

Become the CEO of Your Health!

Taking Control of What Matters Most

"Verne's wisdom will empower you to make important and life-saving changes in your eating habits which will enable you to sustain these healthy eating patterns over the long haul."

—Mark Scholz, MD

Medical Director, Prostate Oncology Specialists, Inc

Author, "Invasion of the Prostate Snatchers"



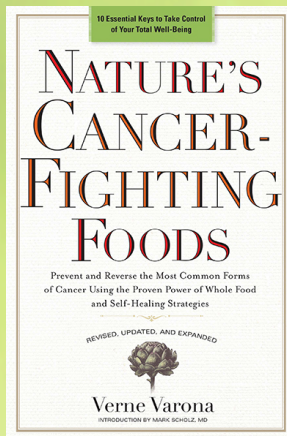
June 6: 6pm – 7pm – Meet Verne! Free Intro Talk

June 7: 1pm – 5pm – See Topics Below

Location: Mercer Island Community Conference Center

Registration: \$45

Reserve Online (link below) - Attendance Limited



Creating a Whole Food Diet To Fit Your Needs

Eliminating Cravings For Sugar and Fatty Foods

Reversing And Preventing Degenerative Disease

Maximizing Digestion – You Are What You Absorb!

*Foreplay Begins at Breakfast – Putting the Passion,
Play and Romance Back into Love*



Verne Varona has become known as one of the most captivating and dynamic health educators in the country. For forty years, his lectures, workshops and media appearances have motivated thousands of people to take better and more conscious care of their health. Verne's appeal transcends barriers of age, culture and occupation. A highly sought after speaker on health, fitness and motivation, Verne has become a renowned keynote speaker throughout the US and Europe with a captivating style that uses insight, humor and practical science to enrich the lives of many.

To Register Visit: freedomtohealth.eventbrite.com

Or Call 206-849-7940