



THREE CEDARS
WALDORF
SCHOOL



SIMPLICITY PARENTING

DISCUSSION, LEARNING, SUPPORT AND INTEGRATION GROUP

REGISTRATION FORM

Parent or guardian

(who will attend the group sessions)

LAST NAME

FIRST NAME

MIDDLE NAME

ADDRESS

CITY

STATE

ZIP

()

HOME PHONE

()

CELL / PAGER

EMAIL

PROFESSION / EMPLOYER

Your co-parent or other caregiver

(who is a partner or support in your parenting)

LAST NAME

FIRST NAME

MIDDLE NAME

ADDRESS

CITY

STATE

ZIP

()

HOME PHONE

()

CELL / PAGER

EMAIL

PROFESSION / EMPLOYER

YES / NO

WILL ATTEND GROUP SESSIONS ALSO?

Friday Mornings, Spring 2014

7 meetings, 10:30 a.m. to 12:30 p.m.

Mar 7, 14, 28; April 11; May 2, 9, 16

Child/ren live with: ☐ Both Parents ☐ Mother ☐ Father ☐ Other _____

The Simplicity Parenting group meets for a 7-class session, and the price per family for the session is sliding scale, \$150 to \$300. Parents are asked to consider their means when self-selecting their sliding scale level. No additional discounts are available, however, multiple parents from the same family may attend at no extra charge. The book, **Simplicity Parenting** by Kim John Payne and Lisa M. Ross, may be ordered online from amazon.com or purchased from other major booksellers. Please read the first chapter before the first meeting of your Simplicity Parenting Group.

I have provided the information requested on the reverse side of this page, and agree to the information and terms shown there:

SIGNATURE

PRINTED NAME

DATE

Please return this completed form with payment to:

Simplicity Parenting Groups, Three Cedars Waldorf School
556 – 124th Avenue NE Tel 425.401.9874
Bellevue, WA 98005 info@threecedarswaldorf.org

REGISTRATION FORM



SIMPLICITY PARENTING GROUPS

How did you hear about Three Cedars Waldorf School?

What are the ages of your children?

What are your greatest challenges as a parent?

Please initial:

- ___ I acknowledge that this discussion, support, learning and integration group meets weekly and I make the commitment to attend consistently and to arrive to each evening on time. If it is necessary for me to leave the group before the final session, I will communicate with the group's leader by telephone or email giving as much notice as possible.

Fridays – Spring 2014

7 meetings, 10:30 a.m. - 12:30 p.m.

Mar 7, 14, 28; April 11; May 2, 9, 16

- ___ I acknowledge that I will be asked to read one chapter from Simplicity Parenting* each week (ahead of that chapter's discussion) so that I am fully prepared to engage with each conversation.
- ___ I understand that the intention of this group is to discuss and integrate small, do-able steps toward simplification. Major family issues that may require assessment or counseling will be addressed in private by the group leader, outside of the group session time.
- ___ I acknowledge that the discussions within the group are to remain confidential. It is important that group participants are free to speak openly and honestly, and to expect that their personal information will not be shared outside of the group.
- ___ I understand that while the group leader also agrees to maintain confidentiality in general, s/he is a mandatory reporter in cases of suspected child abuse or neglect.
- ___ I acknowledge that registration fees are nonrefundable, and that if I miss any evenings, they will be neither deducted nor rescheduled.

Parents, please note: you will find that integration is most effective if you schedule time – ideally the next day after each meeting – to speak with your co-parent or speaking partner to share ideas and thoughts. This will give you the opportunity to discuss one, simple change that you are proposing to make in your family life each week (changes will build cumulatively) and to hear ideas for implementation. This will also help you to obtain a second opinion from someone who knows you well as to whether the change is truly "do-able."



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