title	ingredients	instructions
Apricot Spritzer	1 cup apricot nectar, 1 bottle sparkling wine, well chilled	Divide the apricot nectar among 4 chilled champagne flutes or coupe glasses. Top with the sparkling wine and serve immediately.
Pork Tenderloin with Peach and Pecan Sauce	1 tablespoon olive oil, 1 pork tenderloin (about 1 pound), cut into 3/4-inch-thick slices, 2 cloves garlic, minced, 2 green onions, sliced (about 1/4 cup), 1 can (10 3/4 ounces) Campbell's® Condensed Golden Mushroom Soup, 1 can (about 15 ounces) sliced peaches in juice, drained, reserving juice, 3 tablespoons low-sodium soy sauce, 2 tablespoons honey, 1/4 cup pecan halves, toasted and broken into large pieces, Hot cooked rice	Heat the oil in a 10-inch skillet over medium-high heat. Add the pork and cook until well browned on both sides. Remove the pork from the skillet.  Add the garlic and onions to the skillet and cook and stir for 1 minute. Stir the soup, peach juice, soy sauce and honey in the skillet and heat to a boil. Cook for 5 minutes or until the soup mixture is slightly reduced. Return the pork to the skillet. Stir in the peaches. Reduce the heat to low. Cook until the pork is cooked through. Stir in the pecans. Serve the pork and sauce with the rice. Sprinkle with additional sliced green onion, if desired.
Hummus Dip	2 (15-ounce) cans chickpeas, drained and rinsed, 1/2 cup extra-virgin olive oil, or more as needed, plus more for garnish, 1/2 lemon, juiced, 2 tablespoons roughly chopped fresh parsley leaves, plus more for garnish, 2 cloves garlic, peeled, 1 1/2 teaspoon salt, 1/2 teaspoon dark Asian sesame oil, 1/2 to 1 teaspoon ground cumin, 12 to 15 grinds black pepper, 1/4 cup water, Paprika, for garnish	Watch how to make this recipe.  In a blender combine all the ingredients except the parsley and paprika to be used for garnish. Blend on low speed until smooth. You'll have to stop the blender often to push down the ingredients. If the mixture is too dry and you're having trouble blending it, add a few more tablespoons of olive oil to help things along.  Scrape the hummus onto a plate. Sprinkle the paprika over the top, drizzle lightly with olive oil, scatter some parsley on top, and serve. You can make the hummus up to a couple of hours before you serve it. Cover the top with plastic wrap and leave it at room temperature.  Per Tablespoon: Calories: 57; Total Fat: 4 grams; Saturated Fat: 0.5 grams; Protein: 1 gram; Total carbohydrates: 5 grams; Sugar: 0 grams; Fiber: 1 gram; Cholesterol: 0 milligrams; Sodium: 96 milligrams
Cran-Raspberry Snowball Punch	1 (32 oz.) bottle Knudsen® Cranberry Nectar, chilled, 1 (12 oz.) jar Smucker's® Seedless Red Raspberry Jam, 1 1/2 (2 liter) bottles lemon-lime	COMBINE cranberry nectar, red raspberry jam and lemon-lime soda in a large punch bowl until well combined. Using a medium sized

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	flavored carbonated beverage, chilled, 1.75 quart vanilla or vanilla bean ice cream	scoop, spoon half of the ice cream over fruit mixture; stir until frothy. Top with remaining scoops of ice cream forming "ice cream snowballs" atop the froth.
	5 cups or 1 kilo sugar, 1 1/4 cup or 400 grams corn syrup, 1 cup plus 2 tablespoons or 250 grams water, Food color paste and assorted colors (chef used blue), 5 pounds of sugar, 5 cups	This is an easy centerpiece you can make with sugar. It is always best to have a bowl of cold water available in which you can immerse your hands should you get any sugar on you. This will stop the sugar from burning. As always, it is a good idea to take a class from a professional on working with sugar. This is a skill that professional pastry chefs develop after years of experience. Working with sugar will burn your fingers so know before you start that your fingers will develop burn blisters. For the cooked sugar: Place the sugar, corn syrup and water in a saucepan over high heat. Insert a candy thermometer and cook until the sugar reaches 320 degrees F. Use a clean pastry brush to keep the inside of the saucepan clean as the sugar cooks or the sugar may recrystallize. To do this, dip a clean brush in cold water and brush the inside of the pan clean.  Open the 5 pound bag of sugar and pour most of it into a deep flat casserole dish. Pour the cooked sugar ont to pe of the cooked sugar. Leave some gaps. Sprinkle more granulated sugar on top of the cooked sugar. Use a wooden skewer to mix in some color paste. Do not try to make the color uniform. The end result will be more interesting if the color is not uniform. Sprinkle more sugar on top. It is a good idea to wear gloves to protect your fingers from the heat of the cooked sugar. Use your fingers to move the granulated sugar around the cooked sugar. As it cools, the cooked sugar will harden. Keep an eye on it so it does not become too hard. You want to be able to mold it into the shape you want while it is still pliable. This takes some time. I made a free form shape that had a 90 degree angle.
	grams corn syrup, 1 cup plus 2 tablespoons or 250 grams water, Food	For the sugar flowers: Place the sugar,
Amorphic Sugar Centerpiece with Flowers	color paste and assorted colors (chef used green and red)	over high heat. Insert a candy thermometer and cook until the sugar

reaches 320 degrees F. Use a pastry brush to keep the inside of the saucepan clean as the sugar cooks or the sugar may recrystallize. To do this, dip a clean brush in cold water and brush the inside of the pan clean. Divide the cooked sugar between 2 heatproof large measuring cups. If you want to color the sugar with food colors, this is the time to do so. Add a few drops of red color to one container and green color to the other. Mix each with a wooden skewer. Use an offset spatula dipped in the red sugar to spread some sugar onto a silpat baking mat. Make 3- inch long smudges that taper off at one end, these will be the petals. You will need 5 petals to make 1 flower, so if you want more than one flower you will need to make the appropriate number of petals. Repeat the process with the green sugar. This time, use the offset spatula to fan the edges of the petals to resemble the texture of leaves. Have a flexible silicone muffin mold (or a metal muffin tin lined with parchment paper) on the work surface. When the sugar petals have cooled but are still pliable, set the petals inside the cavity of the mold. Dip each petal end into a little of the cooked sugar so you can "glue" the petals together. The depth of the mold cavity will help give the flower a three-dimensional look. Repeat this process with other flower petals to make more flowers. When you have the centerpiece base formed into the shape you would like, allow it to cool completely. Use more cooked sugar (which can be reheated in the microwave if necessary) to 'glue" the sugar flowers onto the base. Add the leaves. Preheat the oven to 400 degrees F. Pulse the butter, lemon zest and juice, garlic, thyme, paprika, 2 teaspoons 1 stick unsalted butter, at room salt and 1 tablespoon pepper in a food processor until smooth. temperature, Grated zest and juice of 1 lemon, 2 cloves garlic, 2 teaspoons Put the chickens on a rimmed baking chopped fresh thyme, 2 teaspoons sheet. Loosen the skin on the breasts paprika, Kosher salt and freshly and legs with your fingers. Rub about ground pepper, 2 4-to-5-pound three-quarters of the lemon-pepper chickens, rinsed and patted dry, 1 cup butter under the skin, then rub the rest dry white wine all over the chickens. Refrigerate, Lemon-Pepper Roast Chicken

		uncovered, 2 hours or up to 8 hours before roasting.  Tie the chicken legs together with twine and tuck the wings under the body; place breast-side up on a rack in a large roasting pan. Pour the wine into the pan and transfer to the oven; roast until the chickens are golden and crisp and a thermometer inserted into
		the thickest part of the thigh registers 170 degrees F, about 1 hour, 50 minutes. (Tent with foil if the skin browns too quickly.) Let the chickens rest 10 minutes before portioning (see below). Season with salt.
		Grab one of the legs with tongs and pull it away from the body; cut through the skin with kitchen shears. Pull the leg out and back to pop the joint; remove the leg with the shears. Repeat on the other side. Separate the drumsticks from the thighs with the shears.
		Cut off the wings as close to the body as possible.  Insert the shears into the tail end of the chicken and cut along the breastbone.  Pull back one of the breasts and cut it off the backbone. Repeat on the other
		side. Photograph by David Malosh
		Adjust oven racks to the upper and lower middle positions and heat the oven to 425 degrees.  Working with one sheet at a time on a lightly floured work surface, trim the
		puff pastry sheets to 9- by 9-inch squares, then cut each sheet into nine 3-inch squares.  Working with one square of dough at a time, place a portion of chocolate
		onto the lower corner, brush two edges of the dough with beaten egg, and fold the dough in half diagonally to form a turnover. Place each
	1 (17 1/4-ounce) package puff pastry sheets, 4 1/2 ounces semi- or bittersweet chocolate, broken into	turnover on a parchment-lined cookie sheet, spacing them about 2 inches apart (about 9 per sheet). Brush the dough tops with egg wash.  Bake until golden brown, switching and rotating applies sheets helfway.
Chocolate Turnovers	1/4-ounce pieces, 1 egg, beaten, Confectioners' sugar, for dusting (optional)	and rotating cookie sheets halfway through baking to ensure even browning, about 15 minutes. Cool the

		turnovers briefly. Sprinkle with confectioners' sugar, if desired, and serve immediately.
Mama's Collards	2 large bunches collards, stemmed, washed very well and torn into pieces, 1 to 2 cups water, 2 to 3 chicken thighs, 1/4 cup corn oil, Salt and pepper to taste	Boil chicken about 20 minutes. Add collards and seasoning. Lower heat, cook about 2 hours or until greens are tender.
	2 firm ripe mangoes, peeled and diced, 1 Golden Delicious apple, peeled and diced, 1/4 cup packed light brown sugar, 1 tablespoon fresh peeled and thinly sliced ginger, 1/2 teaspoon minced hot chile pepper, such as serrano, 1/4 cup apple cider vinegar, Kosher salt and freshly ground pepper, 1/4 cup vegetable oil, 3 large or 4 medium red skin potatoes (about 1 pound), peeled and diced, 1/2 sweet onion, finely chopped, 1/4 cup finely chopped green bell pepper, 1/4 cup finely chopped green bell pepper, 1/4 cup finely chopped celery, 1 clove garlic, minced, 1 teaspoon ground cumin, Kosher salt and freshly ground pepper, 1 1/2 cups vegetable broth, 1/2 pound peeled and deveined jumbo shrimp (11 to 15 count), chopped, 2 cups all-purpose flour, 2 teaspoons baking powder, 1 teaspoon Madras curry powder, Kosher salt, 3/4 cups water, 4 cups of canola oil, for frying	skillet. Remove the cover once all the liquid has been absorbed, about 25 minutes. Remove from the heat and allow to cool to room temperature. For the dough: In a large mixing bowl, combine the flour, baking powder, curry powder, and 1/2 teaspoon salt. Slowly add the water until the dough is well formed and soft but not sticky (you may not use all the water). Knead for 2 minutes on a lightly floured surface and then
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spoonful of mixture in the center, taking care not to overfill. Wet one edge with water, fold over and seal by pinching the edges with fingers or floured fork. Gently add each pie into the hot oil and fry on both sides until golden brown, 3 to 5 minutes. Drain on brown paper or paper towels. Serve the pies with the apple-mango chutney. Divide the pastry into 2 parts, one a little larger than the other. Wrap the larger piece in plastic wrap and reserve. On a lightly floured surface, roll the smaller piece into a round, 1/8 to 1/4-inch thick, large enough to overlap a 10 by 2-inch pie plate. Arrange in the pie plate and even with a sharp knife, leaving about a 1/2-inch overhang. (Add the trimmings to the reserved dough). Tuck the overhang back under, making a slightly thicker edging. Chill for 30 minutes. If using a glass pie plate, remove from the refrigerator 15 minutes before filling. On a lightly floured surface, roll out the reserved piece of dough into a 12-inch square, about 1/4-inch thick. Cut out a piece of cardboard, 1/2-inch wide and 10 or 12 inches long. Wrap the strip in plastic wrap and use as a guide. With a sharp knife or a pastry cutter, cut the dough into 20 2 pounds pate sucre, recipe follows, 5 (1/2-inch) strips. Lay 10 strips pounds (about 10 large) pippin or vertically on the back of a large Granny Smith apples, 6 tablespoons baking pan, leaving a very small (3 ounces) unsalted butter, 1 cup space between strips. Weave a lattice sugar, 1/4 cup plus 1 tablespoon pattern by placing each of the Calvados, 1 tablespoon brandy, 2 remaining strips over and under tablespoons heavy cream, 2 ounces horizontally. (It's easier to weave if (about 1/4 cup) chopped dried prunes, the dough is not too firm, but it can't 1 1/2 ounces (about 1/4 cup) chopped be too soft, either. If it's too soft, dried apricots, 1 ounce (about 1/4 refrigerate for a little while and then cup) chopped dried figs, 1 tablespoon continue). To weave, turn back every lemon juice, 2 teaspoons ground other strip of dough (1, 3, 5, etc.), lay cinnamon, 1 teaspoon lemon zest, 1 a horizontal strip across, as close to teaspoon orange zest, 1/2 teaspoon the top as possible, and return the freshly grated nutmeg, 1 egg white, turned-back strips to the original very lightly whisked, 1 1/2 length. tablespoons crystallized sugar, 2 1/3 For the next row, alternate the strips cups cake or pastry flour, 1/3 cup that you turn back (2, 4, 6, etc.) and sugar, 1/2 pound (2 sticks) unsalted again place a horizontal strip across. butter, chilled, cut into small pieces, 2 close to the first strip. Repeat this egg yolks, 1 or 2 tablespoons heavy procedure until all the strips are used. Christmas Apple Pie cream Refrigerate just until firm. Using a

9-inch cardboard round, a plate, or a pot cover as a guide, cut out a 9-inch circle of latticework and refrigerate on the baking pan until needed. (Excess dough can be wrapped and refrigerated or frozen for future use). Peel, core and quarter the apples. Cut into 1/4-inch slices. In 2 or 3 large skillets, melt the butter (2 or 3 tablespoons in each skillet, depending upon how many you use) and brown. The butter will have a slightly nutty aroma. Divide the apples, arrange in the pans, and coat with the butter. Sprinkle in the sugar and over medium-high heat, saute the apples until lightly caramelized and tender, 15 to 20 minutes, turning often so that the apples cook evenly. Pour in 1 tablespoon of Calvados and the brandy and cook until the alcohol burns off. Pour in the cream and stir through. Transfer and spread over a large baking tray to cool. Preheat the oven to 400 degrees F. Warm the remaining 1/4 cup Calvados. Combine the chopped prunes, apricots, and figs in a small bowl. Pour the Calvados over and let plump. In a large bowl, combine the cooled apples and the plumped dried fruit. Stir in the lemon juice, cinnamon, lemon and orange zests, and nutmeg. and mix well. Spoon the filling into the prepared pie plate. Using a wide spatula, carefully transfer the 9-inch latticework circle and arrange on top of the filling. Brush the latticework with egg white and sprinkle with the crystallized sugar. Bake 30 minutes, turn the oven down to 350 degrees F and bake 35 to 40 minutes longer, until the crust is golden brown. Cool on a rack. Serve warm. In a food processor fitted with the steel blade, combine the flour and sugar. Add the butter and process until the texture resembles fine meal. In a small bowl, whisk together the yolks and 1 tablespoon of the cream. Scrape into the machine and process until a ball begins to form, using the additional tablespoon of cream, if necessary. Remove the dough from

		the machine, and on a lightly floured surface, press down into a circle. Wrap in plastic wrap and refrigerate for at least 1 hour. Yield: Makes 1 1/2 pounds or 2 (9-inch) tart shells
Sweet Potato Hash	1/4 cup vegetable oil, 1 red onion, thinly sliced (about 2 cups), 1 red bell pepper, diced (about 2 cups), 2 pounds sweet potatoes, quartered and cut into 1/4-inch slices, 1 teaspoon ground cumin, 2 teaspoons salt, 1/2 teaspoon red pepper flakes, 1/2 cup green onions, chopped	Pour the oil into a large skillet and place over high heat. Add the onion and bell pepper and saute, stirring, 2 to 3 minutes. Add the potatoes, cumin, salt and red pepper flakes, lower the heat to medium-high and cook, stirring occasionally, for 25 to 30 minutes, or until the potatoes are fork tender and some are browned. The potatoes will begin to stick as they cook. Just continue to turn with a spatula. Stir in half of the green onions, top with the remainder, and serve immediately.
Peanut Butter Explosion	1 (10-inch) brownie round, Cream Cheese Peanut Butter Mousse, recipe follows, 2 layers chocolate cake, Melted fudge, Brownie chunks, Peanut butter chips, 6 (8 ounce) bars cream cheese, softened, 1 (12 ounce) package peanut butter cups, crushed, 1 (8 ounce) jar creamy peanut butter	Assembly: Begin with a layer of brownie, alternate layers of cream cheese peanut butter mousse and chocolate cake, ending with cake. Pour melted fudge over the cake; top with chunks of brownie pieces. Pour more melted fudge over the brownie pieces. Finish with a splash of peanut butter chips on top.  Thoroughly combine ingredients.
Smoked Salmon Tartine	4 slices white bread, crusts removed, 2 tablespoons/20 g butter, 2 ounces/75 g smoked salmon, thinly sliced, Lemon, thinly sliced, for garnish	Cut the slices of bread into triangular shapes, or use a Christmas ornament mold and cut out the shape. Add butter to the bread and cut the salmon into triangular shapes and place over the buttered bread. Add the lemon on the tip of the triangular shape for decoration.
Booben Sandwich	4 to 8 ounces chicken breast and leg meat, 2 tablespoons 321 Spice Blend, recipe follows, Thousand Island dressing, 2 slices thick rye bread, 3 ounces Cabbage Salad, recipe follows, 1 slice Swiss, 3 cups granulated garlic, 2 cups ground black pepper, 1 cup salt, 8 cups shredded cabbage, 1/2 cup finely minced jalapenos, with seeds, 2 large carrots, grated, 1 large red onion, diced, 1 red bell pepper, diced, 2 cups sugar, 2 cups white vinegar, 1/4 cup vegetable oil, 2 tablespoons hot sauce, 1 teaspoon celery salt, 1/4 cup Dijon mustard, 1	Special equipment: sandwich press, smoker Preheat the smoker to 165 degrees F. Sprinkle the chicken with the 321 Spice Blend until evenly coated on all sides. Place the chicken on the smoker over indirect heat and cook for 1 to 2 hours. Pull the meat off the bones, mixing the dark and white meat. Spread some dressing on one side of each piece of bread. Place the warm smoked chicken on the bottom piece of bread and top with the Cabbage Salad. Place the cheese on top of the cabbage and

		then finish with the top piece of bread.  Place on a sandwich press until golden brown and crisp, 8 to 10 minutes.  In a large mixing bowl, add the garlic powder, black pepper and salt and mix until combined. Yield: 6 cups  Add the cabbage, jalapenos, carrots, onions and bell peppers to a large bowl and toss until evenly distributed. In a large saucepot set over medium heat, add the sugar, vinegar, oil, hot sauce and celery salt, and bring to a simmer. Stir until well blended and the sugar dissolves. Remove from the heat and stir in the mustard. Pour the warm dressing mixture over the cabbage salad and toss. Add the celery seeds and mix well.
Frozen Lemon-Berry Margaritas		Puree 2 pints lemon sorbet, 2 cups thawed frozen mixed berries and 1/2 cup tequila anejo in a blender until smooth, about 1 minute. Divide among 6 glasses; garnish with lime or lemon wedges.  Photograph by Levi Brown
Blueberry-Poppy Seed Loaves	1 1/3 cups vegetable oil, plus more for brushing, 3 cups all-purpose flour, 1 1/2 teaspoons baking powder, 2 1/2 cups sugar, Pinch of salt, 1 1/2 cups whole milk, 3 large eggs, 1 1/2 tablespoons poppy seeds, 1 1/2 teaspoons almond extract, 1 1/2 teaspoons vanilla extract, 1 cup blueberries	pans and bake until golden on top and a toothpick inserted into the center comes out clean, 1 hour to 1 hour, 10 minutes. Transfer the pans to a rack and let cool about 10 minutes, then remove the cakes to the rack to cool completely.  Photograph by Charles Masters
Bacon Wrapped Beef Tenderloin Steaks with Spinach and Cheese Cakes	2 packages frozen chopped spinach, 10 ounces each, 3 tablespoons extra-virgin olive oil, 1 for onion, 2 tablespoons to fry cakes, 1 small onion, chopped, 1/2 cup Italian bread	Defrost spinach in microwave. Wring spinach dry by nesting in kitchen towel and twisting towel over garbage bowl or sink until spinach has given off all of its liquid. Place spinach in a

crumbs, 3 handfuls, 1/3 cup grated Parmigiano-Reggiano, 2 handfuls, 1 egg, beaten, 1/4 teaspoon freshly grated nutmeg, eyeball it, Coarse salt frozen chopped spinach, 10 ounces each, 3 tablespoons extra-virgin olive oil, 1 for onion, 2 tablespoons to fry cakes, 1 small onion, chopped, 1/2 cup Italian bread crumbs, 3 handfuls, 1/3 cup grated Parmigiano-Reggiano, 2 handfuls, 1 egg, beaten, 1/4 teaspoon freshly grated nutmeg, eyeball it, Coarse salt and freshly ground pepper, 4 thin slices bacon, look for packaged bacon marked 'Center Cut" in packaged meats case. 4 beef tenderloin steaks, 1 1/2 inches thick, Coarse salt and cracked black pepper, season to your tastes, 2 tablespoons butter, divided, 1 tablespoon all-purpose flour, 1/2 cup dry red wine. 1/2 cup beef stock. available on soup aisle, 4 thin slices bacon, look for packaged bacon marked "Center Cut" in packaged meats case, 4 beef tenderloin steaks, 1 1/2 inches thick, Coarse salt and cracked black pepper, season to your tastes, 2 tablespoons butter, divided, 1 tablespoon all-purpose flour, 1/2 cup dry red wine, 1/2 cup beef stock, available on soup aisle, 4 small Roma tomatoes, Extra-virgin oil, for drizzling, 2 tablespoons chopped or snipped fresh chives, 4 small Roma tomatoes, Extra-virgin oil, for drizzling, 2 tablespoons chopped or snipped fresh chives

crumbs, 3 handfuls, 1/3 cup grated
Parmigiano-Reggiano, 2 handfuls, 1
egg, beaten, 1/4 teaspoon freshly
grated nutmeg, eyeball it, Coarse salt
and freshly ground pepper, 2 packages
frozen chopped spinach, 10 ounces

medium mixing bowl. Heat a nonstick skillet over medium heat, add oil and onion and saute the onion until soft, 5
minutes. Add onion to spinach in bowl and return pan to stove top. Turn
off heat.

Add remaining ingredients to spinach: bread crumbs, cheese, egg, nutmeg, salt and pepper. Combine mixture with a fork, then form into 3-inch patties. Set aside.

Line bacon up on meat-safe cutting board a few inches apart. Preheat a second skillet over high heat. Reheat the spinach cakes skillet over medium high heat. Season steaks with salt and pepper and set on bacon slices in the center of each slice. Wrap bacon over steaks. Place seam side down in pan and cook 2 minutes on each side. Add 2 tablespoons oil to spinach cakes pan and set cakes in to cook. Work in 2 batches if necessary. Cook cakes 3 minutes on each side.

Reduce heat to medium under steaks after the first 2 minutes on each side. Cook meat another 6 to 10 minutes, turning occasionally, for medium rare to medium well doneness.

Remove meat from the pan and let it rest. Add 1 tablespoon of the butter and flour and cook together 1 minute.

Whisk in wine and deglaze pan. Whisk in broth and thicken sauce 1 minute. Add remaining tablespoon butter and remove skillet from heat.

Quarter tomatoes lengthwise. To serve, set the spinach cakes and steaks beside each other on 2/3 of serving plates and pour sauce evenly over steaks. Scatter a quartered tomato next to spinach cakes on each plate. Drizzle tomatoes with oil, season with salt and pepper and top with chopped chives. Serve plates immediately.

Defrost spinach in microwave. Wring spinach dry by nesting in kitchen towel and twisting towel over garbage bowl or sink until spinach has given off all of its liquid. Place spinach in a medium mixing bowl. Heat a nonstick skillet over medium heat, add oil and onion and saute the onion until soft, 5 minutes. Add onion to spinach in

bowl and return pan to stove top. Turn off heat. Add remaining ingredients to spinach: bread crumbs, cheese, egg, nutmeg, salt and pepper. Combine mixture with a fork, then form into 3-inch patties. Set aside. Line bacon up on meat-safe cutting board a few inches apart. Preheat a second skillet over high heat. Reheat the spinach cakes skillet over medium high heat. Season steaks with salt and pepper and set on bacon slices in the center of each slice. Wrap bacon over steaks. Place seam side down in pan and cook 2 minutes on each side. Add 2 tablespoons oil to spinach cakes pan and set cakes in to cook. Work in 2 batches if necessary. Cook cakes 3 minutes on each side. Reduce heat to medium under steaks after the first 2 minutes on each side. Cook meat another 6 to 10 minutes. turning occasionally, for medium rare to medium well doneness. Remove meat from the pan and let it rest. Add 1 tablespoon of the butter and flour and cook together 1 minute. Whisk in wine and deglaze pan. Whisk in broth and thicken sauce 1 minute. Add remaining tablespoon butter and remove skillet from heat. Quarter tomatoes lengthwise. To serve, set the spinach cakes and steaks beside each other on 2/3 of serving plates and pour sauce evenly over steaks. Scatter a quartered tomato next to spinach cakes on each plate. Drizzle tomatoes with oil, season with salt and pepper and top with chopped chives. Serve plates immediately. pound fettuccine, About 3 teaspoons Watch how to make this recipe. Cajun spice mix, 3 whole boneless, Cook the pasta according to package skinless chicken breasts, cut into directions. Drain when the pasta is cubes, 2 tablespoons butter, 2 still al dente; do not overcook! tablespoons olive oil, 3 cloves garlic, Sprinkle 1 1/2 teaspoons Cajun spice minced, 1 whole green bell pepper, (or more) over the chicken cubes. seeded and sliced, 1 whole red bell Toss around to coat. Heat 1 pepper, seeded and sliced, 1/2 large tablespoon butter and 1 tablespoon oil red onion, sliced, Salt, 4 whole Roma in a heavy skillet over high heat. Add tomatoes, diced, 2 cups low-sodium half the chicken in a single layer; do chicken broth, 1/2 cup white wine, 1 not stir. Allow the chicken to brown cup heavy cream, Cayenne pepper, for on one side, about 1 minute. Flip to sprinkling, Freshly ground black the other side and cook an additional Cajun Chicken Pasta

pepper, Chopped fresh parsley, for minute. Remove with a slotted spoon and place on a clean plate. Repeat garnish with the remaining chicken. Remove the chicken, leaving the skillet on high heat. Add the remaining butter and olive oil. When heated, add the garlic, peppers and onions. Sprinkle on the remaining Cajun spice, and add salt if needed. Cook over high heat for 1 minute, stirring gently and trying to get the vegetables as dark/black as possible. Add the tomatoes and cook for an additional 30 seconds. Remove all the vegetables from the skillet. With the skillet still over high heat, pour in the chicken broth and wine. Cook for 3 to 5 minutes, scraping the bottom of the pan to deglaze. Reduce the heat to medium-low and pour in the cream, stirring/whisking constantly. Cook the sauce over medium-low heat for a few minutes, until the cream starts to thicken the mixture. Taste and add freshly ground black pepper, cayenne pepper, and/or salt to taste. The sauce should be spicy! Finally, add the chicken and vegetables to the sauce, making sure to include all the juices that have drained onto the plate. Stir and cook until the mixture is bubbly and hot, 1 to 2 minutes. Add the drained fettuccine and toss to combine. Top with chopped fresh parsley and chow down! 2 tablespoons sherry vinegar, 2 Combine the vinegar, lemon juice, lime juice, honey, ancho chili powder, tablespoons fresh lemon juice, 2 tablespoons fresh lime juice, 2 garlic and oregano in a blender and tablespoons honey, 1 tablespoon blend for 30 seconds. With the motor ancho chili powder, 10 cloves garlic, running, slowly add the olive oil until coarsely chopped, 1/4 cup fresh emulsified. Season, to taste, with salt oregano leaves, 2 cups pure olive oil, and pepper. Salt and pepper, 4 chickens, 2 1/2 Place the marinade in a large shallow pounds each, quartered, Roasted baking dish, add the chicken pieces Pepper and Black Olive Relish, recipe and turn to coat. Cover and let follows, Saffron-Tomato Rice, recipe marinate for 2 hours in the follows, 2 roasted red bell peppers, refrigerator. peeled, seeded and diced, 2 roasted Preheat the oven to 375 degrees F. yellow bell peppers, peeled, seeded Heat a large saute pan until almost smoking. Remove the chicken from and diced, 1 cup pitted and coarsely chopped nicoise olives, 2 cloves Garlic and Oregano Marinated the marinade and season with salt and Chicken with Roasted Pepper and garlic, finely chopped, 1 tablespoon pepper to taste. Saute the chicken Black Olive Relish with fresh thyme leaves, 1/4 cup coarsely until golden brown on both sides. chopped parsley leaves, 1/4 cup Place the chicken on a large baking Saffron-Tomato Rice

	charmy vin ages 1 tables 1	shoot and place in the same 1-1-0
	sherry vinegar, 1 tablespoon honey, Salt and freshly ground pepper, 4 cups water, 2 cups home-made or low sodium canned chicken stoc, Pinch saffron threads, 2 tablespoons unsalted butter, 1 tablespoon olive oil, 1 medium Spanish onion, 3 cups converted white rice, 5 tomatoes, seeded and diced	sheet and place in the oven, bake for 15 to 20 minutes or until just cooked through. Remove from the oven and let rest, 5 minutes.  Serve with Roasted Pepper and Black Olive Relish and Saffron-Tomato Rice.  Combine all ingredients in a medium bowl and season with salt and pepper, to taste. Serve at room temperature. Combine water, stock, 2 tablespoons salt and saffron in a medium saucepan over high heat and simmer until the threads open, about 5 minutes.  Melt butter and oil in a medium saucepan over medium-high heat, add onion and saute until soft. Add the rice and stir to coat with the oil and butter. Add the saffron broth, bring to a boil, cover and reduce heat to medium. Cook until the rice is tender about 12 to 15 minutes. Fold in the tomatoes and season with salt and pepper to taste.
Minted Lemonade	2 cups sugar, 6 cups water, 2 cups fresh lemon juice, 1/2 cup mint leaves	To make simple syrup: Place 2 cups sugar and 2 cups water in a saucepan and bring to a boil. Stir until sugar is dissolved and let cool. Place lemon juice in a large pitcher, add remaining 4 cups water and 1 cup of the simple syrup or more to taste. Stir in mint leaves and refrigerate for 1 hour.  Serve over ice.
Asian Grilled Chicken	1 3/4 cups Swanson® Chicken Stock, 2 tablespoons soy sauce, 1 tablespoon vinegar, 1 teaspoon sugar, 1 teaspoon garlic powder, 1/8 teaspoon crushed red pepper, 4 skinless, boneless chicken breast halves	Stir the stock, soy sauce, vinegar, sugar, garlic powder and red pepper in a shallow nonmetallic dish or a gallon-size resealable plastic bag. Add the chicken and turn to coat. Cover the dish or close the bag and refrigerate for 1 hour. Remove the chicken from the marinade.  Lightly oil the grill rack and heat the grill to medium. Grill the chicken for 15 minutes or until it's cooked though, turning and brushing often with the marinade.  Heat the remaining marinade in a 1-quart saucepan over medium-high heat to a boil and serve with the chicken.
French Onion Soup	5 sweet onions (like Vidalias) or a combination of sweet and red onions (about 4 pounds), 3 tablespoons	Watch how to make this recipe. Trim the ends off each onion then halve lengthwise. Remove peel and

	butter, 1 teaspoon salt, 2 cups white	finely slice into half-moon shapes. Set
	butter, 1 teaspoon salt, 2 cups white wine, 10 ounces canned beef consomme, 10 ounces chicken broth, 10 ounces apple cider (unfiltered is best), Bouquet garni; thyme sprigs, bay leaf and parsley tied together with kitchen string, 1 loaf country style bread, Kosher salt, Ground black pepper, Splash of Cognac (optional), 1 cup Fontina or Gruyere cheese, grated	Do not try stirring until onions have sweated down for 15 to 20 minutes. After that, stir occasionally until
Curly's BBQ Chicken Pizza	1 ready made pizza crust, 6 oz. Curly's Sauceless Pulled Chicken (or Curly's Sauceless Pulled Pork if preferred), 1/2 cup BBQ sauce, 4 oz. Mozzarella, 2 oz. chopped tomato, 1 oz. chopped onion, 1 oz. sliced mushrooms, 1 oz. sliced green peppers	Toss Curly's Sauceless Pulled Chicken in BBQ sauce. Spread BBQ over pizza crust.  Top with remaining ingredients. Bake on pizza stone in a 450 degree oven for 10-12 minutes.
Three Spice Creme Brulee		Special equipment: Six 6- to 8-ounce shallow ramekins; a kitchen blowtorch  Preheat the oven to 300 degrees F. Put six 8-ounce ramekins on a rimmed baking sheet or in a large, shallow baking dish.  For the custard: Put the heavy cream, 2 tablespoons granulated sugar, 2 tablespoons light brown sugar, the cloves, cinnamon and nutmeg in a small saucepan over medium-high

heat and cook, stirring occasionally, until the sugar dissolves and the cream comes to a bare simmer. Meanwhile, whisk together the egg yolks, 2 tablespoons of the remaining granulated sugar and 2 tablespoons of the remaining light brown sugar in a medium bowl. Slowly whisk the hot cream into the egg volk mixture. Strain the custard into a pitcher or large measuring cup. Divide the custard evenly among the ramekins. Place the baking sheet in the oven, then carefully add enough hot water to come halfway up the sides of the ramekins. Bake until the custards are just set at the sides and still wobbly in the center, about 30 minutes. Remove the ramekins from the water and let cool completely on a wire rack, about 30 minutes. Leave the oven on. For the garnish: While the custards cool, spread the pecans on a baking sheet and bake until they are brown and toasty-smelling, about 10 minutes. Whip the cream in a medium bowl until soft peaks form. To assemble: Sprinkle the remaining 3/4 cup granulated sugar evenly over the tops of the custards. Using a kitchen torch, cook the tops until the sugar melts and turns deep amber. Allow the sugar to harden, about 2 ninutes. Top each creme brulee with a dollop of whipped cream, 3 pecans, a fresh raspberry and a mint sprig, if using. Dust with some confectioners' sugar and serve. With a slender knife cut a 3-inch pocket along length of thickest side of chicken (or have a butcher do this for you). In a mixing bowl combine the cheese with chopped herbs of your choice and season to taste with salt and pepper. Stuff a quarter of this mixture into each pocket and secure pocket with toothpicks. Season the outside with salt and pepper. Heat the 4 boneless chicken breast halves, 4 olive oil in a non-stick pan and saute ounces soft cheese such as fresh goat's cheese, or ricotta, 1/4 cup chopped the chicken, skin side down for 5 to 6 minutes over moderate heat. Turn herbs (one of a kind or a mix) such as chives, parsley, tarragon, dill, mint or over and cook for 5 minutes longer or basil, Salt and freshly ground black until chicken is cooked through. pepper, 2 tablespoons olive oil Remove toothpicks and serve over the Stuffed Chicken Breasts

salad.  Variation: instead of the cheese and herbs, stuff each chicken breast with about 2 to 4 tablespoons of another mixture which might include one or several ingredients such as slivered roasted peppers, pitted good black olives, sun-dried tomatoes, capers, anchovies, hot chilis, or other cheeses
such as Mozzarella or Fontina.