



Newsletter

May 4, 2012

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Dear Robyn,

Please enjoy the current issue of our newsletter.

All-School News

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May Faire Reminders



May Faire is this Saturday, May 5 from 9:00 a.m. – 3:00 p.m.! Please see below for helpful reminders about this annual springtime event.

May Faire Timeline:

9:00 a.m. Elementary families are asked to arrive at 9:00 a.m. for flower crown preparation. The flower crown table will be located at the bottom of the parking lot, near the Welcome table. Thank you in advance for staying with your children

as they decorate their crowns with flowers, until the bell rings at 9:45 or until their teachers retrieve them.

9:45 a.m. Grades line up with their teachers on the ‘bridge’ to begin the May Pole Processional. Families and friends gather near the May Pole.

10:00 a.m. Honoring our May Queen, May Pole Processional and Dances by the Grades begin.

11:00 a.m. May Faire, crafts, food and fun begin!

3:00 p.m. May Faire Cleanup

Parking:

On Saturday, please reserve the parking lot for families with very small children, elderly visitors, and anyone who may need extra assistance getting from their car to the faire. Parking along 124th Avenue NE is permissible, in the designated area south of the school. Overflow parking is also available at Wilburton Park. Please remember our agreement with the city and do not park on the side streets in the neighborhood.

Attire:

- Grades 1-5 students are asked to wear festive spring colors
- Grades 6-8 students are asked to wear white shirts and white or khaki pants
- All student should wear sturdy shoes that will enable them to perform the dances safely

Volunteer Opportunities:

Please visit our [online sign-up sheet](#) to volunteer for your favorite May Faire position!

We look forward to seeing you on Saturday!

Elementary Sharing Assembly

Friday, 18 May 2012 05:30pm

The whole TCWS community is invited to the Elementary Sharing Assembly. Students are to arrive at 5:15 pm The audience will be seated by 5:30 pm.

Sammamish High School

Please remember to silence cell phones during the assembly. Also, parents are reminded that flash photography is discouraged as it is disruptive to the performers on the stage.

Dress Code for Assemblies, Concerts, Festivals

Several times each year, the school gathers for special events and assemblies for which participating students need to dress in "Concert Attire." We request that on such occasions the students dress in black pants and white shirts for boys, and black pants or skirts and white shirts for girls. All students are asked to wear flat, comfortable dress shoes unless otherwise indicated. Additionally, some school events invite a festive type of dress, such as the Rose Ceremony, graduation, or festivals. We will let you know well in advance when special occasion dress is invited or required.

Adult Education Survey

Many TCWS parents participated in a survey in March as part of the 2012-13 & Beyond Adult Education program, led by Bernd Zabel, Grade Two class teacher. The information gathered from the survey will help inform decisions regarding Adult Education opportunities among several Waldorf schools in Washington. These schools are working together to bring the best presenters into the area.

To find out more about the results of the survey and the course parents have shown an interest in, please click [here](#).

Buddy Family Program – new to TCWS!

Are you an experienced TCWS parent? Do you enjoy connecting with new people? Are you enthusiastic about Waldorf Education?

Three Cedars Waldorf School is implementing a New Buddy Family program in order to match new families with other TCWS families!

ROLE OF BUDDY FAMILIES

Buddy Families serve in two main capacities: as welcoming partners, and as communicators to a family new to the school. The Buddy Family reaches out to the new family and provides them with support, social opportunities, resources, answers when possible, and familiar faces to help foster a living connection to the school. Additionally, the Buddy Family assists new families in understanding the significance and content of various events, presentations and festivals

throughout the year.

TOP FOUR REASONS TO BECOME A BUDDY FAMILY

- Meet and develop relationships with new families.
- Provide new families with another resource to find information, support, and a sense of belonging in our community.
- Enjoy social and informational events that will assist the new family in assimilating into the TCWS community.
- Contribute to the enhancement of a strong school community.

If you are interested in participating in this program, please contact Seraphina Orzel at sorzel@threecedars.org, 425.401.9874, or stop into the admissions office!

Seattle Waldorf High School Welcomes College Counseling Practicum Student

We have the pleasure of introducing to you Maggie Hawthorne Kaye, M.Ed., founder of Hawthorne Educational Consulting and certification candidate in UCLA's nationally-respected College Counseling Program. For the next few weeks, Ms. Kaye will offer her expertise in college planning and admissions to the students and parents associated with Seattle Waldorf High School. She is an experienced Waldorf teacher and parent, author and speaker who has served in admissions at the University of Washington, provided college counseling to high school students at The Attic Learning Community and acted as graduate advisor at Antioch University. Ms. Kaye is excited to have the opportunity to provide for the SWHS community a series of brownbag lunches, parent evenings and a HS Summer Day Camp. A complete schedule of events is provided below:

Brownbag Lunches - Wednesdays, 11:00 a.m. to 1:30 p.m.

May 2 "Beyond FaceSpace and Twitterbook: Internet Resources for Higher Education"

May 9 "Life is an Art: Performance Programs and Conservatories"

May 16 "Take the Lead: Volunteering, Internships, and Summer Plans"

May 23 "Smart Money: Scholarship Searches and Scams"

May 30 "Not College or Not Yet? Gap Years and Alternative Education"

Parent Evenings - Thursdays, 7:00 to 8:30 p.m. with discussion until 9:00 p.m. All are welcome!

May 3: "Which Test is Best? SAT, ACT, or Test Free?"

How do you decide the best college entrance exam for your child's learning style? Do colleges think one is better than the other? What about colleges that don't require testing at all? Come and find out the details and differences between the SAT and ACT, and learn why more and more colleges are shunning the notion that "tests are best."

May 10: "Financial Aid 101"

Grants, loans, and scholarships...oh my! This evening will be a survey of the forms, the processes, and comparisons of financial aid. Are scholarships worth the time? What's the difference between a FAFSA and a CSS Profile? Can you afford a private college or should you just apply to state schools? You may be surprised by the answers.

The brownbag and parent evening series will all be hosted at the high school campus. All are welcome to attend these informative and valuable sessions; it's never too early to start planning for college! Questions? Call 206-522-2644.

Grades News

The Third Grade House-building Projects



Every year in Waldorf schools across the world, each third grade student chooses, designs, and builds a house from around the globe. This year's third grade class had 2 requirements:

1. Build from natural materials
2. Be sure they do the work themselves, without their parent's help.

If you come to see the projects (and you are welcome to during the May Faire Festival), you will see houses in landscapes ranging from the bitter cold of the Arctic to the scorching heat of the desert. This group of third graders courageously embarked upon this project using their ingenuity and their problem-solving skills.



In third grade, we leave the gates of paradise and are faced with the task of growing food and finding shelter. The houses these third graders have built this year are up to such a task. Come and take a look at May Faire!

Waldorf Annual Track Meet



The Greek Gods inspired the Olympians, but over the spring break some of Hercules's powers immersed in an effort made by 8th grader Aldous Root who won two events and placed in two others at the all Waldorf Annual Track meet on April 25th. Aldous was the only student from TCWS who



was able to participate in this year's meet.

Aldous and his Grandfather attended the track meet where Aldous competed in the javelin throw, then long jump, the 200-meter and the 800-meter run against children from six other Waldorf school. Aldous came in FIRST in the arduous 800-meter race and the long jump. He tied for 3rd in the 200 meter and placed in the javelin. Way to go Hercules!

Spring Reign Ultimate Frisbee Tournament



Three Cedars Waldorf School sent two teams to the world's largest youth-only ultimate tournament, Spring Reign, in Burlington, Washington on April 28 and 29, 2012. The 3rd to 5th grade team, the Geckos, won all three games on Saturday, with an 11-10 score in the final game to take the championship of the 12 team Elementary School Division. 14 TCWS

students played for the Geckos, heartily cheered the players on the other teams, and exchanged gifts after the game (Gecko confetti eggs).

Ten 6th to 8th graders from TCWS played with the Frost Giants in the top bracket of the 40 team middle school division. The Frost Giants won 1 game and lost two on Saturday but finished second out of four teams in their pool and advanced to the championship round on Sunday. Splitting their first two Sunday games, the Frost Giants played Seattle's Eckstein Middle School for 5th place falling 13-12 in a very even and exhausting game. The teams cheered one another (Seattle Waldorf gave a eurythmy cheer) and exchanged gifts after each game (Frost Giant mini-player confetti eggs). Each team has playoff games coming up in the Seattle Youth Spring League. Ultimate continues each Thursday at Wilburton through the school year.



David Hasbrook

Volunteering at TCWS

Computer Savvy Volunteer Needed

The Front Office is seeking a computer savvy parent volunteer, with a good eye for photo and design who is comfortable navigating online photo storage programs. The task includes sifting through the school's collections of photos, which are stored onsite on our server, and uploading selections to Picasa. Interested parents may contact Seraphina at sorzel@threecedars.org for additional information.

Biographies

Amie Aylward - Morning Glory Kindergarten Co-Teacher, Early Childhood Faculty Chair



Miss Amie is a Washington state native who grew up in the Goodenough Community, attending the Seattle Waldorf School from pre-school through eighth grade. As a former Waldorf student herself, she can speak confidently of the benefits and approach to this form of education. Miss Amie obtained a B.A. in Psychology from Western Washington University and once taught After Care at Three Cedars as a young college graduate! Her experience at Three Cedars and other early childhood

programs during high school and college inspired her to pursue a career in Waldorf teaching. Her work experience also includes positions as a summer camp counselor, teacher, and director; an alumni outreach co-ordinator at the former Emerson College, UK; and a pre-school teacher at the Waldorf-inspired Tara's Tots in Seattle. Miss Amie completed the Waldorf teacher training and storytelling training at Emerson College, where she enjoyed cooking and organizing for events and community-wide festivals. During her time in Europe she took many opportunities to travel and especially enjoyed two trips to Israel to participate in the Healing Words Festival, an initiative using storytelling to create dialogue between the people of Israel and Palestine. All together, Miss Amie has been working with children for over fifteen years, and her interests include festivals, cooking and baking, nutrition, travel, hiking, fiber arts, singing, and puppetry. Miss Amie has been teaching at TCWS since 2010.

Community Announcements

AWSNA Newsletter INFORM

Read about: [Waldorf Alum Service Weekend, AWSNA Summer Conference, and more.](#)

Ultimate Frisbee - Thursdays at Wilburton



DISC UP!

THREE CEDARS ULTIMATE THURSDAYS AT WILBURTON PARK
2:00 TO 3:45 pm



TCWS students began playing ultimate after school in January, 2010, at Wilburton Park. A small but dedicated group of 1st to 4th grade girls and boys showed up every week and worked on their teamwork (head), running (heart), and throwing/catching (hands). In the spring of 2011, TCWS students formed a team, the Geckos, that competed in the Seattle Elementary School League. The Geckos had much fun playing and even won almost all of the team's games. In April, 2011, the Geckos attended Spring Reign, the world's largest youth ultimate tournament, and had 4 games of ultimate fun followed by much needed pizza.

In the fall of 2011, more TCWS girls and boys began to play ultimate after school and a second team was formed, the Frost Giants. In late October, 2011, the Frost Giants attended Fall Drizzle, a middle school tournament, and had 4 fun games of ultimate that included 3 victories. On March 17, 2012, both the Geckos and the Frost Giants will begin the 2012 Seattle Spring League season and compete with other schools in their respective leagues. All students are welcome to come out on Thursdays. For more information including ultimate summer camps contact David Hasbrook 425-453-6191 or check out <http://www.discnw.org/youth/home.html>

Summer Childcare Availability

AMAZING YOUNG WOMEN AVAILABLE FOR CHILDCARE THIS SUMMER!

Brian Hansell and Kimberly Lacy's daughters, Tara (22yo) and Grace (19yo), are seeking summer employment as in-home nannies, after May 15th, 2012. Hourly rates vary between \$12-14, depending upon scheduling and regularity of work. Inquire with kglacy@hotmail.com and indicate the number of days and hours per week, ages of children and any special circumstances, including breaks in care for planned vacations. Both girls are very familiar with Buddhist, vegan, Waldorf and homeschooling family life! Babysitting evenings and weekends also available with advance notice. Glowing referrals are available from other Three Cedars families.

Heavy Baby Workshop



Saturday, May 12, Fremont Community School

Create a therapeutic and cute 2 or 4.5 pound Waldorf-style heavy baby for a child you love! Workshop led by doll maker, puppeteer and Waldorf teacher Aimee de Ney. Heavy babies can be created in a variety of sizes, styles and colors dependent upon the age and preferences of the recipient, and they are all sure to be well loved! For more info, email aimeedeney@yahoo.com or call 919-260-8491.

Henry Bischofberger Violins Newsletter - April



Excerpted from Henry Bischofberger Violins' latest newsletter!

Ask a Violin Maker!

Q: What strings are better? Synthetic core or steel? And why? Which brands does a Luthier prefer over a soloist?

A: There are many different types of strings available today. The Dominant brand strings are a less expensive answer to the original gut strings. Steel strings are tighter and are generally used by fiddlers or for special purposes. At our shop, we prefer the Dominant strings with a Gold Label E string as the best combination for most of our instruments. These strings have a nice warm sound and a long life. You may want to experiment with different brands and string compositions to see what string gives you the best projection and warmest sound for your instrument.

Continue reading about string instruments and bow care [here](#).

Bellevue Farmer's Market



**Opening Day – Thursday, May 10th
3 – 7pm**

First Presbyterian Church
1717 Bellevue Way NE

- Foot-stompin' fiddle music by The Haggis Brothers

- Face painting for children
- Hourly drawings for market products

Fresh local farm products direct from the hands that grew it! Spring veggies and flower bouquets, farm fresh eggs, beef, pork and chicken, cheese, wild salmon, honey, pies and cider.

Saturday Market opens June 2nd at the First Congregational Church

www.bellevuefarmersmarket.org

Simplicity Parenting Summer Camps



Simplicity Kindergarten-Age and Younger 'Summer Camps'



3-day Summer Camps with Mama Jackie and Mama Briana in Bellevue

10 a.m. to 2 p.m., Wednesdays through Fridays, weekly registration
Outdoor play in nature, exceptional nutrition, and fun with friends!
3 to 6 y.o. without parent or birth to 4 y.o. with parent attending.

See www.simplicitylearningcenter.com for more details.

Click [here](#) for full description.



Changing Seasons Farm CSA



[Changing Seasons Farm](#) is offering membership in our Community Supported Agriculture program (CSA). We are a small farm, run by family and friends. Our produce is Certified Naturally Grown, a grass-roots organization where farmers hold each other responsible to meet organic standards. The farm is on the Snoqualmie River, a great place for picnics and playing in the water during the summer! Please click here for [CSA information](#).

Wild Spruce Summer Camps



Wild Spruce Summer Camps, 2012 led by Jesse Hays

Waldorf, holistic and creative summer camps for ages 5-11. Two sessions: July 9-13 and July 23-27.

Camps will weave the day's activities with a thread of Learning and enjoying in a harmonious, well-rounded environment.

See www.wildspruce.org for more details and contact Jesse: oonajnick@gmail.com to sign up.

Click [here](#) for flyer.

Family Seeking Living Space

Dear Families and Friends at Three Cedars Waldorf School,

I hope you are well. Kailas and I will be returning to Washington State this summer. I would like Kailas to attend Three Cedars Waldorf School for 7th and 8th grade. We are looking for a place to live that is located near the school.

This is a description of what I am seeking:

- A mother-in-law apartment
- A duplex
- An apartment
- A shared living space
- Work exchange in payment for rent
- It would be helpful if my payments did not exceed \$500-\$700/month.

We look forward to being a part of the Three Cedars Waldorf School community again. Thank you for your efforts in supporting Kailas and me in this transition.

Sincerely,
Nancy and Kailas

My best contact is my e-mail address at nkrivanka@hotmail.com.
A phone number contact is 510-223-3568.

Baldwin Acrosonic Piano

I am the original owner of a beautiful Baldwin Acrosonic piano built in 1948. It is a fine musical instrument and an elegant piece of furniture. In recent years, it has been played only occasionally and is in need of tuning to restore its wonderful sound.

When it was made, the Baldwin Acrosonic was at the top of Baldwin's line. This lovely piano and accompanying bench are in fine condition with the exception of a few minor scratches. It is classically styled with reeded legs and a graceful music stand. The keys are original, as is the gleaming finish.

I have the written appraisal which was \$1,000 in 1980.
I am asking \$800.
Please call Lillian at 425-451-8470 for more information

Downstairs Space for Rent in Wilburton Neighborhood

Wilburton neighborhood. Garden level studio apt in lower level of split level home. Private entrance. Garage with automatic door (remote provided). Bedroom, furnished with bed, dresser, desk. Private full size bathroom. Large family room, furnished with couch, large table, cabinet for TV,DVD.

Functional kitchenette, ideal for light cooking. Includes small refrigerator. Renter provides electric appliances (microwave, etc.); lots of cabinets for dishes, pots, pans, etc.

Laundry room with washer and dryer shared with owner. Utilities payments; cable, water, electric recycle are shared. Storage space, and good closet space.

Walking distance to Bellevue Botanical Garden, Kelsey Creek Park and walking trails. Located a mile from 405/I-90, and 520. Walking distance to bus route, Uwajimaya, Whole Foods, Bartells, medical facilities.

No pets, no shares, no smokers, no drugs, no parties. Seeking individual with quiet lifestyle. Available June 1, 2012. \$900 mo. plus 1/2 utilities. One month Security and first and last month's rent upfront.

Contact 425-451-8470 for more information.

Waldorf Teachers Couple Looking for House Sit or Rental

We are Waldorf teachers on leave (after 30 years) from active duty. After some time working at the Taos Waldorf School in the desert, we would love to spend some time by the waters of the Northwest! We are looking for a house sitting opportunity in your area or a reasonable furnished rental for the period June 15 through August of this year. While in the area, we would be glad to offer mentoring for children and adults, puppetry or administrative/accounting services! Thank you very much for letting us know of any possibilities!

Warmly,
Marjorie and Conrad Rehbach

1-575-779-6483 or rehbach@gmail.com

The newsletter is published every two weeks during the school year.
The deadline for submissions for the next newsletter is Friday, May 11.
Please email submissions to newsletter@threecedars.org.

We only intend to send you helpful information and respect your decision to modify your

subscription.

Three Cedars Waldorf School
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425-401-9874 ~ <http://threecedarswaldorf.org>