garbage enclosure, the handicap spaces, or on the sidewalks.

Please RESPECT ALL SIGNAGE, traffic cones, and no-parking areas.

Please respect no-parking requests for special events.

Students come and go from the parking lot throughout the day, as early childhood and grade school students attend school at different times. We recommend that you use a high degree of caution when driving through or parking on our campus, for the safety of all.

Handicap parking space is reserved for handicap parking only. The fine for illegally parking in a spot reserved for persons with disabilities is \$250.

*(reprinted from TCWS Community Handbook, page 72)*

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## Concerning All Things Attendance!

Thank you to all the parents who send emails or call with notice for absences, doctor appointments, or early dismissal. It is greatly appreciated here in front-office land. As a reminder the best way to let us know is by using [attendance@threecedarswaldorf.org](mailto:attendance@threecedarswaldorf.org) or calling the front office to speak with a staff member or leaving a message there if no one is available.

If you have any questions call us! We love make things run smoothly for you and us.

Kay, Geri, and Robyn

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## Your Computer Doesn't Have Developmental Stages



*(By Laura Crandall)*

This article is courtesy of Waldorf Today, an online publication available weekly. Parents may enter their email address on the [website](#) to subscribe directly to this informative newsletter.

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Some of you may have caught this video when it first came around months ago. It's a video of a baby trying 'use' a magazine as an ipad. The baby's experience has been, simply put, 'I do this, and this happens'. She expects the same experience with a magazine that she gets with the ipad: I swipe, it moves. If you were to search around the internet using the phrase 'baby uses magazine as an ipad', you would find quite a few blog entries discussing this video.

[Read full article on Waldorf Today...](#)

## Grades News

### Grade 8 Field Trip to Seattle Waldorf High School



On Thursday 25th October, our 8th Grade paid a special visit to Seattle Waldorf High School, situated by the Pacific Science Center.

After talking with several high-school students during lunch, the class was able to experience the high school's African drumming group perform several highly energized pieces under the direction of Gordy Ryan, their teacher. When they had left, we were all invited to select a drum and were given an introduction to the skills of West African drumming, using the right and left hand to create a variety of sounds and sequences of rhythms. It was wonderful to experience this primal and powerful art of non-verbal conversation!

Many thanks to the high school for their warm welcome and to Gordy Ryan for a memorable afternoon!

*Michael Preston, 8th Grade Teacher*

## Early Childhood News

### Morningstar Kindergarten Kindergarten Apple Day

Up in the green orchard there is a green tree, the finest of apples you ever did see, The apples are ripe and ready to fall, so here is a basket to carry them all!

For several weeks, each day on our daily hike we have been looking longingly across the street at an old apple orchard. Several trees held a tempting sight of ripe, red apples, while others had yellow and green apples. A great excitement began to grow among the children! Conversations and questions ensued. How would we ever be able to cross the busy road? Several six-year-olds thought out all the tools we would need: a stop sign to stop traffic, baskets to gather the apples, and cones to alert traffic that we were working nearby. Within a few days, a student made a special stop sign at home for us to use when the special day arrived. For many days we waited--for days on the walk it was too rainy, or too warm, or even too cold. Finally, just the right day came. The air was crisp and the sun shine was beautiful. We gathered our supplies and our courage, then crossed the street. What a beautiful sight greeted us, ripe apples were on the ground and hanging in the trees. We picked apples until our buckets were full. At the end of the day there were enough apples for each of us to have our very own at lunch. When we bit into our apples, we found a special surprise--our apples were rosy pink inside! We are excited to find out if the remaining apples will make pink applesauce for us to eat.

*Miss Maggie, Morning Star Teacher*

## Volunteering at TCWS

### Volunteers Needed

Mrs. Orzel is looking for volunteers to post flyers and brochures at local libraries, Starbucks, and PCC stores. Please contact Seraphina at [sorzel@threecedarswaldorf.org](mailto:sorzel@threecedarswaldorf.org) or 425.401.9874 if you are interested in helping to spread the word about Three Cedars Waldorf School!

## Biographies

### Laura Mason - Morning Glory Kindergarten Co-Teacher, Full Faculty Chair



Miss Laura was born in Kirkland, Washington and was raised in the then rural, North Rose Hill neighborhood. Her house was surrounded by horse pastures, open fields and woods where she and her two sisters spent long days playing. Her favorite place in the yard was the dirt pile where she spent many hours digging tunnels and making mud pies. Childhood vacations were spent hiking and camping in the Cascades as well as taking road trips to museums and historic sites throughout the country. Many of these experiences are well known



to her students as she brings them to life in the classroom through storytelling. Miss Laura attended local schools from kindergarten through high school, graduating with several of her kindergarten classmates. Throughout school, she was involved in vocal music programs and loved attending music festivals as a performer. Miss Laura discovered Waldorf Education when her elder daughter transferred to Three Cedars Waldorf School in the first grade. The following fall she began her new career as an Early Childhood teacher, first as a Preschool assistant, then as a Preschool teacher and finally, as a mixed-age Kindergarten teacher. She received her Early Childhood In-Service Teacher Training certification from Rudolf Steiner College, where she discovered a love of wood carving and a renewed enthusiasm for gardening, both of which she brings into her work as a teacher. Miss Laura currently teaches kindergarten in the Morning Glory class and has been at Three Cedars since 2002.

## Jason Canard - Eurythmy Teacher



Mr. Canard was born in Albuquerque, N.M. The majority of his childhood was spent in Gainesville, FL., where he lived from the age of five. He met anthroposophy at the age of seventeen, and gradually learned to appreciate the power of spiritual science for the individual and society. This realization, along with an interest in the practical work of anthroposophy, led him to volunteer at Camphill Village, Kimberton, PA. There he had the chance to experience eurythmy, the art of movement arising out of anthroposophy. He entered the eurythmy training in Spring Valley, NY., at age twenty two. At the end of his first year of training, he realized that the imaginative life of eurythmical movement was second nature for children. This led him to the calling to teach children, and to the understanding that eurythmy belongs in pedagogy. He has since taught eurythmy for two years at the River Valley Waldorf school and for Three years at the Waldorf School of Princeton.

## Community Announcements

### **AWSNA Inform - November 2012**

Read about: [the traveling Service Weekend, San Francisco Waldorfest, and more.](#)

### *Community Events*

## Ultimate Frisbee

Ultimate will take place Thursdays when school is in session at Wilburton Park from 2 to 3:30

pm (possibly to 4). New players and beginners from grades 3 and up welcome. Teams will be forming for spring league play from March to late May. Hosted by TCWS parents David Hasbrook and Jenny Doggett.

### *Local Events*

## **Johanna Steegmans Lecture Series at Madrona School**



If you missed Johanna's talks at Seattle Waldorf School last year and want to hear a re-run, here is an opportunity to hear her speak on Bainbridge Island. Just a 30 minute boat ride from Seattle! 60 minute drive from Port Townsend, 90 minutes from Tacoma, 2 hours from Olympia.

**Tuesday, Jan 29 at 6:30** - Navigating the Middle School Years

For more information, please see the [flyer](#).

## **Forest Ridge Performs Fahrenheit 451**

The High School Drama Department at Forest Ridge School of the Sacred Heart presents the Ray Bradbury's Fahrenheit 451 on **Thursday, Friday and Saturday, November 15, 16 and 17.**

**Show times are 3:00 p.m. Thursday and 7:00 p.m. on Friday and Saturday** in the Lee Theater and Performing Arts Center.

Thursday tickets are \$5 each. Tickets for Friday/Saturday are \$10 for adults, \$8.00 for students (with school ID) and senior citizens when purchased in advance; (tickets at the door are \$12, \$10 for students/senior citizens).

To purchase advanced tickets, -<https://www.forestridge.org/podium/default.aspx?t=36644&rid=5447>

4800 139th Ave SE, Bellevue

(Suggested for students in grades 6 and above, a theatre production by the students at Forest Ridge High School)

## **Kaspar Hauser: The Open Secret of the Foundling Prince**

Please mark the date **SUNDAY, NOVEMBER 18th @ 7:00 pm** for a special performance by Glen Williamson of Anthropos Theater of *Kaspar Hauser: The Open Secret of the Foundling Prince*.

*184 years ago a strange boy appeared on the streets of Nuremburg, barely able to stand, walk or speak. In this epic tale, historical facts and characters mix with a supernatural tale of a golden house, a wicked stepmother, and a boy kept in a dark cellar for most of his childhood. Who was he? And why does his story still affect us? A journey through darkness to light.*

If you have seen Glen perform, then your experience of his gift to his audience speaks for itself. Glen is a master who brings timeless treasures alive through his telling of story. Please see the attached flyer. Performance runs two hours with an intermission. Recommended for ages 12 and up.

For more info, go to <http://mysite.verizon.net/GlenWilliamson/id33.html> or watch a [YouTube](#) of Glen performing or phone Pam Engler @ 206.526.5984.

Hosted by the Seattle Branch of the Anthroposophical Society.

Please click [here](#) for flyer.

## The Winter Solstice Bus Trip – December 15, 2012



An invitation from your hostess Irene Perler (who has been enjoying snow since 1961!)

Remember the good old' days when times were simpler? When eating fresh fallen snow, sledding down a hill, a snowball fight followed by a fire and hot chocolate and the smell of the pine trees in the cold winter air warmed your soul? You could pull that sled up that hill over and over until the sun went down and then you looked out the window back at the snowman you made with your Mom's scarf, a carrot and a broom?

Join a bunch of friendly, fun-loving folk of all ages, looking for simple pleasures and magic that the winter season and a shared experience brings. Each year, we ride a cozy bus through the mountains to the Bavarian village of Leavenworth for food, festival of lights, shopping and music. We stop along the way to play in the snow: sledding, snowmen, romantic walks in the snow with your sweetheart are all possible. We take a horse-drawn sleigh ride followed up by a warm dinner in a rustic farm building with a hot wood stove. We sing and play games and then we join in an age old tradition of people all around the world who call back the sun each year to make sure it comes back again to warm the world and make the plants grow again.

Many friends have enjoyed these rituals and traditions for almost 20 years. I invite you and your friends and family to join in the fun!

This Solstice Bus trip celebration is being held Saturday, December 15th from 8:30 am to 11:00 pm. Tickets cost: \$85 adults, \$70 youth (aged 13 to 18), \$55 children under 12 and children under 2 are free. Some scholarship is available and family rates are negotiable.

For more information and registration contact Irene Perler at [irene\\_perler@hotmail.com](mailto:irene_perler@hotmail.com) or pick up a flyer at the front desk at Three Cedars.

Get your tickets now! Even at today's prices this is a value worth every penny and the time spent with your family in this way is priceless! I'll save you a snowball! Promise!

### ***Sound Circle Offerings***

Please click here to read [Sound Circle Center's newsletter, Ripples - Fall 2012](#)

### ***Classifieds***

## **2008 Corolla for Sale**

We would like to sell 2008 Toyota Corolla LE. This car has been hardly driven. It has 13,504 miles on it. It's black exterior/beige interior. The interior was fully cleaned about a year ago and since hardly anyone has driven it – it still looks pristine. Plus a new battery was recently put in. Priced at \$11,200.

Contact me at [JuliaRotella@gmail.com](mailto:JuliaRotella@gmail.com)

The newsletter is published every two weeks during the school year.  
The deadline for submissions for the next newsletter is Sunday, November 11.

Please email submissions to [newsletter@threecedars.org](mailto:newsletter@threecedars.org).

*We only intend to send you helpful information and respect your decision to [modify your subscription](#).*

*Three Cedars Waldorf School*  
556 124th Avenue NE, Bellevue, WA 98008  
425-401-9874 ~ <http://threecedarswaldorf.org>

