

# Waldorf News

## Three Cedars Waldorf School

October 7, 2011

Dear Three Cedars Parents, Guardians, Friends, and Relatives,  
Please enjoy this issue of the Waldorf News.

### ALL-SCHOOL NEWS

#### PLANNING FOR THE FUTURE - JOIN US!

Strategic Planning is an ongoing 'breathing' process between vision and action:

- Where are we?
- Where do we want to go?
- How do we get there?

The Board of Trustees, working with the school community's suggestions and ideas, has reached the stage where answers to these three questions are almost fully articulated. You can view the latest draft of the Strategic Plan via this [link](#). In the next few weeks, the board will finalize this initial 5-year phase of the Strategic Plan, and entrust it to the Executive Director and her team of faculty and staff members for implementation.

The school is already actively engaged in several key elements of this plan, building its strategies on the foundation of the strategic plan's drafts. As this first phase reaches conclusion, the Action Plan will be further aligned with the Strategic Plan, to provide a clear road map for the school's future.

On **Tuesday November 29th**, we will meet as a school community to discuss this first phase of the strategic plan, hear and integrate your further suggestions into our Strategic Plan and Action Plan. For this evening, we will host a 'World Cafe' where everyone's contributions have a good chance to be heard, recorded, and shared with the whole community. For more information about the World Cafe approach, visit [www.theworldcafe.com](http://www.theworldcafe.com).

**Join us on November 29th to share your perspective and your vision!**

All Community Meeting  
WITH TCWS BOARD OF TRUSTEES  
Tuesday November 29th - 6:30 P.M. TRILLIUM HALL

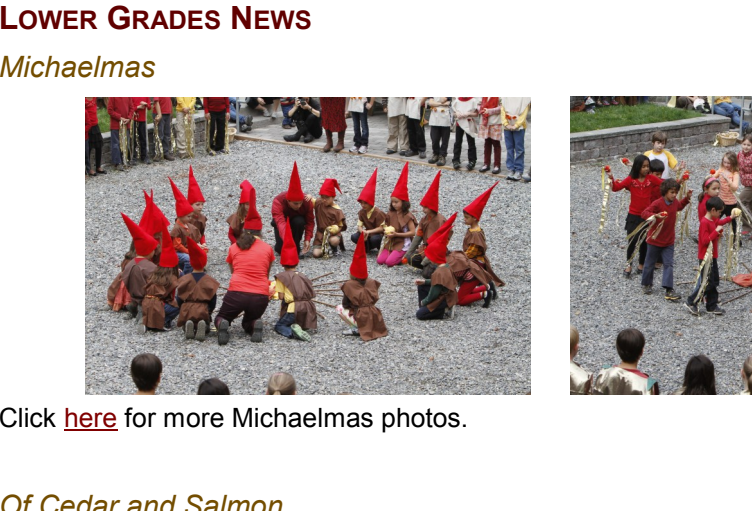
#### TCWS Website

Our website is in need of improvements! We would like our internet presence to reflect more fully who we are and where we are going, and we need your help!

1. Send your suggestions to [info@threecedars.org](mailto:info@threecedars.org) - ideas, wishes, suggested changes: all ideas are welcome!
2. Outsourced website design is too expensive for this year's budget - You are a professional designer and wish to volunteer your time and expertise to TCWS? Email Geraldine at [gkline@threecedars.org](mailto:gkline@threecedars.org)

### MIDDLE SCHOOL NEWS

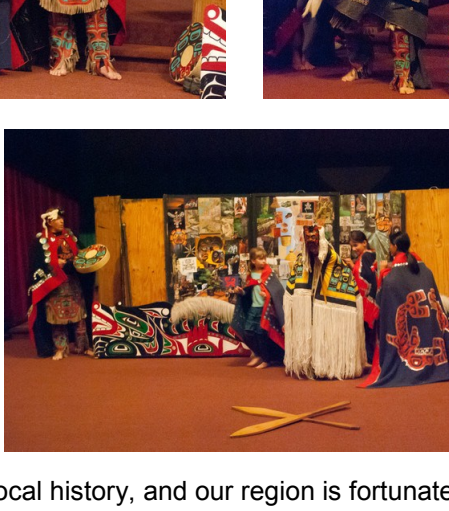
#### Michaelmas



Click [here](#) for more Michaelmas photos.

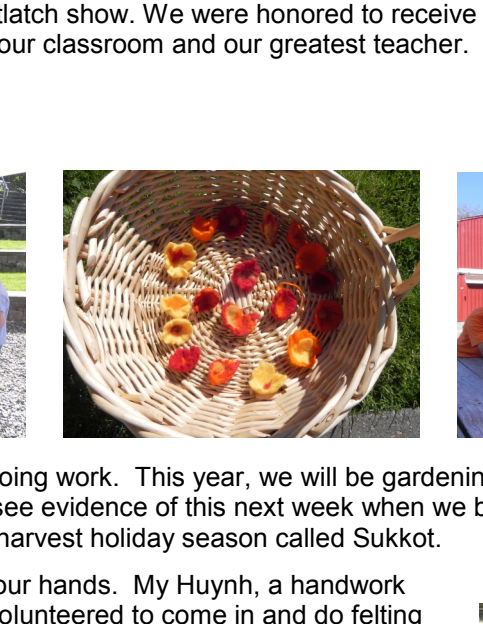
### LOWER GRADES NEWS

#### Michaelmas



Click [here](#) for more Michaelmas photos.

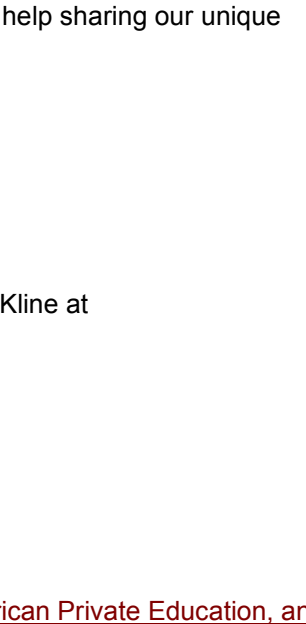
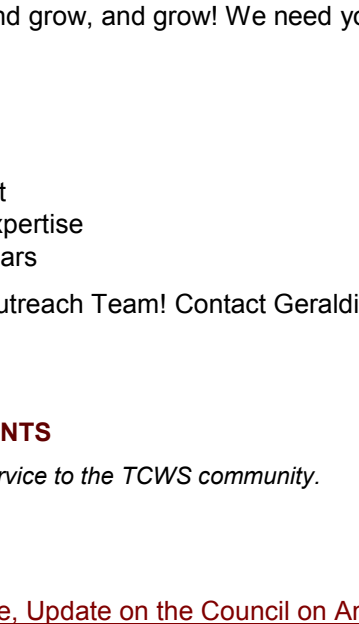
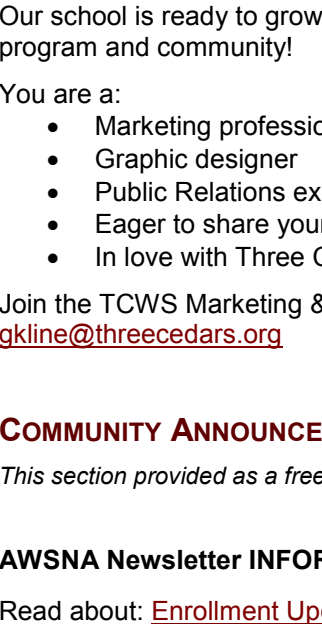
#### Of Cedar and Salmon



The 4th grade curriculum includes the study of local history, and our region is fortunate to have a spring gathering in the Potlatch camp held in May on Whidbey Island each year. However, an additional source of tribal history visited TCWS on Tuesday Sept. 27: Ronn Wilson, "Long Claw", a Kwakiutl elder who has involved students of all ages in Potlatch presentations since 1977, spent the day teaching the 4th grades from TCWS and Seattle Waldorf school and TCWS's 5th grade. Ronn brings a wealth of regalia, masks, furs, drums, stories, games and dances to his audiences, and deeply impressed both the students and parents at his evening Potlatch show. We were honored to receive his unique sharing of activities about nature as our classroom and our greatest teacher.

Kim Holscher

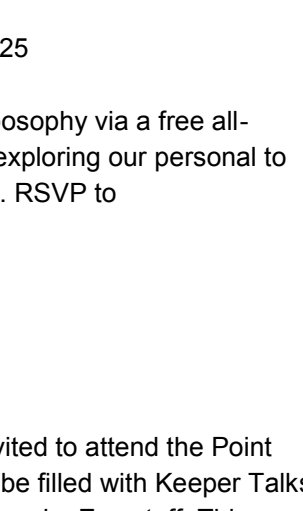
#### Felting and Gardening



Third grade is a time for doing work. This year, we will be gardening, cooking, farming, and building. In fact, you will see evidence of this next week when we build our sukkah in celebration of the Jewish harvest holiday season called Sukkot.

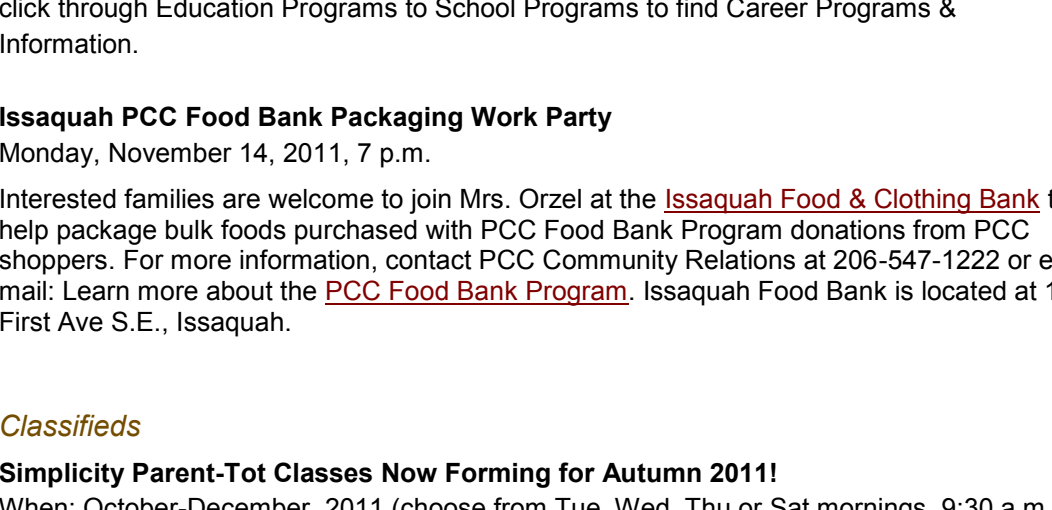
We have been busy with our hands. My Huynh, a handwork teacher and dear friend, volunteered to come in and do felting with the class. You may have noticed their bright flowered belts in the Michaelmas pageant which they created with Mrs. Huynh. We also have been harvesting potatoes, garlic, and carrots behind the garden shed as well as planting cover crops to keep our soil healthy and rich. Thank you to Heidi Person for leading the gardening activities.

Stacy Evans-Agnew



### EARLY CHILDHOOD NEWS

#### Michaelmas



Click [here](#) for more Michaelmas photos.

### VOLUNTEERING AT THREE CEDARS

**First Grade needs a Pianist for its 1st grade Eurythmy lesson** - Wednesday mornings from 8:30 to 9:00 am. (Must be able to sight read simple pieces and improvise). A great opportunity to see Eurythmy in action! Contact Eurythmy teacher Jenny Foster at [jfoster@threecedars.org](mailto:jfoster@threecedars.org).

#### Marketing, outreach, enrollment

Our school is ready to grow, and grow, and grow! We need your help sharing our unique program and community!

You are a:

- Marketing professional
- Graphic designer
- Public Relations expert
- Eager to share your expertise
- In love with Three Cedars

Join the TCWS Marketing & Outreach Team! Contact Geraldine Kline at [gkline@threecedars.org](mailto:gkline@threecedars.org)

### COMMUNITY ANNOUNCEMENTS

*This section provided as a free service to the TCWS community.*

#### AWSNA Newsletter INFORM

Read about: [Enrollment Update](#), [Update on the Council on American Private Education](#), and [more](#).

#### Upcoming Community Events

##### Ultimate Frisbee

Ultimate Frisbee has resumed under the leadership of Coach David Hasbrook, a TCWS parent. Please note that practices will be held on **Thursdays this year, from 2:00 p.m. - 3:30 p.m.** at Wilburton Park. All experience levels are welcome!

#### Upcoming Events

##### Kelsey Creek Farm Fair

Date: Saturday, October 8, 2011  
Time: 11:00 a.m. - 4:00 p.m.  
Place: Kelsey Creek Community Farm Park, 410 130th Pl SE in Bellevue

This event is fun and inexpensive and IDEAL for families! Featured will be heritage demonstrations, pony rides, kids' crafts, tractor-pulled wagon rides, live entertainment, food for sale and, of course, animal viewing areas.

##### "Looking In and Through the Mirror"

Date: Saturday, October 29, 2011  
Time: 9:00 a.m. - 1:30 p.m.  
Place: Seattle Waldorf School, 2728 NE 100th St, Seattle WA 98125

Sample and celebrate with Sound Circle Center for Arts & Anthroposophy via a free all-community day of workshops, food and inspired interconnections exploring our personal to global biographies. See [www.soundcircle.org](http://www.soundcircle.org) for more information. RSVP to [information@soundcircle.org](mailto:information@soundcircle.org) by October 25, 2011.

##### Point Defiance Zoo & Aquarium 12th Annual Career Day

Date: Saturday, November 12, 2011  
Time: 9:30 a.m. - 3:00 p.m.

Students wishing to explore careers in animal-related fields are invited to attend the Point Defiance Zoo & Aquarium's 12th Annual Career Day. The day will be filled with Keeper Talks, behind-the-scenes tours (space limited) and interactive presentations by Zoo staff. This event is FREE to students in 6th grade through college. Any student under 16 must be accompanied by an adult. Adults and elementary-aged youth pay regular admission.

For more details, please visit the Career Information page on our website at [www.pdza.org](http://www.pdza.org); click through Education Programs to School Programs to find Career Programs & Information.

##### Issaquah PCC Food Bank Packaging Work Party

Monday, November 14, 2011, 7 p.m.

Interested families are welcome to join Mrs. Orzel at the [Issaquah Food & Clothing Bank](#) to help package bulk foods purchased with PCC Food Bank Program donations from PCC shoppers. For more information, contact PCC Community Relations at 206-547-1222 or e-mail: Learn more about the [PCC Food Bank Program](#). Issaquah Food Bank is located at 179 First Ave S.E., Issaquah.

#### Classifieds

##### Simplicity Parent-Tot Classes Now Forming for Autumn 2011!

When: October-December, 2011 (choose from Tue, Wed, Thu or Sat mornings, 9:30 a.m. to 11:30 a.m.)  
Where: Simplicity Learning Center in the Lake Hills Neighborhood of Bellevue  
Who: Mama Jackie and Mama Briana  
Cost: sliding scale, \$340-\$420 per quarter, per family

An "oasis" for parents with small children! Each group (6 families maximum per morning) will explore the basics of Simplicity Parenting™ over ten weekly classes. Simplicity Parent-Tot offers a time and place to step back from the busy pace of daily life and share time with your child, make friends, and enjoy the wonder and unhurried rhythm of a morning that balances time indoors and outdoors, rain or shine. Wholefood, organic snack teatime; outdoor play; songs and verses; and handwork/crafting for parents. Visit [www.simplicitylearningcenter.com](http://www.simplicitylearningcenter.com) or call 425.614.0145 for more information.

##### TCWS Alum Offer Violin Lessons - New Fall Openings!

Hi, I am Maria Crum (Class of 2009) and I aspire to be a music education major in college. In the Fall of 2010, I started giving private violin lessons to some TCWS 5th grade violin students with guidance from my mentor, Judy Beatie. I have two openings for new students beginning this October. Students come to my house in Bellevue, (Lake Hills area) for weekly lessons on Saturdays. My current rate is \$15/45 minutes or \$20/hour. Please contact me by phone at [425.746.0416](tel:425.746.0416) or by email at [magicalmusician@gmail.com](mailto:magicalmusician@gmail.com) (kindly type "violin lessons" in the subject line). If you're interested, act fast because slots go quickly! Private lessons are a superb way to get individual instruction and specific needs met while also adding a wonderful bonus to the school strings program.

##### Housekeeper Available

Eco-friendly, reliable, trustworthy house cleaning. Thorough, detail-oriented. Weekly, bi-weekly, monthly, one-time, move-in/move-out, seasonal. Excellent references. Laundry and ironing available upon request. Contact Marie Gizard at 206-735-7912 or [mariegizard@gmail.com](mailto:mariegizard@gmail.com)

##### Lazure Painting

Lazure painting rooms to hold the spirit of the child. Meet Danielle, the Pacific Northwest's Waldorf inspired painter. For more information visit [www.LazureFinishing.com](http://www.LazureFinishing.com) or email [DanielleKerrWilson@gmail.com](mailto:DanielleKerrWilson@gmail.com)

##### Playstands for Sale

SALE: 2 used Waldorf Play Stands stained walnut in very good condition for many more years of play. One has 1 shelf, the other 2 shelves and come with 3 play clips. Owner said both cost \$300 but selling both for \$200. 37 1/2" H 11 1/4" D 35 1/2" W. Call Bookstore if interested. Early bird gets the worm. 206-985-2059

#### Sound Circle Offerings

##### Healing Arts and Anthroposophy

The Heart of the Matter

Starting October 7, 2011

An 8-month series of weekend modules which can be taken separately or as a series, applicable to those working in the healing/health care professions seeking to rejuvenate themselves through the arts and gentle self-transformation.

##### Family Foundations

A new round of this warmly received parenting course begins in October of 2011, and will be held monthly on Saturdays through May of 2012.

Dates: Orientation Evening: Tuesday, October 11th, 6:30-8:30  
October 15th, November 12th, December 10th, January 14th, February 11th, March 10th, April 21st and May 12th. 9:00-2:00.

##### Nurturing Resilience through the Art of Storytelling

A Workshop with Nancy Mellon

Date: Sunday, October 9th, 2011  
Time: 10:00 a.m. - 5:00 p.m.  
Seattle Waldorf School, 2728 NE 100th St, Seattle

How can we build the strengths we need amidst our daily challenges? You are invited to discover how stories and plot lines serve as gateways to the intuitive wisdom that supports our ability to survive challenges and to thrive. Find renewed courage and wisdom for participating in our global human adventure story. No previous experience with storytelling as a healing art is required. Whether you are an experienced or beginning storyteller, we will create a space together for the listening that can strengthen and inspire our hearts and our whole being.

The Waldorf News is published every two weeks during the school year. Please email submissions to [newsletter@threecedars.org](mailto:newsletter@threecedars.org). The deadline for the next newsletter is Friday, October 14.



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