

November 11, 2013

HIGHLIGHT OF THE WEEK

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Middle School Musical: Pirates of Penzance

Community Performance

Friday, November 22 • 6:20 pm

Frederick, mistakenly apprenticed to the Pirates of Penzance, is finally 21, the age that his long apprenticeship with the pirates ends. But, just as he hopes to settle into society with his fiancée, Mabel, her father and sisters become the target of the Pirates of



Penzance. Because of a mere technicality in the apprenticeship contract, Frederick is torn between his sense of duty or saving Mabel's father, the Major General. Even the timid Sergeant and his officers cannot help. The nursemaid, Ruth, finally puts a stop to the madness in this enrapturing Middle School Musical!

Danny Hellstern, Grade 7 student

ALL SCHOOL NEWS

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Student Portrait Retake Day

Wednesday, November 20

Vakker Portraits will be back on campus on Wednesday, November 20 for Student Portrait Retake Day. There is no charge for retakes due to technical or photographer errors. The charge is \$5 for other reasons such as clothing choice, hair style, etc. Please bring your complete photo package to the Front Office prior to November 20.

If you missed the first Portrait Day, you may have your student's photo taken at Retake Day. Simply fill out an order form and turn it into the Front Office prior to November 20. There are extra forms in the office for anyone who needs one.

It is very helpful to know in advance how many portraits the photographer will be taking. Please RSVP to the front office by Friday, November 15 so that we may communicate this information with Vakker Portraits.

Also, Vakker informed us that due to a technical issue, none of the class photos were able to be printed. These will be retaken on the 20th as well. If you ordered a class photo with your original order, you do not need to do anything additional. A class photo will be printed and sent to Three Cedars within 2-3 weeks.

Garden Appreciations

Thank you to **Dashka Blyzniukova, Jeannette Nagel, and Karen Wegehenkel** for recently donating plants to the school's gardens! We are grateful for the perennials, herbs, and flowers, which will keep our gardens looking lovely for years to come. We also greatly appreciate ongoing support from our garden stewards, including **Jeannette Nagel and Beth Parker**, who regularly contribute time on weekends and during the school day to help beautify our grounds.

Steiner Book Study

Last month a few of us gathered to study Rudolf Steiner's writings on the festival of Michaelmas. We focused on lectures found in his book "The Festivals and Their Meaning: Christmas, Easter, Ascension and Pentecost, Michaelmas." What we learned is that there is a lot more to the festivals than the pageantry and rituals. Steiner spells out their significance for our lives as we evolve in understanding our role in the universe.

On Thursday, December 12 we will meet again, this time to discuss the festival of Christmas. Please join us. We will continue with the same book by Steiner, which is available on Amazon (in Kindle and hard copy editions) and at the Rudolf Steiner Book Store & Children's Shop – 9727 Lake City Way NE, Seattle, WA 98115, Tel. 206-985-2059 or steinerbooks@comcast.net.

Please let me know if you will be joining us and if you prefer to meet right after school from 3:30-5:00 (and have your children stay at Aftercare) or if you prefer to meet from 6:30-8:00. We will schedule the book study at the time when most are able to attend. Feel free to contact me with any questions at c.altaras@yahoo.com.

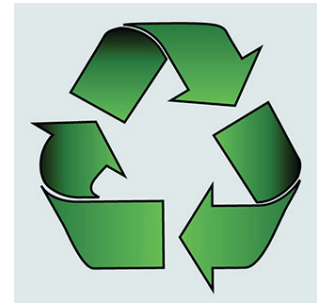
TCWS Lending Library

Our faculty room is filled with shelves of books on so many topics! We have been in the process of organizing this library of books to make it easier to know which books we have and how many copies. We are also hoping to make it easier for people to check out books in the future. All of our books are now alphabetized, so when you take a book please remember to put it back in the same spot or in alphabetical order. Thank you so much to Julie Elithorp for her help in organizing and cataloging all of our books!



Green School Program Update

With our green team working on our paperwork for Level 1 Recognition in the King County Green Schools program we are working on making some changes around the school regarding what we can compost and recycle. You will notice that all of the classrooms, kitchens and the office have new signs on, or near, the recycle and compost buckets/bins. These are detailed signs with photos of what can and cannot go in the bins.



We will also begin composting all of our paper towels, water cone cups and tea/coffee cups. Signs will be posted with these bins as well and we will replace trash bins with green compost bins. Thank you for your help in supporting our efforts to be a greener school!

City of Bellevue – Construction Update

We have been notified by the city of Bellevue that the construction work taking place on 120th

Avenue NE between Home Depot and NE 8th Street will be temporarily suspended starting in mid-November due to winter weather and the holiday shopping season. The work is scheduled to resume in February 2014 when better weather is anticipated.

More information on this project may be found [here](#). Traffic advisories for the city of Bellevue which may affect families' commutes may be found [here](#).

GRADE SCHOOL NEWS

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New 6th Grade Festival!

The first-ever Ludi Plebeii festival took place at TCWS on October 30, when 58 sixth-graders from Bright Water School, Seattle Waldorf and TCWS gathered to celebrate ancient Rome. Shared recitations, songs, skits and performances in Trillium Hall opened the day, followed by a march to Wilburton Park. The legions followed commands such as “ad gladium, cline!” and moved to the sounds of “dex, sin, dex, sin” in an impressive show of marching prowess. Chariot races, sword fighting, a “capture the flag” game in the woods, and shared food rounded out the enjoyable day. At the very end, a glimpse of all 58 main lesson books was further proof that Waldorf 6th grade students truly bring ancient Roma to life.



Special thanks go to the generous TCWS volunteers who provided snacks and photography: **Cameron Altaras, Ana Huston, Thamis Mendez, Anna Shatrova, Cris Wegmann, Karen Wegehenkel, Rose Zhu.**

Kim Holscher, Grade 6 Teacher

**More photos are available for parents on our password-protected SmugMug site. Please see the SmugMug section in the Parent Portal for login information. Contact the front office if you need any assistance.*

Grade 6 Halloween Poems

Green and shriveled, but not a ghoul,
I live in a swamp near a pool.
Not much food my planet will give,
But still I manage to live.
Two of my qualities are wisdom and trust;
Wield a light saber I must.
I am the age of 902. Yoda I am.

David

When he pickpockets the wealthy, he needs to be
stealthy.

He uses parkour to get up the wall, even though
it's tall.

He's skilled enough not to fall.

When he uses the hooded shade, he might bring out his hidden blade.

The name of this assassin man is Ezio;

Try to be like him if you can.

Isabella

Chalkboard drawing by Mary Spurgin, Grade 3 Teacher



EARLY CHILDHOOD NEWS

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Lantern Making in Early Childhood

We kicked off this year's Lantern Making with a special kindergarten tradition – the eighth graders came all the way downstairs to help us. Each eighth grader was paired with a couple of kindergartener helpers. The older children patiently helped their littler partners paint the balloons with glue and apply a layer of paper. This special tradition is a wonderful way for the eighth graders to remember their own days in the kindergarten. It also builds a nurturing a special relationship between the oldest children and the kindergarteners. This joint effort between classes results in beautiful lanterns to enjoy both now

and in the years to come.

*Maggie Reilly,
Apple Blossom Kindergarten*



FUNDRAISING

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Miou Kids Discount and Fundraiser

We have been notified of a fantastic opportunity from Miou Kids, offering fair-trade hand-knitted alpaca clothing for children, for parents to save money on beautiful knitwear and raise money for Three Cedars! Miou Kids' Clothing Boutique offers European-inspired designer kids' clothes and baby clothes for families who want their children to look and feel their best. Their luxurious knitwear for kids is made with the softest baby alpaca wool so their clothes are as comfortable as they are stylish and durable. Designed by Christine Dubin, Miou knitwear for girls and boys is handmade by artisans in rural Peru. Visit www.mioukids.com to view the collection.

Order between now and December 8th, and use discount code "threecedar2013" at checkout to receive 10% off your order. All orders will be shipped on December 9th directly to Three Cedars. The owner has graciously offered to donate 10% of the sales to our school, as well! As soon as the orders arrive, the office staff will call you to



let you know your items are here and ready to pick up.

Please [contact Robyn](#) at the Front Desk if you have any questions.

Amazon Fundraiser



Amazon has set up smile.amazon.com – where .5 percent of every purchase can automatically be donated to a non profit organization. When you purchase something from Amazon, you simply have to go through this site – rather than their ‘regular’ access point.

1. Go to smile.amazon.com
2. Sign in with your Amazon account or create a new account
3. In the search box, type “Three Cedars Waldorf School”
4. Click the “select” button next to the school’s name
5. The page will look just like the regular Amazon page, but will say “Supporting: Three Cedars School Association” near the top, left side of the screen

BIOGRAPHIES

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Jennifer Winson, Teacher, Class of 2021

Born in Kennewick, WA, Jennifer Winson moved at age eight with her family to North Idaho, where she enjoyed playing in the forests, rivers, lakes, and mountains, as well as learning to hunt, fish, water-ski, snow-ski, and mountain bike. While not outdoors, she learned to play piano, eventually teaching piano for seven years, accompanying dance classes for five years, and playing for Eurythmy classes for the last two years. Her passion for art led to winning several state and national art competitions in high school, and continued at Northwest College of Art, where she earned a BFA in visual communications, majoring in Fine Art and Multimedia.



After traveling through Europe following college, Ms. Winson became interested in education, volunteering for three years in the art room at The Island School on Bainbridge Island. There she fell in love with working with children, becoming the school’s extended day teacher as well as teaching piano and child and tot gymnastics for the Bainbridge Island Metro Park and Recreation District. She soon joined Sound Circle Center, completing her Waldorf teacher training in 2011, then joined Three Cedars as a kindergarten aftercare teacher, while continuing to teach piano and nanny for several Three Cedars Waldorf School families. Most Recently, Ms. Winson taught her own art classes at Art For Kids School, as well as art to grades six and eight at Three Cedars. Ms.

Winson has also worked as a substitute teacher in our school and other local Waldorf schools, and serves as a private tutor and piano instructor. She is inspired to be stepping into a new role as the Class Teacher for the Class of 2021.

Kate Moody, Eurythmy Accompanist

Kate Moody was born in Washington D.C. between two hurricanes, Connie and Diane. Her family returned to Berkeley, California when she was two, where she spent her formative years.



Kate studied piano at Sonoma State University with Marilyn Thompson and composition at New England Conservatory with Robert Ceely. She continues to be actively involved in music education as a private piano and composition instructor; students get the full benefits of a traditional music education plus a thorough and extensive immersion in the language of music through creating music and performing their creations. She also directs Create Your Own Musical summer camps for children where participants create and perform dialogue, lyrics, music and choreography for a short musical.

Kate's musical publications include two books of piano music, *Playing & Composing Around the Circle of Fifths* (educational), and *Piano Solos, Nineteen Mystical Romantic Pieces for Solo Piano*, and five CD recordings, ranging from solo piano to symphonic pieces. *The Seeker*, music for orchestra recorded at Capitol Studios, Hollywood, won Best Instrumental Album at the 2004 Just Plain Folks Music Awards. Her music is inspired by nature and by her studies of spiritual philosophy – “Being attentive to the field of awareness,” (Amit Goswani).

Kate presents *Connect & Glow Musical Meditations*, leading participants in deeply vibrant meditative visualizations accompanied by her piano music, both composed and improvised.

COMMUNITY

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Local Opportunities

Cyber Education

Wednesday, November 13 • 7 pm

Presented by Lori Getz

Seattle Waldorf School

2728 NE 100th Street, Seattle, 98125

Join us for an evening lecture and open discussion about our relationship with technology. Even the most tech savvy parent will learn something new! Topics Include: quality vs. quantity (screen time), what constitutes a sharable moment, friending vs. over-friending, setting the right precedent



Wed, Nov 13 • 7:00 pm
GRADE SCHOOL CAMPUS • HUCKLEBERRY HALL

and finding balance, how to talk to kids about digital drama, internet addiction and multitasking behavior, what's next for the iGeneration. [View Flyer.](#)

Communication Skills for Parents, Teachers and Caregivers: A Half-Day Workshop

Saturday, November 16 • 10 am to 3 pm

Simplicity Learning Center
12453 Bel Red Road, Suite 210
Bellevue, WA 98005
425.641.0145

www.SimplicityLearningCenter.org
info@SimplicityLearningCenter.org



Communication: Styles – Techniques – Attitudes! Using examples from everyday life, we will brush up on our communication skill and attitudes as we consider dynamics involving children and students, parents and teachers, and amid professional colleagues. We will review tried and true techniques for holding questions openly, listening, modeling appropriate verbal skills, and harnessing the power of nonverbal communication.

We will explore biases and barriers related to socioeconomic, cultural, linguistic and ethnic values; special needs; family structures; and how to overcome the most common pitfalls and misunderstandings.

We will learn techniques for collaborative conversations that uphold the teacher as an expert in children's ages and stages, and the parent as the expert on "this" particular child. All of us can better understand ways to deal most effectively with difficulties, speaking our piece of the truth without escalating conflicts.

STARS CEU clock hours available

Redmond Lights

Save the Date

Saturday, December 7

Redmond Lights is a celebration of traditions, cultures and faiths. This winter festival event honors holiday spirit through public gatherings, symbolic decorations and a special

event that reflects Redmond's diversity. The fun starts at City Hall Plaza with fun activities and a festive campus lighting. Enjoy musical entertainment, refreshments and kids activities; then join in the RCC Luminary Walk between City Hall Plaza and Redmond Town Center. You'll arrive at Redmond Town Center where you can enjoy tastes of complimentary holiday treats, kids' crafts and entertainment from our community and around the world.



Sound Circle News

Soulful Parenting: Guiding the Soul Forces of the 7-14 Year Old

Friday Evenings, Once Per Month • 5:00 to 9:30 pm

Bright Water School, 1501 10th Ave E, Seattle, WA 98102

Begins November 8, 2013 (8 classes)

This class of exploration and inquiry into the development of the 7-14 year-old child offers a deep resource for parenting. Understanding a child's growth supports an awareness of the thinking and feeling that creates parenting responses and actions. Through this carefully built process, parents can meet their world of Soul and Feeling while shepherding their children through unfolding phases. For a detailed description or to register please visit our [website](#).

Supporting Healthy Play for Children with Dyanne Harshman and Vanessa Kohlhaas

Saturday, November 16 • 10 am to 2 pm

Bright Water School, 1501 10th Ave E, Seattle, WA 98102

Imaginative Free Play is a cornerstone of early childhood development and an essential foundation for successful learning into adulthood. This class will investigate the elements of free play that support future learning and then look at how we can best support healthy play for our children. Cost \$80.00 For a detailed description or to register please visit our [website](#).

Elemental Play: Toy Making for Children, with Aimee de Ney

Saturday, December 14 • 9:00 am to 3:00 pm

Bright Water School, 1501 10th Ave E, Seattle, WA 98102

In this class you will create three handmade gifts for your child and explore how the elemental beings – or nature spirits – are at work with us as we create keepsakes from natural materials. Cost \$120.00 For a detailed description or to register please visit our [website](#).

Classifieds

Free Mattress Available

Available for FREE to whoever would like to come and pick it up, a full-size (double bed) mattress and box spring in mint-condition. Interested persons can call Jeff and Cameron Altaras at 206-930-7065.

Submission deadline for our next newsletter is Monday, November 18, 2013.

