

September 17, 2013

Dear Reader,

We hope you enjoy reading all about what's happening at Three Cedars! We publish the newsletter generally every two weeks, when school is in session.

ALL SCHOOL NEWS

Grades

Early Childhood

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Volunteer

Community

Michaelmas Potluck & Work Party

Saturday, September 21
10:00 am – 2:00 pm

In honor of Michaelmas, this year we are pairing our September Work Party with a Community Michaelmas Potluck for all families. We'll begin the morning with outdoor work, then break for an autumn harvest feast, including all of the traditional Michaelmas delights – soup, bread, salad, and pie. Please visit our [potluck sign-up sheet](#) and let us know what you will bring. We look forward to seeing you there!



At the time of the feast, there will also be a study of Michaelmas for those who would like to know more about it. The study will be presented by Geri Snyder.

Seraphina Orzel and Geri Snyder

Michaelmas is Coming! Save the Date

Elementary and Early Childhood
Festivals: **Friday, September 27**

Parents are invited to watch the Elementary Michaelmas Pageant at 8:30 a.m on the plaza. Refreshments will be served in the foyer between drop-off and 8:30 a.m.

Please watch your email for more details about both the Elementary and Early Childhood Festivals!



Thursday Morning Crafts & Tea

Thursday Mornings • 8:15 am – 10:00 am • Buttercup Preschool Room

Please join us on Thursday mornings after drop-off for crafting, tea, and socializing. Bring your own knitting, crochet, felting, or other handwork projects and join fellow Three Cedars parents for a warm cup of tea and joyful conversation. All skill levels are welcome to attend! *This group is currently seeking an additional parent to act as host one Thursday per month (on campus).*

Simplicity Parenting Information Night

**Wednesday, September 25
7 pm • Trillium Hall**

All parents, especially those **new** to Three Cedars Waldorf School, are warmly encouraged to attend our upcoming Simplicity Parenting series!

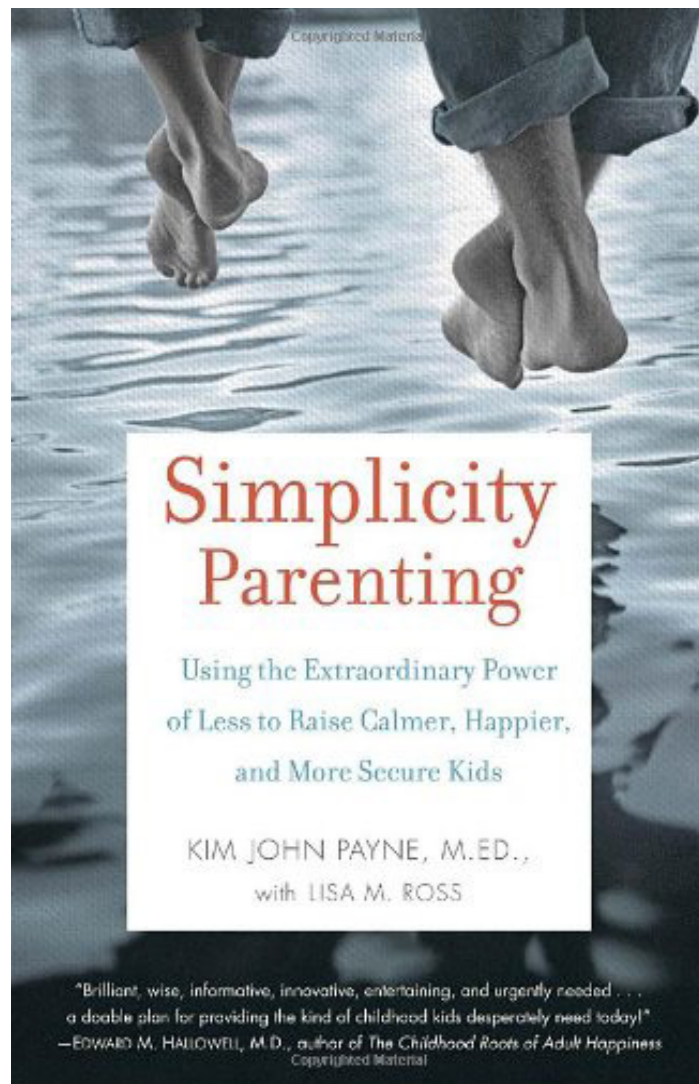
This program is designed to help families reduce stress and raise calmer, happier, more secure children who can be more creative and focused

at home and at school by:

- Re-assessing priorities and schedules
- Eliminating clutter
- Reducing screen time and information overload
- Enhancing family relationships

Following the introductory evening, interested parents may register for our fall Simplicity Parenting group that will meet on Wednesday evenings beginning October 9. This program is based on the book *Simplicity Parenting* by Kim John Payne and is facilitated by Judy Erbe who has been working with parents and children for over 20 years.

[Flyer](#) [Registration Form](#)
[Read More Online...](#)



Saturday Work Parties

Work Parties are a great way to connect with other families, giving the children a built in play date while parents work together, sharing food and conversation – all while supporting the school!

Please join us for these upcoming Saturdays from 10 a.m. to 2 p.m:

September 21 – Michaelmas Potluck!

October 19, March 22, April 26, and May 17

If you are interested in being a garden steward, but are unable to attend on one of these Saturdays, please [email Seraphina](#). Volunteers are warmly welcomed after morning drop-off, before afternoon pick-up, and on weekends.

Thank you in advance!

Seraphina Orzel

Parent Association – 1st Meeting of the Year!

Thursday, September 19 • 6:30 pm • Trillium Hall

Join your Class Coordinator for our first PA meeting of the year! We will choose the group's leadership and envision together how we want to bring our Parent Association's vision to life this year. The Association needs a Chair (point person), a meeting facilitator, and a note-taker. None of these tasks are overwhelming, and we think it is time for the administration to fully hand the reins to the parents!

Vision: TCWS Parent Association embraces the vision of an engaged and valued parent body in service of the school's mission. The mission of TCWS Parent Association is to design, hold, and facilitate the effective participation of parents in the unfolding of the school's mission.

Morning Drop-Off Reminders

Parents are reminded that morning drop-off time is between 8:00 am and 8:10 a.m. Students arriving earlier than 8:00 a.m. must at this time be accompanied on campus by a parent or carpool driver. That adult must remain with the student(s) in their charge until a TCWS faculty or staff member arrives to supervise students at 8:00 a.m.



Dismissal Reminders

Dismissal time is always busy and can be confusing for adults and children alike. We ask that parents take full responsibility for the safety of their child(ren) once signed-out from school so as to eliminate the 'who is in charge' confusion. Our students' safety is paramount. The close proximity of our parking lot and heavy traffic demands a high degree of focus and intentionality around our dismissal procedure.

Please take care to ensure that proper respect for the campus is maintained. Campus rules that are followed during the school day apply any time a student is on campus for any reason. These include, but are not limited to:

- No pulling on the handicap parking signs
- No standing on the picnic tables

- No climbing the rock walls

Also, please note that the playgrounds are part of the After Care program and may not be used after school.

Smooth Pick-Up

To ensure a safe and smoothly running pick-up, please remember:

- The pick-up lane is not intended for parking. Keep it moving!
- Parents who wish to converse with teachers or other parents after school is dismissed are asked to park their cars in a parking space.
- Please help students to their cars quickly and supervise them directly – no ball games after school – to support students safety and accuracy of dismissal to parents and After School Care.

Parking Lot Etiquette

- Drive SLOWLY both in the vicinity of our school and on our campus, where the speed limit is FIVE MILES PER HOUR, ESPECIALLY AS YOU ENTER THE SCHOOL GROUNDS.
- DO NOT PARK in the fire lanes, in front of the garbage enclosure, the handicap spaces, or on the sidewalks.
- Please RESPECT ALL SIGNAGE, traffic cones, and no-parking areas.
- Please respect no-parking requests for special events.
- Students come and go from the parking lot throughout the day, as early childhood and grade school students attend school at different times. We recommend that you use a high degree of caution when driving through or parking on our campus, for the safety of all.
- Handicap parking space is reserved for handicap parking only. The fine for illegally parking in a spot reserved for persons with disabilities is \$250.



(reprinted from TCWS Community Handbook, page 72)

Lost and Found

Parents are asked to check the Lost and Found bin located around the corner from the Front Office. We have accumulated many items, including glass and plastic containers as well as child-sized clothing. The Lost and Found will be emptied on Friday, September 29th to make room for newly misplaced items.

Waldorf on CNN with Dr. Gupta

Waldorf education is catching on from coast to coast. In this CNN video, Dr. Sanjay Gupta examines the innovative Waldorf approach.

[Read more online and watch video](#)



GRADE SCHOOL NEWS

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Ultimate Frisbee

Our students met this week with Tomas Campomanes and Jenny Frank-Doggett for their second week of Ultimate practice. Tomas has stepped forward for a few weeks while helping us find a permanent coach for our Thursday afternoon sessions, while Jenny is holding the fort on a weekly basis. Now that Ultimate is part of our afternoon program, we have made a few minor changes to the way our Ultimate afternoon unfolds:



- **Registration** – students who wish to attend Ultimate practice must sign-up. Please visit the 'Extra-curricular activities' link on our website's [Parent Portal](#). Registration enables us to

know where the children are, and ensure their safety, at all times.

- **After-School Care** is now available to Ultimate students after their return from practice. In past years, licensing requirements did not permit us to welcome students back to school once dismissed. As Ultimate is now part of our school program, students are welcome to spend the remainder of Thursday afternoon in After-School Care, either for regular use or drop-in. For more information on how to sign your child up for Care, please visit our [website](#).
- **2:00 pm** – Students gather on the **plaza** before heading to the field as a group, with school supervision and an attendance sheet.
- **4:15 pm** – **Dismissal** from Ultimate happens **on campus**, where students are dismissed either to their parents or to After-School Care. Most students have to return to the school to pick-up their instruments – which are much safer at school than under a tree on the field – and the park is very close to school. We are confident that this change will only present a minor inconvenience for parents.

To a joyous Ultimate year!

EARLY CHILDHOOD NEWS

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Back to School in Early Childhood

The early childhood program has enjoyed a lovely first week back at school! All of the students in the preschool and kindergarten students have had ample time to work, play and get to know their new classrooms. Outdoor time has been a real treat due to our unseasonably sunny weather. What a gift to have been able to leave our rain gear on their hooks this week! The

children have taken walks, ridden on the swings, watered the garden and found treasures in the sand box all with the accompaniment of Mr. Sun! All of the teachers are feeling quite enthusiastic about how the classes are forming and are eager to share more with our class parents at the back to school night this Tuesday. We are looking forward to a busy year full of good work and play with our young students!

Miss Wendy, Miss Laura, Miss Amie, Miss Maggie and Miss Tabatha



FUNDRAISING

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Ink Recycling Program

Did you know your empty ink cartridges can benefit the school? TCWS can recycle them at Staples, the office supply store, and receive \$2 back per cartridge in rewards to spend on future purchases. All you have to do is drop them off at the Front Office and we'll do the rest!

VOLUNTEERING

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Get Involved – Volunteer!

In a growing school such as ours, there are a variety of ways in which parents participate in school life. From festivals, to office support, baking, and outdoor walks, we are appreciative of all of the ways in which our volunteers contribute to creating a vibrant community!

The School Office is currently seeking volunteers in the following areas:

- Bulletin Board Coordinator
- Posting Flyers and Brochures
- Tech Support
- Gardening and Work Parties
- Crafts & Tea Host

Please email [Rachel Tomczek](#) to learn more about these opportunities.



COMMUNITY

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Local Opportunities

Simplicity Learning Parent-Tot

Now Registering: Parent-Tot Playgroups! Creative free play, songs and verses, organic-whole foods teatime, mutually supportive parenting discussions, and handwork/crafting activities for the adults with Mama Jackie and Mama Briana

- Indoor morning playgroups 10 a.m. to 12 noon
- Choose Monday, Wednesday, or Friday mornings
- For parents with children birth to 4 years old



Simplicity Learning is located two blocks north of Three Cedars

www.SimplicityLearningCenter.org

Contact Simplicity Learning

425.614.0145

Rose Petals ParentTot

This group hosted by TCWS mom, Anna Shatrova, is inviting younger siblings of Three Cedars students for weekly gatherings at her home in Redmond. We'll have outdoor walks, Waldorf inspired arts and crafts, and tea.

When: Tuesday mornings 9-11am, starting on October 1st

Where: Anna's home in Redmond

Suggested donation: \$5 per visit

Space is limited! To RSVP or for details please [contact Anna](#).

Wider Community

Packham Triumph Pears

Farmer Vince is now taking orders for Anjou and Packham pears, a sweet and juicy variety that is perfect for all your favorite fall desserts, canning, or snacking... they are divine! Vince will be delivering to Three Cedars on September 20th – so place your orders now! Price is \$25 for a 30 lb. bag of clean, fresh-from-the-orchard, no chemicals, no coatings, just pears, as they were meant to be!

To place your order, please call or [email](#) Farmer Vince at 425-482-9030. Payment may be made by check or cash to Vince Carlson or via paypal using his email address.

Submission deadline for our next newsletter is Monday, September 23, 2013.

