



## Newsletter

*April 1, 2013*

**Newsletter not looking pretty? View it in your browser**

**Dear Robyn,**

Please enjoy the current issue of our newsletter.

Please note that the bi-weekly Newsletter and Calendar Update will take a break during Spring Break. We will resume publishing after the break, with a Calendar Update being published on April 22 and a Newsletter on April 29. Both publications will then continue on their bi-weekly schedules through the end of this school year.

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## All-School News

### Marketing Team Survey – Please share your story with us!

Easy way to help the school. Answer this short survey and share your story with us:

<https://www.surveymonkey.com/s/threecedarsparents>

#### Why?

The marketing team needs to better understand the current parent community. This understanding will be instrumental to define the primary audience and the appropriate messaging for our school. Thanks for taking the time to provide the feedback.

#### By When?

Monday, April 22nd – 1st day of school after the break!

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## May Faire Reminders

**Saturday, May 4th**

Upon returning from our upcoming spring break, we will have less than two weeks until we come together as a full community to celebrate this joyful springtime festival! So that you may plan accordingly, we would like to offer the following information well in advance.

### Timeline:

- 9:30 a.m. - Arrival and crown making
- 10:00 a.m. - Opening Ceremonies and Maypole Dances **in the Plaza**
- 11:00 a.m. - 1:00 p.m. - student performances, games and crafts, delicious food and treats, and much more!

### Attire:

- Grades 1-5 students wear festive spring colors
- Grades 6-8 students wear pants with white colored shirts
- All student should wear sturdy shoes that will enable them to perform the dances safely

In order to ensure a successful, memorable event for our children, please consider how you would like to participate. The May Faire team needs volunteers for set-up, clean-up, and day-of event staffing. Please see our online sign-up sheets [here](#) and THANK YOU!

## Garage Sale

**Saturday, May 4th - 8:00 a.m. to 1:00 p.m.**

Our Garage Sale can be a great success if you are inspired to help! For this event to take flight, we need your donations and your volunteering. Have a look at our flier, and consider how you can best enjoy the day and all it has to offer: May Faire activities and Garage Sale galore!

Garage Sale	May Faire
<div style="background-color: #d9ead3; border-radius: 50%; padding: 10px; text-align: center; margin-bottom: 10px;"> <b>We need your help!</b> </div> <p style="text-align: center;"><b>Saturday, May 4</b> 8 a.m. - 1 p.m.</p> <ul style="list-style-type: none"> <li>• <b>DONATE!</b> "Family" items, such as children's clothes, toys, games, furniture, sports equipment, household goods. Bring them to <b>Marty Wilder's</b> trailer every Friday on the parking lot.</li> <li>• <b>VOLUNTEER!</b> We need your help to get the event off the ground!               <ul style="list-style-type: none"> <li>• Advertising manager – place on Craigslist, post flyers, etc.</li> <li>• Parking coordinator – organize parking solutions (parking off campus, not using side streets)</li> <li>• Pricing specialist – good prices makes for good selling!</li> <li>• Staffing manager - make sure volunteers are staffing the whole event, including set-up and break-down.</li> </ul> </li> </ul> <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p style="text-align: center; font-size: small;"><b>Event Goals:</b>            Raise money for our school!            Develop a spirit of community!            Build awareness of the school's presence in the local community!            Attract a large number of potential Three Cedars families!</p> </div> <p style="font-size: x-small; margin-top: 10px;">For more information contact Marty Wilder at 425.260.0889 or <a href="mailto:threecedars@yahoo.com">threecedars@yahoo.com</a></p>	<div style="background-color: #d9ead3; border-radius: 50%; padding: 10px; text-align: center; margin-bottom: 10px;"> <b>Saturday, May 4</b> </div> <div style="float: right; width: 30%; font-size: x-small;"> <p><i>With traditional dances, live music, café, craft activities, games &amp; prizes, The Pocket Lady, puppet shows, and more, we welcome in the spring with an event that is full of fun and merriment for all! The dedicated volunteers of our May Faire Team are seeking assistance with planning, preparation, and day-of volunteering at the event.</i></p> </div> <ul style="list-style-type: none"> <li>• Attend the Craft &amp; Tea mornings on Thursdays in the Foyer from 8 - 10 am</li> <li>• Distribute flyers and bring a friend to the event</li> <li>• Help support the café by making a delicious baked good item</li> <li>• Sign up online to help with set-up, staffing, or clean-up on the day of the event. See the <a href="#">link</a> in our newsletter</li> <li>• For more information contact 425.401.9874 or <a href="mailto:mayfaire@threecedarswaldorf.org">mayfaire@threecedarswaldorf.org</a></li> </ul> <p style="font-size: x-small; margin-top: 10px;">9:30 a.m. Crown Making   10 a.m. Grade School Dances   11 a.m. May Faire</p>

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## Spring Concert & Silent Auction

**Saturday, May 18th, in Trillium Hall**

***Only 100 Tickets***

\$50.00 each - covers the concert, a complimentary glass of wine, and a dessert.

The evening will begin with a small Silent Auction, where attendees will find a thoughtful selection of items and experiences. There will be plenty of time for bidding and socializing before the highlight of the night - the Spring Concert! This fun and romantic event will include selections from West Side Story, Romeo and Juliette, and even a little something from that world famous spy movie.

Come hear Heidi Person, Judy Beatie, Lauren Root, Rick Saada and their friends make music and have a lot of fun doing it. Socialize with friends and enjoy an adult evening.

Tickets are on sale now at the Front Desk. Be sure to stop by and purchase yours before they sell out!

Volunteer sign-up sheets are coming soon.

For information about tickets, donations, and volunteering, contact Lauren at [laroot@q.com](mailto:laroot@q.com)

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## Neighborhood Construction



*From the City of Bellevue:*

Construction for NE 5th St is anticipated to begin mid-April, pending the completion of the Utilities work that is currently going on.

To help expedite this construction, the work will continue through the weekends and should be complete within 2 weeks, weather permitting. The construction will consist of a full closure of NE 5th St that will allow access to properties on NE 5th St and the cul-de-sacs of 123rd Ave NE and 123rd Pl NE. The construction closure signage will remain during the evenings but vehicles will be able to navigate through the construction zone.

## Grades News

## Spanish - Penpals & Visitors



Throughout the year, all of our students in Grades 1 through 8 have been corresponding with Pen Pals from three Waldorf Schools in Chile and Argentina. It has been an exciting experience to learn about all of the differences between our respective languages, cultures, and countries as well as a very motivating way to practice the art of letter writing. The children have made connections which we hope will last throughout the years with students in Escuela Waldorf Cuarto Creciente, Colegio Giordano Bruno (the first Waldorf school in Chile), and Escuela Waldorf Clara de Asis.

Yet, as exciting as it has been to discover the intriguing differences between these different schools and countries, perhaps even more impactful has been experiencing a oneness in the many similarities that we share: our hobbies, our favorite subjects, our school festivals, and even the roles that some students have played in the class plays!



The third and fourth graders were fortunate enough to bridge this cultural gap even further with a visit from a group of volunteer exchange students from the University of Washington. Four visitors from Chile and one from Spain (along with a few native Spanish speaking parents) spent a double period with these students, completely immersing them in the Spanish language and culture. They taught the children exciting stories about the mysterious Moai of the Easter Islands, and led the students in painting their own little replicas of these statues. We then ended the experience in a unified and festive way by singing traditional Spanish songs to the beautiful music of live guitar! The afternoon was an inspiring, enlivening visit for all and we all say muchas gracias por todo!

The event was part of a cultural exchange (Ichi, Uno, One) organized by Bright Water parent Greg Siegler, through the group FIUTS ([The Foundation for International Understanding Through Students](#)).

## Early Childhood News

### Spring Parade - April 5th, 2013

Our annual Spring Parade will be held on Friday, April 5th, in celebration of springtime. During this event kindergarteners and first graders will parade from school to Wilburton Park for a circle, snack and social time. You are invited to come meet us at Wilburton park (Please note that this is

a change from years past) to watch our parade as we emerge from the woods and process to the meadow. Then we will all gather at the meadow for a community circle and finally to the hill for a snack. Please join us to celebrate this lovely (and likely wet!) time of year. In support of the students we ask that at least one parent or adult friend/guardian from each family attend this event. Additional friends and relatives are most welcome to join us - the more the merrier! Students not normally at school on a Friday are invited to arrive in their classrooms at 10:10 to get ready for the parade with their teachers and classmates who are already at school.

Date:	Friday, April 5th, 2013
Timing:	10:10 a.m. – All kindergarten students meet in classrooms (3 day students are dropped off at this time.)
	10:45 a.m. – All guests meet at Wilburton Park on the hill between the play yard and the bathroom. Volunteers will be there to show you where to best observe the parade. We ask for your patience as you wait for the parade to arrive! Follow the parade to the meadow for a community circle and then to the hill for a snack.
	12:00 p.m. – Farewell circle and dismissal will take place at or before 12:00. You are most welcome to stay and play at the park as long as you like after the event.

#### Important things to know:

- What we lovingly call “the meadow” could just as easily be termed “the swamp”. It is usually very muddy! In order to enjoy this event fully we strongly recommend that you wear full rain gear, most importantly waterproof boots. If you are bringing a baby along we strongly recommend using a sling or carrier as the areas we will be gathering at are not stroller friendly.
- It is almost never warm on the day of the Spring Parade. It is better to overdress for this event than to be cold and uncomfortable while at the park. Dress for the weather!
- Table seating is limited. You are welcome to bring a waterproof blanket for your family to sit on. However, if you are in full rain gear it will not be a problem to just sit on the ground!
- Our snack will consist of buns and fruit. If your child has food allergies, please bring an alternate snack.

We will be posting sign-up sheets for this event by our sign-in books. Please confirm that a parent or adult guest from your family will be in attendance and check in directly with a teacher if this is impossible for your family and/or if your child will need to stay for aftercare on that day. Please also note that this is an early dismissal day (12:00pm). Do not hesitate to contact us if you have any questions about this event.

We look forward to having you all with us for this special day!  
Miss Laura, Miss Amie and Miss Maggie

# Biographies

## Gretchen Stude-Whitlatch - Handwork Teacher



Mrs. Whitlatch was born at a Naval hospital in San Diego, CA and spent her early childhood in San Diego, CA; Renton, WA; and Redondo Beach, CA. When she was eight years old, her parents settled in Canoga Park, CA (San Fernando Valley) where she lived until she was eighteen years old. She holds a B.A. in Biochemistry from University of California at Berkeley and Waldorf Subject Teacher Training certification from Rudolf Steiner College, Fair Oaks, CA. Her hobbies include Medieval re-creation including costuming, dance, archery, and camping. Her other work experience has included work as a research associate for various biotech firms. Mrs. Whitlatch joined TCWS in 2003.

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## Kate Moody - Eurythmy Accompanist



Kate Moody was born in Washington D.C. between two hurricanes, Connie and Diane. Her family returned to Berkeley, California when she was 2, where she spent her formative years.

Kate studied piano at Sonoma State University with Marilyn Thompson and composition at New England Conservatory with Robert Ceely. Kate continues to be actively involved in music education as a private piano and composition instructor - students get the full benefits of a traditional music education plus a thorough and extensive immersion in the language of music through creating music and performing their creations. She also directs Create Your Own Musical summer camps for children where participants create and perform dialogue, lyrics, music and choreography for a short musical.

Kate's musical publications include two books of piano music, *Playing & Composing Around the Circle of Fifths* (educational), and *Piano Solos*, nineteen *Mystical Romantic* pieces for solo piano, and five CD recordings, ranging from solo piano to symphonic pieces. *The Seeker*, music for orchestra recorded at Capitol Studios, Hollywood, won Best Instrumental Album at the 2004 Just Plain Folks Music Awards. Her music is inspired by nature and by her studies of spiritual philosophy - "Being attentive to the field of awareness," (Amit Goswani).

Kate presents Connect & Glow Musical Meditations, leading participants in deeply vibrant meditative visualizations accompanied by her piano music, composed and improvised.

# Community Announcements

## *Community Events*

### Ultimate Frisbee

Ultimate will take place Thursdays when school is in session at Wilburton Park from 2 to 3:30 pm (possibly to 4). New players and beginners from grades 3 and up welcome. Teams will be forming for spring league play from March to late May. Hosted by TCWS parents David Hasbrook and Jenny Doggett.

## *Local Opportunities*

### Simplicity Parent-Tot Playgroups in Bellevue



Space is available in our TUESDAY SIMPLICITY PARENT-TOT Group starting April 2nd

Weekly gatherings with Mama Jackie and Mama Briana for parents with children ages birth to 4 years old

*10 a.m. to 12 noon each week*

SimplicityLearningCenter.com

425.614.0145

12453 Bel-Red Road, Suite 210, Bellevue, WA 98005

SIMPLICITY  
parent-tot  
playgroups

### Kelsey Creek Sheep Shearing - Spring 2013

What: See the sheep being shorn of their winter coats, and enjoy other farm/craft activities. See [details](#) for further information

Date: Saturday, April 27, 2013

Time: 11:00 am - 4:00 pm



Location: Kelsey Creek Farm Park, 410 130th Place SE, Bellevue WA

Please click here for [event flyer](#).

## *Wider Community*

### **Sahale Summer Camp, July 7-13, 2013**



With a focus on practicing skills of friendship: inclusion, collaboration and fun, this overnight camp is specifically designed to meet the needs of youth aged 9-12. Explore 65 acres on the Tahuya River where camp life includes games, drama, archery, art, music, nature exploration, group work together time. Campers benefit from a multigenerational staff and community which demonstrate how to build nurturing relationships and self esteem. Our staff includes Waldorf trained educators and student counselors, elders as mentors, family life educators and professional musicians and artists who all volunteer to create a week of living in a magical village camp setting. For more information contact Irene Perler, Waldorf subject teacher, parent and camp director, at [irene\\_perler@hotmail.com](mailto:irene_perler@hotmail.com), and visit [www.goodenough.org](http://www.goodenough.org) for online registration. Brochures will be available at the front desk.

### **Camp Sprouting Spirits**

[Camp Sprouting Spirits](#) is a Waldorf inspired summer camp where children learn about self-regulation through co-operative games, building fairy houses, cooking, arts, crafts, music, yoga and more! All activities are outdoors to maximize freedom, nature, and exploration. We take daily walks to Woodland Park/Rose Garden where our "inspiring artists" teach a yoga, drama, or music class. We also make most of our snacks (pizza, smoothies, salad...etc). Our days are filled with singing, storytelling, and imaginative play!

We are located in the Phinney Ridge Neighborhood of Seattle. For 2013, we have 3 week-long half-day sessions for around 15 children. Kids around 3-8 years old are welcome to register (I accept some 2 year olds if they are younger siblings). Camp runs Monday-Friday from 9:00am-1:00pm. We hold at least a 1:5 ratio, so your children have the attention they deserve.

For more information, including registration, please visit our [website](#).

## *Classifieds*



## TCWS Family Seeking Babysitter

We are looking for babysitters for our children, ages 4 and 1. Seeking a teenager (from a Waldorf family) living in the Kirkland area for some weekend babysitting. We are also looking for a daytime babysitter on Thursday and possibly Friday mornings. If interested, please contact [carla@flow-flourish.com](mailto:carla@flow-flourish.com).

## Ella's Wool



Have you been searching for wool clothing for your little ones? Then look no further than [Ella's Wool](#)! This fantastic online shop was created by a Norwegian mom who recently relocated to the United States. When she couldn't find the quality wool products she had loved in her homeland, she contacted the best brands in Scandanavia. These products are now available in the US through [Ella's Wool](#).

As an added bonus, the owner has sent several **20% off coupons** for Waldorf families to use. Please find them on the bulletin board outside the Front Office. Stop by soon! They're sure to go quickly!

The newsletter is published every two weeks during the school year.  
The deadline for submissions for the next newsletter is Sunday, April 21.  
Please email submissions to [newsletter@threecedars.org](mailto:newsletter@threecedars.org).

*We only intend to send you helpful information and respect your decision to modify your subscription.*

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